

Conclusion

Om Shanti everyone!

Everyone is okay, well? That's good. We have to serve others, we have to care for others. It's only possible if I keep myself well, and now we know that our wellness depends on our deep internal good efforts, remembrance of Baba. When we make good efforts, then our energy level is high and we are consistent in our life. This is very important. Baba said that Maya makes you weak, puts pressure on you, creates doubts in you, makes you feel that you're not strong enough or influenced by someone or something. For this whole month, we practiced purity of thoughts. Purity here means not to be influenced by anyone. Everyone talks about what they feel and experience, but you should think of the karmic burden. Remember that the story of each one of us is different, so don't get influenced by others. When I came into knowledge, I remember one of my very close relatives was in gyan and he had a different kind of experience when he surrendered. So, he kept telling me to be careful, don't rush, but what I thought was, "That's your experience." Even physically you can have the same sickness, but my experience is completely different from other people. Even if you try that same medication as someone, it doesn't work the same. It is the same with advice and opinions. There are only two. One is Shrimat, which is very important, and the other is what I feel internally. You ask yourself and your true self will reply to you. I have to feel, is it good for me or not? Many different times during the day, there is something, some influence, some pressure, but we all have to use knowledge, Baba's remembrance, and let everything be as truly as it is.

So we completed this series, and it was very interesting because even just to think of looking at the mind is a true introspection. Otherwise, how many times do we really look at the mind? Our mind and intellect are so involved in outcomes and there are so many different things because we are karma yogis. Baba's family is getting bigger and bigger, and one day the whole world will be our family, right? Because as Baba said also in this Murli that peace and happiness, they could only receive from Baba's treasure store. So we think okay, people don't have food, well we can support a little bit but when people line up in the queue for peace and happiness, it will be an unending line. There will be long queues. That's why Baba is saying to accumulate powers. The stock of elevated thoughts is very important, at least we can give a little bit. So they receive love, peace, happiness. It was a very good experience for me and I am sure most of you did experience it because even if you make a little bit effort, there is experience. Some change is definitely visible and that's the benefit of listening to Avyakt signals from Baba's Murlis. So I feel that it was very good for the whole month.

Om Shanti

Elevated_Self_Respectgive_and_Give_Regard_1 Mohini_Didi May 31, 2023

Om Shanti!

When we listen to what we have to do, one of the most important benefits is that we start thinking about that, reflection, and churning. Churning brings butter, right? Instead of just thinking, we are thinking about something which is very important. Listening to Avyakti Signals makes us think about what is self, and elevated self-respect. Elevated is something which is higher. Sometimes, it could feel elusive because I am not that, or maybe it's my ego, I am thinking about myself that I am this. Then we remember that it's Baba who has told me, "This is what you are." One is the general introduction of the self, which is also true, but the other is also Baba's special blessing, Baba's drishti makes me feel that I can stay in elevated self-respect. Otherwise, if somebody questions or says I am a master fortune maker, somebody challenges you, so you might shake, right? Baba has said that this is what I am. I create that stage, and I do that also. This helps to awaken souls, helps souls to remove their obstacles or help them to get the right direction, choose the right path, so many little-little things that are very important.

So, now every morning just take one elevated self-respect. For me, a lot of things happen because of purity. Baba calls it the satopradhan stage. Soul, body, our actions, everything is pure. Purity means there's peace and happiness also with that. So, with my elevated self-respect, how do I then look at others? With the same respect. Whatever is anyone's present stage, Baba has chosen. and ultimately the soul will become completely perfect. So, giving respect not as respect but truly looking at someone else as a soul and in their perfect stage. So, my drishti, my vision of that self-respect really will touch and move very deep this kind of love. Then they will learn how to respect others also. You know, sometimes because of body-consciousness, if you look at someone as inferior, lacking, you know something is missing, but then what seed you are sowing in someone? It is not a good seed because that seed will keep growing. If you give respect, if I am giving respect, talk with respect with everyone, automatically you are spreading that virtue, and you are creating that environment where everyone respects each other. Nothing is inferior or superior in doing it, we all are the same and everyone's role is important. I remember that if you have someone who is helping you, and that person doesn't show up, how desperate you will be. Even whatever part that soul is playing, you won't be able to play. So, respecting helps the soul to be more co-operative. What pulls everyone to do right things, is love and respect, because love is the energy that brings everyone together and with respect. Then when you respect others all the time, they will respect you also. When you get that respect, internally you feel fulfillment. So give respect to everyone and you will receive it. Then you are very satisfied internally also. It's another way of sowing the seed. You sow the seed and then get respect in return. I have a lot of experience with that. If you say something, as a command, as an order, or as a suggestion, or as a

request. There are different ways. Request is the best, because that's where the respect is. Do this, no, can you do this? Help me, can you help me? So in respect, when you are offering that to that soul, and somewhere every soul has a good heart. When you give with good feelings, then it comes back. Return is always there. Then also the joy of giving respect is created in everyone. So, it becomes a habit, and it is natural to respect everyone. So, that's what we will be doing. Talking about self-respect, and how we feel about it, we do it, we practise, and take this as homework and we can continue with it.

Om Shanti