

ALL IN ONE PLACE - RECENT RESOURCES FOR STUDY, TAPASYA & SEVA

May 11th Edition – **Corrected Copy**

BAPDADA

- **United Yoga Bhatti Videos**

The past 29 days of recordings are available here:

<https://www.youtube.com/playlist?list=PLzQzJvVlW0bkx7g6ros-nHN3ZTEHH1Gf2>

- **BapDada [pdf and mp4 formats]:**

Virtues: Avyakt Murli Extracts on 26 Virtues all in one place (pdfs): Accuracy, Bravery, Charity, Cheerfulness, Cleanliness, Contentment, Co-operation, Courage, Determination, Discipline, Faith, Fearlessness, Forgiveness, Generosity, Gentleness, Introversion, Lightness, Love, Maturity, Purity, Simplicity, Tolerance, Truthfulness, Zeal & Enthusiasm

<https://drive.google.com/drive/folders/1PITW4UUxAR886lIYIEV8CDix55Sf3Jqp?usp=sharing>

MADHUBAN CLASSES

On April 17th night, a 1-hour series started in Dadiji's Meeting Hall, Shantivan, with 30 minutes Meditation, and 30 minutes of Class. This is being broadcast for all BKs and contact souls. This will continue until early May with different seniors of the HQs. Classes can be heard here (both Hindi and with English translation). Most have both audio and video versions and are 30-50 minutes long: <http://jewels.brahmakumaris.org/>

- 4th May – Br Brij Mohan, **Evening Class**
- 5th May – Dadi Ratan Mohini, **Evening Class**
- 6th May – Sister Jayanti, **Good Wishes Forever**
- 7th May – Sudesh Didi, **Efforts According to Time**
- 8th May – Dada Rata, **Success Through Faith**
- 9th May – Sister Jyoti (Dubai), **Alokik Experiences**
- 10th May – Sister Jayanti, **Merge, Tolerate, & Take Others Beyond** (transcript only)
- 11th May – Br Satish Gupta, **Positive Thinking**

MOTHER'S DAY

- *From the Archives:* 2014-05-10 & 11 **A Mother's Day Message from Dadi Janki** Audio is In Hindi only [3:53]; transcript, in English, also contains a phone conversation with Dadi Gulzar on Mother's Day
https://drive.google.com/drive/folders/1KXto82oR5qLdl_huPJBFQS4emSIbwcOL?usp=sharing
- 2020-05-09 **Recognizing the Mother in You** (animation) [1:43] Awakening TV
<https://youtu.be/GQPvkd6JXFU>

BROTHER JAGDISH JI REMEMBRANCE DAY

- 2020-05-10 **Master Class: The Yogi Life of Jagdishbhai** by Sudha Didi [55:12] (United Yoga Bhatti) <https://youtu.be/N0xq5LL0DMc>
- *From the Archives*: 2019-05-19 **Sanjay - Biography of Jagdish Bhai Ji** (Hindi with English Subtitles) [1:44:44] <https://youtu.be/0IKidgybnJc>
- **English Classes by Jagdishbhai Ji**:
<https://www.youtube.com/playlist?list=PLWtvqHGLrixz7jcZYom5Orsd2sx9eWI3L>
- **Hindi Classes by Jagdishbhai Ji**:
https://www.youtube.com/playlist?list=PLWtvqHGLrixybOnYLpTIKAF_MSkLjDkBD
- **Special Articles About or By Jagdishbhai Ji and Photos** :
https://drive.google.com/drive/folders/1Y7U8aC3uJ7QDbtNK_cnjD2Y_uBO4zmMo?usp=sharing
 - Undated: **Brother Jagdish and Brahma Baba** (pdf)
 - Undated: **ब्रता ब्रह्माकुमार जगदीश चन्द्र जी के बारे में** — About Brata Brahma Kumar Jagdish Chandar Ji (Hindi pdf)
 - Undated: **Tips to Attain Perfection** (pdf)
 - Photos: **Jagdishbhai and Dadi Janki** (2 photos)

DADI GULZAR

Undated **Q & A Session on the Golden Age – with Sr Jayanti** (transcript only)

<https://drive.google.com/file/d/1TPvbtF2TfiZBYdtn8eTXBTq4KExWmXnl/view?usp=sharing>

JAYANTI DIDI

- 2020-05-02 **Q & A About Current Crisis** - with Sudesh Didi and Europe & the Middle East (transcript only) https://drive.google.com/open?id=1TFGv4AvL-ggCctIqtuQMXiTxfAP5_4I
- 2020-05-06 **Good Wishes Forever** (Audio & pdf)
(see above under Madhuban classes)
- 2020-05-09 **Change and Uncertainty** [58:51] <https://youtu.be/N7kLHw7VIBA>
- 2020-05-10 **Merge, Tolerate, & Take Others Beyond** (transcript only) (see above under Madhuban classes)

ASHA DIDI

2020-05-09 **Renunciation with Royalty** [59:35] <https://youtu.be/3KsK1r-7yt4>

MOHINI DIDI

- 2020-05-01–14 **Experiencing the Early Days of the Yagya** – A 14-day series, 7:00 pm to 8:30 pm EDT

Links to the recordings of Didi Mohiniji's **daily** sharing in this series.

1. TELEGRAM & BK YouTube Channel

(Telegram seems to be the new WhatsApp. Very secure.

<https://telegram.org/>

<https://t.me/srmohiniclasses>

<https://t.me/dailymurliandquiz>

2. BRAHMAKUMARIS PEACE & HARMONY CHANNEL

<https://www.youtube.com/channel/UCoa98tcafmlGvY57gwAAug/videos>

3. Livestream: <https://livestream.com/peacevillagewebcast>

- 2020-05-03 **Subtle Signals** Speaking to Australia and Asia (transcript only)
<https://drive.google.com/file/d/1q61JGtzKxQnwKI2s7jHkWwbWd0u2Nq8u/view?usp=sharing>

SISTER SHIVANI

- 2020-05-05 How to Remain Calm in the Current Situation (English) [46:32]
<https://youtu.be/hrR3hhbs8xQ>
- 2020-05-06 **Protect Yourself from Fear, Anxiety and Stress!** (English) [1:34:35]
<https://youtu.be/GDqib6DTkX4>
- 2020-05-06 **How to Be Perfect and Beautiful?** (English subtitles) [24:26]
<https://youtu.be/YRyqn35utMM>
- 2020-05-08 **Evaluate Your Emotional and Physical Comforts:** BK Shivani at Auckland, New Zealand in 2018 (English) [24:19] <https://youtu.be/5PxfnzdAMVk>
- 2020-05-10 **How to Love Without Expectations?** (English subtitles) [17:51]
<https://youtu.be/rnT0wJC1vtQ>

SISTER USHA

2020-05-08 **Clearing Past Karma** (English) [49:15] <https://youtu.be/MPJGxx7VdY4>

SISTER ARUNA LADVA

2020-05-11 **It's Time for... Resilience, not Resignation** (audio & blog) [7:14]
<https://www.itstimetomeditate.org/resilience-not-resignation/>

SISTER GOPI PATEL

2020-05-05 *Benefits of Meditation & How to Meditate* [1:24:26]

<https://youtu.be/ryB0kKi4jKs>

SISTER DR HANSA (Sacramento)

2020-05-04 to 21, 6:00 am to 6:45 am PDT *“Let’s Meditate, Stepping Into Sacred Space Within”* <https://brahmakumaris.zoom.us/j/3493731559>

SISTER CELIA (Malaysia)

- 2020-05-03 [*Unique Experiences of Ancestor Souls* 23:40] <https://youtu.be/ERgTyiOzp0M>
- 2020-05-05 *Service Through the Mind* [27:14] <https://youtu.be/sDbgObT4k0M>
- 2020-05-07 *The Power of Belief, Part 1* [33:43] <https://youtu.be/zqLyedO8tC8>
- 2020-05-09 *The Power of Belief, Part 2* [48:48] <https://youtu.be/96b2yi2ZnOU>
- 2020-05-11 *Importance of Putting a Full Stop, Part 1* <https://youtu.be/oVRTjGGhYWg>

SISTER ANNA DOILIANI

2020-05-08 *An Opportunity to Experience...The Invisible World* [6:39 minutes]

<https://youtu.be/mnhH1sgoHKO> Third in a series of experiential guided meditations.

MANHATTAN MEDITATION CENTER

- 2020-05-04 through 13 *Free Online Meditation Course - Locked In? Look Within!* 7:00 to 8:00 pm NY Time. Offered by Sr Rona Schweitz in English with live Spanish translation available. <https://manhattanmeditationcenter.org/register-for-upcoming-events/>
- 2020-05-07 *Loneliness vs Solitude* by Sr Judy Rodgers [58:57] <https://youtu.be/rollZNzCy18>
- 2020-05-07 *Yoga, The Source of Power* by Ann Singh [17:11] <https://youtu.be/Jliv-gX7s64>
- 2020-05-11 *I protect my contentment with positive thoughts* by Irene Miller [15:58] https://youtu.be/XJ9c_fBNCE4

SISTER CHRISTINE DONEHUE (Five Dock)

2020-05-05 *Don't Be Ordinary, Be Wonderful!* [39:09] <https://youtu.be/NiMGrCOMJ2I>

BROTHER KEN

- 2020-05-06-14 **9 Days Tapasya** from Thursday to Thursday. You may still be able to catch a day or two of it here: <https://zoom.us/j/410516955> Download full program here: https://drive.google.com/file/d/1vmOUL4inz58-D1KWFZSA3Y3v7_bwmqAQ/view?usp=sharing
- 2020-05-14 2:30 pm (NY Time) **Self-Confidence in Dealing with Financial Insecurity** – New Series of talks on *Dealing with Uncertain Times from a Spiritual Perspective* **ONLY FOR BKS** with Sr Mara (Portugal) and Sr Judy Johnson (Halifax). Join online: <http://tiny.cc/UncertainTimes> OR via Zoom: Meeting ID: 530 722 434 Password: 180169

BROTHER CHARLIE

2020-05-06 **Creating healthy relationships** [1:18:19] <https://youtu.be/3Q9b7BzOHds>

BR MARCELO

2020-05-09 **Resilience to ensure healthy relationships** [58:55]
<https://youtu.be/1K7NNF9EI6U>

BR STEPHEN BERKELEY

2020-05-04 **Intuition in Times of Great Noise** [1:11:30]
<https://www.facebook.com/LeadingLadiesInternational/videos/10157035357952826/?t=123>

BR MICHAEL TIMMINS

2020-05-04 **Meditation at the Superhuman Summit** [13:28]
<https://www.facebook.com/LeadingLadiesInternational/videos/10157040855052826/>

SAN FRANCISCO MEDITATION CENTER

- 2020-05-07 **Cultural Prejudice** by Sr Denise [1:18:39] *Convergence of Psychology and Spiritual Work* series streamed on Facebook Live every **Thursday** evening at 6 pm PDT.
<https://www.facebook.com/spiritualretreatcenter/videos/530429564305537/>
- 2020-05-10 **Karma, Fortune, Luck** by Sr Denise [1:40:58] Episode of the “Karma, Destiny and Choice” series **Sunday** evenings at 5 pm PDT.
<https://www.facebook.com/BKSF MeditationCenter/videos/2701053693339582/>
- 2020-05-11 **Quit the Quibbling** by Sr Chandru [1:30:00] One of a series of talks on different topics on **Tuesday** evenings at 7 pm PDT.
<https://www.facebook.com/BKSF MeditationCenter/videos/646379575916603/>
- 2020-05-11 **The Power of Now** by Br Harsha Palli [1:27:11] This is one of a series of talks on different topics streamed on Facebook Live on **Monday** evenings at 7 pm PDT.
<https://www.facebook.com/BKSF MeditationCenter/videos/275230786980682/>

BLUE MOUNTAIN RETREAT CENTRE (Leura, Australia)

- 2020-05-05 *Let us go for a walk together and experience the beauty of the colours of Autumn* – by Sr Sally & Br Bob [16:38] <https://youtu.be/lkEABGNFIko>
- 2020-05-06 *Experiencing the Soul* by Br Warren Carey [46:30] <https://youtu.be/TvuF5tsrgpk>
- 2020-05-07 *The Power of Virtues* Sr Sally interviews Br Sunil Nikalje [46:59] <https://youtu.be/V3-DywnXE20>
- 2020-05-07 *A Talk about Soul Consciousness* by Br Peter Damo [26:42] <https://youtu.be/bb6kf4iltTg>
- 2020-05-09 *Third Eye Open* by Br Mark Brady [32:56] <https://youtu.be/oS2PVzYK5pg>
- 2020-05-10 *The Practice of Generosity* Sr Wei and Sr Nico from Malaysia interviewed by Sr May [41:30] <https://youtu.be/0z9BcGb34Sg>
- 2020-05-11 *Moving Forward with Life Experiences* by Br Shriram Darfalkar [1:07:44] <https://youtu.be/OCCz3fFnfEI>

NEW HINDI SONGS RELEASED

<https://drive.google.com/drive/folders/1MvbF5CGokazJYCDHZTUWkPVVjI9RhvQ?usp=sharing>

- Ek tumhi ho jo mujhse-Alka Yagnik
- Main tujh ko nazar aaun tu – with visualization
- Prabhu Tere Vatan Ka Anubhav
- Teri yaad mein main magan – Suresh Wadkar
- Tum bin o mere baba ab dil kahi na lagta

BONUS DOWNLOADS

From the Archives: 2001 *The Seven Days Course of Renunciation* (29 A4/Letter pages)

<https://drive.google.com/file/d/1eqzwwjg4EJyITTvAw1wdLGXRso9Xf7wdN/view?usp=sharing>

BROTHER ANTHONY STRANO

From the archives: undated *How to unlock and unblock our intellect* [57:48]

<https://youtu.be/XBAwLImwTM>