

**BAPDADA'S MESSAGE
FROM SR MOHINI, NEW YORK**

October 14, 2020

Below is a message from BapDada giving signals for these times.

Love and remembrance to BapDada's very lovely (*atipyare*) and detached (*nyare*) children.

Children, you are all sensible and able to understand Baba's signals and also the time. This is the time to pay attention to your efforts and to create an unshakeable stage. You should use BapDada's blessings for the self personally and also for the *yagya*. In our awareness of blessings at a personal level, we experience power and protection. And in our awareness of blessings at the level of the *yagya*, we experience being united in belonging to One, '*eknami*,' and economy.

During these times of the end, Maya will make a full attempt to create storms in various ways. Children, always remember that the boat of Truth may rock but it will never sink. Circumstances in our lives and in the atmosphere of the outside world have the full force of the vices. The forceful energy of these vices will touch any remaining weak *sanskars* in the soul. Protect yourselves with the power of blessings.

Remember that you are under the canopy of Almighty BapDada. In this remembrance you remain safe and powerful. Keep your thoughts, words, and actions very pure. BapDada's incognito help and blessings, the cooperation of drama and the blessings of the ancestor souls are constantly helping you to move forward. Use the powers in a worthwhile way to remove any weakness within the self. Don't waste any power. If you don't remove the weaknesses remaining in the self, they will deceive you at any time.

There are certain practices that will support you at this time:

- As much as possible, sustain an awareness of being incorporeal while being in the corporeal.
- Do not go into the past. Always keep your eye on the final stage and the destination.
- Keep your spaces, your centers and homes, clean and filled with sacred and peaceful vibrations.

Create a timetable for yourself that includes Baba's remembrance while sitting, not only while in action. It is necessary to sit in Baba's remembrance for short periods of *tapasya during the day*. One way to do this is to extend your remembrance during the hourly traffic controls from 1 minute to 5 minutes or even longer.

Situations will be such that they would cause different feelings to arise in you. In these moments remain detached. Do not allow the situations to cause fluctuations in the stage of the soul or to affect your feelings or responses. Pay special attention to not being affected by the situations and not allowing your feelings to fluctuate. Om Shanti