Dear Friends

Greetings of love

We are happy to share with you that 'Exquisite Exchanges with My Future Life' audio commentaries and 'Conversations Worth Having' now have a new home on their own YouTube channel. As requests continue to come in for materials, this YouTube channel will make it easy for you to access them.

The link for the YouTube channel is: https://www.youtube.com/channel/UCFfgaMVYKKe8XsRYz0pkDUA

We are also very happy to let you know that Exquisite Exchanges has a new book called 'Another Day in Paradise' which has recently been developed and which will be offered as a project to the international family in 2022.

We are continuing to make **new reflective videos** and interviews on Our Future Life and World. These will also be posted on the YouTube channel under "**Ponderings on Paradise.**"

You are welcome to subscribe to the YouTube channel and then you will get regular notifications. The channel has materials in **English**, **Hindi and Tamil** with other languages joining soon. The channel includes **recent artwork** that is being developed to support the Golden Age experience.

Online Retreats in Exquisite Exchanges with My Future Life are continuing around the world and in the past several months include Malaysia, India, Sri Lanka and most recently countries in South America.

Please do keep in touch and send us in anything you would like to contribute to the project. Below please find a recent message from BapDada.

Much love

In Baba's Yadd

Exquisite Exchanges Team

"Baba said according to this time of the virus and illness, Baba is going in all directions, and in some places Baba's children are sad and depressed...

Baba emerged a scene of a very beautiful building under construction... In the lokik world, when someone constructs a building, along with building, they also visualize how they will decorate the building...

Baba said in service, you children do a lot of commentaries. According to the time, people often waste a lot of their time remembering the virus and illness...

For both old children and new children, you have to do commentaries about the coming world, you have to remind them where they were in the beginning, what that world was like and where God sent them.

Remind them and emerge the Golden Age... Divert their attention to the Golden Age, the coming age.

People in the world visualize the coming age, and for the coming age, and for the coming world too, you should help souls experience the new world.

If you do such service, people intellects will be attracted to the new world. Baba said this is the method."

17/6/21 Bhog Message via Rukmani bhen