

Golo's service tour of Denmark, Sweden and Lithuania

Easing the lock-down and re-starting BK centre activities

The European Union has partly opened up and Golo took the chance to visit Denmark, Sweden and Lithuania. He gave talks in Copenhagen, Dalsebo in Sweden and in Vilnius in Lithuania. After the lock-down and social distancing, his presentations and presence brought old contacts back to the centres. New enthusiasm was created. The lectures on Healthy Mind, Healthy Planet are increasingly relevant in these times. Everyone is concerned about health and the future. Golo inspired the participants to become healers of themselves and the world and to develop their full creative potential.

In Copenhagen, the centre also arranged a garden party to allow BKs and contact souls to meet in a relaxed and informal manor. By many helping, the backyard was transformed beautifully. Many commented how much they have missed the centre and its energy.

22/7 – Copenhagen Centre, program



25/7 – Dalsebo in Småland, Sweden

A Swedish couple participating in Peace of Mind appreciated the link between spirituality and sustainability. They invited Golo to give a lecture in their huge barn deep in the middle of the Swedish forest. 30 people came to this program on Healthy Mind, Healthy Planet. Sonja translated and conducted meditation, her mother made cakes and cookies for all.





The farmhouse barn transformed to lecture hall, Sweden.

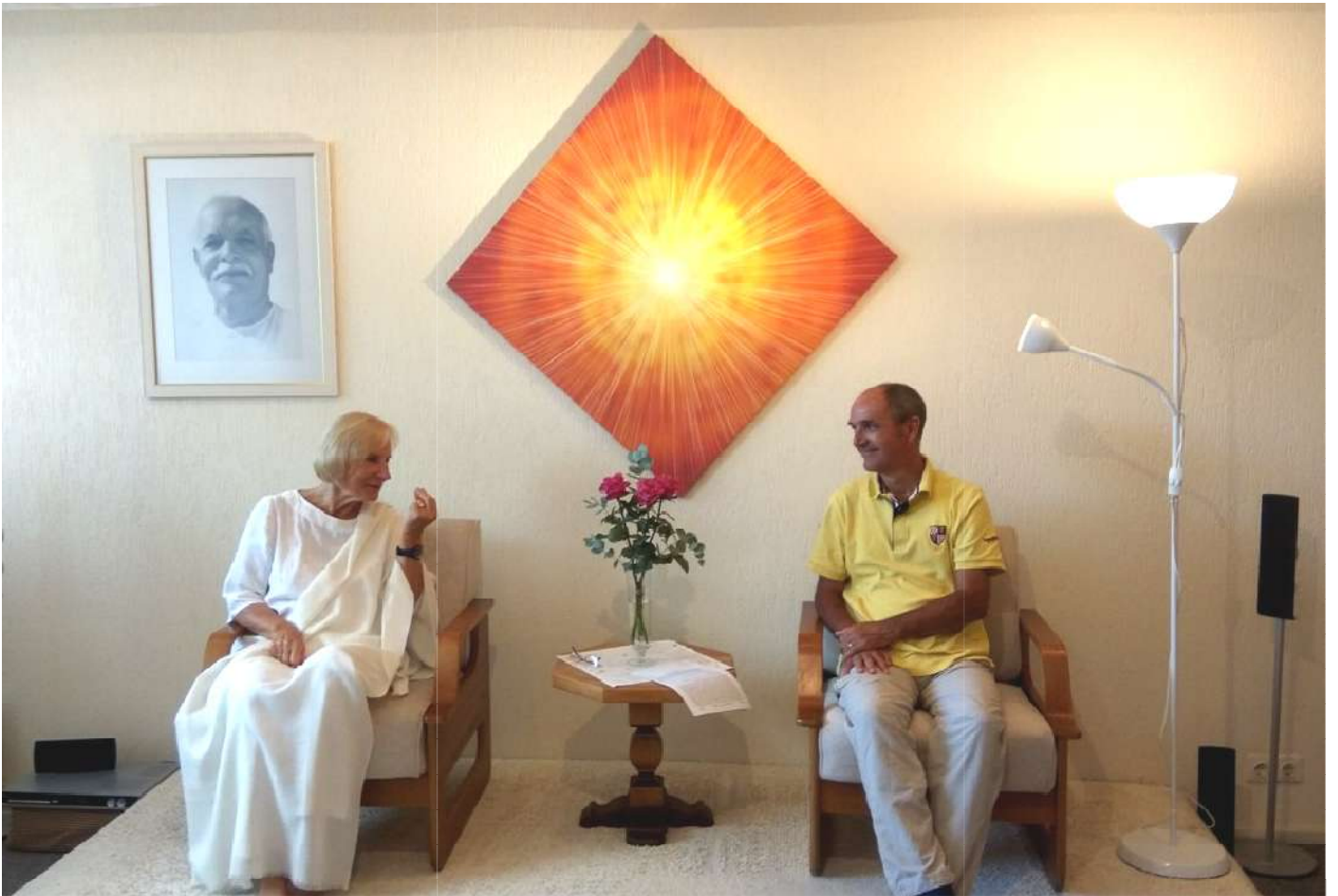
8/8 Garden party in Copenhagen, Denmark

A magical afternoon full of light with meditation around the tree, presentations, virtue games, virtuescopes, yoga corner, pizza and cake.





13/8 Vilnius, Lithuania



In the centre in Vilnius, Golo gave the first presentation after lock-down. Almost 30 people came to hear a latest update on Coronavirus, Climate change and how to move on, Sister Egidija translated. Towards the end Golo highlighted the importance to become an angel and helper of God. Sonja ended the evening with a powerful guided meditation on healing the self and the world.

15/8 Vilnius, Lithuania

The next day before the departure Golo and Sonja visited the centre in Vilnius which mostly serves the Russian speaking communities. We met the family, had powerful yoga together and a sumptuousdelicious brunch.



On evening of 18th Golo and Sonja met the Indian Ambassador at the 74th Independence Day Dunction in his residence garden in Copenhagen. He shared about the 400 old year connection between India and Denmark. He hopes India soon will develop a vaccine for the corona virus. Golo and Sonja could meet him and others from various cultural associations.





Golo, Sonja, Indian Ambassador Mr. & Mrs. Gupte.