

18<sup>th</sup> January 2019 GCH, LONDON,

**The Day of Remembrance of our Beloved Pita Shriji Prajapita Brahma**

*'The Golden Thread – 50 years of avyakt sustenance'*



Yoga started at 3am in Baba's room, transformed into the light of the subtle regions, and then Amrit Vela moved to the Auditorium, conducted by **Brother Balwant, Sister Jayanti and Sister Maureen**, with over 200 present. Toli and blessings were shared

Murli was read by **Sister Jayanti** and in the combined, with translation on headphones, which gave everyone the feeling of Madhuban and everyone listening to Baba's words together....in a surge of love...



Dadi's video message followed and she shared her enthusiasm and thanks for 50 years of avyakt sustenance and Baba's instrument for this, Dadi Gulzar. *We are being moved forward with the attainments from the Father. We have received such a wonderful study and there is so much benefit through this and the sustenance of sweet Baba. The vibrations are making everyone move ahead. When the heart is honest, the Lord is pleased and we are happy and prosper. Nothing is remembered, not even yesterday, just what we need to do right now. Keep emerging the power that comes from silence, as power that inspires is born through silence. Baba made me belong to Him. Baba has inspired me to be free from unnecessary things. The treasure of the Murli is in our hands. Baba's words are wonderful and the heart is the box to keep these words safe. The comforter of Hearts is in our Heart....*

(Link to message)

Then a photographic tour of the four pilgrimage places in Madhuban from this morning was shared – showing the beautiful adornments of flowers, and the huge gathering at the Tower of Peace.

Sister Jayanti, Sister Jaymini and Sister Charu all shared their thoughts for today before offering bhog to Baba:

**Sister Jayanti:** *Madhuban has changed so much over the years...Sakar Baba was there and did so much and Avyakt Baba continued to sustain us..and then the Dadis were there. Dadi Janki is upstairs in Pandav Bhavan today. So Baba's vibration becomes more and more powerful and this is the magic of Madhuban. Sakar Baba would walk from Baba's Room to the Tower of Peace and so there is so much energy there. Today is also an invitation to experience the subtle region. Baba is*

*pulling us very strongly to reach our final, karmateet stage. Today that strong feeling is: 'Yes, this is what I would like for myself.' When a few birds start to fly, the whole flock will fly too....the whole family will fly. Baba has been waiting a long time and now it seems it is just a short time before Baba calls us there. Om Shanti*

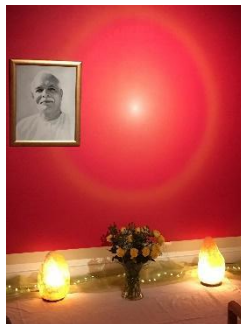
**Sister Jaymini:** *When the power of science ceases to work then the power of silence will kick in. I always remember the moment that Baba pulled my intellect and I came to Baba's house. It was not a human being who gave me the course. It was avyakt Baba, angelic Brahma Baba, who taught me everything about BK life. Today's murli answered all the hidden questions I have. BapDada shows us the path to go beyond....I feel that the last phase of the Confluence Age is what we are going through right now... Baba is fully in charge of the whole drama and knows the story of each one of us. This day reminds me of what happened last kalpa. It is my responsibility to connect in with the last kalpa. This brings great joy. The time in this drama never stops and we are moving forward. There are many scenes changing and I see that every scene of change is beneficial and uplifting and taking us closer to our final stage. Since Amrit Vela I have been getting glimpses of what our stage of perfection is. Today Baba's sakaash is so alive and powerful that it is pulling the soul closer to this.*

**Sister Charu:** *Seeing the video of the four places transported us all to Pandav Bhavan, where it all started and Shiv Baba's land of actions. We experience being there. We experience Baba's special vibrations. For a few days Baba has been reminding us to do inner checking and work on soul consciousness. The deeper I go, the more things come up which had not been visible...we find more and more, so we can remove the defects and Baba helps us. It is necessary to observe silence as much as possible for refinement to happen in the intellect. This saves time and energy and we remain light...and with this we can do a lot of service.*

Everyone then flew to the subtle regions, as bhog was offered to BapDada. After bhog was shared there was an opportunity to follow 'the golden thread' around GCH. Six locations had been beautifully decorated, transporting everyone into Baba's world of gyan and love. Everyone was given a booklet for self reflection as they visited these places, to deepen the connection with our dear, angelic Brahma Baba and our relationship through him to Shiv Baba.

The following reflective questions were asked:

- What are the greatest treasures that Baba has given you personally? Baba's Room and Quiet Room



- Remember the moment you recognized Baba. Write about it. Seminar Room



- The Golden Thread is also the clear line of the intellect that enables us to experience the three worlds. Tour around... Conference Hall

- See yourself as Baba sees you. You are in front of BapDada. Baba is the clear mirror in which you can see your perfect self...what do you see? Children's Room



- Continuing the thread...what is my promise today to Baba? Auditorium



**Sister Maureen** introduced 'The Golden Thread: 50 years of Avyakt Sustenance' - an especially created audio-visual to celebrate BapDada's meetings over the years since 1969, offering snapshots of all the many things we have received from Baba and hold in our hearts.'



*The Golden Thread is actually over 80 years....sakar and avyakt....as it is the same Baba - the thread of Baba's sustenance has continued through each decade... The Father has sown the one seed of Brahma and the Brahmin clan has emerged from that ...*

*The video charted the scenes of beauty and divine meetings with BapDada and gave a glimpse into all the many wondrous scenes in the growing gathering over the years, filling our hearts all over again.*

Four souls shared who had come to Baba in different decades and expressed a variety of experiences: **Sister Jyoti** with direct memories of interactions with Sakar Baba, **Brother Brian** who experienced a personal meeting in 1983 and **Sister**

**Samantha** who first met Baba in 1993 and **Sister Vijaya**, who has been with Baba since 2014. Each had their unique take on their relationship with Avyakt BapDada and the love in each one's heart was visible in the gathering.



**Sister Jayanti** was invited back on stage to share her thoughts for this day:

*It is beautiful to see how Brahma Baba's sustenance has continued over 83 years... there is a magic at work that is beyond what we see with these two eyes. What we are receiving is the combined power of the sustenance over this period of time. When we read the Avyakt Murlis we are brought up to speed with what others have been hearing over a period of time and we are getting everything within the space of a very short time -the sum total and essence of 50 years of sustenance*

*What is the golden promise I make to myself and Baba today...what is the return? Baba used to say that we would make a promise when in Madhuban but then we get back into activity and the promise fades a little. We have to be quick and catch it and live it. For me it was a promise made years ago; I am again and again feeling Baba's powerful love and sustenance.... I have to do what Baba has asked me to do. All the things that he asks us to do and we resonate with we need to emerge in our thoughts and in our mind....Yes Baba. If not now then when?*

Sister Jayanti invited everyone gathered to take a few minutes to reflect and note in the heart and with the pen what promise each would like to make. She reminded everyone that if we are passionate about transformation, then we will make it happen in some way or another. We are close and, hopefully, today gives the inspiration for us to do what we need to do.

Thanks were expressed to all those who have helped make this such a special day including the kitchen team, who began at 2am. Sister Jayanti acknowledged the many days of preparation, silence and power that had been building at GCH since January began.

Bhog was again offered with Sister Hansa and Sister Shashi joining Sister Jayanti. Brahma Bhojan was shared with all and then at 1pm everyone enjoyed the live transmission from Shantivan. Evening meditation in the 'pilgrimage places' completed a day of deep wonder and silent happiness.

There were over 550 present.



ENDS