

**Malaysian
Youth
Network
(MYNet)**

ZOOM Online Service

We thank Baba and Drama that this Movement Control Order (MCO) in the beginning of 2020 has been a blessing in disguise for Brahmin family in general and in particular for our Malaysian BK Youths from all states in Malaysia.

This MCO has brought the Malaysian BK youths into closer connection via **ZOOM. This medium enabled us to sustain the self and our fellow BK youths through variety of online activities which includes daily amrit vela, murli class, nature-cure meditation, sustenance classes and many more creative activities.**

There has been around 30 Malaysian youths so far taking benefit from the online sessions arranged on daily basis. Many new and young BK youths have shared their experiences of having many realization and good meditation experiences through this ZOOM sustenance activities. Some youths who were just in contact with centre but not regular have actually started to do amrit vela, listen to murli daily, guiding online meditation, etc. These youths are able to use their time in a worthwhile way for self progress during this MCO.





Malaysian
Youth
Network
(**MYNet**)

Daily
Amrit Vela

**BK MALAYSIAN
YOUTH NETWORK
(MYNET)
BRAHMA KUMARIS
MALAYSIA**

**Invites
Everyone for**

**Collective
Zoom**

**Daily
4 am to 5 am**

**Amrit
Vela**

Zoom ID : 720-979-5227
Password: 16108

DAILY ONLINE AMRIT VELA WITH GUIDED
MEDITATION, BAPDADA'S DRILL AND
COMMENTARIES.





Malaysian
Youth
Network
(MYNet)

Daily
Morning
Murli



Zoom ID :
720-979-5227
Password: 16108



PEACE HOUSE
KOTA KINABALU
BRAHMA KUMARIS
MALAYSIA

Daily Updated :
6.00 am – 6.30 am :
Meditation
6.30 am – 7.30 am :
Murli Class
Thu : Bhog @ 6.15 am

DAILY ONLINE MURLI CLASS CONDUCTED BY
CENTREWASIS AND INVITED SENIORS





Malaysian
Youth
Network
(**MYNet**)

Daily
Collective
Meditation

**BK MALAYSIAN
YOUTH NETWORK
(MYNET)**

**BRAHMA KUMARIS
MALAYSIA
INITIATIVE**

Daily :
10.30 - 11.00 am
4.30 - 5.00 pm
9.00 - 9.30 pm
Online via Zoom

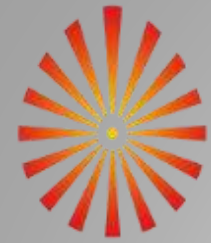
**Spiritual
Nature-Cure**

*Collective
Meditation*

Zoom ID : 720-979-5227

DAILY ONLINE COLLECTIVE MEDITATION AT 3
DIFFERENT TIMINGS IN A DAY TO HEAL THE
NATURE AND SOULS.





**Malaysian
Youth
Network
(MYNet)**



**Other ZOOM
activities in
March 2020**

- 1) INAUGURAL ZOOM SESSION WITH LETCHU BHAI ON 22ND MARCH 2020 AT 4.00 PM - 5.30 PM. HE EMPHASIZED ON SOUL POWER AND TO BE FEARLESS IN THE MIDST OF CORONA VIRUS ISSUE EVERYWHERE.

BK MALAYSIAN
YOUTH NETWORK
(MYNET)

**MYNet Friends
1st Online Zoom
Chit-Chat**

Date: Sunday, 22nd March 2020 (4.00 pm)

Zoom ID : 720-979-5227

Please on your Video and Audio.

- 1) NATURE CURE YOGA FOCUS ON REMEMBERING BELOVED DADI JANKI ATTAINING HER ANGELIC STAGE ON 27TH MARCH 2020.
- 2) MALAYSIAN YOUTH NETWORK (MYNET) LOGO DESIGN /CREATION COMPETITION.





**Malaysian
Youth
Network
(MYNet)**



**Care, Share,
Inspire (CSI)**

BK MALAYSIAN
YOUTH NETWORK
(MYNET)

MYNet C.S.I.
"Care, Share & Inspire"

Sunday, 5th April 2020 (4.00 pm)
Zoom ID : 720-979-5227



**CSI SESSION WITH PERU BHAI ON 05TH APRIL 2020
FROM 4.00 PM TO 5.30 PM.**

**CARING - Q&A SESSION WITH SENIORS
SHARING - LIFESTYLE AND RECIPES BY YOUTH
INSPIRING - EXPERIENCE SHARING**





Malaysian
Youth
Network
(MYNet)



Care, Share,
Inspire (CSI)



 2nd Session

MYNet C.S.I.
 "Care, Share & Inspire"

Sunday, 12th April 2020 (4.00 pm)
 Zoom ID : 720-979-5227



CSI WITH JOTHI BHAI ON 12TH APRIL 2020 AT
4.00 PM TO 5.30 PM.





Malaysian Youth Network (MYNet)



Care, Share, Inspire (CSI)

BK MALAYSIAN YOUTH NETWORK (MYNET)

3rd Session

MYNet C.S.I.

"Care, Share & Inspire"

Sunday, 19th April 2020 (4.00 pm)

Zoom ID : 720-979-5227



CSI WITH SATISH BHAI (AUSTRALIA) ON 19TH APRIL 2020 AT 4.00 PM - 6.00 PM.





Malaysian
Youth
Network
(MYNet)

Sending
Sakash



 BRAHMA
KUMARIS
MALAYSIA

Day of International Yoga

Sunday, 19th April 2020

Join us for an Audio Visual Session

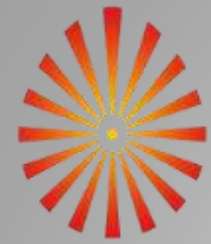
*Collective ZOOM
Meditation*

6.30 pm – 7.30 pm

Zoom ID : 720-979-5227 Password: 16108

YOGA CONTRIBUTION FOR WORLD PEACE HOUR
ON 19TH APRIL 2020 AT 6.30 PM.

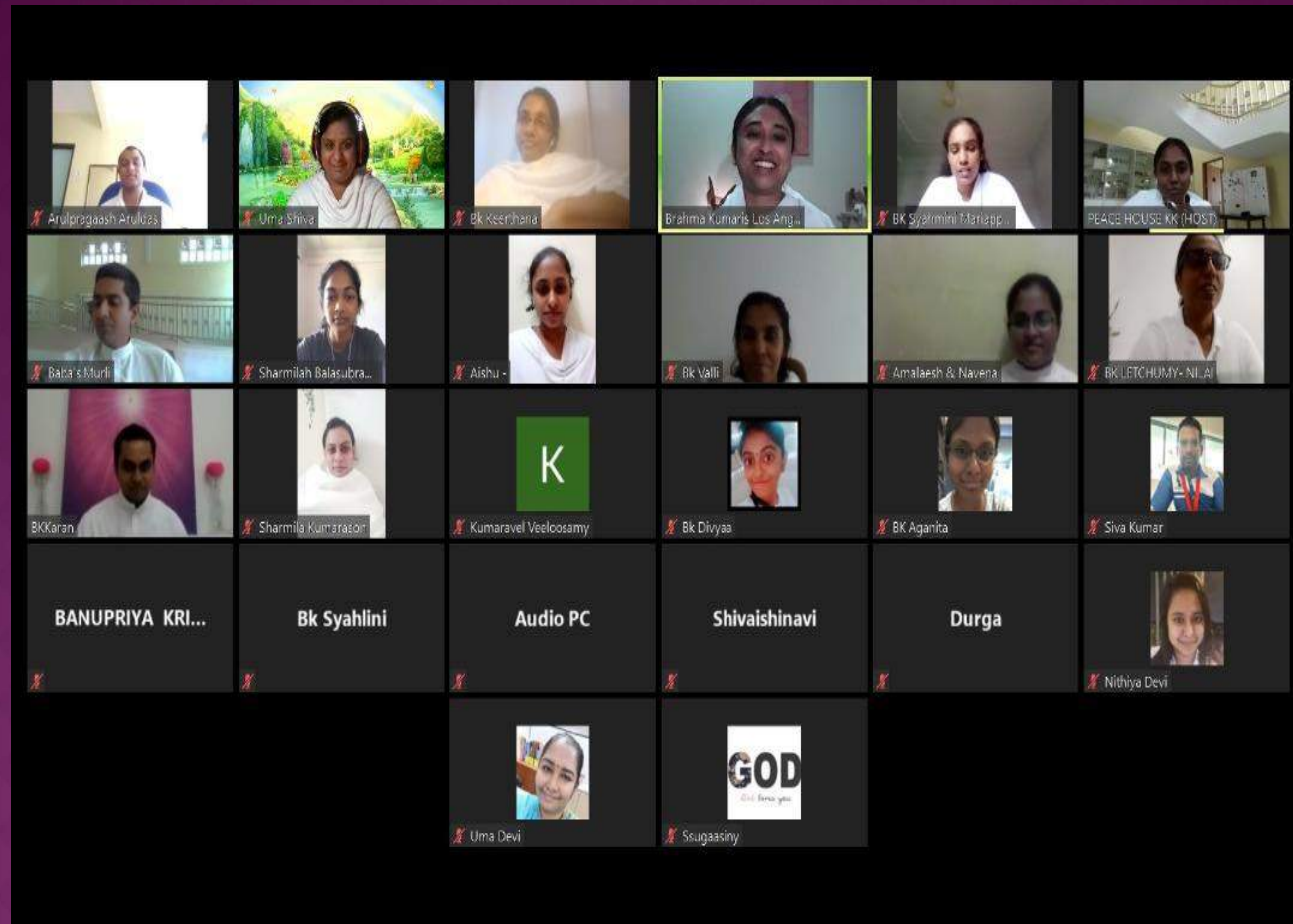




Malaysian
Youth
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(MYNet)

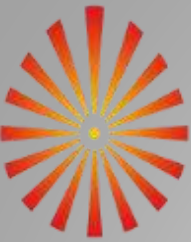


SHARING BY
SPECIAL
JEWEL OF
BABA



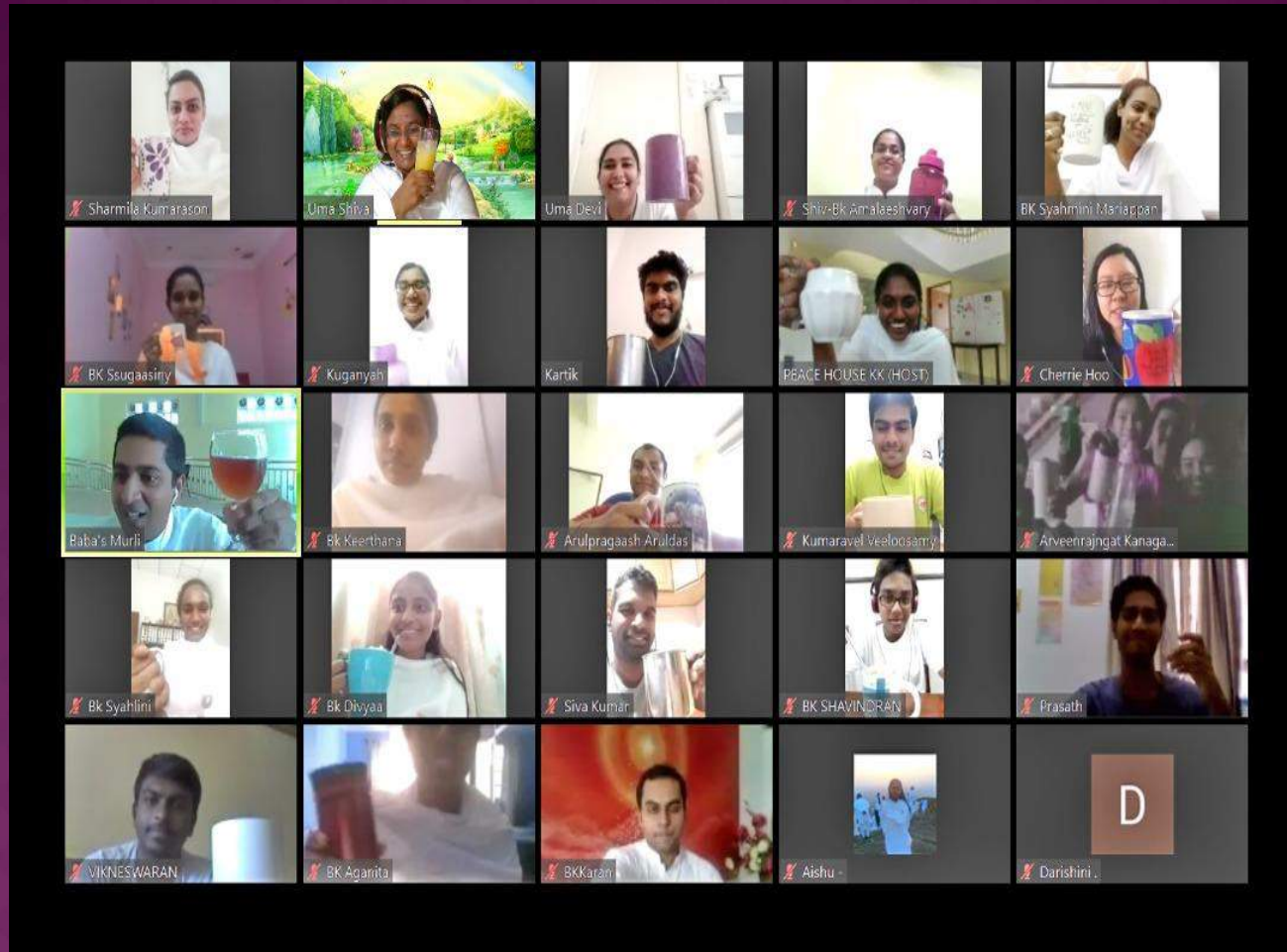
CSI WITH VINODHINI BHEN (LOS ANGELES) ON
25TH APRIL 2020 AT 10.30 AM (GUIDED NATURE
CURE MEDITATION WITH COMMENTARY, FOLLOWED
BY SHARING FROM 11.00 AM - 12.00 PM.





Malaysian Youth Network (MYNet)

MYNet Cafe



MYNET CAFÉ FOR THE MALAYSIAN YOUTH'S SHARING THEIR EXPERIENCES DURING MCO AND ZOOM ACTIVITIES WITH MURLI BHAI ON 26TH APRIL 2020 AT 4.00 PM - 6.00 PM.



"Let's Cheers and Chat!"

MYNet Cafe



Sunday, 26th April 2020 (4.00 pm)

Zoom ID : 720-979-5227

Password: 16108



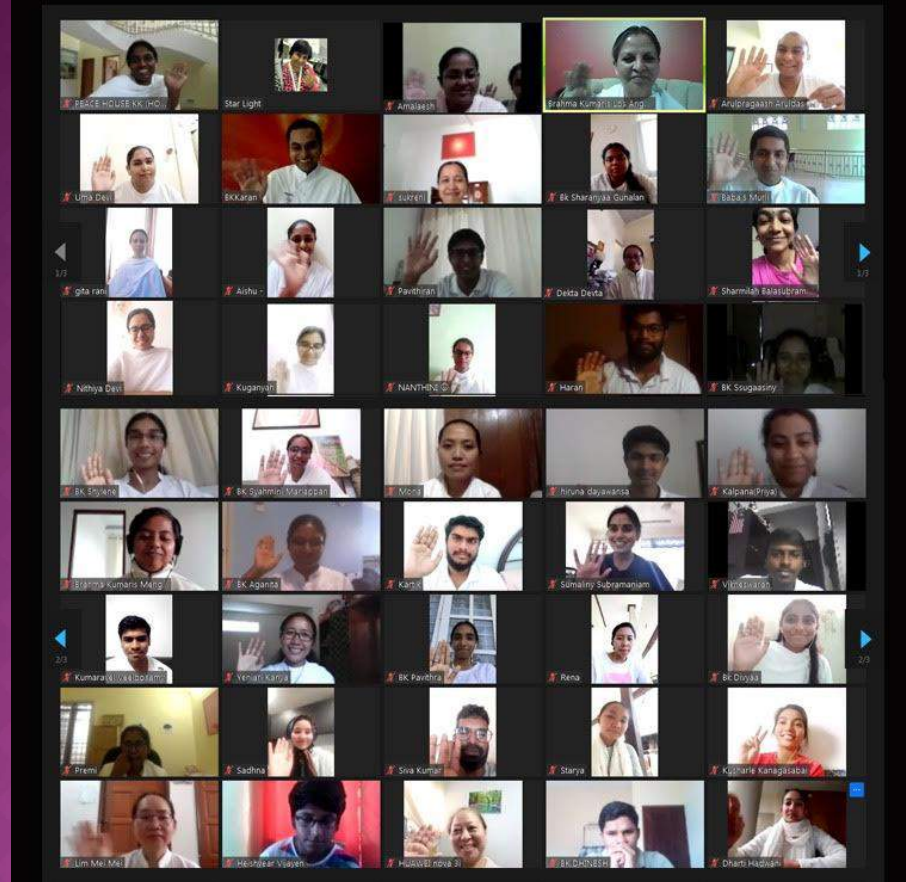
**Malaysian
Youth
Network
(MYNet)**



**SHARING BY
SPECIAL
JEWEL OF
BABA**



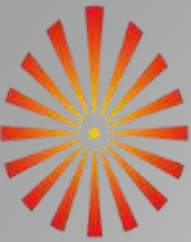
**MASTERCLASS with GITA BHEN
for BKMMyNet @ 2 May 2020**



**SPECIAL SHARING BY GITA BHEN (LOS ANGELES) ON 02ND
MAY 2020 AT 10.30 AM (SHE GUIDED DURING NATURE
CURE MEDITATION, FOLLOWED BY HER SHARING FROM
11.00 AM - 12.00 PM.**

**YOUTH SOULS FROM AUSTRALIA, SRI LANKA,
INDONESIA, VIETNAM, SINGAPORE JOINED THE SESSION.**





Malaysian Youth Network (MYNet)



Care, Share, Inspire (CSI)

BK MALAYSIAN YOUTH NETWORK (MYNET)

4th Session

MYNet C.S.I.

"Care, Share & Inspire" with Bro. Kiruba

Sunday, 3rd May 2020 (4.00 pm)

Zoom ID : 720-979-5227 Password: 16108



CSI WITH KIRUBA BHAI (ARC) ON 03RD MAY 2020 AT 4.00 PM - 6.00 PM.





Malaysian
Youth
Network
(MYNet)

Additional
New Yoga
Activity in
May 2020.

BK MALAYSIAN
YOUTH NETWORK
(MYNET)

Yoga Gym

“ Meditation Workshop ”

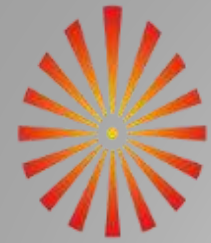
Zoom : 720-979-5227
Password: 16108

Every Alternate
Saturday for an hour
@ 11.00 am

1) YOGA GYM (MEDITATION WORKSHOP) ON EVERY ALTERNATIVE SATURDAY, 11.00 AM.

THIS WORKSHOP IS FOR THE YOUTHS AND INTERESTED BRAHMINS TO UNDERSTAND AND INTENSIVELY PRACTISE EVERY STAGES OF YOGA.





Malaysian
Youth
Network
(MYNet)

Additional
New Gyan
Activity in
May 2020.

Gateway to Heaven

“ Murli Q&A and Discussion ”

BK
MALAYSIAN
YOUTH
NETWORK
(MYNET)



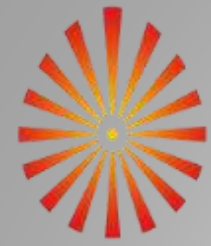
Every
Alternate
Saturday @
11.00 am

Zoom ID: 720-979-5227 Password: 16108

2) GYAN CHURNING ON EVERY ALTERNATE
SATURDAY, 11.00 AM.

THIS Q&A SESSION IS FOR CLARIFYING THE
QUESTIONS AND INDEPTH MEANING OF THE MURLI
POINTS FOR THE YOUTHS AND INTERESTED
BRAHMINS.





Malaysian
Youth
Network
(MYNet)

ZOOM Online Service

OM SHANTI

