

Return To The Source With Sister Jayanti

19th January 2020 6.00-8.00pm
Global Cooperation House, London
REPORT

MC **Clarke Peters** welcomed over 300 to this special January event to honour Brahma Baba, contribute to World Meditation Hour and provide an opportunity for anyone to join the gathering to connect with The Source and experience vibrations and love from beyond and send peace and love to our world family and planet. Over 30 were present for the first time at a GCH event.

Clarke shared his personal experiences and asked How do we return to The Source? From where do we perceive the world? And went on to share:

*Once a month the BK's gather to send vibrations of peace specifically to the world.....but we can do this everyday and once a month we can do here. This evening honours a man we call Brahma Baba, and 18th January is a day we celebrate and honour him. Who was he? Wouldn't it be nice to be an apprentice and see someone who has gone through and achieved what we are trying to do here. He is that soul who, in my experience, did that. **He sat in deep deep silence and found and realised another state of conscience, another dimension.** Something 'other'. The 'other' that we are all looking for where there is power and love. We can walk with the peace that we find with that 'other' and in that place. It was Brahma Baba who introduced me to this. I found that when sitting quietly, finding between my ears, above my eyes, there was something connecting. It felt like home and something I hadn't experienced for a long time. When I went deeper into this experience, it knew me...well. I was coming into contact with myself. This can happen when we are not being drawn out into the world. I work in theatre and film and we work with illusions and manipulations of emotions and states of mind. I am really weary of that! This practice of meditation brings me inwards.*

Being an apprentice and having someone there to guide me through to take me to this point of peace is extremely helpful. We all need guides. We need a compass. We may know where we want to go but without a compass and map we are not going to get there!

I came into contact with this family when I was looking for a course on meditation. Something pulled me, the compass was put in my hand and this is where it directed it me to. My only regret is that, even though I have sat in the same room he sat in, I wish I could have had a conversation with this man (Brahma Baba) and have spent time with him. I wish we could have spoken of not just this lifetime but other lifetimes and how it fits in the mind and consciousness. I didn't have the chance to do that but I know someone who did. She is here and will help us to Return to The Source.

Sister Jayanti was invited onto the stage:

It was my amazing fortune to meet Brahma Baba when I was eight years old but a few weeks later we migrated to London. However the connection stayed very very strong. He sent us letters and the words he was speaking. My regret was I knew him but I was 5,000 miles away here in London. I met him in my teenage years again and that was a beautiful experience. It was only the last year that he was around in the physical dimension in 1968 that I started to have conversations with him and begin to understand the things he was talking about.

*We had a speaker here at GCH not so long ago, a sociologist, who spoke of the four qualities of leadership. These were absolutely the ones I would describe Brahma Baba has demonstrating. He said that a leader who is truly a leader is '**benevolent**'. Brahma Baba was this, concerned with helping and uplifting others. The second leadership quality was '**inclusion**'. As little children, Brahma Baba still had time to meet me and my brother. And the relationship he developed with us in those few minutes of meeting him was very special and was sustained through the loving messages through the years and gifts he would send us, like fresh mangos arriving in the post! He was inclusive. Everyone was unique and individual and very precious to him. So in 1968 when I had the opportunity of personal conversations with him, he shared his visions of the future and how that future would evolve. He saw a better world and what steps were needed to make that better world a reality. I was 19 and he was 92. He gave so much love and care and he shared such beautiful things. The third aspect of his leadership....**he always kept his promises. He had integrity.** He promised my mother that she would receive the teachings from Mount Abu through the post and this continued. And the fourth aspect was **he walked his talk.** He would first practise and then speak about it. He would do it and then explain how we could do the same. So when I see modern research in the 21st century into consciousness and spirituality, and what this man did in the 20th century and created a great spiritual revolution across the world.....I see he was a man before his time, but a man for these times as well when things are challenging. He was a man who showed us the way to be able to go up above and see from there what is happening down here and*

serve everyone. We started this meditation hour many years ago to have time together to share vibrations in silence through the connection with The Source. The image you were seeing earlier was of the Seed and the Tree. The Seed, God, The Supreme and as we connect with the Source we are able to draw for ourselves and also for the whole tree of humanity. As we sit together we are able to multiply these vibrations.

Clarke was speaking poetically with sharing how the soul is just behind the eyes. In the awareness of soul consciousness it is easy to connect with the Supreme, The Being of Light.

Sister Jayanti then led the World Meditation Hour: *'I hope this takes you to The Source so you experience that personal connection with that Being who has all attributes. You can choose what you like, the love, purity, power, peace and benevolence....all that I described about Brahma Baba, he would say he received from The Source. But it is available for all of us too. He didn't keep it to himself, but shared all secrets with whoever wished to hear them.*

I will invite you now to follow these ideas.Sister Jayanti guided the hour with meditation commentaries, supporting those gathered to connect to that deep place within, the awareness of the inner being, the being of light, and up to The Source of Light and Love, The Supreme.....who is healing , uplifting and transforming.....This was interspersed with deep silences for everyone to experience this 'return' and 'connection'.

Toli and blessings were shared with all gathered.

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