

Sudesh Didi – 30th December 2023, Global Bhatti Class - GCH, London

Complete Faith in the Self, Baba, Drama & Family

Om shanti. Om shanti. Om shanti. Today, we will say it for the fourth time: Om shanti.

Shanti encompasses more than just peace; shanti is satisfaction; shanti is full stop; shanti is the culmination of an experience, and even faith itself.

What is the difference between faith and trust? Baba teaches us to be trustworthy and faithful. So, there are distinct aspects between having faith alone and being faithful. Trust is placing confidence in someone or something, whether it be trusting another person, trusting in the passage of time, or becoming worthy of others' trust.

To begin with, faith is initiated by experience of the soul. The soul undergoes testing, and through these tests, something different transpires. For instance, when you feel the sensation of cold, you are experiencing it. Similarly, there are certain things we feel and encounter that contribute to the firmness and development of faith.

It is connected with our property or the powers of the soul. But how does this faith develop? It starts when knowledge is given to us, and we observe something that may not be visible. Yet, we believe it to be true to such an extent that we instantly renounce everything. For instance, we have never seen a soul, nor has anyone else. However, the experience of the soul leaving the body is death; we are so certain that the person has died that we let go, though attachments may try to hold us back. The clear realisation of the separation between the soul and the body is what we call death. Hence, the soul and the body working together is life.

Baba has created faith in us that we are souls by giving us knowledge. Then, we observe and assess whether we trust or mistrust. This, too, becomes an experience. But faith is something that develops with intellect. Trust is a feeling, and it arises from the mind. It is a sense of expectation. We may feel that things will turn out a certain way, but when doubt is strong, trust wavers. Yet, there may still be hope that things can improve, perhaps due to a misunderstanding or a specific situation.

So, there is faith in the self when I receive the knowledge from Baba that I am a soul. The power of truth brings faith in the self. Similarly, when we witness the practical virtues of others, such as a doctor's ability to heal someone, we develop faith in their abilities and guidance.

But when we talk about having faith in the self as a soul, it requires accurate knowledge, which Baba is giving. It is true knowledge, right knowledge. When we practise and apply this knowledge in our lives, we can truly experience that we are souls. Without application, we cannot truly harness the power to become victorious.

Yoga helps me in this process, but the first aspect is gaining knowledge. The second aspect is how much I am implementing and experimenting with this knowledge, how much I am conscious of it. It is through the practical application of this knowledge that the power within me develops faith in the self. This faith in the self makes me victorious and gives me the confidence to trust in my actions and decisions. The combination of knowledge, practice, experimentation, and the power of experience, from the teachings of the Father, creates faith in myself. This faith allows me to trust in my abilities and believe that everything will be okay.

Soul consciousness is the faith I have in myself, which happens when I am actively experiencing my virtues within me. It is not just a thought or belief that I am a soul, but when my intellect accepts, understands, and connects with Baba, it receives the power that enables me to actually experience these virtues. With this power, I am able to make the right decisions, imbibe virtues, and put them into action as per the unfolding drama.

So, I have faith in the drama, I have faith in Baba, and I have faith in myself. When conflicts arise with others, I remind myself that we are all part of a spiritual family, and differences naturally exist within families. Some may have kind natures, some may be strong-willed, some may be gentle, and some may have the habit of criticising. But I accept them all because they are my family. Similarly, in our spiritual aspect, Baba has given me the knowledge that I am a soul, and I am a child of the Supreme Soul. I understand that within me lies the same qualities and personality of God: peace, love, wisdom, truth, benevolence, and purity. Of course, I recognise that my capacity to manifest these qualities is different. By being conscious of this capacity, I can check how much percentage I am using and experiencing these virtues. I have experienced many times that I am a peaceful soul. So, when challenging situations come, I can draw upon this knowledge and face the situation. I can handle the situations and challenges that come my way, and I observe them as drama.

And drama is accurate because it is teaching me something. In this drama, there is always something for me to learn. These four aspects: knowledge, yoga, dharna, and situations, which are either related to self-service or service to others. Wherever I find myself playing a part, it is an opportunity for me to learn or to share what I have already learned with others. When I actively engage in these actions, they become the real-life demonstration of the drama. The drama is not something separate; drama is the action and performance itself. Through my actions, I can exhibit my peace, love, and happiness. This reinforces the fact that I am truly a child of God and a fortunate soul. As I continue to use knowledge, and to believe in the truth of Baba's teachings,

I develop greater self-respect and confidence. All four aspects work in harmony together. But, it is ultimately the question of truly, truly, truly believing in it.

I remember my first experience of soul consciousness, and how doubt can cause fluctuations. It was a very wonderful experience that occurred after an unofficial course. On that day, I had a realisation that I am indeed a child of God, and that my bodily parents are there only for this birth, while Baba is my eternal Parent.

As I got off the bus and began walking towards the centre. This intoxication, I, the soul, and the child of God, created a kind of connection that was such a great joy. This connection filled me with immense joy, to the point where I felt weightless, as if my body's weight had disappeared. I was walking a few inches above the ground, with my feet not fully touching the Earth. It was a windy day, and I could feel the leaves swiftly brushing against my foot. This awareness brought me back to my senses, as I began to worry about what people might think of my walking. This instant thought instantly brought me back down, and I again felt the weight in my body, losing the previous lightness I had experienced.

So, this experience wasn't a matter of questioning or experimenting, but rather a realisation that I need to continuously bring the joy of knowing that I am a child of Shiv Baba, a bodiless soul, into my life. This realisation deepens my faith in the inherent happiness of the soul. I simply need to contemplate and understand that this is the right path.

So, problems and challenging situations are actually part of the drama. By applying the power of knowledge, I can recognise that this world is a drama. But, I also need to apply certain principles to fully enjoy the drama.

Baba sats us to become "*Saathi* and *Sakshi*," meaning we should make Him our companion and become detached observers. By doing so, we will not absorb or be affected by the situations unfolding in the drama. For example, if someone shouts at us, we won't absorb their negativity and it won't affect us. Instead, we will witness the play that is happening. When we have faith and apply this knowledge in our lives, we can see the visible results. This is what is meant by having faith.

Faith brings victory, and in this aspect, it means having faith in the self, faith in Baba, and accepting all are parts of an unlimited family. Each of us has different sanskars and capacities, our nature is supposed to be different, otherwise what is drama?

Drama means variety; drama presents many challenges. What is the meaning of an actor? As an actor, when we begin to believe in every aspect of knowledge, faith in the self increases; faith in others increases. As we follow Shrimat, our faith in our intellect increases as well. Our intellect

becomes more divine and more and more *sakshi* , an observer , allowing us to see our own strength and not lose our happiness. Doubt may arise, but with faith, we can immediately solve it.

The same questions of why, what, where, and how may arise, but instead of posing them as doubts, we ask them with an answer in mind. This is what faith is all about. Having faith means believing that nothing will go wrong and that everything will be beneficial.

Having faith in time allows us to see the sudden scene unfold before us. We understand that this drama is beneficial, and whatever is happening is for our own good. The next scene provides us with an opportunity to share with others, or it may present a chance for us to learn something we haven't yet mastered. In either case, it builds faith and trust in ourselves.

In this aspect, the drama is like a powerful mother. It massages me and strengthens my bones. Because of this, I cannot doubt drama. A hero becomes active when there is a situation and a villain. So, I cannot doubt, even if there was a situation in the past that I disliked and still remember the pain and suffering. But that was in my past life or past cycle. It has passed now, though some remnants of it may still exist in this birth or in certain situations.

For example, imagine a basket of fruits where all the fruits have been used except for one rotten apple. The consciousness of that rotten fruit remains with me. But, I am getting new fruits. Drama means to see the new. Drama means that the next scene is important, so I need to have faith in it. If I put the rotten fruit in this basket, my future will also be affected. So, I need to understand that there is a reason why something happened in the past, and it has led to something good. So, I should not lose faith in the drama either because what happened was part of the past scene.

You have come here to learn or share what Baba has given. Baba has chosen me, so my part must be very special. God, having faith in Him, does not choose anyone ordinary. Even when we go to the market, we choose the best, so I cannot have doubt that God has chosen me, the wrong person. He knows what to do and where to place me in the drama. I have to watch it unfold, as it will be beneficial and offer me my best role.

So, faith in the self, Baba, and the drama all come together. This is how I see things, what my next role or part will be. With 100% faith in what I have learned so far, Baba will use it, and whatever I still need to learn, drama, the mother, will present it to me. As long as we are alive, we have to keep learning. And if we have learned the lessons, there will be no doubt, and we will always be victorious.

So, this is why faith brings victory in every aspect. And being faithful means being honest and loyal. Faithful means honesty and loyalty. I am not selfish; I am just an instrument. Trustworthiness is built upon selflessness and benevolence, and when others see this, they begin to trust as well.

But if I become selfish, nobody will trust me. So, there are certain dharna that creates faith, trust, and victory. But everything depends on these three elements working together: my mind with positive energy, my intellect with the knowledge and clarity that Baba has given, and my personality, which greatly benefits my development.

We are becoming deities, we are becoming victorious. Baba's power is working through us, and it is important to recognise the importance of time in realising the benefits of faith and self.

Soul power and God's power are coming together. So, I am victorious, having faith not only in the inheritance of the Golden Age but also in the present time. The question is how well I am able to maintain it. The main thing is having faith in and trusting myself. So, I must keep my vessel clean, and it will stay intact. If I put in something wrong, it will be driven away. I am responsible for creating faith, not doubt, in others and myself.

So, there is contentment, and complaints are absent while appreciation is there. Faith always brings contentment, appreciation, trust, support, cooperation, and respect. All of these are fruits of faith. Om shanti.