

ETERNAL SOURCE OF INSPIRATION

On September 15, the Brahma Kumaris, Centre of Spiritual Development (C.S.D.) celebrated its 24th Anniversary at the Central House of Artists (C.H.A.) in Moscow. Despite the cold rainy weather, C.H.A.'s Cinema and Concert Hall was filled to capacity with the friends of the Brahma Kumaris, who came to congratulate their teachers and the many students of the Centre on this very special occasion.

The honorable guests included: the Deputy Head of the Indian Mission in Russia, Mr. Sandeep Arya; the eminent scholar, Yakov Z. Mesenzhnik, President, International Academy for Integration of Science and Business (IAISB), scientist and ecologist of international repute, M.S.U. Prof. Edward V. Girusov; the world-famous scientist, biophysicist and water researcher, Prof. Stanislav V. Zenin, member of the Russian Academy of Natural Sciences.

The theme of the 24th Anniversary celebration was: *Eternal Source of Inspiration*.



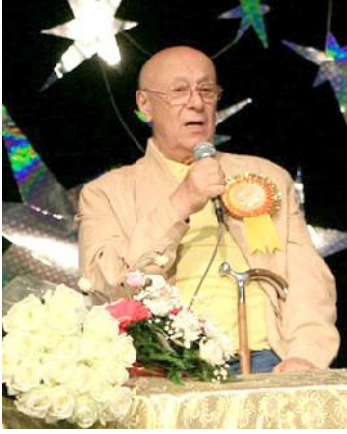
Many people have had this profound life experience – a deep feeling of elation and mental lucidity, an enthusiastic burst of energy and creative power – that feeling called inspiration. A feeling so powerful, it elevates a person, lends them wings to transcend the Earth and rise towards the Eternal Source of inspiration, the Supreme Being.



Spiritual leader from India, B.K. Chakradhari, who's dedicated her life to the service of humanity, gave her short but very inspiring message. "We can recreate our inner source of spiritual power only if we link ourselves with the Eternal Source, the Supreme Soul and Supreme Father. It is Him, who bestows His blessings on us. He is the Ocean of Peace and Love, the Ocean of all powers and the everlasting Light. If we keep our connection with the Eternal Truth, our inspiration will last forever," she emphasized.

Mr. Sandeep Arya expressed his deep appreciation for the activities of Brahma Kumaris in Moscow: "India is a country with an ancient civilization, and spirituality has always been a very important part of this. The ancient knowledge of India is now needed in the world. The Brahma Kumaris helps people to realize themselves, to understand their relationships with others, with nature and with the Supreme," he said.





Yakov Mesenzhnik believes that Brahma Kumaris should be celebrated not only every year but also every month. “Brahma Kumaris, C.S.D. is the Ministry of Emergency and Disaster Relief for the world – as it rescues spirituality. It teaches how to survive in this jungle of a world, and still remain decent, worthy people; so that our civilization does not meet its end but continues forever and ever. God has given us so many gifts – the arts, sciences, nature. We must use them in a worthwhile way. We must not get disheartened, but remind ourselves: ‘Om shanti’ – I am a powerful and peaceful soul. I am a beautiful creation of God,” said the scholar.

Prof. Girusov shared: “Two years ago, when I first joined this organization, I felt that a different, higher octave of creativity began to ring inside me. I sincerely congratulate the people who set up this amazing organization 24 years ago. The world yearns for spirituality; Nature and the biosphere demand it.”



Prof. Zenin said: “Genuine inspiration is very important for people engaged in science. It helps them to remain open-minded and thus exceed the limits of the visible and conventional. I am very happy to see how, nowadays, spirituality merges with science as it invents new methods enabling the recording of phenomena which, until recently, was believed to be only mystical and non-scientific.”

Ph. D. Vijay Kumar Uttanur, Senior Teacher and Coordinator of C.S.D. said: “Scientists have been inspired to discover that the state of the elements of nature depends on human nature, our state of mind, the vibration of our thoughts. Humanity must understand that the time for change is now.”





Director General of the C.S.D., B.K. Sudha R. Gupta, invited the audience to say ‘om shanti’, and explained: “This is the essence of spirituality; I am a peaceful soul. All we need is to realize the depth of those words, and stabilize ourselves in that state. Everything begins from inner silence: when we turn our attention inward and experience sweet silence. This is the silence that brings about inspiration and reveals the Truth. It heals the soul of its negative past experiences; fills it with creative energy, and links it with the Source to restore its potentials.”

From the silence to sound – the gala concert began.

Gaining inspiration from God the Father, a soul soars towards light and wisdom, love and harmony. These beautiful feelings were embodied by Natalie Raamel in her choreography *Renaissance*.



Everything in the program inspired the audience, filling them with enthusiasm, and entertainment also bestowed light and happiness: the exciting and audacious Czardas performed by a trio of musicians, C.S.D. students Julia Sabitova, Alex Slavnov and Dmitry Kopytin; the dance *The Four Faces of Time* directed by Vera Zakharova a soloist of Igor Moiseev’s State Academic Ensemble of Popular Dance (Igor Moiseev’s Ballet); *Angels*, a song performed by students of Brahma Kumaris C.S.D., Pauline Kachura, Larisa Gridina and Jeanne Yakovenko.



How inspiration comes into their life was also shared with the audience by: the tutor of the Entree Art School of historical dance; by the poet and composer, Augustine, soloist of the ensemble Length of Breath; by Efrosinya, art director of the Magic Flute Indian classical dance school; by Svetlana Boytsova, winner of international competitions, art director of the Elegy Women’s Academic Choir; and by several other guests of this very inspiring, entertaining and memorable anniversary.