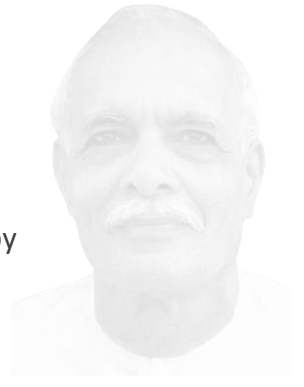


GLOBAL PROGRAM for Dec 2023/Jan 2024

«Going Beyond – Staying Beyond»



This program is addressed to the entire BK family worldwide. It has been approved by our respected RCs. It is simple and powerful. It prepares us for a January of Transformation through Experimenting in Silence. Enjoy!

Experiments IN SILENCE DEC 2023 – JAN 2024

DECEMBER 2023

Basis for individual experiments

Avyakt BapDada
18/01/2023

Going Beyond – Staying Beyond

Document attached.



**One to one
exchange with
another soul**

10 min daily

JANUARY 2024

Practice of Avyakt Silence

Daily experiment/Avyakt Signal from
Madhuban at the end of the daily murli

Share your experiences in your language on
www.experiments-in-silence.org

Get daily extra inspiration from Mohini Didi:
playlist: http://bit.ly/experiments_jan2024

DECEMBER 2023 - A MONTH OF PREPARATION

INSPIRATION: "Going Beyond – Staying Beyond"

Avyakt Murli from January 18, 2023 (Original date 22/11/72)

1. **Purpose**

The purpose of this practice during December is to build momentum and deepen our commitment to making full efforts in January 2024, the Month of Silence.

2. **Experimenting with the Avyakt Murli of January 18, 2023**

During the month of December, all are invited to experiment with the very special Avyakt Murli

of January 18, 2023. Each soul decides for him/herself in which way he/she wants to work with this Murli.

Here are a few suggestions:

- Read this murli daily during the whole month of December.
- Fix 1 day every week when you read this murli 4-6 times.
- Keep repeating and explaining this murli to yourself.
- Journal daily on your experiences.
- We encourage every soul to write at least 1 blog entry of your experiences, improvements in your stage or realizations on www.experiments-in-silence.org (password to write your comments: welovesilence)

3. One to one exchange with another soul on a daily basis.

Each person self-selects a soul with whom they share their experiences and insights for 10 minutes each day.

Guidelines:

- Keep the exchange limited to the purpose this exchange is dedicated to. If needed, re-direct the exchange back to the topic as the aim is to come closer to Baba and to the stage He wants us to have.
- Maintain confidentiality about everything that has been shared.
- Start and end with 1 min. silence.

JANUARY 2024 – AVYAKT MONTH WITH EXPERIMENTS IN SILENCE (January 1-31)

1. Silence - as much as possible

Maintain volcanic avyakt silence as far as possible. Make your efforts intense but easy: Avyakt silence is being absorbed in attainments and relationships with Baba.

2. Daily experiments (Avyakt Signals)

Work sincerely with the experiments/Avyakt Signals at the end of the daily murli. Let's create a worldwide wave of deep, subtle and sweet collective efforts.

3. Silence Platform for sharing experiences with the wider family

The BK family is invited to share results of their experiments/efforts at <https://www.experiments-in-silence.org>. Everyone can share in her/his language and read as little or as much as they wish from sharings from others.

4. Additional sustenance and inspiration

Mohini Didi will explore and share her experiences of the Avyakt Signals on a daily basis. A playlist of her class is offered in the link below. The BK family is invited to listen to deepen one's understanding. Didi will take us all into the depth of what Baba really wants us to become now.

Link to access the playlist: http://bit.ly/experiments_jan2024



Attachment:

For the month of December: Avyakt Murli from January 18, 2023 (Original date 22/11/72)

Going Beyond – Staying Beyond

Do you continue to have visions of your final form? The closer you come, the more you will experience it as though it is almost in front of you. You will feel as though you are to become that just now. Just as someone who is old feels that he is now old and will soon become a child again, so do you not only have an awareness of your final form, but also a clear vision of what you are at present and what you are to become? In the beginning, you used to say that when you reach your destination, it will just be a question of taking one more step; that you have already placed one foot and that you now have to place the other foot; that that is all the difference there is. **So, do you experience your final stage to be just as close? Do you see it clearly?** Just as you can see your form very clearly in a mirror, in the same way, let your final form be just as clearly visible in the mirror of *knowledge*. When a beautiful costume is in front of you and you are aware that that is what you will wear, because you can see the costume in front of you as the time for wearing that costume comes close, your *attention* is drawn to it. In the same way, can you see your final form in front of you and is your *attention* drawn to it? Call it the form of *light* or a costume, but you will only be able to see *light*. What is the form of angels? That of *light*. Those who see them will experience angels to be those who are wearing costumes of *light*; their crowns are *light*, their costumes are *light* and their decoration is *light*. Wherever you look, you will only see *light*. When you look on their heads, you will only see *crowns* of *light*. From their eyes, you will see rays of *light* emerging. So, can you see such a form in front of you? How will your *part* of the form of *might*, the form of power, be revealed? With the form of *light*. Anyone who comes in front of you should become bodiless in a *second*: that will only happen with the form of *light*. If you become a *lighthouse* whilst walking and moving along, your body will not be visible to anyone. **If you wish to pass the paper at the time of destruction, then, in order to face all situations, you have to become a lighthouse. Experience this form of yours whilst walking and moving along. You now have to practise this. Completely forget your body.** Even when you have to do any work, if you have to walk or talk with someone, then too, adopt an angelic form of *light* to do that. When you have to play a *part*, you put on a costume and when your part is finished, you take it off. You put it on in a *second* and become detached from it in the next. When this *practice* becomes firm, the suffering of karma will finish, just as pain is removed by having an *injection*. Hatha yogis make you practise trying to become detached from your body. So, too, as soon as you have the *injection* of being an embodiment of remembrance, the awareness of the body will disappear. You will experience yourself to be a form of *light*, and others will also experience this form of yours. This is the final *service* to be done. Through this, all your business and activity will be *light*, that is, there will be lightness. There is a saying: Even a mountain becomes like a mustard seed. So, too, when you stabilise in the form of *light*, all your business will become light. You will not even need to use your intellect very much. You do not have to use your intellect for anything that is light. By having this form of *light*, you develop



the qualifications of being a *master* janijananhar (One who knows the secrets of each one) and a *master* trikaldarshi. You will then not even have to think about whether you should do something or not. Your intellect will only have the accurate thoughts that you have to carry out. There will not be any feeling of the consequence of karma whilst in that stage. Whilst you are under the influence of an *injection*, even though you speak and move about, you are not aware of it. You do not even have the awareness that you are doing anything; everything just continues to happen automatically. **Similarly, the result of karma and the performing of actions will continue, but you will not have any awareness of this; it will not attract you to itself. Such a stage is called the final stage. You have to practise having this stage.** How close is this *stage*? Have you come in front of this stage? The stage where you become the form of *light* when you want and come into your body when you want and do whatever you have to do? Until you come to the point where you maintain this stage all the time, you should at least have this stage for some time every now and then; only then will you be able to have this stage all the time. You used to experience the sakar form being in the angelic form. Even whilst he was living on this earth, you used to experience him to be an angel. You have to develop such a *stage*. In the beginning, many used to have a vision of this. They used to see nothing but *light*. They would also have a vision of their crown of *light* many times. Whatever *sample* you saw in the beginning will be the *practical* form at the end. You will see the result of success through thoughts. **Just as you give directions with words, in the same way, you will be able to carry out your entire business with thoughts.** *Scientists* are able to receive *directions* from Earth whilst up above, so are you not able to carry out your activities with elevated thoughts? After all, it is *silence* that *science* has copied. So, they are clearly in front of you already so that you can become an *example*. You did this a cycle ago. So, there is then no need to say anything. Just as you clarify something with words, in the same way, let all your activities be carried out with thoughts. The more you experience this and come close to one another, the more your thoughts will also be similar. **Because of becoming forms of light, when your wasteful thoughts and wasting of time have finished, you will only have those thoughts which are to take a practical form.** You will just have that thought and the person who has to carry it out in practice will also have the thought that he has to do it. This is newness, is it not? When others see activity being carried out in this way, they will understand that your activity is not being carried out by your telling anyone anything, but through signals. You will look at someone and, from your eyes, that person will understand. **The subtle region has to be created here.** Achcha.

Can you “see” yourself?!

Your experiments:
