

DIALOGUE

QUESTIONS TO GOD



JIM RYAN

When we consider the state of our world, some are asking, what is God doing during all this turmoil? Watching, ignoring, or having just given up on us?

Many dream of meeting God, so in my dream meeting, I ask:

Q. So, what do you think about? What goes on in your mind?
I do not think. My mind is of stillness. I hold the cycle of time constantly in my awareness. Knowing what was, what is and what is to be. I do not need to deliberate. I know. I do not need to think.

Q. Other than God, do you have a name?

A name is a bodily label connecting with the part the soul plays. As I do not have a body, I have no name.

Q. So, where do you come from?
I reside in a dimension beyond form, beyond change and beyond experience, a region beyond everything.

Q. Are you always there, or do you come at a particular time?
The play of life involves human souls interacting and playing their roles, making sense of what they have and what they understand. I have no role at that time. When needed, I help human souls return to their truth and original spiritual nature.

Q. What happens when the body dies?

Each soul is involved in the great drama of life. As in a play, the actors are not the parts they are playing, so in the same way, a soul uses the costume of a body to play roles. A role finishes, the soul moves into another situation, another set of relationships, and its former body reformulates back into the energy field of matter.

As the three main players of this drama, soul, God and matter are all eternal energies, nothing finishes, and nothing ends; thus, there is no death, only change, which occurs only to all material forms. The soul does not



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change; it just changes the costume of the body. God is constant and unchanging.

Q. Do you punish souls for their wrongdoings?

I am a being of love. My form and spiritual nature are of love. I cannot cause or give sorrow.

Q. How do you help us?

The way of help and trans-

formation is achieved through the intellect. In meditation the soul receives the vibrational support from God. The impact on the mind of this connection is such that it awakens the soul's spiritual consciousness, which then can allow God's healing love into its hurt and fragmented heart.

Q. So what is meditation?

Meditation is the coming together, the union of soul and God; it is the combining of both these spiritual energies. The former crippled mind is supported and guided by God into the arena of pure thought and spiritual freedom, where it gradually develops a greater sense of spiritual self-realisation. This clarity and power then provide it with the ability to

have a deeper understanding of God's nature and so be able to gain a new strength to help in its ongoing life journey.

Q. What are you feeling when you see what's happening in the world? What are you doing?

I am where I am, beyond, in a state of constant bliss. I am not involved in the world of change and fluctuating energies. I am not affected or

influenced by the collective dramas being played below. I watch this play until the time comes for me to go and remind the players of the game's rules; thus, harmony and order can once again be restored.

Q. How does meditation affect and influence our world?

Through the continued practice of the link between the mind and the mind of God, the soul moves into the highest and most elevated level of purity and spiritual awareness, transforming its attitude and vibrational frequency. This has a tremendous repercussive effect on the energy fields of the planet, which are reactive and receptive; the impact and the change are dramatic and beneficial. All forms, all beings, and everything on the planet are influenced; an incredible metamorphosis occurs. The world changes. All has shifted into the unlimited.

Q. Since you are God, can You not make things happen to move all into a unity that will bring renewal and well-being for the whole planet?

Indeed, if souls are willing and ready to let go of the

things blocking and hindering the incoming higher spiritual energies. Many have no desire to relinquish their hold on their physical trophies or let go of their infatuation with form and the experiences of the physical world. Yet, entry to this spiritual dimension is available for those who wish for a more subtle and elevated lifestyle and to experience a higher state of consciousness.

Q. What one piece of advice would you give now to humanity?

Energy systems are significantly degraded, and souls now need a great deal of support and reassurance. Humanity now has to maintain an attitude of good wishes and pure feelings for whatever now occurs and for whoever is trying to help. This will create well-being, hope and upliftment for all souls and all forms in the material world.

Extract from 'God, The Way, I Am'

Jim Ryan has a background in education. He is an author and a Brahma Kumaris Rajyoga teacher, based at the Global Retreat Centre, Oxford, UK.

DIVINE BEINGS

CALLING ALL ANGELS



NEVILLE HODGKINSON

Have people given up believing in angels? They are remembered as helping humanity at times of great need, and the world could not be in greater need right now. So where are they?

It is easy to be sceptical. Coming from a science background, there was no greater sceptic than I, about non-material realities. I believed that unless you can measure and define something, then it is not real. I loved science for what I thought was the cool and clean manner in which it went about studying the physical world, free of superstition,

making our lives more comfortable along the way. So, although angels sounded lovely, I did not see a need for them in today's enlightened world.

How wrong I was! I now see a quite different reality: massive debt afflicting many nations; the corruption of professions once thought of as our protectors; a planet groaning from ecological and environmental pressures and disasters; a constant drive to find short-term solutions to financial and political problems at the long-term expense of humanity.

And yet, I also see that these very problems are driving more and more people to stop pointing the finger of blame outwards, and to start examining how our own materialistic consciousness has contributed to the decline.

Loss of spiritual awareness creates an internal vacuum, a neediness, which we may frantically try to fill through work and relationships, as well as more obviously addictive behaviours such as drug



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and alcohol abuse.

Because these are all materially based, and because matter and the world around us are in a state of constant flux, we can never find fulfilment that way. In time, we may end up feeling so drained as to lose much of our natural human kindness. That can happen, even while we are still pretending our behaviour is that

of decent human beings. So, the vacuum inside grows even bigger.

It was finding myself on a trajectory of that kind that drove me to open my mind to non-material realities, through the practise of meditation and spiritual study.

At first, I drew strength from the peace and happiness radiating from my teachers. Then,

over time, I began to access for myself the deep awareness that I am an eternal soul – a being of consciousness, playing a part on the world stage through the miraculous, but temporary, 'costume' of the body.

As I learned to access the positive qualities at this core of my being, I found myself increasingly connected to a

source of truth whose energy removes my neediness, and displaces my negativities. It takes attention, patience, and practice, but it works.

Many are experiencing this help, and I believe this process, triggered by the Divine, is right now putting in place angels all over the world. In subtle ways, they are helping others to raise their consciousness from the physical to the spiritual. They are shown as having wings because when these are fully grown, they enable the angel to rise beyond the poisonous influences below. Staying free, they can uplift and point the way to freedom for others. The wings are of love and wisdom.

The world urgently needs such beings, living in the world but a little above it, knowing that the coming crises will pass, and meanwhile easing the pain of others while helping to fulfil God's vision of a pure and beautiful new age. Neville Hodgkinson is a UK-based author and journalist, and a long-time student of Rajyoga.

A THOUGHT FOR TODAY

Focus on growth and that which is not growing will fall away. If I want to grow something new inside myself, I must shift the focus of my energy and attention away from the old. I must stop trying to fix or manage a weakness. Instead, when I put all my energy into growing a new habit, the old habit naturally falls away. Today let me focus on growth.

VIRTUE

PURITY IS THE FOUNDATION OF TRUTH



B.K. GEETA

Purity is the foundation of truth, and the practical proof of truth is virtuous actions. Many people consider themselves to be truthful, but the basis of truth is purity. Where purity is lacking, there cannot be constant truthfulness. Purity makes us naturally truthful.

Truth is not just speaking the truth or doing what

is right. The first aspect of truth is to know our real identity, that I am a soul. That brings recognition of our connection with the Supreme Soul, who is the Father of all souls. No matter how truthful people consider themselves to be, most of them do not know the truth of their own immortal identity, or their father. Being ignorant of who they really are, they identify themselves with their current role, position, qualities, and relationships. They also see and relate to the world on that basis. When our awareness of the self is itself based on ignorance, how can our perception of other people, and interaction with them, be based on truth?

When we see ourselves and others as bodies, not



Purity makes us naturally truthful.

souls, then the labels that come with the body – of gender, race, nationality, religion etc. – come into play.

Identifying the self and others by these labels vitiates the mind. It creates divisions, of 'us' and 'them', and

gives rise to desire, ill will, and conflict.

Where there is purity and truth, there cannot be

any vice. If someone were to say: "I never speak a lie, I always speak the truth", the proof of that would be virtuous thoughts, words, and actions. If we claim to be speaking the truth but our words are harsh, they would not be accepted, or respected, by others. We may insist, "I am telling the truth", but in the absence of purity, our honesty would be suspect, and others would feel that we are just trying to prove ourselves right. Truth does not need to be proven, certainly not with stubbornness, which robs it of its value. Where there is truth, there is lightness and happiness. But if there is the slightest untruth mixed with the truth, the dishonesty diminishes our happiness. Many people say that it is

difficult to remain honest in today's world, and one has to tell lies in order to survive. Some others do not tell lies, but they are clever in their use of words and their behaviour so that the truth is camouflaged. Then they explain that they do not intend to be dishonest, but they need to act cleverly in order to get things done. This is compromising with the truth. We may be able to get things done cleverly, but that will be at the cost of our honesty. That may bring us some temporary attainment, but the soul will be tainted forever with our deceit.

Even if we must face or tolerate something because of being truthful, that is not really a punishment for being true – it actually makes us stronger. It is weakness

that seeks the support of falsehood. Sometimes we resort to falsehood after watching others do the same. We think that they are getting away with it and they seem to be doing fine, so why should I alone stick to the truth and suffer for it? This is not suffering, but standing the test and thereby elevating our quality. Gold, when burned in fire, becomes pure and therefore more valuable, as the alloy melts away. That is the sign of a worthy soul – there is no trace of falsehood in them. The power of truth brings them peace, happiness, and dignity – all of which make us truly valuable.

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