

# SERVICE REPORT OF BRO ATAM PRAKASH'S VISIT TO MALAYSIA (17-30 JANUARY 2023)



**BRAHMINS RETREAT ON BRAHMA'S BABA DAY**

**17-18 JANUARY 2023**

**@ASIA RETREAT CENTRE, DENGKIL**

**18<sup>TH</sup> JANUARY 2023**

**FULL DAY RETREAT**

**CALL OF TIME**

**BEING A MASTER BESTOWER**

with **B.K Atam Prakash (MADHUBAN)**

**@ ASIA RETREAT CENTRE MALAYSIA**



**Special Pilgrimage Places**

**Tower of Peace**

**Baba's Hut**

**Baba's Room**

**Golden Age Room**

**History Hall**

**World of Relationships**



**BRAHMA KUMARIS  
FOUNDATION**  
<http://brahmakumaris.my>  
f i t g y u t u b

We had the fortune of BapDada , Dadi and Didi Dr Nirmala's blessings of sending a very powerful instrument Br Atam Prakash from Madhuban to be present for this very Special Occasion on the Memorable Day of Brahma Baba.

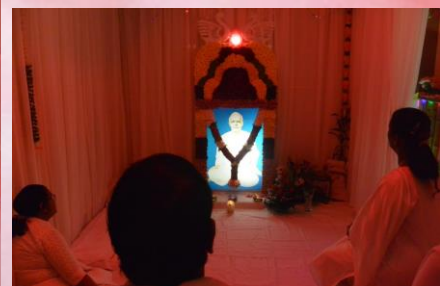
About 400 Bks participated in this special memorable day of 18th January 2023 since 3.30 AM . The Theme of this year 18th January retreat was "**Call of Time – Being A Master Bestower**". ARC was totally transformed into a Subtle region with powerful Yoga Bhattis & powerful silence atmosphere.





Main Highlights was the beautifully decorated 4 Pilgrimage Places which resembles Master Madhuban, which respected beloved Dadi Janki ji given the Blessings for Malaysia about 15 years ago .

The four very special Holy Pilgrimage places are **Tower of Peace, BABA'S Hut, Baba's Room & History Hall** - which depicted different posture of Brahma Baba in various sceneries





Other Highlights of Retreat include powerful Classes given by Bro Atam Prakash & a experiential Interview session with Bro Atam as well. Many Bks especially the new ones left ARC with powerful Angelic experiences.





Brahma Bhojan with Atam Prakash bhai , seniors and Bk Family.







# Arrival of Atam Prakash bhai

to Asia Retreat Centre (ARC) , Malaysia  
on 17 Jan 2023 for Brahma Baba's 18th January Memorial  
Day service throughout Malaysia.







# Honouring Ceremony

**Monday, 30 Jan 2023 –**

Heartfelt thanksgiving and special honour to Atam bhai on the last day of his Malaysian trip at ARC on 30 Jan 2023 after Murli class. His presence has injected great enthusiasm and boosted BKs moral in many ways after the last three years of COVID.





**Monday, 30 Jan 2023 –  
Meeting and lunch with special guests who helped  
greatly in BKF legal matters**



**Tossing of Chinese New Year Yee Sang  
with ARC BK Family with best of blessings of great peace,  
love, happiness, bliss and wisdom, purity and power**



## Gift of inspiration to a new Zoom student Dr Gurvinder on behalf of Meera Didi



**30 Jan 2023 – at 3.30pm**  
Atam Bhai taking leave. Atam bhai is such a role model and shining example of being very respectful and loving to seniors and all. His every act of respect, humility and easy nature has inspired many to be like him.







# Visit to Ipoh

20th – 21st January 2023



We arranged a BK family retreat. Retreat took place at a Tibetan Cave Temple in Tambun, Ipoh, Perak. About 50 souls attended the retreat. Consist of new and old BKs. The retreat started at 6 pm Friday and ended the next day Saturday at 1 pm.

Throughout Atam Prakash Bhai's retreat we felt as though Brahma Baba himself was with us. The feedback were very positive from all the participants. Everyone was intoxicated with his classes and gained a lot of benefits. Although it was a one day retreat but it gave a fulfilment of spiritual attainment to all.







# Northern Region Retreat

21st – 22nd January 2023

@Brahmaavidyanyam, Sg Kob, Kedah



We started our northern region retreat with powerful meditation with Brother Atam Prakash Northern. Everyone felt Madhuban being brought to the retreat venue. About 130 souls were present in this retreat.

Brother Atam started to share on a journey on practising soul consciousness and God consciousness in a practical way. Brother Atam is an enthusiastic speaker who was standing throughout his sharing. He was well-equipped with songs and actions to boost enthusiasm in all Baba's children who were present. He entertains us with his real experiences with BapDada and his efforts in his spiritual journey.







We celebrated Chinese New Year with Brother Atam with children's entertaining dance and ended up with some matajis joining the dance. Later, he was presented with a cute 3D rabbit with special blessing by Sister Helen.

Brother Atam Prakash sacrificed his free time to have special class for brothers and kumaris separately. We also had soul consciousness workshop. The whole retreat was very entertaining and full of practical tips on soul conscious and God consciousness. Everyone enjoyed each session with Brother Atam experiencing soul consciousness and God consciousness.







# Visit to Penang

22nd – 23rd January 2023



Bro Atam Prakash arrived late in Penang on 22 January 2023 and only met the students in morning class during the Chinese New Year weekend.

The few who came had a wonderful time in a close, warm atmosphere. He gave special Chinese New Year rabbit blessings and oranges for the family after sharing on closeness of time and be ever-ready.





# Southern Region Retreat - Johor

26th – 27th January 2023

The Divine Angel arrived at the Johor Bahru Main Centre on Thursday, 26 January 2023 at 7.10pm.

The much-anticipated arrival of Bro Atam Prakash saw the beginning of wonderful sharings of Godly wisdom and it did not end until the last day of the Southern Region retreat attended by more than a hundred souls at Majodi Centre, Masai Johor.







# Southern Region Retreat - Johor

26th - 27th January 2023

The retreat began with an honouring session for the divine brother followed by a welcoming speech by our senior, Bro Jothi. We tried our best to entertain the already enlightened Baba's child with a mini cultural performance. After dinner, brother Atam shared a very powerful class on 'Powerful Connection with Baba at Amrit vela'.

We ended the evening with the determined thoughts to experiment with the points shared by brother to make the next day's Amrit vela as powerful as we could.







The second day was another significant day as the churning sessions followed the theme of the retreat, Cruising towards Golden Age. It was similar to a refresher course to many of us as brother deepened our understanding of the basic knowledge of soul and God consciousness.

The highlight of brother's sharing was the experiential meditation sessions. Many felt that their meditation experience was deepened with an easier and clearer focus on Baba and the soul world. Brother personally made the effort to accompany all meditation sessions with commentaries and this created the intensity and powerful vibrations in the hall.

Brother is indeed a sample for all of us in balancing between humility and being a master almighty authority through his down to earth ways of communicating with us. He also charmed us through humour and endless enthusiasm sharing his personal experiences towards creating the most impactful life as a Brahmin. His many practical points made us feel that our destination in becoming equal to Baba is not so difficult after all.





The retreat ended with a Question-and-Answer Session with brother touching on the finer points of effort-making. And surprisingly the last question came from brother himself for us which made us think hard and trying to guess the right answer. And of course, he explained and justified the answer.

During one of the sessions, brother aptly stated that if the creation around is so beautiful, imagine how more beautiful is the Creator Himself. And brother has rightly proved that he is indeed one of God's most inspiring and beautiful instrumental souls that we could ever had in this retreat.







# Visit to Bangsar, KL

Embarking on a new journey in 2023, Brahma Kumaris Foundation, Malaysia, invited Br Atam Prakash, a senior Rajyoga teacher with more than 50 years of experience, to give two public talks at Harmony House in Bangsar, Kuala Lumpur on 19th January.

With Baba's blessings and power, the two programs were graced by VIPS. The morning session by Prof. Dato' Dr. Doraisamy (Veteran Advocate & Global Educational Advisor; Secretary General - WHO Malaysia) and his wife. The evening program was attended by Tan Sri Datuk Seri Kavyeas (President of MyPPP) & Ex-Deputy Minister of Housing & Local Government and Portfolios in the Malaysian Government and POM guest in Madhuban) with his 2 assistants.

Despite it being a working day, around 50 people attended the morning talk whereas the evening session drew a crowd of more than 75.






## MORNING SELF-EMPOWERMENT TALK:

### Becoming Problem Proof

Br Atam Prakash began by saying that one should think of the solution instead of the problem. We need a strong mind to solve problems. For this, we must have pure, positive thoughts to provide the energy to solve any problem. Change waste into best. One also needs to draw powers from the source, from God, the Supreme Soul. It is through remembrance of the Supreme Soul that we are able to conquer vices like anger, greed, ego etc, and become self-sovereign.




**FREE ADMISSION**  
*Self empowerment talk*


.Brother Atam Prakash graduated with M.Sc in Chemistry with a gold medal from Nagpur University in 1973 and dedicated himself to the Brahma Kumaris World Spiritual University in the same year. He is a keen meditator who has been teaching Rajyoga and inspiring people from all walks of life for the past 49 years in more than 70 countries.


**Becoming  
PROBLEM PROOF**


Everyone has problems in life and day by day, these problems are becoming more complex and challenging. Hence, we need new strategies and new approaches to help us manage or mitigate the impact of problems.


Join us for this Self-Empowerment talk by Bro. Atam Prakash who will share his wisdom and strategies to become "problem-proof"


 **Thursday**  
**19th Jan 2023**

 **10.30am : (Registration & Meditation)**  
**11.00 am - 12.00 noon : Talk**

 **Harmony House**  
**No 10 Lorong Maarof**  
**Bangsar Park, 59000**  
**Kuala Lumpur**

 **Sr Beng Choo 012 626 1893**  
**Sr Celina 019 323 2182**

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## **EVENING ENLIGHTENING TALK: HOW TO CREATE A STABLE & POWERFUL MINDSET**

As in the morning session, Br. Atam Prakash focused on the mind. These are chaotic times and in chaotic times, our mind fluctuates. However, the mind can be stabilised by using the three powers of the soul - the mind, intellect and habitual traits - in a positive way. The mind creates thoughts and if the seed of thoughts is powerful, our actions will also be powerful.

With a positive attitude, we can finish all problems and thus progress in life. Test papers come to increase our learning experience and to amplify our inner powers. To increase our inner powers, we need to have self-respect. All powers are within us but in a dormant state. To awaken and emerge these powers, we need to have a connection with God, the Ocean of all powers





## Photo with Brahmin Family at Bangsar Centre



**Go soon & Come  
soon gift for  
Atam Prakash  
bhai**





# Visit to Peace House , Kota Kinabalu, Sabah 24 & 25 January 2023



Welcoming Bro Atam Prakash to Peace House, Kota Kinabalu



Exclusive Interactive Program with Close Contacts on  
"How to Create a Stable & Powerful Mindset"





Meeting with Close Contact IP, Datuk Dr. G. Mohan,  
Former Tuaran Hospital Director & Personal Physician  
for the Chief Minister of Sabah



Visit to  
Universiti Malaysia Sabah  
Marine Aquarium & Museum  
and Robotics Lab



Personal Time with Kota  
Kinabalu Brahmin Family





# Visit to Kuching, Sarawak

## 25th & 26th January 2023



Welcome Brother Atam at BKF Kuching Branch.



Night Class - Theme : Yagya Stories Sharing  
Date: 25th Jan 2023, Wednesday

Bro Atam Prakash shared Yayga stories with studies, share senior's faith on Baba, inspires the students to go Mahduban.

Morning Class - Theme : Angelic Stage Experience  
Date: 26th Jan 2023



Brother Atam Prakash suggested a short class after Murli, theme is angelic Stage experience. All student join the morning class in branch and take sustenance from the short class. Bro Atam shared on 5 important thing to follow in order to practise angelic stage. After the class, Kuching family presented the gift to Bro Atam.



## 26 January 2023 Chinese New Year Celebration



Brahma Kumaris Malaysia Kuching branch celebrated the 2023 Chinese New Year celebration in conjunction with Br Tama Prakash visitation on Thursday, 26th January 2023 at Lighthouse Kuching.

Brother Atam Prakash has shared on the topic "Invoke Fortune in Every Step" with the audience. Br Atam Prakash shared his experience and inspired all to practice Raja Yoga Meditation Techniques. The highlight of the program was Lion Dance performance.







## SERVICE REPORT FROM

# Meera Didi & Malaysia BK Family



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