

# Maha Shiv Ratri – A Spiritual ‘Tour’ of Ancient India’s renowned 12 Jyotirling Plus Raja Yoga Exhibition and Meditation Tasters

Sunday 23<sup>rd</sup> February 2020 3.00pm-7.00pm  
Global Cooperation House, London  
REPORT



Over 620 people came through the doors of Diamond House at GCH to experience the ‘Spiritual Tour’ on Sunday afternoon and everyone was handed a reflective journal ‘my special moments with God’ before embarking on the journey. Many more friends and contacts continued to visit for the next two days. Starting with an exquisite exhibition set up replicating the 12 renowned temples in India that house the Jyotirling. *The exhibition had been displaying at Leicester’s Harmony House for a week before lovingly brought to London by BK sisters and brothers, with the project led by Sister Sukanti, whose inspiration it had been.* The Conference Hall was transformed into 12 exhibits, replicating the 12 Shiva temples and a lit alcove in each displaying the Jyotirling, in front of beautifully lit Shiv Baba’s incorporeal image. There was also a central display of a Shivaling in the centre of the room.

This was a fascinating walk through the history of these powerful places of devotion to Shiva that have been worshipped for centuries in India. The atmosphere was very light and yet also deeply serene and ancient. The 12 temples replicated are listed below and their relevance to this time and the acts of God Shiva, which was included in the information given about each one. This was bhakti explained in a very practical and carefully considered way. Many visitors commented how they have never seen a display of all 12 of the renowned Jyotirling in one place before. *‘It’s a real treat to experience them all in one very peaceful and deeply spiritual place’.*



**1 Somnath** – God Shiv says: I give the Somras (nectar) of Godly Knowledge



**2 Mallikarjun** – God Shiva says: I transform human beings into Arjunas, the ones who are victorious over maya (illusion)

**3 Mahakaleshwar** – God Shiva says: I destroy all evil



**4 Omkareshwar**- God Shiva says: I reveal the truth of OM

**5 Vidyanath** – God Shiva says: I make you ever-healthy



**6 Bhima Shankar** - God Shiva says: I finish demonic sanskars

**7 Rameswaram** – God Shiva says: I am the Supreme Father of all deities, even of Shri Rama.



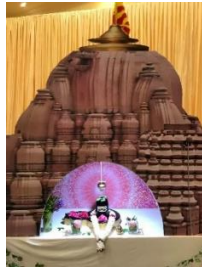
**8 Nageshwar** - God Shiva says: I finish the poison of vices

**9 Vishwanath** – God Shiva says: I am the creator of new Vishwa (world)



**10 Tryambakeshwar** – God Shiva says: I am the creator of Trimurti Brahma, Vishnu and Shankar

**11 Kedarnath – God Shiva says: I bestow the highest Deity status**



**12 Grishneshwar – God Shiva says: I rejuvenate lifeless souls.**

After the exhibition the 'tour' continued through to GCH building and into a **Raja Yoga exhibition**. The tenets of Raja Yoga was shared by over 16 teachers in four languages: Hindi, Tamil, English and Gujarati. The opening picture connected the festival of Shiv Ratri to the relevance of these times when God Shiva practically incarnates in the 'night' to transform us and the world. This then easily led onto to the various pictures explaining Soul, Supreme Soul, Home, and how the connection alights and transforms us away from the 5 vices.



The final part of the 'tour' was a practical **opportunity to meditate and experience** what had been shared. This was held in the Seminar Room and was a closed session beginning every 15 minutes. It filled up each time and was led by experienced meditation teachers, who gently guided souls to an experience of inner silence, The Home beyond, and Baba's vibration and company.



Everyone was then guided down to GCH reception where fruits, toli and blessings were shared. The bookshop was open and ongoing opportunities were publicised. People left feeling full, glad and uplifted.



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