

News  
Nairobi – Kenya  
Various Yoga Bhattis continue....

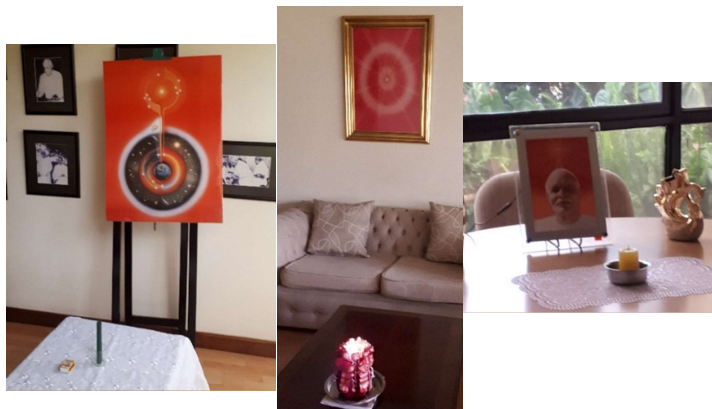
Although we are all far away from each other, Baba has brought us so close with technology. We are enjoying the wonderful sharing and experiences of seniors souls from round the world. Since June 21<sup>st</sup> over 130 senior brothers and sisters have conducted Murli class and shared experiences and inspiration with the African Family.

Many centres around the world have also been inviting Sisters Vedanti, Pratibha, Jyotsna, Urvashi, Dipti, Bhaviksha, Anjaly, Brothers Nizar and Perkin to conduct Murli, classes and talks.

The present time is very valuable so a variety of tapasya programmes continue in Nairobi. From 18 July – 31 July we created a programme, where each of the 10 sisters was allocated a room, which would be their cave and experience a form of the deity. The aim was

- increasing the time of tapasya sitting in their caves from morning till night
- with all weakness and defects finished sit in a new form with new zeal & enthusiasm
- just to sit with Bapdada and fill the self as much as possible and experience the unlimited form of deities – Deity of peace, bliss, love, power, knowledge, mercy, happiness, purity, compassion and blessings

**some caves**



This year's Raksha Bandhan was a unique and special one. While maintaining social distancing and the precautions for safety, 10 centre residents positioned in various areas of the entrance and Baba's room, giving dristi to everyone who came, where they received their rakhi, blessing and toli. We allocated 2 days for this ceremony with special timings from 10.00am – 12.00noon and 5.00pm – 7.00pm. This was also a divine pure bhakti.

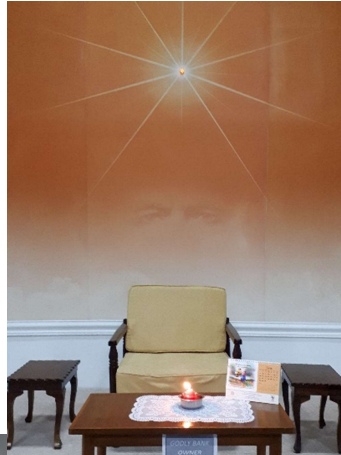


7 August – 20 August 2020

## **Godly Yoga Power Bank Yoga**

Godly Yoga Power Bank has been opened 24/7 to increase yoga power and spread this power to the world. 14 yogis will oversee the 14 departments of the bank that have been created. The bank has been set up in the classroom with 14 staff sitting at their respective desks in a semi-circle, with the owner of the bank Shivbaba on the stage. The space in the middle is for customers. The departments are

Owner of Bank  
Managing director  
Bank Manager  
Secretary  
Forex Manager  
Customer service (x2)  
Personal Manager (x2)  
Chief Cashier, Cashier (x2)  
IT Manager  
Loans Manager  
PR Manager



**GODLY POWER BANK**

**Vedantiben and Nairobi Family**