

ALL IN ONE PLACE - RECENT RESOURCES FOR STUDY, TAPASYA & SEVA

May 18th Edition

BAPDADA

- **United Yoga Bhatti Videos**

The past 36 days of recordings are available here:

<https://www.youtube.com/playlist?list=PLzQzJvVlw0bkx7g6ros-nHN3ZTEHH1Gf2>

- **BapDada** All documents in the below Google Drive folder [pdf format]:

<https://drive.google.com/drive/folders/1EgDu0K5daMd5QE4rGJaMnRb2TVv0S-71?usp=sharing>

- Last week we provided a link to: 2001 **The Seven Days Course of Renunciation** (29 A4/Letter pages). THIS WEEK, we're providing a version of the seven Murlis in *standard Murli format with dates, etc.* We have put both versions together under the same link this week (so last week's link will no longer work).
- *From the Archives*: 1984-12-10 **The Sign of Completing the Old Accounts** [revised on 15/06/03, 3 pp]
- *From the Archives*: 2000-12-31 **Credit your savings account and become a constant great donor** [8 pp]

MADHUBAN CLASSES

Classes can be heard here (both Hindi and with English translation). Most have both audio and video versions and are 30-50 minutes long: <http://jewels.brahmakumaris.org/>

- 11th May – Br Satish Gupta, **Positive Thinking**
- 12th May – Sr Geeta, **Harmony in Sanskara & Behavior**
- 13th May – Br Atam Prakash, **Angelic Stage**
- 14th May – Dadi Ratanmohini, **Practice Soul Consciousness**
- 15th May – Br Raju, **Yagya Saviour**
- 16th May – Br Brij Mohan, **Self-Progress**
- 17th May – Br Ramnath, **Intention & Feelings**
- 18th May – Sr Dr Savita, **Relationships with Baba**

DADI JANKI

2014-05-18 The Importance of 3rd Sunday Hindi Audio [7:24] and English transcript [1p. pdf]

<https://drive.google.com/drive/folders/119dxNogMMPI0vXnVH9jNzmmwGVHwkZ7ca?usp=sharing>

DADI PRAKASHMANI

From the Archives: undated, shown 2020-05-05 **Power of Truth** -Dadiji's visit to the UK [1:43:19] <https://youtu.be/hw1L49Bon-4>

DADI GULZAR

2020-04-10 **News of Our Beloved Gulzar Dadi's Stage and History of Gamdevi Centre, Mumbai** by Sr Neha (Hindi) [37:28] <https://bit.ly/3bVw7K2>

(English translation (unedited) by Sr Sunita, Kuwait) [4p]

<https://drive.google.com/file/d/1XOtm-mooDc8NrKvdFgjYmqI3bcFgFBzH/view?usp=sharing>

JAYANTI DIDI

2020-05-12 **Removing Inner Clutter** (Wands) [1:00:59:24] with Sr Madhvi, UK

https://drive.google.com/file/d/1zsXnoLS8E_IZJG5065a6u0A63rHwpr0R/view?usp=sharing

2020-05-212 **Is My Vision Focused on My Destination? English Class with Los Angeles Family** with Sr Gita [1:10:01] <https://youtu.be/f8f2Pe492o4>

VEDANTI DIDI

2020-05-13 **Endless Possibilities of the Power of Yoga** [1:05:41 audio only] with Africa & ME

<https://drive.google.com/file/d/1VOlb0w4TCS5c0BsroJ91oxW2bx5Pp9r/view?usp=sharing>

MOHINI DIDI

- 2020-05-15–24 **Live as an Angel & Serve as an Angel** – A 9-day series, 7:00 - 8:30 pm (EDT). To join: on the Zoom App input this meeting ID: **919 1946 0246** & this PW: **dadijanki** or enter this URL in to your phone or laptop browser:
<https://brahmakumaris.zoom.us/j/91919460246?pwd=WEtJdlhEZEhBS3FWU051UHcwRUVGQT09>
- Links to the recordings of Didi Mohiniji's **daily** sharing in this series.
 1. TELEGRAM & BK YouTube Channel
(Telegram seems to be the new WhatsApp. Very secure.)
<https://telegram.org/>
<https://t.me/srmohiniclasses>
<https://t.me/dailymurliandquiz>
 2. BRAHMAKUMARIS PEACE & HARMONY CHANNEL
<https://www.youtube.com/channel/UCoa98tcafmlGvY57gwAAug/videos>
 3. Livestream: <https://livestream.com/peacevillagewebcast>
- 2020-05-03 **Overcoming Jealousy & Making Ourselves Worthy** [3pp pdf] (transcript sample of the video classes you will find on Peace & Harmony YouTube channel)
https://drive.google.com/file/d/15g1tO_8o2-dmfAemXlJgpLU5eZK2nld2/view?usp=sharing

SISTER MEERA (Malaysia)

2020-05-16 **Depth & Definition of Tapasya** [2:01:24] (English talk begins at the 36:18 mark after Hindi Murli/ Q&A) <https://youtu.be/jjTJHKRaL-E>

SISTER SHIVANI

- 2020-05-12 **Two Reasons for Unhappiness** (English subtitles) [29:09] With Suresh Oberoi <https://youtu.be/18yLMTR424k>
- 2020-05-13 **Seva Ki Shakti** (Hindi only) [2:44:06] With Suresh Oberoi & others <https://youtu.be/UB8RGzXP04w>
- 2020-05-15 **Self-realization & Soul Consciousness** (English Subtitles) [29:20] With Suresh Oberoi <https://youtu.be/blvVcRHTUhw>
- 2020-05-17 **Healing at a Higher Vibration** (English Subtitles) [23:21] <https://youtu.be/1eWO5P4IJSk>
- 2020-05-19 **Self-control & Self-mastery** (English Subtitles) [24:45] With Suresh Oberoi <https://youtu.be/yQqXXmqZ8Q4>

SISTER USHA

- 2020-05-14 **Harmony in Relationships** (Hindi only) [58.05] <https://youtu.be/gkrurli6XaQ>
- 2020-05-21 **One Second Point Of Light, One Second Angel - Learn How to Experience BapDada's Drill** (English) with Sr Shubi of Dayton, Ohio [1:07:01] https://youtu.be/LC_WO8ajW18
- 2020-05-20 **Secrets of the Gita for Challenging Times** (English) [1:03:00] https://youtu.be/Ud357_1tg1U

SISTER JUDY RODGERS

2020-05-16 **Five Simple ways to Refresh and Restore**, with Sr Ansuya, Bahrain [1:08:54] <https://youtu.be/cE3GTs91Auk>

SISTER ARUNA

2020-05-12 **It's Time to Change** with Sr Shubra of Dayton, Ohio [1:00:39] <https://youtu.be/l9hjWuX0lG0>

SISTER GOPI PATEL

2020-05-18 **Philosophy of Karma** [1:42:04] with Jabeen Dodani <https://youtu.be/5XFtoncqaDU>

SISTER CELIA (Malaysia)

- 2020-05-13 *Importance of Putting a Full Stop, Part 2* <https://youtu.be/TFe5nU6l1gg>
- 2020-05-15 *The Sweetness of Introversion* [36:21] <https://youtu.be/bLYtERTWjRo>

DR SARAH EAGER

2020-05-17 *Cultivating Compassion for Ourselves*, with Sr Grace Lopez-Charles, Ghana [1:10:53] <https://www.facebook.com/grace.lopezcharles/videos/10222935376282137/?t=15>

SISTER ANNA DOILIANI (Lebanon)

- 2020-05-18 *Research, Discover, Experience -1/7: The Real I* [21:03] <https://youtu.be/Wa1wVCHMrnw>
- 2020-05-20 *Research, Discover, Experience 2/7: Fiction versus Reality* [34:47] <https://youtu.be/F3ovWE2fOu8>
- 2020-05-20 *Breaking the Fourth Wall* [6:51] <https://youtu.be/JNzQ2x3fVpg> Fourth in a series of experiential guided meditations.

SISTER SHIREEN CHADA

2020-05-10 *Enchanted Murli Class* [1 hour] One of a series with Sr Shubra of Dayton, Ohio, every Sunday, 5 to 6 pm EDT. <https://youtu.be/xxa-y2FPq1U>

BROTHER KEN

- 2020-05-06-14 *9 Days Tapasya*. Program & recordings of each 16 sessions <https://drive.google.com/drive/folders/1xsfxAHbh4mGkcifrVKE-Q8M9GFUHGfeZ?usp=sharing>
- 2020-05-14 *Self-Confidence in Dealing with Financial Insecurity* with Sr Mara (Portugal) and Sr Judy Johnson (Halifax) [1:28:25] **ONLY FOR BKS.** <https://youtu.be/EQA6wo0dhxA>
- Undated *18 Ways to Appreciate the Murli* [8pp, pdf] prepared by BK Media Indonesia <https://drive.google.com/file/d/1HrWWke4mLju4dAB8JoO75BXn2xClA4iY/view?usp=sharing>

BROTHER CHARLIE

2020-02-12 *Living Without Regret* [1:22:43] in Dubai <https://youtu.be/JqMhr18ns6k>

BR PRASHANT KAKODAY

2020-05-09 *A New Consciousness* [1:20:42] with Sr Shubra of Dayton, Ohio https://youtu.be/JJiQO4K9_5A

BR SHAILEN POPAT

2020-05-09 *Clearing Karmic Accounts* Talk including Sr Ranjan reading the 1984-12-10 Murli provided above under **BapDada** [1:25:09] https://drive.google.com/file/d/1-eEcfwKSF2sxzj5s_g402G8JyyhVfV6S/view?usp=sharing

BR ANTHONY STRANO

Last week we brought you this undated video: *How to unlock and unblock our intellect* (<https://youtu.be/XBAwLlImwTM>) Here is the **transcript**:
<https://drive.google.com/file/d/1wDBRZWiNMLNnQpcfLYzWc2KcCi2nVLwu/view?usp=sharing>

BRAHMA KUMARIS AUSTRALIA

- 2020-05-16 *Freedom* Sr Sally, Blue Mountains [43:27] <https://youtu.be/HHxYibWOgAc>
- 2020-05-21 *How to live in the presence of God* Warren Carey, Blue Mountains [41:53] <https://youtu.be/D3QRwikWtWA>

LOS ANGELES MEDITATION CENTER

- 2020-05-13 *English Murli and Class* by Sr Rakesha (Borivali, Mumbai) [1:26:12] <https://youtu.be/cKER0yVzsgk>
- 2020-05-15 *English Murli and Class* by Sr Uma (New York) [1:14:34] https://youtu.be/7JvkewbU_4A
- 2020-05-16 *Freedom Through Meditation* with Br Vivek [2:12:31] <https://youtu.be/gPJI-ZDUTN8>
- 2020-05-17 *English Murli and Class* by Sr Kinnari (New York) [1:20:00] <https://youtu.be/ONCBjoy-4q4>
- 2020-05-18 *English Murli and Class* by Sr Shreya (Mumbai) [1:21:06] <https://youtu.be/gFHQ6LOnBCA>
- 2020-05-18 *Murli Revision of 02/07/1970 Avyakt* by Sr Judy Rodgers [58:27] <https://youtu.be/5mlywoDb-oE>
- 2020-05-19 *Murli Revision of 26/01/1970 Avyakt* by Sr Mary (Chicago) [54:35] <https://youtu.be/b-7UYuxieH4>
- 2020-05-20 *Language of God Series* with Sr Liza [about 1:15:00] <https://youtu.be/9ca2fWx5Fw8>
- 2020-05-21 *Murli Revision of 23/10/1970 Avyakt* by Br Erik (New York) [58:04] <https://youtu.be/UXG0erogvjw>

MANHATTAN MEDITATION CENTER

- 2020-05-14 *Harmony in relationships in times of crisis* by Br Ram [55:39] https://youtu.be/exW_QPzBVk
- 2020-05-18 *We Can Make Our Mind Our Sanctuary* by Sr Rona [17:21] <https://youtu.be/l5SAMcoTxl8>
- 2020-05-19 *The Main Ingredient in Looking Beautiful* by Sr Dorothy [20:29] <https://youtu.be/n4lHPLNI5k>
- 2020-05-19 *A Life of Goodness & Happiness* by Br Ram [14:56] <https://youtu.be/7kuamK7eQAE>

MEDITATION MUSEUM (Silver Spring, Maryland USA)

2020-05-12 through 20 **Daily Evening Talks** with Sr Jenna [about 1:15:00]

<https://www.youtube.com/user/meditationmuseum/featured>

2020-05-12 <i>How to Thrive in Uncertainty</i>	2020-05-13 <i>Why Am I Here?</i>	2020-05-14 <i>Be At Peace With Your Past</i>	2020-05-15 <i>Karma: A Pen to Your Destiny</i>
2020-05-16 <i>The Search for Belonging</i>	2020-05-17 <i>The Unhelpful Habit of Judging People</i>	2020-05-18 <i>Connecting with God</i>	2020-05-19 Power of Self-Belief

MIAMI MEDITATION CENTER (Silver Spring, Maryland USA)

- 2020-05-13 *Detached and Loving* with Br Tej [20:46] <https://youtu.be/SeErks194Do>
- 2020-05-14 *Making the Most of Uncertain Times* with Sr Meredith [21:03] <https://youtu.be/HMyNrady2m8>
- 2020-05-15 *Overcoming Difficulties* with Sr Meeta [20:30] <https://youtu.be/vD-mqr7Cbdw>
- 2020-05-18 *Transformational Resilience World Peace Meditation* [51:56] <https://youtu.be/HVweggmZ-s>
- 2020-05-18 *Small is Great* with Bros Vijai & Dev [21:09] <https://youtu.be/8IACQu1RV0c>
- 2020-05-19 *Reconociendo Mi Fortaleza Interna* with Sr Amar [21:12] <https://youtu.be/0JTW IOXLRk>
- 2020-05-20 *Being a Detached Observer* with Br Tej [22:10] <https://youtu.be/VeFiOISblOs>

SAN FRANCISCO MEDITATION CENTER

- 2020-05-18 *Setting Healthy Boundaries*, Sr Denise [1:08:03] **Monday** evening talks, 7 pm PDT. <https://www.facebook.com/BKSF MeditationCenter/videos/571743480144408/>
- 2020-05-19 *Power of Letting Go*, Sr Denise [1:20:37] **Tuesday** evening talk series, 7 pm PDT. <https://www.facebook.com/BKSF MeditationCenter/videos/1656666701152882/>
- 2020-05-21 *Honesty* with Sr Denise [1:27:39] *Convergence of Psychology and Spiritual Work* **Thursday** evening series at 6 pm PDT. <https://www.facebook.com/BKSF MeditationCenter/videos/2632703773673070/>
- 2020-05-14 *Integrity- The Problem of Double Standards* by Sr Denise [3:49 and 1:12:18] <https://www.facebook.com/BKSF MeditationCenter/videos/1151851545178303/> <https://www.facebook.com/BKSF MeditationCenter/videos/605196583426700/>

NEW FILM & VIDEO RELEASED

2020-05-17 ***God of Gods*** English Premier [1:27:30] https://youtu.be/whnovin_qvE

2020-05-12 ***Song of Bernadette*** written by Cohen/Elliott/Warnes and sung by Lucinda Drayton with visuals provided by Br Orlando [4:24]

<https://drive.google.com/file/d/1U59QfoW03nQhVaxSR9IK6k-2VndUdPUx/view?usp=sharing>

NEW RESOURCE

2020-04-09 ***The God Experience: Return to the Source*** by Ken O'Donnell, Debbie Castle, Judy Johnson [161 pages] available on Amazon (Prime) for \$6.98 USD.

<https://amzn.to/2yR0qV6>