

## Sudesh Didi – 10<sup>th</sup> May 2023 Murli Revision Class - GCH, London

### *The Culture of Truth*

Om shanti. Today, Baba emphasised the power of truth and the importance of revealing it through our actions and behaviour. When truth is revealed naturally, it reflects in our civilisation, manners, virtues in practical reality. And it should be revealed through your features, face and character, and behaviour. What is the meaning of “civilisation of truth”? Truth is civil, gentle and it is natural. Truth is not forceful, and devoid of any falsehood or need for proof. The thought of proving truth does not even arise because truth does not need to be proved; truth is the experience of the qualities related with it, and this is known as truth.

Truth is the power of righteousness and righteousness is right. Something which is right and righteous possesses natural qualities and power that do not require proof. Only when we try to display truth and show off it, it becomes just a picture, but not the true character. The sun naturally radiates light, warmth is a natural property of it. The sun is shining and sharing light; you do not need to prove that it is very warm, it is very hot. The warmth is the property and does not make a show. It does not try to demonstrate but gives you the experience of it. So, truth is not a spectacle for showcase. Truth is revealed where it really lies.

Truth is eternal. It is pure and original, without mixture. When we mix truth with any kind of intention only to please others, we distort the truth. While your eyes see the truth or are speaking the truth, “But what I'm telling its truth.”, we should allow others to experience it, and that is embodied in your attitude, vision, and vibrations. Your love is natural and eternal. No matter whatever situations are, true love does not fluctuate. Trust in others comes from within because truth is what it is, because inside your attitude is truth, you believe. Truth automatically creates faith in you.

Truth does not say and demand blind faith or trust, but we have to experience and understand it to be truth. Our right consciousness within our mind, within the soul, becoming purer. And as there is more and more purity, the truth is revealed to us that yes; it is benevolent.

Truth is the state of the soul, which automatically has gentleness, kindness and Godly qualities. As Baba said today, when we help other souls through personal effort, the truth within us is revealed. We do not have to explicitly state that it is true, I have good wishes for you; it is true I want to help you. When we sincerely want to help others, truth is experienced and recognised. The truth within us awakens the truth in others. Truth is knowledge, as Baba is telling us the truth, about the aspect of which this truth has become mixed with falsehood and mixed concepts.

When there is true knowledge, there is no fear. Truth makes you courageous; truth makes you fearless. Truth is fearless and beyond praise and defamation.

Truth is eternal love, eternal purity, eternal kindness. The more we give, the more happiness we experience. Truth also dispels fear and doubt in others because our behaviour reflects our genuine spiritual nature. Love is the essence of truth, but it must be imbued with spirituality, selflessness, when it is beyond defamation and praise, it is so natural, as the beauty of nature. The sun's natural property, the truth is that, it is light. It is powerful, and you enjoy it, see and accept it. But there may come a time when we feel its intensity. We feel it is too much. The same sun which is bright and very powerful, and you believe it is really powerful. You may draw curtain and close the shutter, but the sun's light continues to shine. So, this demonstrates that it is constant.

The true nature of truth is that it is constant, eternal, pure, and powerful. Baba's original power is benevolent power, because truth is benevolent and impartial. This is why it is said that truth is our religion, because the soul is true originally and the origin of the soul is truth, reality.

Purity is a reality, and the more we cultivate a pure attitude, the clearer, cleaner, and cooler our mind becomes. This clarity and coolness automatically has patience and understanding Truth makes us understand the truth of life.

God gives us the understanding of truth, that you are a true soul, an artificial image, but the embodiment of living truth. Living truth means expressing its personality. So, Sat Chit Anand, (the truth, is eternal and ever-present). Truth is ever living, never dies, ever expressing itself and giving experiences to others. The result is bliss and blessings, both for the self as well as for others. While there may be a difference in the names we give to objects that serve a particular purpose, we might call it x, their function remains the same. Even if we call something by a different name, its purpose does not change, and the act shows that this is the same.

For example, if you were given a saw and you use it to cut wood, so the name given to the saw might be different, but its function remains the same - to cut the wood. Truth reveals the true picture and meaning. It is based on the act or expression, which we refer to as behaviour. Our behaviour, or expression, is a reflection of our character and is based on how we react and act.

If truth is present in life, it is a living force that expresses itself and empowers others. This sharing of truth is bliss and blessings as it is done without any hidden agenda or expectation of return, and without any use of force. Truth exists, and it is blissful and blessings for all. So, through our eyes, we are picking up and seeing the virtues and understanding and distinguishing between right and wrong, empowering righteousness, appreciating righteousness. The truth of the soul

is that it is merciful and loveful, and it cares for others without being influenced by falsehood. This is the power of truth, the power of purity.

Purity is the power of truth. This is why Baba says Golden is Satiyug, the age of truth, where there is no mixture of Maya or body consciousness, ignorance or illusion. These are all forms of Maya, but reality is reality. Illusion and truth are different. The reality of truth is like pure gold. There is flexibility because it is clean and pure in the mind and intellect, divine intellect, and expressed through benevolent actions. That is truth.

To cultivate a pure, cool, and clean mind, a divine intellect and elevated actions. This includes our behaviour, actions and interactions with others. By demonstrating the culture of truth through our actions, it leads us to the land of truth. God is the Liberator of falsehood and sorrow. Sorrow is a result of falsehood, which arises from us have taken something wrong. This is why it is falsehood. It is not righteousness. So, righteousness is truth; right behaviour is truth.

We are becoming the candidates of the age of truth, and receiving the truth as a blessing, and creating the culture of truth.

Om shanti.