

## **Sudesh Didi – 19<sup>th</sup> December 2023 Morning Class – GCH, London**

### ***Light and Might***

Om shanti. Om shanti. Om shanti. Lighthouse and might-house; ever-light and double-might. In today's Sakar Murli, Baba emphasised doing service and giving the message to everyone. The message is to become light, as light is the power to see, meaning that the light of knowledge is present, the knowledge is light. And when knowledge is put into practice, it becomes might.

Just like when you are studying in school, you are gaining clarity in a particular subject, whether it's medicine, engineering, or any other subject you are studying. During that time, you are actually acquiring the light of that subject. When we start practising it, it becomes the might of that subject, and eventually, we pass the subject. Although we don't become a doctor while still in school, we are becoming a doctor. We become specialists when we put what we have learned into practice and help others.

So, light is also double-light, lightness. If someone has behaved in a very strange way, or you felt that you were not respected, accepted, or given a chance, or you were ignored, or something is hurting you, what is happening at that time? The mind or the heart, these feelings of the mind and heart can cause pain and heaviness. But when you share with someone, that burden is removed. But with which consciousness should you share?

If you share your pain with dissatisfaction or complaint, it not only makes your heart heavier and causes more pain, but you also pass on this pain to others who listen, infecting them as well. It is called an infection, as the disease will change the perspective of the other person. This means that your pain and dissatisfaction will change the perception of the other person. So, this means that my account must be with that one person with whom the incident occurred and the change did not happen satisfactorily. In this case, instead of service, it becomes a disservice, as you make others unhappy and also change their vision.

Instead of seeing the pure light and seeing the light in others, I find myself focusing on their dark side. Instead of being positive, I have started fixating on the negative aspects. But when one has the knowledge of drama, self, and God, we are able to see things from a different vision.

So, when Baba says that others can see the light, it does not necessarily mean a light that is visible. Rather, when you connect with others, you naturally make others light, even if it is through sharing. But this can only happen when you become bodiless.

Today Baba spoke about how we are beggars. In Hindi, *ghar* (home), the body is our house. We don't have any base here, we have a base as a house, and that our permanent address is in the Soul World. This body is not our permanent address; it is not our permanent costume.

Attachment also creates heaviness, fear creates heaviness, and insecurity creates heaviness. Therefore, the cultivation of internal light through bodilessness, helps to eliminate the attachment, attraction, and influence that stem from body consciousness, both in myself and in others. It is important for me to check whether I am truly becoming “a house of lightness” and an embodiment of Godly powers. Baba has mercy, love, forgiveness, acceptance, and the power to create self-respect in others.

So, you can actually give light with the might of your spiritual power, and souls receive it. Baba is known as the Almighty, without a physical body, as it is not the body that possesses these powers, but the power of all virtues. It is these virtues that make us might-houses. Om shanti.