

## Sister Jayanti - 29th August 2021 - Avyakt Murli Revision 12/03/1988

*Q: Has Krishna taken birth yet?*

Jayanti bhen: No, I am absolutely confident he hasn't yet taken birth.

Om Shanti, and a very happy Janmashtami to each and everyone but, yes, we are still waiting for the world to be completely pure, and then we will see the birth of Shri Krishna happen. It won't happen prior to that. At the moment, we are still reaching the extreme ends of kaliyug and every day's news keeps telling us how extreme things really are, and how close we are to the end. So, the signal is now to hurry up, hurry up with your own effort but, yes, the Earth still isn't ready to support the birth of Shri Krishna, that's for sure. But also, Baba's task hasn't yet been completed; Baba's task is to give Baba's message to the whole world, to make at least 108 completely pure, so that then everybody can be liberated from Kaliyug. We've had liberation for the eight jewels, we've had so many other souls join the advance party, but I think Baba is waiting for the rosary of 108 to be completed, and we won't know about it, but what we will see, is that things are very quickly shifting, and things are finishing. At the moment, we see them reach their climax, but not yet finish, so we have to see things finish and then the beginning happens.

So that was just an aside. Today, BapDada was looking at His loving, cooperative, and powerful children, and it's amazing how much significance Baba packs into each and every single word that he speaks. So, when he says the loving children, Baba has given a lot of detail and definition about that, but also, I can be loving but am I cooperative, and am I cooperative always, and then powerful; am I powerful all the time or is there a fluctuation in my stage in terms of power, and so to be able to reach that stage of all three equally balanced. Yes, then Baba says you are number one but, for all of us, I think there's a margin and a difference, and so loving, yes, but even that, Baba saying is your love constant and natural and always consistent, or is there a difference in your love, and Baba mentioned three categories of love; not only does every word have significance, it has layers and layers and layers of meaning.

So, on the one side, the loving children who just simply love from their hearts, and then the second type of love where there is some motive involved. And so I love Baba because I want this, I love Baba because I want that and, yes, Baba will fulfill my desires but that's not pure unconditional love, that is very much love based on my needs, my desires, my wants, and so it's selfish love actually. Then the third, the love that arises because I'm desperate at a particular time. And so, yes, I think we've all experienced all three stages but especially this third one. Why should I wait to become desperate to receive God's love or God's help when it is actually my right? And so, how can I make sure that my love is so pure, so clean, that it's not based on a situation, it's not based on a circumstance or an obligation or anything like that, but just a natural outpouring of unconditional love, because I have found the One whom I have been searching for, for half the kalpa.

Baba talked about how the ones who have this first degree of love and Baba said, I'm not going to talk about the second and a third – you can understand all of that – but the first degree of love, which is constant and spontaneous and natural and absolutely all the time. So Baba said that those who experience this natural state of love are also able to experience all relationships with the Father, but they also have the understanding of what relationship to connect with according to the moment, according to the time, and so they claim the benefit – the attainment that comes out of all these different relationships. And then, a very simple example, it's time for class: God the Father, the Teacher has come to teach me – and here is God teaching me, to enable me to claim the highest royal status, the elevated position, and what am I doing? I'm having an internal conversation with Baba, and Baba is saying, what's going on...it's time for the Teacher, it's not time for a conversation now, I am your friend but it's not the time for that now. Or, some will say, oh, I feel such a powerful stage of silence going beyond sound, I don't need to come into sound, I need to stay beyond sound. And, yes, Baba wants me to experience that, but not at the time that He's teaching me, and so, when am I going to learn this? If I can adjust myself so that I'm able to recognize the time, the 24-hour clock: Amrit Vela – there's a relationship of Mother and Father, then there's a relationship with the Teacher, and then, through the day, is the relationship of shrimat, and Baba taking me beyond with just a glance. And then, yes, I can have chit-chat with Baba as I do my work, and then in the evening, again, let me experience my angelic form with Baba, and then at night I have to see Baba as Dharamraj. So, each step of the different relationships brings a different benefit, and if I don't take that benefit according to the time, I don't have that wisdom of knowing what the time is asking of me, then everything's going to get muddled, and I won't be able either to experience that beautiful sweet relationship, nor will I be able to experience the benefit of that relationship – the attainment that comes from that.

Then Baba said, just as if the body is overweight and is carrying too much of a load, then you can't adjust your body and keep it stable where it is, you want to mould it and make it sit where you want it to sit...there will always be shuffling and aches and pains and all sorts of things. Well, the same thing with the intellect. If the intellect is gross, if the intellect is overweight, it's not malleable enough, it's not flexible enough to be able to adjust to know the time and the relationship, and experience the benefit, and so, Baba is saying your intellect needs to be very, very clean. Is there rubbish filled in the intellect, is it still filled with negative thoughts? Okay, you've gone beyond that, but is it still filled with waste thoughts? It's going to make you heavy, it's going to make you unable to have yoga; you won't be able to experience what you would like to experience in yoga. It's a complaint that many have, but this is the reason: I spend my time feeding my mind waste stuff, rubbish, and so the intellect gets polluted and it gets overweight – too many thoughts about things that are not my business – I don't need to think about those things, and so wasteful thoughts make the intellect heavy. Equally, ordinary thoughts, same thing. My mind is occupied just with the things here, how can I fly up above and be above with Baba.

So, the quality of intellect that's needed – Baba gave a whole string of definitions – that it has to be absolutely clean, sparkling, no rubbish, no dirt, no accumulation...it has to be extremely subtle, so subtle that I can catch God's vibrations, and experience God's help and then, it

has to be divine. Through the day, am I practicing soul consciousness, looking out through my third eye, so that I'm able to see the other soul with its specialities? Spirituality allows divinity to come forth...divinity doesn't come on its own. Spirituality enables divinity to emerge, and so Baba is saying the divine intellect, but it is spirituality that allows that divine intellect to emerge. And so, I need to make sure that I keep my consciousness spiritual through the day, not that I get stuck into position and role and responsibilities here, but I keep myself up above when I'm seeing souls...I'm seeing them with a spiritual – with divine – consciousness and a divine intellect.

Then, an unlimited intellect: a limited intellect will say, me and mine and I and my wants and desires, and my ego comes in big time. I want respect, I want regard, I want position, I want control, I want power...all this is limited intellect. Baba's saying you can't remember me if your intellect is caught up with limited things: become unlimited, step into the unlimited. And then, a broad intellect – an intellect that's able to see past and present and future. Let me be able to experience all of this, then I know what's going on and what I need to do. So, if the intellect has all of these qualifications, then you're able to experience all relationships with Baba and the benefit of all of those, and you will be lost in love to the extent that obstacles come but they pass you by...you don't even notice them...you're lost in God's love. And, of course, God's love is such that Baba is giving you a huge amount of cooperation so that the obstacle doesn't touch you, doesn't bother you, and it's come and it's gone...you've dealt with it with love...you haven't been stopping in front of it, you haven't bowed down to it...you've been able to fly up above with love, and so obstacles don't interfere.

Baba asked us another question: has your love been constant, stable, unshakeable, immovable, imperishable? Good question. Has my love fluctuated or has my love remained consistent and imperishable...nothing ever kills it. Sometimes, Baba said, there can be problems, sometimes there can be obstacles, sometimes even ups and downs for the divine family, but the one whose love is imperishable, immovable, unshakeable isn't shaken by these things...the love stays constant and, of course, the connection with Baba stays constant...therefore you're able to move forward so fast, otherwise you would get stuck with all of these things. And so, let the intellect be very clean, sparkling, and let the love be unshakeable...absolutely immovable.

Then Baba said, do you have controlling power and ruling power? And so, in terms of the self – Baba's not talking about control of others, that's the opposite – but controlling power over my physical senses: am I able to control where my eyes go, am I distracted by someone? A lot of murlis on being trapped by name and form recently, over the last 10 days. But are my eyes under my control, so that I'm looking straight ahead...I'm looking at Baba...I'm not distracted by any human being, whatever their activity may be...and so, control first of the physical senses. Can I control my tongue, am I eating the right things, am I eating the right quantity or does my tongue run away with me? Or, the tongue, also in terms of what I say; am I speaking in the right way with the right tone, at the right time? Or, my tongue says a dozen things and I could have bitten my tongue off afterwards. Why did I say this, there was no call to say this, it's now going to spoil a relationship, and I'm going to have to work very hard to sort it out and put it right, so the control of the senses but, not only, my control over my mind.

What's happening in Kaliyug is the opposite: minds are out of control – the whizzing around, the over-functioning of the mind, where the mind gets exhausted – and then there's burnout, or where it even leads to mental illness, and so we'll stop. Can I slow down the speed of my thoughts, can I put a break on my thoughts...can I say, Om Shanti, and it finishes? And my intellect: is my intellect holding rubbish still, how come I'm not throwing it away, why is it smelling, why is it unhealthy – because I've kept too much stuff in there, I don't need to – I need to clean it, I need to get rid of it. And then my sanskaras, I need to control my sanskaras. By now, we've got a pretty good idea of what our sanskaras are, and where am I at, have I cleaned them to have moved away from tamopradhan sanskaras to rajopradhan, or even beyond the rajopradhan sanskaras to sato, and I can just see satopradhan sanskaras just ahead in front of me, and I know in a short while I can get there. So, control means controlling myself, and then I can be the ruler of the self. The ruler isn't exercising control, control is the first stage. I need so much power from Baba that I can control my tongue, both in terms of speech as well as in terms of taste. I need power from Baba to control my mind, and then, once I've been able to achieve 100 percent control, then there's sovereignty...I am the master, I am the ruler...I'm not trying anymore, and sometimes my senses run away, sometimes they're disobedient; no, I've controlled them, managed them, to the point where now they are clean, satopradhan. The best sanskaras have now emerged and then I'm the ruler, I'm carefree, everything is going along in the right way – things happen at the right time.

Then, of course, Baba's seeing the numbers that have arrived in Madhuban – huge numbers always – and then Baba's saying, well I'm looking at the time, I'm looking at the body, the chariot, trying not to put too much pressure on the chariot – and remember this is March 1988 – and Baba knew...the chariot didn't know herself, we didn't know...but when a couple of months later, Dadi went for checking in Bombay, they discovered that she had a tumour. So, already in March, Baba's saying, Baba's concerned about the chariot, and so personal meetings aren't going to go on forever and ever.

Then Baba talks about how in the physical dimension, there's always limits...in the subtle region there are no limits. Brahma Baba, when he had a physical body, had certain parameters, certain limits, but now that he's in the avyakt form, he is beyond those limits. You walk from here to there – how long will it take you – and in your subtle form you won't even notice. The angel can fly fast and reach the destination; the human body cannot move not even one-tenth as quickly as the angel. And so, BapDada is doing his work very fast from the angelic region. Baba is now free from all karmic bondages – the bondage of the body, the bondage of sanskaras, the bondage of everything – doing a huge amount of karma, good karma, but yet not claiming any return from that. This is why Brahma Baba is the one soul who is truly, truly equal to God. Just as God does so much and claims no return, in the same way, for the last 50-plus years, Brahma Baba has done so much – but not for Himself – altruistic, just simply for the world. He attained his own perfect state 18th January 1969, and so, all these years since have been in the service of others, nothing for himself.

Then Baba is saying, experiment yourself with your own subtle angelic form, and you will feel that there's no tiredness, you can do a huge amount – much more than you could in your physical form. And, of course, with Baba in his subtle form, then there are all these stories both of omnipresence, as well as of Krishna, that every soul gets satisfied, every soul feels I've just experienced a beautiful meeting with Baba, but within a moment this one, this one, this one, this one is having a vision of Baba, that experience of Baba, and that feeling of belonging to Baba, and this is how the concept of omnipresence arises. God must be everywhere because we feel him everywhere, we can see what God's doing everywhere but, no. And then with Krishna, every Gopi felt she was the beloved, and she was the one who was going to dance with Krishna and, of course, Baba in the subtle dimension...Baba able to give each one of us that experience of being with Baba, loving Baba, experiencing Baba, experiencing that love, and so lots of confusion later on, but at this moment we understand the truth and the reality of all of this. Baba shares all the different qualifications of the signs of love, and the number one stage of love.

There were groups meeting Baba and those personal meetings, which we took as blessings, and Baba would sometimes say that, how come blessings are working for some and blessings don't seem to be working for others, even though so many got blessings. And Baba's reply was, when you use your blessings by keeping them in your awareness and following in Baba's footsteps, those blessings become a reality and, when you don't do this then, yes, you've had those blessings but you haven't been able to imbibe them in your life, and so they are not visible in your day and day-to-day activity but Baba gave us so many, so many, so many blessings and those who are coming today will say, but we didn't get those blessings. Well, take all the blessings that Baba is giving you with every single murli. Every murli has the blessing at the end...take that for yourself personally...and make it your own every single day, and your life will surely be blessed, and you will feel Baba's blessings with you all the time. Om Shanti.

*Q: Baba is saying that now those of all religions are gradually being moulded in their own way – earlier they used to be very strict – what does Baba mean?*

Jayanti bhen: This was a sakar murli a few days ago, and my understanding of that is that the whole area of interfaith opened up towards the end of the 1980s in a very big way, and then of course, 1993, we had the World Parliament of Religions in Chicago, a hundred years after the first one. So, a hundred years went by while people were caught up with materialism and all sorts of things, and they forgot about the religions coming together. So, I think that when there is, again, the opening of the door of interfaith activity, this is where the people who belong to that awareness that there is truth in every religion and, of course, Baba's explanation: the seed is one, the tree is one; and yes, there are the big branches, then the little ones, but it's one seed, one tree of humanity. And so, every branch that has taken something from Baba, has taken it from the seed, and so you see the truth that exists in every tradition, and so it was a time of the opening up of, again, interfaith once more. Interfaith activities had continued in a sort of low-key way, even before the World Parliament, but definitely that time at the end of the 1980s, we were beginning to see the whole period of interfaith now, again, coming to the foreground, and it stayed like that today even though there is so much fundamentalism in certain areas, but on the other side, there's also the faiths' moulding and coming together with respect for each other's faith.

*Q: This whole aspect of giving your burden over to Baba, and becoming the carefree emperor. We give it to Baba...we say, okay Baba this is yours, but again, it feels like lip service. Is there some belief system we have to change within us to really hand it over?*

Jayanti bhen: Absolute consciousness that I am only, only, only an instrument and so I will do the best that I can, and then I have to let go. I have to step back and say, it's in the drama's hands, and Baba's plan is what is going to evolve. So, it doesn't say become careless, become irresponsible, but it really means imbibing that consciousness that Baba is pulling the strings and I'm doing what I can do, but the results are up to drama, and so not shaken by success or by failure, or what appears to be failure. I've done my best and is there something more I can do...well, let me try, but if there's nothing more I can do, then detach. This is why Baba uses expression, pyara and nyara. Yes, you have love for all, and you want to do the best for all, but then there comes the moment when you have to say, okay, now it's up to you, Baba, I've done what I can, and at that moment, really truly detach.

*Q: What have you experienced about the golden age? What are some nice highlights of the golden age you've had in trance before?*

Jayanti bhen: My experiences of the golden age and trance were as a child and so it was a beautiful scenery, wonderful colours, wonderful fragrances, surrounded by a lot of love, a lot of lightness, and just beauty shining through faces, beauty shining through flowers, beauty shining in all the world around, and so if one word that describes the golden age is truth, satyug, the age of truth and that's what it is. But truth is revealed as perfect beauty and so everything reflects the truth of the Creator in its real true beauty, so that's the image that I'm left with. As a child, you don't understand the details of things...so that's my memory, my recollection. The other thing is a lot of love and lightness, dancing and so much happiness and joy. This is why we love the stories of Krishna so much, and in many centres that I go to across the world, of course, they have pictures of Baba and the yagya and Madhuban and all of that, but they will also have pictures of the Raas Leela...Krishna dancing with the Gopis. People love those images and it's because it's reminding us of that joy of Satyug and, yes, Krishna will be dancing with his friends in Satyug, and so that's the other amazing beautiful experience of Satyug...that it's a time to dance, a time to just simply enjoy. The third thing that I'm thinking about that I'm recalling...think about how heavy gold is – and even a ring – it's heavy, but imagine how when matter is satopradhan, even metal, even gold, is so light, and so pure, that instead of having eye shadow on your eyelid, Lakshmi will have gold around her eyes, and it will be like the necklace around the neck, but this will be just a row of gold, and gold is that light – your eyelids can't carry any weight at all – for just a little tiny cameo, a photograph, of how light everything is in the golden age. Metal is light but our bodies are light, our minds are totally light and free and easy – completely divine – and so a time of lightness, of love, of joy, of laughter, but always, always sharing happiness.

*Q: What about food? We offer 56 varieties to the deities, but then on the other hand, we only eat fruits and flowers, so what is your understanding...the early part of the golden age we don't cook?*

Jayanti bhen: It was a question that we asked Avyakt Bapdada on the stage in Om Shanti Bhavan when we used to have teachers' meetings with Baba, and Baba would sit with us so carefree, so light, and Baba would look around and say question, any more questions? We would ask and Baba would still say, any more? Ask, open up your heart and ask. And so at one point in Madhuban, there had been this big debate about what happens in Satyug: will there be cooking or will everything be raw and natural, and of course, Baba said that you know every fruit that you have, every vegetable that you have, will convey all the fragrances and all the different tastes, that you don't need any additives, you don't need to put any spices or herbs or anything to flavour...just whatever it is, on its own, is so delicious...so the imagination of many was that Baba would say no cooking. And Baba said, yes, there will be cooking! Why? Because the deities want to offer hospitality, and a sign of hospitality is that you cook for others with great love. And I don't know that Lakshmi is going to be stirring the pot, but certainly there will be others who will be helping her do it, but Lakshmi will definitely be the one who's giving instructions for what is to be made. But it will all be done with energy that is without any pollution...Baba didn't specify nuclear energy or solar energy and some would say there is probably solar energy...but Baba did say the cooking there is without any smell, without any pollution, without any dirt or anything like that but, yes, there will be cooking, because the deities will want to offer things with a lot of love, and cooking is a sign of love, also hospitality. So, yes! There will be all the fruits and all the juices and everything but there will also be cooking going on. So, I don't even say, I think...it's exactly what I've heard from Avyakt BapDada.

*Q: What about dress? We've heard that whatever they wear once, they don't wear again, and it's handed down, is that the case?*

Jayanti bhen: Baba has just specified that there will be clothes of lightness and beauty and modesty. The deities are very modest, and I don't think I accept that it will just be one off and then finish. I think that everything will be constantly so fresh and new, it won't feel as if I'm wearing it second time, 10th time, 20th time, but that I can't say for sure...that's what I think.

*Q: What are they doing – not just dancing all the time, right?*

Jayanti bhen: There will be a court, there will be people sitting in the court, there will be an exchange of news, there will be an exchange of information, and meetings won't be long and drawn out in which there's debate and discussion. One says something, the other one accepts it. You see the thing is that all the deities will be in tune with each other – on the same wavelength – and so you don't need to speak a lot...you need to say just a few words...and the others understand. There's no complication and, of course, our minds are very, very transparent and we're able to read each other's minds, each other's thoughts. So, there's no rubbish, there's nothing unclean there, and there's nothing selfish. You know, if you were to read my mind today, maybe you would get a shock, and you would say oh, my goodness, what's going on in there, but the deities are completely clean, completely pure – so, open books – and so, yes, there will be communication in words also, because language is also very sweet and beautiful, and it's important to share, and that's what's going to continue later, of course, when we lose this power of just mental telepathy. But a lot of communication will happen just through the power of thought and, yes, words will be sweet...words will be like poetry, like a song...and after sitting in court sorting out our business of the ruling of the country, you will then say, okay, let's have a party, let's eat together, let's spend time together, just chatting. And so, I think there will be a lot of hospitality, a lot of entertainment and a lot of love. There's a very nice word that they use for Satyug in some scriptures and it's called Krityug, which means it's the age where everything has been done already. It's already been done (krit – karam), so that karma has been done already. So, like the farmer, there will be farmers, but the farmer won't have to dig the earth, there won't be any toil or labour or sweat and perspiration involved, and so the farmer will be able to go into the field, sprinkle the seeds and everything will then do its own work, and they will be beautiful fruits and flowers and whatever it is that we need coming...so, everything happening very easily. There will be a barter system, there will be exchanges, there will be places where you can go and have barter, and exchange your goods for the goods that the other one has. There will also be coins – there will be an economy – but it will be golden coins, and it's not that it will be expensive, it's not that it will be a sign of power, it will just be literally currency, the flow of energy, and so from one to another, to another and it will flow. I have to say that a little while earlier there had been a booklet produced that was circulated, and I've forgotten the exact name of it...was it *Divine Experiences* or something like that? And there were beautiful passages of classes from the Dadis, and the Dadis had shared their thoughts about the golden age, and also taken from avyakt murli, that gave beautiful descriptions of many aspects of the golden age. *Exquisite Exchanges*. That's what it was, yes, and an international team had put it together.

*Q: One person said that it would be good to have gone into trance, so we could see these.*

Jayanti bhen: I think it's going to come at the end...Baba said that it's going to come at the end. Just today's murli, and Baba is saying that, just as at the beginning, Baba kept you entertained, then it was time for effort, so that time for effort is now coming to its conclusion, and beyond the effort, then there will be the visions. Some with beautiful experiences that satyug is just ahead and some with experiences that, well, I had the opportunity and I didn't use my time and my opportunity as I could have. So, different levels of experiences, but definitely Baba has mentioned at the end, there will be a lot of trance.

*Q: Should we celebrate lokik birthdays?*

Jayanti bhen: Generally, we do celebrate lokik birthdays now, because Dadi would say that it's a time to get blessings from everyone. It's a time in which you, yourself, can have a very special renewal of your promises to Baba, and it's a time when others can also share how they see you and what they see in you, so that you can experience that upliftment. So, we do celebrate nowadays.

*Q: What does the yagya say about souls with mental illnesses? Are they ill when the soul starts disturbing someone in the centre? Can we prevent them from coming to the centre so it doesn't create karmic accounts?*

Jayanti bhen: It's a very delicate situation, and sometimes souls are aware that they're not so well and sometimes they're not. If they're aware that they're not well, then it's very easy to talk to them and say you know it's creating a disturbance here, perhaps you need to go to a professional, seek professional help and get well, and then when you're better, then you come back again. And then when a person doesn't know that they're not well, that is extremely, extremely delicate and the best way is to see if they have lokiks who are in touch with them. Sometimes there are individuals who are totally single and don't have much contact with lokiks, so that's even more difficult, but otherwise if they do have lokik relatives that you can connect with, then you can talk to the lokik relatives and say, you might have noticed that this person's behaviour is not always so peaceful, and our suggestion is that really this person needs professional help. And so, see how they respond, and if they can then speak to the person – because then they know that person better than we do, and the behaviour is of course more obvious to them than it is to us – and so I would deal with it in that way. If they are really alone...alone and there's no lokik relative in contact with them...then we have to bite the bullet and we have to say, can I have a chat with you? Have you noticed that your behaviour is not as Baba would want it to be? It's creating quite a disturbance for others. Can I suggest that you take professional help? And be very yogyukt, be very loving and kind, and maybe the person will accept it.

*Q: Connected with that, how is it that souls who are pukka for many years, and then they leave Baba, but then they develop some paranoia or schizophrenia. I think the question is, if they have been a Brahmin and understood and wise and everything, then what happens to the mind, the intellect?*

Jayanti bhen: I think the first step is when a person isn't making proper spiritual effort, which means really looking at the self, rather than looking around and outside. If I begin to look around and outside, then I get very distracted, and then many doubts come into my mind and then I say, well, there's discrimination; so-and-so is given opportunity, I'm not given opportunity...all sorts of things like this come in the way, and if this is allowed to continue, then that individual themselves moves away from Baba – they're creating quite a lot of upheaval within the community anyway – but at some point, then they move away from the community. Then, of course, they must be going through a huge amount of trauma, because on the one side they've recognized the truth, and on the other side they, themselves, have chosen to throw that opportunity away, and so when it's that sort of condition, I can imagine that the mind is totally unstable – being pulled in different directions all at once – and so that state of mind is then a very difficult thing to manage. But, of course, the way out of that conundrum is that, if they decide – with a lot of humility and a lot of love for Baba – that I'm really going to work on myself, I'm going to practice soul consciousness, I'm going to connect with Baba, then, they sort themselves out, and if they've been persistent and consistent with that then, yes, it's possible that they get well and that they're back with Baba. But when the mind is in turmoil in this way, to even get to that realization that this is the way out of my predicament, it's not so easy for them to understand this, until they accept full responsibility: I am here where I am because of my own thoughts and feelings.

*Q: Could it be karma coming up, some hidden karma that we didn't know, like a sickness comes up later?*

Jayanti bhen: It could definitely be that, but my feeling is that where I've been accurate in shrimat, then I'm getting Baba's help and so I'm staying on track, and that's helping me deal with the karma. I don't know how much karma I carry, and so different sanskaras keep popping up from time to time that I didn't know about, but with Baba's help and shrimat – those two things – my love for Baba, and faith in Baba is in place, so I'm getting help. But I'm also following shrimat, then these two things in place mean that I'm going to overcome that karma and keep moving on, because everybody has to deal with karma, not just a few people at the end of kaliyug. We are all carrying a huge amount of baggage of karma and so the question is, how do I deal with it, and Baba's showing me how to deal with it, and Baba is reminding me, look at yourself...don't look at anyone else...see yourself, and see Baba...that's it.

*Q: Lokik seva, how to define it and what is the difference between lokik seva and alokik seva?*

Jayanti bhen: What I'm doing for my family is actually fulfilling my karmic responsibilities and that I have to do – it's not an option, it's not a choice – and if I do it well with Baba's remembrance, as a trustee, then I will know where to draw the line and say, okay, I've done enough of this now, now my time and energy can be used for God's service, whether it's in terms of my timetable of a day or whether it's in terms of timetable in terms of my lifespan. So, there's a time when parents have to give a huge amount to their little children, and then there comes a time when the children are at school, and so I have time through the day; then I can do some other type of service, I don't need to be hanging around the house and doing extra, extra, extra things all the time. Yes, if I do something extra for a special occasion, no problem, but I have enough time during the period that the children are at school, to give time to Baba's service, and where I'm not doing that, what is it? Is it my laziness, is it my attachment, is it my greed? Just check and see, and so there should be the possibility of saying, this is lokik service and it's my karmic responsibility, I must do it, and then their service which is my option – nobody's going to say you have to do it – but it's fortune, it's opportunity, and if I can make time available for that, that's my fortune. You know, how did Baba's yagya run in the early days? The mothers used to be so economical with their budget, that they would save pennies and accumulate pounds, and the pounds would go to Baba, and others would say, but my budget is so tight I can't manage...I can't even manage my budget. But, can I be so economical that I can have a saving, and even that little saving I put towards Baba's yagya, so it's a question of awareness and attitude. Do I recognize Sangamyug is an opportunity to be able to serve God, to serve God's family, to serve in God's home, to give Baba's message to other people, or am I going to give my time, attention, energy, money, everything in lokik? I've done this for the whole cycle, and I'm going to continue to do this now; it's okay, it's fine, but I'm missing out on creating my fortune, so my choice...what do I do?

*Q: If earthquakes appear, because of impurity, then why did the earthquake take place between silver age and copper age?*

Jayanti bhen: The question is actually being answered. At that moment when souls fall from that state of purity, there are earthquakes and the earth is shaking, matter is shaking, and of course, as a result of that, all the history of the golden and silver ages goes down deep, deep,

deep below and you're not able to access it, and it even disappears from our own consciousness and awareness. There are memories of the deities, but we don't know that we are those deities...the impurity has already created amnesia.

*Q: This subject of favouritism, when a Centre-in-Charge is giving more attention to one than the other?*

Jayanti bhen: This is the whole subject of where am I looking, why am I looking at others to see that somebody else is being given more attention or whatever, whatever, whatever...let me do what I need to do, and keep my attention focused on my own study, my own awareness, my own opportunity for good karma for service...there's an infinite amount of service available. Really, I don't need to see what others are doing on any level whatsoever, and if there is favouritism and the teacher is doing that, then it's her problem, her issue, not mine. And the person who is getting all the attention, well, there will come a moment when it's not possible to get that attention, and they will have to sort themselves out and see, was I dependent on one person's attention, or am I really here for Baba. So don't think about it, don't look at it...it's a waste of your energy.

*Q: If somebody is hurt by another in the centre – should they create a distance, or communicate, or take it up, argue it out?*

Jayanti bhen: Arguing is not the way for Brahmins and definitely not if I'm on my way to becoming a deity. But let me first of all become calm, and not feel that anguish of being hurt, and when I'm calm and stable, then I can speak to that individual involved and say, maybe you didn't realize that what you said actually caused a lot of sorrow, and the other person will probably say, but I didn't mean it, I didn't intend it in that way. And maybe by having that sort of talk conversation – I don't like this word discussion, because it's percussion, it's noise – and so just a conversation in which I'm explaining where I stand, and giving the other the opportunity to explain why they said, or why they did this. If I attack them and say, you did this to me, well, they're probably going to attack me back again more, so it's a waste of time. But opening the door for a dialogue for a conversation and just seeing where they're at, maybe they do have a reasonable explanation and maybe, truly, they didn't realize that what they were doing was causing somebody sorrow. So, they will say, thank you for alerting me, I'll remember that for next time. And if they're indignant and say, I did nothing wrong, you say, okay, I just wanted to draw your attention to it. But you don't have to try and prove it...it's a waste of energy if the person isn't able to realize by your communicating it, then really, just put a full stop to it, don't take it any further at all, and just make yourself strong. You can take Baba's love, Baba's power, and strengthen yourself, and don't create a distance, but certainly create a shield armour plating of yoga power, especially when you're with that individual. But the situation is that today this person has hurt me, tomorrow another one, and another one and another one will also hurt me because I've become sensitive, and so I keep feeling hurt and getting hurt. If I become strong, whatever they say and do isn't going to hurt me.

*Q: Can you tell us the nitty-gritty of sakash? What is actually happening – because there's so much happening – we have to send sakash to Afghanistan, to Haiti, to Africa...what are we doing, where are we zooming our light?*

Jayanti bhen: The important thing is, I remember the person, the place or the situation for one moment, I hold that in my inner vision and I bring Baba in front of me, and Baba's light and might is going to reach that place. It's not me that can give that place sakash. Can you imagine me trying to change the situation in Afghanistan, or me trying to take away the sorrow of the people in Haiti, but I can bring Baba in front of that situation and then leave it to Baba and that's the end. I must just continue with my own powerful, powerful yoga connected only with Baba, and Baba's light and might is going to reach those souls and help them. Don't spend half an hour thinking about one place or another place, or one individual or another individual, that's not sakash – that's my attachment or that's my interest – no, the world is suffering and people here, people there, people everywhere...whether it's suffering of the mind or suffering of the body...different things are going on, and so I just need to hold that person or place for a moment, bring Baba in front of me, and continue with my meditation. Thank you! And Om Shanti to all.