

Om Shanti!! Everyone okay? Everyone well, happy, healthy right very good.

We always want to maintain good wishes and pure feelings for everyone and Baba saying the seed for that is to have awareness that I am instrument and also be humble because sometimes it does happen or it could happen, someone didn't agree with you or respect you or humiliated you in front of people or something and from your intellect you say but I have good wishes for you, because we want to see the change in that person, I want to have good wishes for you but then also other part the mind says but you will know when you will have consequence of that you will know when your karmas will come back to you, you know certainly like they are not good wishes, they are just like very simple reactions we have and the reason is our ego, or I forget that I am just an instrument so what Baba is saying that actually the feeling the awareness of being instrument and also humility will help you to maintain good wishes and pure feelings for everyone all the time. It's really interesting to see the connection of humility with constantly having good wishes and pure feelings and then Baba is saying that you must maintain your manners, your decent behavior while proving the truth, sometimes we become harsh we say things which are not pleasant by proving that what I am saying is true, both are important truth and also manners, sometimes because lack of humility and you are trying to prove that you are truthful we use the language or our behavior, our interaction is not very decent is little bit rough and Baba is saying no that shouldn't happen while proving the truth use your manners so Baba is saying that actually when there is humility you are humble, you are able to maintain pure manners, you are decent, your words are appropriate and Baba is saying that when there is humility you are able to constructive, you built and today I was thinking to create new world to built new world we also need good relationships so every step of in life try to see when there are manners you can have good relationships and when we have good relationship then only we can create new world a better world, golden aged world because if relationship are not good how can there be new world, a golden aged world so thru your expression of any kind thru your eyes, thru words whatever way we interact with others it should be of respect, it should be decent have good manners good vocabulary also, just don't say things because that's not decent right to prove yourself right, so Baba is saying that constructive everything constructive become very easy when there is humility, Baba says until you become humble you will not be able to create new world so attentions has to be on how to create a new relationship, good relationship everything good and Baba is saying for that humility is important because we are using 3 words "Nimeet" that would be the awareness of being the instrument then "Humble" and then Constructive because Baba has come why He adopted us why Baba is sustaining us because we are instruments to create new world not only create new world but the master of the new world. I also like when Baba said that Baba constantly give you help, co operation and all the treasures and these 3 are your evident fruit of what you do as elevated actions, some children whatever they begin they don't begin with the thought that we have to create not only our

present but for our future also so those who are 'Trikaaldarshi' those who want a good future they will defiantly be doing action in such a way and also experience Baba is helping me, everything is very cooperative and Baba is giving me all the treasures when we will remember our present fruit which Baba is giving us now so interesting that sometimes we need help and we say Baba please help us and Baba say you just do what is right, I will constantly help you and you will get cooperation whether it is of Baba cooperation of souls cooperation of nature but you will get cooperation and all the treasures there are powers and there are virtues there is knowledge so Baba says don't forget that you also get the evident fruit at present and really if we remember this all the time not only our courage, enthusiasm, love for Baba and remembrance of Baba can be easily maintain and just imagine if we don't think that way then it would be difficult, you might say it's very hard I can not do it when you know Baba is helping, Baba is there to cooperate to give me whatever powers and virtues I need and Baba is giving then you will continue to do service and service also in a elevated way.

So I like what Baba said and also homework for tomorrow that every step you see am I creating am I establishing am I constructive? Every step you should think about that and when you think like this then defiantly there will be reward for present and future also.

Om Shanti.