

Service News from Thailand

'Bharat' in Thailand

26 Feb – 3 Mar,'14

Brother 'Bharat Bhushan' gave self introduction with sense of humor as we meet 'Bharat' himself instead of introducing proudly many great seniors, guest speakers in the past as someone from Bharat. Bharat, means 'Bountiful', the most ancient and imperishable Land, going through the highest stage to the most degraded stage according to the world drama cycle. We are at the most auspicious Confluence Age to claim the fortune of being the most ancient souls on earth – ancestors souls who have to sustain everyone from the heart at the most critical moment of the world. During 26-28 February and 1 March 2004, he spent time with Sukhumvit family for different programmes.



"All the programs went very well. The Indian family had the programs in Sukhumvit and outside Bangkok two programs in Birla factories in Aang Thong and Rayong. All enjoyed and benefitted from his classes." (Br.Anil)

From Saturday night, he spent time with Nonthaburi family, sharing Sunday morning class after Murli, then he went to New Lotus Centre.

We carried on with our full day programme for Peace maker on 'Inward Journey' till the end of the day

In the evening, there was Public programme at Club House of Golden Heritage Residential area. Sr.Karen related her experience as follows...



One-Day Inward Journey

For Peace Maker

Free

PEACE

RESPECT

HUMILITY

FAITH

PATIENCE

FORGIVENESS

KINDNESS

COMPASSION

PURITY

HAPPINESS

TRUTH

LOVE

The world awaits the presence of your peace.

We are each a potential 'peacemaker' in the world of our homes and community, as well as the wider world itself.

But first it's necessary to rediscover our inner peace and know its power. It's fairly easy discovery.

However, amidst the daily challenges of a turbulent world, it's also easy to lose our awareness and connection with what is our greatest inner resource.

The purpose of this inward journey is to offer you some clues about the true nature and power of the peace that you already are.

It will point you toward an 'inner space' where you will always find your peace, and then suggest ways in which you can bring what is your most precious gift into the world.

Yes, it is a journey.

But it's a journey that requires you to go nowhere slowly, while everyone else seems to want to go somewhere fast!

Enjoy the journey!

BRAHMA KUMARIS

It is the moments of giving the gift on the Birth of The Divine, by having series of guided meditation with silent space in between to provide moments of reflection and realization...

Our aim is to progressively take you deeper into an experience of meditation and the power of the souls in connecting with the Divine.

Sunday 2nd March, 2014

Morning : At Brahma Kumaris (Nonthaburi)

During : 4.00 am - 1.00 pm.

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| 4.00 | Love |
| 5.00 | Truth |
| 6.00 | Happiness |
| 7.00 | Purity |
| 8.00 | Compassion / 'Talk by BK Bharat Bhushan' |
| 9.00 | Kindness / Breakfast |
| 10.00 | Forgiveness |
| 11.00 | Patience |
| 12.00 | Faith / VCD The Mystery of Shiva |
| 12.30 | Lunch |

Evening : At Club House (Phrase 2)

Golden Heritage, Rachapruak

During : 4.00 - 6.00 pm

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| 4.00 pm | Humility / Hindi class at Sr. Karen's Residence |
| 5.00 pm | Respect / 'Talk by BK Bharat Bhushan' |
| 6.00 pm | Peace / 'Closure' |

B.K. BHARAT BHUSHAN

He was a Civil Engineer who dedicated his life to Brahma Kumaris in right out of his love for humanity and strong spirit of service. He is the Zonal Co-ordinator of North Zone of Scientists and Engineers Wing of Brahma Kumaris.

He addressed more than 1000 organisations and institutions on various topics relating to human values, morality, self-development and Stress Management in India and overseas. Also he delivered talk on several TV Channels.

Brahma Kumaris Raja Yoga Foundation : 85/154 - 8 Fahsaiy Village, Chang-Whatana Rd.(27), Pakkret, Nonthaburi 11120. Tel. 086-448-0700, 02-573-8242 email : bangkok@bkbmkumaris.org

"Bharat Bhai's program at Golden Heritage Club house on March 2, 2014, 4pm, was a beautiful conclusion of Sr La's Peace Maker program of an all day virtues events, in celebration of Shiv Ratri.

As you read this writeup, you will sense the magical grace I felt that day, especially at home.

The evening began with brief introductions, and Bharat Bhai conducted an amazing simple and yet deep session in which he talked of the 7 'C's that lead us to negativity and away from our "core" values and peace... And the 7 'C's that we need to practice to become beautiful and enjoy life.

He concluded very articulately with the last C for "concentration", which he stressed as the key to inculcate all divine virtues, 7 positive Cs and for the removal of the negative 'C's. He explained, and practically gave an experience of "our true identity", being beyond our name and body, by interacting with a youth, and giving the realization that everything we touched on myself, were "my", not "I"!

And just like my clothes or my ring, or my finger wasn't "me", but "my", "my name and my body" weren't "me", but "my" of the "I". The "I" that is there before all these, and is saying all that. And that "Inner true I", that was forever, beyond body and life and death, to "connect" and take power from "it's true, forever Father/Creator"! And thus in a beautiful meditation guidance, relating with Gurbani quotes (as there were lots of Sikhs), he gave an experience of "true, empowering Yog/Divine Connection".

The session ended with a silent and musical lighting of 12 candles by the 12 representatives of the 12 virtues of a Peace maker... and everyone received a blessing card and individual drishti from Bharat Bhai as they also got showered with Rose petals.

Everyone then walked to Baba's home classroom in that area "Guru Kripa", where we had some silent meditation and Toli.



As Bharat Bhai was about to take leave, my husband walked in. After the introductions, they had a short, yet powerful chat and Bharat Bhai's amazing words that he was a very rare, special, beautiful, and cooperative soul, touched me deeply.

Sr. La then kindly suggested for me to call my son, Harprem, as his birthday was in 2 days, so everyone could surprise him with a birthday song. As he came down, before going in to the meditation room, he too had a private moment with Bharat Bhai, who very graciously shared some cream talks with him, and my daughter in law, Sneha and daughters Rashmeen and Prabneet. Sonu, a young friend was also blessedly present. Some of them, although missed the public program, received a chance to get an experience with this deep Yogi soul.. which was amazing and such a blessing!

And as all of us moved into the meditation room again, every one greeted him with the birthday song, lots of warmth and love and smiles, while sprinkling little blue, sparkling paper stars as wella It was such a great sight.. beautiful and serene, as my lokik and alokik family, were sitting together, for the first time, since I came into Gyana

Bharat Bhai gave and had them each read out their blessing cards. Each one felt, the relevance and beauty of the blessings. For me, I got to be "the Love magnet, overcoming all obstacles and criticism with the power of pure love".

When asked what he felt about Harprem, the birthday boy, Bharat Bhai paused, and to my delight and surprise said "Guru Gobind's brave sahibzadey". Wah!!

I could sense and detachedly observe the beauty of that moment, which is still etched in my heart and mind.. A very special rare moment of tremendous joy and love.. and I captured it..as everyone together sat in yog power.

The whole visit home, turned out to be an experience beyond belief, a real magical surprise for all of us, and so unexpected as well."

Om Shanti

