

The Ship of Our Dreams. Peace, Happiness and Power in Changing Times



A wonderful spiritual SATsang with SAT Wing senior co-ordinators (India) at the Brahma Kumaris, St. Petersburg, Russia

July, 2023

Every year, the month of July brings us the inspiring memories of the yagya's original jewel Manmohini Didi ji, additional administrative head of the Brahma Kumaris. The public event "**The Ship of Our Dreams. Peace, Happiness and Power in Changing Times**" dedicated to this unique personality was held at the Diamond Hall of Lighthouse



on July, 15, Saturday. Luckily, the event coincided with the arrival in St. Petersburg of about 50 members of the SAT Wing from Bharat.

The Shipping, Aviation and Tourism Services Wing (SAT Wing) of the Brahma Kumaris aims at promoting peace, stress-free living and inculcation of spiritual values, serving people engaged in these three sectors in particular. St. Petersburg is Russia's largest sea port and tourist destination, receiving 8 million tourists on a yearly basis.



We were blessed to receive **Prem Didi**, BK director in Punjab, **Sheela Didi**, BK director in Northern Assam, **Lakshmi Didi**, BK director in Haryana, as well as other senior raja yoga teachers and the SAT Wing co-ordinators from every corner of Bharat, including Mount Abu.

At the public event in Lighthouse, the stage backdrop featuring a beautiful ship with

scarlet sails was symbolic of the art of navigating the rough seas of today's world of turmoil.

Bro. Vijay Kumar greeted the respected guests from Bharat and the audience sharing his feelings on the occasion.



Kamlesh Didi, the SAT Wing national co-ordinator, introduced the aims and objects of the Wing and explained how spiritually oriented courses designed by it were helping people in the shipping, aviation and tourism sectors to discover their true identity by undertaking a spiritual journey into their inner world.

Santosh Didi held a deep heart-to-heart conversation on the stage with Sheela Didi, Prem Didi and Lakshmi Didi on the topic of the event: Peace, Happiness and Power in Changing Times.



PEACE

Santosh Didi: In the present volatile time, talking about Peace is just a theory or Peace can be experienced in our practical life?

Answering the question, **Sheela Didi** gave everyone a simple and deep mantra for keeping their Peace intact under any circumstances. She said, "As we start experiencing ourselves to be eternal souls, we realise that peace is our true religion. The environment and situations around us may be negative, but if we hold tightly to our inner religion of peace, we can stay unaffected by external influences."



HAPPINESS



Question: It may happen that the life in which there is only Peace becomes dry. How can we load the goods of true Happiness on the ship of our fortune?

Prem Didi shared her personal secret of staying happy and smiling: "I always remind myself that this life is very elevated, valuable and short. Therefore, whatever may happen in the atmosphere around us, one has to keep making effort to stay happy. Come what may, we have to save our happiness amidst these ups and downs."

POWER

Question: How can we make sure the foundation of Peace and Happiness remains stable against all odds?

Continuing the lively dialogue, **Lakshmi Didi** underlined that for making our Peace and Happiness stable, we need power that comes through connecting our mind with the Supreme Source of Energy, the Supreme Soul. Saying this, Didi made everyone go deep into the experience of silence by conducting a meditation with an inspiring commentary.





The moments of powerful silence were followed with a beautiful song about how raja yoga teaches us the art of life, performed by **BK Kiran**.



Among special guests of the Dialogue was **Prof. Geidar Imanov**, academician from Baku, Azerbaijan. Addressing Didi Santosh and all those present in the hall, he said, "Whenever I get a chance to be in St. Petersburg, I definitely come to the Brahma Kumaris centre so that at least once a year I could visit heaven! I am grateful for your having created such a unique place and wishing you all the best."

Ms Valentina Suloyeva, director general of the North-West Regional Health Centre, thanked Santosh Didi and the team of

Lighthouse for creating the atmosphere in which everyone could stay peaceful, happy, powerful and pure!

The visit of the SAT group members was short, yet filled with unforgettable meetings with the centrewasis and all the Brahmin family of this city as well as those who arrived in St. Petersburg on this occasion from many cities of Russia, Belarus and Georgia.

No one wanted to waste even a single precious moment of these 4 wonderful days and nights! So even at midnight on Saturday, 15, everyone was determined to go out to see a splendid ceremony of opening of the drawbridges on the river Neva!

During these 4 days we were sailing the ship of lightness, flying the vimaan of joy and touring the three worlds with our respected senior yogis who were sharing their inner spiritual treasures with all of us from the depth of their generous hearts. This wonderful scene has been recorded forever in the World Drama, and how lucky we are to think that it is going to repeat again and again!

