

UK BK Family Christmas Party on Saturday 9th December 2023

420 BKs from all over the UK, [midlands, the north, and the south], plus visitors, came together at GCH to celebrate a festive meeting with **Sr Jayanti**.



Greeted by soothing meditative music in the auditorium, the event started with meditation to instrumentals and a well-loved classic Christmas carol; Silent Night.





Sr Jaymini welcomed
Sr Jayanti back to
London ... from
'her holidays'



and introduced
the welcome dance:

A beautiful Diwali dance,
celebrating happiness, love, family, inclusiveness, and light.



The MC was Sr Angela (entertainer **BK Marneta Viegas**) who introduced herself as 6 months in gyan and asked the audience to forgive her if she stated anything wrong as being so new, she was an 'ocean of mistakes'. Angela thanked the seniors and everyone applauded Didi Sudesh – on her new appointment as an administrative joint head of the BKs.



Sr Angela was not shy in sharing jokes and hosting a series of TV shows which gave the audience a chance to participate in games such as Mastermind, Family Fortunes, the Generation Game, Britain's got talent, and many more.

Each new event was interspersed with lightness, tips on kindness and emotional self-care; amusing nuanced observations on BK family life and quotes from the murli.

She requested, well insisted really, that the audience were to be kind to her from the outset – and likewise gave permission to all to be relaxed, noisy and loud as a spiritual ‘special permission’.



Sr Angela's murli point of the day was no crying in person or in the mind and indeed happiness was the theme of Sr Didi Jayantiben Benji's address to the UK family.

Mastermind:

A quick fire round with **Sr Suman** and **Sr Samantha** – (did GRC BKs feature in every game or was that my imagination?)



Poker Face:

Four yogis invited up and put to the test – by two overactive elves, (**Sr Sucharita** and **Sr Polina**) keeping yogi faces, while elves and Angela teased them with dusters for 90 seconds;



Britain's got talent:

A team of 13 children and several elves/ helpers danced to jingle bells... and Santa, a snowman and other characters joined to dance to We wish you a merry Christmas, Frosty the snowman.... And other festive popular songs.



Generation Game:

A team of brothers and sisters called up to decorate a Xmas tree- competition.



Who wants to be a Millionaire:

The award was offered to the best idea of what you do with it for service....



Santa came on:

Santa plus elves distributed some gifts into the audience....

Some of the tips shared:

Brothers – and sisters -- give people who upset you a Golden Grace Card.... In place of the yellow card for foul play in football; She shared other tips: for fast efforts such as hooponooono: I'm sorry, please forgive me, I love you, thank you.

A novel concept to some-- 16 – rajasic foods which we do/ don't avoid in Brahmin life... and topics we discuss in the centre.

Lots of new jokes were shared such as describing her own problems with gyan as Spiritual ADHD – attention deficit (and hyperactivity?) disorder and also having Spiritual Dyslexia... Spiritual Dyspraxia – spiritually clumsy... and so a need for us all to forgive 'Angela' was re-iterated.



A few elf jokes later... [Elfish Presley] and **Sr Jayanti** came onto the stage to thank Marneta aka 'Sr Angela' for entertaining all, and for her past work with shows and pantomimes, playing the roles of creator, director, and main actor.



Jayanti ben spoke about blossoming service in Bharat – what can we expect with a BK president? Even in villages thousands attend BK events. She mentioned the passing on of senior brahmins, who we somehow hope/ expect will stay with us indeterminably -notably Didi Nirmala passing in October, who was 88 years old already.

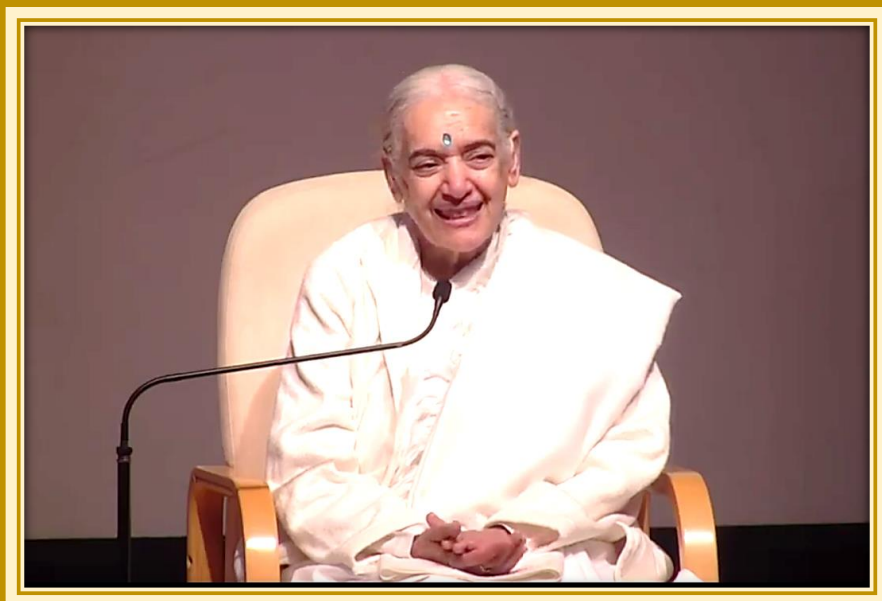
Jayantiben also mentioned the environment dialogues, who does the damage and who is paying, the concept of loss and damage. She asked Why is heaven not ready? ...[the deities are not ready] And encouraged all to take the message of Christmas (and Diwali) - to celebrate- but as per message from Baba is to be happy... always... even if there is disenchantment in health, personal situations, or sanskaras are triggered. Its a subtle effort to let the light of happiness shine, most Brahmins have enough always.



Wishing everyone to be happy. Count your blessings every day- morning and evening... Stay focussed on the image of the Lighthouse- unveils how to give when there is chaos everywhere.

To spin the discus of self-realisation. ...from where: lighthouses are always built on rock.... What is your foundation? Purity, Yoga, Faith. Jayantiben emphasised Faith on this occasion.

With a pure thought – to have a lovely holiday—let the pure thoughts keep coming...



Thanks to everyone for putting show together... food, the sound room and stage setup, the prizes, the entertainers, the dancers, mince pies, and especially the kitchen team who was non-stop cooking, for a few days...

With mince pie toli, (pronounced toely and not tolli), blessings, lots of dharna tips UK BKs gently glided out of the auditorium, with a smile on their faces, silent and content, staying for lunch and then disbanding back to the everyday.