

Good wishes for the New Year 2021

Special inspirations for volcanic yoga tapasya (Letter of remembrance – 25-12-20)

Yogeshwar, most Beloved Avyakt BapDada's deeply loving instrument teachers, brothers and sisters of this land and abroad who are the decoration of the Brahmin clan, ones who are always merged in God's love, ones who stay in the stage of manmanabhav and experience alokik happiness and sweetness of the mind, together with sweet remembrance filled with God's love, please accept greetings and congratulations filled with new zeal and enthusiasm for the New Year, the New Age.

According to the time, while racing to make intense effort, all of us are making our stage the best of all. Baba says: Children, now let your yoga be volcanic and powerful so that the old sanskars can be sacrificed in that and the golden new world comes quickly. So, in the 21st year of the 21st century, let us become the embodiments of tapasya and celebrate this year as the Year of Tapasya. To start with, the month of January is the month of remembrance especially for our beloved Brahma Baba, which all of us Brahmin children celebrate as the avyakt month with a lot of love and devotion. 18th January is always celebrated as "World Peace Day" at all the centres. The divine sustenance that our beloved Brahma Baba has given us, being the corporeal medium of Shiv Baba, has of course left a stamp on the hearts of each one. Each Brahmin child says from his or her heart: "My sweet Baba!" Baba also says with love "My loving children, now become complete and perfect, become the residents of the subtle region, so that the gates to the land of liberation can open and all souls can be liberated from their sorrow and peacelessness and claim their birthright of liberation in life.

So, my sweet brothers and sisters, all of you will have special tapasya in this avyakt month of blessings, while keeping such an elevated aim, will you not? Now, even time is giving this signal: Merge the expansion of the intellect, truly belong to just the One, and stay under the canopy of God's remembrance. Continue to use every moment, every thought and every breath of this invaluable confluence age in a worthwhile way. In the avyakt meeting this time, sweet Baba especially garlanded all of us with a garland of many types of self-respect and said: Children, be stable in your original and eternal form, your worthy of worship form and your form of a Brahmin becoming an angel form and let your sanskars be filled with divinity. So, definitely, all of you must be practising the drill of these five forms throughout the day, being a constant yogi and a karma yogi, and also having beautiful experiences. Baba says: Children, now use all the powers according to the time and be victorious.

So, in this month of January, all of us will sit in the cave of introversion, and observing silence of the mind and the mouth, will have special tapasya. 18 steps of Father Brahma and points of self-respect (19-31) are being sent to you with this aim, so that you can do this homework for the whole month. Let all Baba's children have the same aim and be stable in the one same thought and have deep experiences, through which matter and the atmosphere are transformed and each of Baba's service places becomes a light and might house so that all the souls sitting far away can be attracted by this alokik atmosphere and come close. This is also a very good means for serving with your mind. So, let all instrument teachers also observe silence of the mind and the mouth and have at least 4 hours of tapasya so that other brothers and sisters are also inspired. With these good wishes, please also accept once again multimillion-fold greetings for the New Year

In Godly service,

B.K. Ratanmohini

Avyakt Signals
(Points for special tapasya for the month of January)
18th Steps of Father Brahma

1) Will everything of yours and become full of will power.

Father Brahma willed everything of his as his first step. First, he fully willed all his weaknesses and defects and then he willed all his physical and subtle wealth. He never thought about what was going to happen in the future or how it would happen. He willed everything at a stroke (“jatku”) and so received will power. In the same way, you children have to follow the Father.

2) The intention to make others even higher than the self.

Father Brahma made the children even higher than himself, and he made every child go first in every aspect and gave them such regard. He put the lesson of “You first” into practice with his attitude, vision, words and actions. He always kept the mothers and sisters in the front. Follow the Father in the same way and you will then become equal to the Father.

3) Experiencing spirituality in the worldly things.

While doing any work, Father Brahma always maintained his angelic stage. He transformed worldly things into spiritual things. There wasn’t any worldiness visible in his actions or his sanskars. He made his thinking, speaking and doing equal. Follow the Father in the same way. Let every worldly situation be transformed into something spiritual; even in your seeing, hearing and speaking, and thereby, become equal.

4) Loving to everyone and co-operative with everyone.

Father Brahma was loving and co-operative to everyone in every way and in every form. He always remained merged in the love of the one Father. Not a single second or thought was without co-operation. In the same way, all of you children have to be loving to all and give the practical proof of co-operation.

5) Always free from the desire of fruit, ignorant of the knowledge of desire.

Father Brahma did not have any desire for the fruit of any of his actions. Because of always having the awareness of the Father in his every word and action, he didn’t have the slightest desire for any fruit, even in his thoughts. He sustained everyone with an altruistic attitude. Even while having knowledge of the reward of any effort, he didn’t have any attachment to that. In the same way, you children also have to remain beyond the desire of name, respect and honour, be ignorant of the knowledge of desire and then do service. Sustain everyone this way for only then will the moths surrender to the Flame.

6) Qualifications of a constant yogi.

Every thought of Father Brahma was for the service of world benefit. He gave the experience of humility, humbleness and greatness through his every word. In his awareness, on the one hand he was an unlimited master and on the other hand, he was a world server. On the one hand, he had the intoxication of having all rights, and on the other hand, he was respectful to all. He was always a bestower and a bestower of blessings to all souls. Even to a soul who rejected everyone or who defamed others, he gave the feeling of being a benevolent soul. Follow the Father in the same way. While having good wishes on each soul in front of you, be a world benefactor. These are the qualifications of a constantly yogi soul.

7) Free from attachment even in your thoughts and dreams.

While living in the old world, Father Brahma remained free from attachment to any person or possession in his thoughts and even in his dreams. He was always seated on the Trimurti throne, always had awareness of the three aspects of time, he was always aware of the three aspects of time in every action, and he made his every action an elevated action, a pure action. He stayed beyond old sanskars and nature. He always remained seated on the seat of a detached observer. Follow the Father in the same way and become a true Raj Rishi.

8) Keeping balance of maturity and being entertaining.

On Father Brahma's face, you always saw signs of maturity as well as a smile and Maturity, that is, introversion. The sign of that was that he always remained lost as in the depths of the ocean. One minute his face would show signs of him churning knowledge and the next minute, his face would be smiling and entertaining. We saw both qualities on his face. Let your face be a copy of Father Brahma's face in the same way. Let Father Brahma be visible through your character and your face. Become a photocopy of Father Brahma in this way.

9) An image that grants visions through the experience of the stage of being lost in love.

In the beginning, people had visions of Father Brahma while they were sitting at home. They all experienced someone personally speaking to them and signalling them. In the same way, this will be experienced at the end through the instrument souls. For this, like Father Brahma, always remain lost in the love of One. This stage of being lost in love will make you into an image that grants visions. Let there not be any type of burden on your intellect. Let your daily schedule be the same as Father Brahma's for only then will others be able to experience the scenes of the beginning at the end.

10) A master ocean in all virtues.

Father Brahma was a master ocean in all virtues. He experienced the inheritance of all powers in his practical life. Along with this, the elevated and great stage of the soul is: "Completely viceless, complete with all virtues, sixteen celestial degrees complete, follower of the highest code of conduct, completely non-violent." He put this greatness into his practical life. You children also have to become full of all virtues and all qualities in the same way. While experiencing all powers, become a master ocean of all virtues for only then will you be able to serve as a bestower of blessings and a great donor.

11) Being a true server with the speciality of being an instrument and having humility.

Father Brahma always experienced himself to be an instrument and remained a true server with great humility. He made this his natural nature. The intention of benefitting the world was clearly visible in his every action. All the facilities of happiness and comfort, all his virtues and powers he had attained, he donated all of them for the upliftment of souls and became a great donor. He transformed each one's defects into virtues, he transformed loss into benefit and defamation into praise. So, adopt such vision and awareness and become a true server.

12) Number one in both renunciation and fortune.

At the beginning of establishment, Father Brahma became an instrument in the physical form. He received a letter from Alpha (God) and so renounced everything for service. He became number one in his renunciation and also in his fortune. At the end too, in order to uplift the children and make them avyakt, he became a resident of the subtle region. So, while following the Father, both in renunciation and in fortune, make yourself complete and do service and become a resident of the subtle region, the same as Father Brahma.

13) Do the service of spreading elevated vibrations with a powerful mind.

Father Brahma used to stay awake at night and do the service of spreading vibrations. Whoever takes the initiative in this is Arjuna. While doing any service, while making chapattis, while being on guard duty, always stay in the form of powerful remembrance. Serve the world with your mind. A world server doesn't just do single work, but double work. Let your hands work physically and continue to donate powers with your mind. Serve while being an image of virtues and you will accumulate double.

14) As well as being one who uplifts others, be celibate.

Father Brahma always uplifted others and, together with this, in his life of dying alive, he remained celibate from the beginning to the end. A celibate life means a pure life like that of Brahma. Call it brahmchari (celibate) or Brahma-chari (following the footsteps of Father Brahma), be constant in that from the

beginning to the end. Let your purity and cleanliness not be disturbed in any way for only then will you become worthy of worship. This is known as following the Father.

15) Always victorious with the power of transformation.

With the power of transformation, Father Brahma transformed anyone's words and intentions. He transformed defamation into praise, he transformed insult into praise, disrespect into self-respect, defamation into upliftment, obstacles of Maya into ways of being absorbed in the Father's love and was always victorious. Follow the Father in the same way. He wasn't co-operative just with loving souls. When you make souls in whom there is no hope into souls with great hope, then you can say it is a wonder. This is known as following the Father.

16) Being an embodiment of success by granting a vision of your original form with the mirror of your soul-conscious stage.

With the powerful mirror of his stage of soul consciousness, Father Brahma always gave every soul a glimpse or a vision of their original form in a second. This is known as the stage of a "light and might house". Just as the Father kept the form of light and might and the Almighty Authority, Father Brahma became the same as Him. In the same way, you children also become complete with all powers, the same as the Father and become embodiments of success. With the jewel on your forehead, give everyone a vision of their original form.

17) Experienced in the reward of the confluence age, merged in love and free from hard work.

The confluence age is the age to be merged in love, it is not the age of hard work. It is the age of meeting. It is the age of the moths merging into the Flame. Children are the crown on the head, the decoration of the home. The children of the Father are the masters. So, always remain experienced in such an elevated stage. Follow the footsteps in every way – in your thoughts, words, deeds, relationships and connections, continue to place your steps in his footsteps. The reward of the confluence age is to be equal to the Father in your stage and be seated on the heart throne. The stage of perfection is not just for a few moments, it is for life. It is an angelic life, a yogi life. Remain merged in such love and experience a lift that makes you free from hard work.

18) The practice of coming into the subtle (avyakt) from the gross (vyakt).

Though Brahma Baba is subtle, he still comes into the corporeal and carries out some tasks. In the same way, you children have to stay in your avyakt stage and make your physical organs function. Let your drishti, words and thoughts be like those of the Father's. Just as Father Brahma is the Father of the unlimited, children also have to be the same. To the extent that there is closeness, let there be that much equality. At the end, you children too will become creators of your creation and experience this in a practical way. Just as the Father automatically remembers His form of being a Creator when He sees His creation, you children will also have a similar stage, numberwise.

Special points of Self-respect and for churning (19th – 31st January)

19) Self-respect: I, the soul, am a jewel of pure and positive thoughts.

Practice and churning: Through the whole day, have feelings of good wishes, benevolence, belonging, love, being co-operative as well as being soul conscious and become the same as Father Brahma.

20) Self-respect: I, the soul, am equal to the Father.

Practice and churning: Whatever action you perform, words you speak and thoughts you have, first of all check: are these equal to those of Father Brahma? Father Brahma's particular speciality was: He did whatever he thought, he did whatever he said. In the same way, follow the Father. With his mind, he was incorporeal, in his words, he was egoless and in his actions, he was viceless.

21) Self-respect: I am an avyakt angel.

Practice and churning: Every now and again, **Practice** putting a stop to your thoughts for one minute. **Practice** the point stage. Enter this physical body when you want and become detached from it when you want. This experience of one second will help you to create an avyakt stage throughout the whole day.

22) Self-respect: I am a bodiless soul.

Practice and churning: To become bodiless means to go beyond sound. To go beyond the body means silence. Perform the drill of becoming bodiless in one second. Whenever you want, go beyond the consciousness of the body and become bodiless and, whenever you want, take support of the body to perform actions. Experience this physical costume to be separate from the soul that adopts this costume.

23) Self-respect: I am a soul merged in God's love.

Practice and churning: Have the experience of God's love and with this experience you will become an easy yogi and will continue to fly. God's love is the means with which to fly. Always remain merged in love and you will not be attracted to anything.

24) Self-respect: I, the soul, am an embodiment of tapasya.

Practice and churning: Tapaswi means always to be lost in the Father's love, always to be merged in the Ocean of Love, and the Oceans of Knowledge, Bliss, Happiness and Peace. Through tapasya, experience the rays of the power of peace to be spreading everywhere.

25) Self-respect: I, the soul, am a bestower of sakaash.

Practice and churning: The fastest service is to spread vibrations through your attitude. With your attitude, you can transform the atmosphere. Let there be good wishes and pure feelings for everyone in your attitude. While walking and moving around, increase your practice of being a double-light angel.

26) Self-respect: I, the soul, who flies in the flying stage.

Practice and churning: Now become double light and with the vehicle of the divine intellect become stable at the highest peak and spread the good wishes of light and might and the waves of elevated co-operation.

27) Self-respect: I, the master almighty authority am a destroyer of obstacles.

Practice and churning: Just as the sun spreads its rays, in the same way, being in the stage of a master almighty authority, experience the rays of powers and specialities spreading over everyone. For this, I am a master almighty authority soul who is a destroyer of obstacles – perform actions while being stable in the seat of the awareness of this self-respect.

28) Self-respect: I am a soul with an honest heart.

Practice and self-respect: Love of a true heart is needed for powerful remembrance. Those with an honest heart become a point in a second and are able to remember the Father who is a point of light. Because those with a true heart please the True Lord, they receive special blessings from the Father with which they are able to become stable in one thought and experience the volcanic form and spread powerful vibrations.

29) Self-respect: I the soul am a charioteer and a detached observer.

Practice and churning: In order to experience the volcanic stage, let the flame of constant remembrance always be lit. The easy way to do this is always to move along while considering yourself to be a charioteer and a detached observer. The soul is a co-charioteer of this chariot. This awareness easily makes you detached from this chariot (body) and any type of body consciousness and all your physical senses are then under your control. Even the subtle organs of the mind, intellect and sanskars are under your orders.

30) Self-respect: I, the soul, am a master sun of knowledge.

Practice and churning: Especially make the pilgrimage of remembrance powerful. Be experienced in being an embodiment of knowledge. The pure and benevolent attitude and the powerful atmosphere will give the experience of bliss, peace and power to souls who are desperate, wandering and calling out.

31) Self-respect: I, the soul, am a searchlight.

Practice and churning: According to the time, perform the task of giving sakaash and vibrations with your mind and creating an atmosphere. This service is needed at this time. You saw in the sakar form: whenever there was a wave that called for this, Baba paid attention day and night to giving sakaash and filling weak ones with power. He used to do the service of making special time to give sakaash to souls. Follow the Father in the same way.