

**SOME QUESTIONS TO ASK MYSELF DAILY
IN THIS SEASON
IN ORDER TO KEEP
THE FLAME OF THE YAGYA ALIVE**

*Created by all the wonderful participants
of Session 9 "Keepers of the Yagya"
at the NC / CC Retreat, 5th October 2014*

STAYING PURE

What would I choose not to do if I had known that the world is watching me?

Am I happy with the depth of my purity? What was the special impact of my purity today?

Do I maintain the necessary degree of purity to be worthy to be called a keeper of the yagya?

Do I maintain a soul conscious vision? Am I pulled towards the sense organs / external attractions?

Did I violate any principles today, even in subtle ways? Where did I compromise?

Was I influenced today by the atmosphere around?

SHARING TREASURES

Did I give today as much as I could?

Did I overcome my limitations?

Did I give knowledge to at least 5 persons today?

Was I a constant bestower of the spiritual food that Baba fed me with this morning?

How many souls did I uplift today?

Do I keep a merciful attitude to all my brothers and sisters in the world?

What inner value did I contribute to my BK family and the world today?

Am I a constant donor? Do I have good wishes and benevolent feelings for everyone?

Am I playing my role of an ancestor soul?

Am I sensitive to the needs of souls in the Brahmin family as well as in the world and the call of the Time?

OPENING ONE'S HEART

What effort did I make today to open my heart
to the self
to Baba
to the family
to the world?

What effort did I make today to clean my heart from negativity and the waste about myself and others?

What was my heart-to-heart conversation with Baba today?

DANCING TOGETHER IN HARMONY

What special effort did I make today to come closer to seniors / equals / juniors?

What can I do to increase my awareness of the value of each one?

Do I keep contacts with the seniors, telling them everything about my stage, service plans etc?

Do I check my inner attitude to other souls in order to keep the atmosphere in the centre powerful, clean, positive and attractive for others?

Do I have equal regard / respect for all?

How am I contributing to make the situation better? Where / how do I not have compassion?

What attitude / behaviour of mine can be keeping souls distant?

How much of what's shared do I hear? And how much of it do I assume?

Which quality can I give to others today while meeting them?

How attentive / soul conscious am I when I listen to others? Am I fully present?

Do I feel the love that keeps all of us as the yagya members together?

Am I expressing love, regard and respect in all my interactions?

KEEPING THE FLAME EVER LIT

How would I describe my flame today?

Do I recognize the importance of my thoughts in keeping the fire of Baba's yagya alive?

Do I continue sacrificing the remaining weaknesses of mine in Baba's sacrificial fire?

I know that the flame has already been ignited but which main practice do I have to consider during the day to make sure that my transformation is really taking place?

How much knowledge and yoga power, and dharna of powers and virtues do I keep pouring in to keep my inner light ignited?

Am I accurate and firm in all the principles and maryadas to improve the atmosphere in the yagya and to attract other souls to the Flame?

Out of love for Baba and His Living Yagya, am I able to sacrifice my old sanskaras in order to keep the flame of peace, love, and respect always lit?

Am I ready to sacrifice everything in Baba's yagya, especially my subtle sanskaras still hidden within me even in dreams?

Am I always aware of the honour of being a keeper of the yagya?

Am I aware that this is the great time of transition into a new age for the world? And that this yagya builds the way to go there?

What offering can I give at this time in Baba's yagya?

What is my responsibility towards the yagya?

What am I going to do today to keep the flame of the yagya alive?

Are my decisions in accordance with the yagya systems?

As I look back at the day that has passed, can I call myself a protector of the yagya?

REMAINING BABA'S INSTRUMENT

Am I fulfilling all responsibilities given to me by Baba with an honest heart, without having any desire of name and fame, having just the thoughts of serving the world?

Do I maintain the consciousness of being an instrument while doing every type of service? Do I keep the awareness that it is Baba who does everything through me?

Do I remain a trustee and therefore become carefree?

How far am I economical / *ekant wasi* (the one who loves solitude) / *ek nami* (remembering the One) while looking after the yagya?

How far am I honest, responsible and accountable in every task I undertake?

Do I use all resources economically, not wasting anything?

Am I always aware that this is all Baba's task and that He is with me?

RELATIONSHIPS WITH THE CREATOR OF THE YAGYA AND ANCESTOR SOULS

Do I realise who has created this yagya?

In what way has my today's dharna reminded me of father Brahma?

Are my nature, character and habits the same as those of the ancestor souls of this yagya?

Will Baba and Mama be happy with me if I come in front of them right now?

Why was I chosen to play this role of the yagya keeper? Who has chosen me? Do I always enjoy playing this part? As a keeper of the yagya, do I always remain alert? Do I have pure pride and intoxication playing this part?

Do I realize why I have been chosen and by whom?

What is my connection / relations / link with the creator of the yagya?

How firm is my faith that it is Baba who has chosen me?

How much love do I have for Baba?

What shall I keep in mind in order to be constantly with BapDada so that I am constantly available to Him?

Is the founder of the yagya, Baba, contented with me?

BUILDING UP MY STAGE

Am I feeling great today?

How successful was I in transforming my sanskaras into the divine sanskaras of my future deity form?

How detached and loving did I remain?

Did I maintain my happiness / stability / self-respect?

How can I be light and honest today?

What would I immediately do / take action if I had known I was totally secure?

Where / in which areas is there a lack of enthusiasm?

How do I project myself as a Brahmin, especially in my attitude, my behaviour, my drishti and my character?

Where am I in my journey to an angelic stage?

What am I going to do today to move closer to my original stage?

Am I stable and ready to stay in equanimity come what may?

Any special experience of being angelic while acting?
In what way did I express my angelic form / deity form today?
Do I see everything as part of the drama?
Did I make sure I did not spread negativity around me today?
Are there any "sesame seeds" of weaknesses still sticking to my fingers?
When am I going to offer them in the yagya?
What is going to help me today to make my stage more powerful?

LEARNING EVERY DAY

What did I learn today?
What did I transform today?
What newness did I experience at amrit vela today?
What did Baba say to me today? And did I implement that?
Which new deeper understanding or insight I had today?
Did I become a more knowledgeable soul?
Did I become a more contented soul?
Did I become a happier soul?
How often do I bring about newness?
Where did I draw powers from today?
Is there anything more I can do for my stage?
How much courage do I have to move forward?
Was my day according to my Father's and Teacher's wishes?

STAYING IN REMEMBRANCE

How many hours of yoga did I have today?
How can I be present in front of Baba at amrit vela? Does my awareness of who I am as a soul helps me to be focused?
How honest am I in keeping my chart of remembrance?
Where is my intellect?
Are there any waste thoughts in my mind?
Is there still any doubt coming even for a moment?
Am I being true to myself?