

## Sr Jayanti in Sydney 30 Nov – 4 Dec 2014

On the weekend 30 Nov-1 Dec around 200 BKs enjoyed a special retreat in the Blue Mountains which was deep, powerful and entertaining. Sr Jayanti was welcomed by an Aboriginal elder who shared the specialties of the indigenous people who used to live in the area. There was a dance from the West, a dance from the East and then the whole BK gathering sang a song for Jayantiben, "I Believe in Angels". Sr Jayanti then shared a very deep class about memories and the part they play in our past story and present transformation.

The BK gathering enjoyed one another's company and experienced the royalty, humility and wisdom of Sr Jayanti. They also enjoyed the lightness and sweet nature of Sr Alka and Sr Jagruti who accompanied Sr Jayanti. Alka and Jagruti became BKs over 30 years ago in London as young children and now help out a lot at Global House.

Late on Sunday Sr Jayanti went to Sydney and early on Monday morning she met 20 journalists; not for an interview but a meditation session. It was held at "The Ideas Vault" which is a unique round building near Fox TV studios. She gave a short talk followed by meditation, more talk and meditation, taking the audience on a journey. The questions asked were mostly about how to meditate and some participants will follow up with enquiries at BK centres.

From there Sr Jayanti went to the ABC (Australian Broadcasting Commission) Radio National studios for an interview with Dr Rachael Kohn on a show called "The Spirit of Things". The show explores spirituality and religion and this was the first time BKs have been featured on the show after nearly 39 years of activities in Australia. Rachael had done a lot of research and asked deep and penetrating questions about spiritual knowledge, lifestyle, celibacy and diet. In the end Sr Jayanti led a powerful meditation commentary which was very much enjoyed by Rachael and others listening in the technical booth.

On the East Coast of Australia the interview was aired at 6pm Sunday 8 Dec and 1pm Tuesday 10 Dec. The audio can be downloaded at <http://www.abc.net.au/radionational/programs/spiritofthings/5141040>

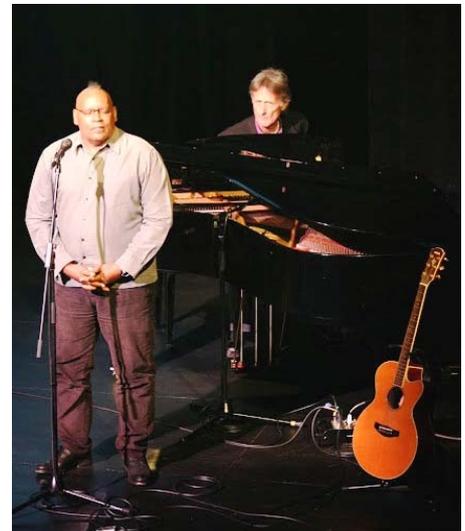


That evening there was a lovely program in the York Theatre in Sydney for around 500 people. The whole evening was beautifully produced, beginning with lovely music from Sam McNally and Armando Hurley. Dr Stephanie Dowrick introduced Sr Jayanti with love and warmth and set a beautiful context for the evening. Sr Jayanti began with silence and took the audience on a journey with some chat, a meditation, more chat and another meditation. The aim

was for the audience not just to listen but experience. At the end of the evening Charlie asked the audience how many experienced something and 90% put up their hand.



Mon 3 Dec: Book and CD sales team at York Theatre program. Sr Jayanti signed many books, CDs and even a few programs. Quite a few people had their photo taken with Sr Jayanti after their book was signed.



Musicians Armando Hurley and Sam McNally

On Tuesday morning Sr Jayanti went to the Channel 10 breakfast show 'Studio 10'. The show is filmed in front of a small studio audience with a panel of five presenters. Sr Jayanti was announced like a celebrity and walked through the doors with flashing lights and a fanfare. On screen her caption read 'Sr Jayanti, meditation guru'. The atmosphere was of a very high energy but as soon as Sr Jayanti sat with the five presenters everything became calmer which they immediately noticed and commented on. She led a two minute meditation and a few of the presenters had a special experience. It was obviously something very different for them. A 4 ½ minute video of the segment can be seen at <http://tenplay.com.au/channel-ten/studio-10/extra/season-2013/3-dec--finding-your-inner-peace>



Tue 4 Dec: Waiting room at Channel 10: Sr Jayanti, Gabrielle, Charlie, publicist Stella

For a change of pace Sr Jayanti then went to the famous Bondi Beach for a very quick breath of fresh air and then to the ABC radio studios again where she recorded a 45 minute interview for a programme "The Serenity Lounge" that explores Happiness. It was a very powerful and deep interview that will be broadcast nationally.



Tue 4 Dec: Bondi Beach

The interview with Sr Jayanti by Terry Robson from the ABC Happiness Show will have its first national broadcast on national local radio on Australia Day, Sunday 26th January 2014 at 9:35pm. The frequency is 702 in Sydney, 774 in Melbourne etc. or people can go here: <http://www.abc.net.au/local/> to find their particular station or listen online.

The Producer wants to do a meditation course as a result. Sr Jayanti then went to the BK centre in East Sydney where Sr Conny Dietzschold and a team had invited around 80 professional women to meet. There were three speakers; Sr Jayanti, Scarlett Vespa who has spent most of her working life in film and media and Allison Shreeve who was a four time world wind surfing champion. It was a very rich sharing and dialogue mainly around the challenges of life and what gives the strength to overcome them.

In the evening 100 invited guests met in a beautiful room on the edge of Sydney Harbour for a lovely evening around the theme of Inner Power. The evening began with a beautiful song from opera singer Tim Collins. Sr Jayanti shared some wonderful stories and spoke very openly of the power one gets from a connection with God, such as the power of peace and the power of love.

On Wednesday morning from 9.00-9.30am she recorded an interview and meditation for inflight radio on Qantas Airways. It is scheduled to be available to Qantas flight passengers from March to April 2014. From the interview she went straight to the airport to fly to Brisbane. Her schedule was so full that even the last interview had to be put back half an hour so that she could catch her flight.



Departing from Ashfield BK centre