

Sudesh Didi – 8th January 2023 Sunday Morning Class - GCH, London

The Wonder of Three Powers

Om shanti. Om shanti. Om shanti. What is the message in this figure 3? 1-2-3 Om Shanti, one time, second time, third time; one, two, three, tell us now become free, ready, ever-ready. What are we to be free from in the final stage? To be free from fear, worry, ignorance and darkness, because, in darkness, we cannot see what is right, what is wrong, and what is missing.

Knowledge is light. God is light, and His praises are in three words: *Satyam, Shivam Sundaram* (the Truth, the Benevolent and the Beautiful One). Where there is falsehood, there is fear. Fear creates tension and worries inside. There is the fear of weakness, the fear of failure and the fear of death. Truth removes fear.

When we understand the truth about life, there is no fear. God's praise is *Satyam, Shivam Sundaram*. Truth is beautiful, and beauty always attracts and gives the right encouragement when the soul recognises something benevolent and beautiful. And the same aspect of truth, *Sat Chit Anand* (Truth, Conscient, Blissful). God is Truth, the Living Truth, the eternal Truth, who brings bliss in life as there is no fear at all.

In fact, the soul itself is truth. When there is purity, peace and power, there is no fear in the mind. When these three aspects, which are the three powers of the soul, are understood, recognised, practised, and experienced, one sustains a stable and peaceful mind.

The power of truth removes all tension, fear, and worries. Truth enables a peaceful, pure, powerful, determined mind; a divine intellect that is clean, clear, and farsighted, such one is able to see the future and to observe and learn from the past. Then, to be careful and attentive to what I am doing at the present time. The soul is truly in harmony.

These three components are the eternal power of the soul. The soul is an eternal being, an immortal being, there is no fear of death because the soul never dies. The soul changes costume and moves on. And even if someone has left the body, we pray for the soul to have peace. But in fact, we need to understand the truth of the soul; to give the donation of peace, we need to have the power of peace in ourselves.

If my container is empty, how can I fill another empty vessel? This is why we maintain this awareness, that the natural nature of the soul is purity and peace; it is eternal energy, a powerful energy, which has the sanskar of benevolence. And when the intellect is clean, clear and divine, a divine personality is automatically formed, and the soul naturally performs elevated actions, benevolent actions and perfect actions without the mind being distracted by something else. The intellect is able to put the mind in the right direction.

When action is performed with the dictate of somebody else, we then have to say, "Sorry, I didn't want to do that at all. It just happened." What happened? Was the action influenced by fear of something? Have I not understood something properly? Did I make the decision under the influence of effect, or some kind of impression from others, or did the past overpower me?

Soul consciousness, when the soul is really in the harmony of three together, pure mind, clean divine intellect, and elevated sanskar of benevolence, the inner light constantly remains lit. And the soul is seated on this immortal throne of a detached observer.

Today, Baba is speaking about the wonder of these three powers. Because God himself is also known through the *Trimurti* (Brahma, Vishnu and Shankar – establishment, sustenance, transformation), the trinity in unity, three aspects, three important tasks connected with world creation, transformation and sustenance. It is the power of wisdom, truth and of knowledge. God gives this knowledge to Brahma; when this light is lit, darkness is dispelled; waste is transformed into best. A knowledgeable soul has clear consciousness, selflessness, and benevolence. Then, anything which has gone wrong, can be put right, because there is no possessiveness, selfish motive, expectations, or desires within. You are a detached observer. Without fear, one experiences certainty, security and clarity. It is going to be all right, because that intellect has faith.

The soul has truth in itself, and is free from fear, worry and any waste. The best is going to happen because your connection is with the One who is ever-Bestower of happiness and the Benevolent Being.

The soul is very clear about the right actions they need to perform, connecting with the soul's qualities and powers. Then, I experience this deep relationship and realisation of being a child of God, the Almighty. My personality, as the child of God, is definitely of benevolence power. Fear comes from ignorance; the fear of doing something wrong, as I have been wronged in the past because of ignorance.

With the light of knowledge, we learn from the past, we make the present clear, and it is correct for the future. The soul is then able to be seated on these three thrones at the same time: The throne of soul consciousness, the eternal being, the immortal being, the sparkling power energy filled with all these powers of purity, peace, love, knowledge, wisdom, truth and benevolence. What type of fear can we have? These qualities are immortal, as these are the qualities of the eternal immortal soul, but I have to be conscious and stay seated on this throne.

What enables me to remain seated on the immortal throne? It is the practice of these three lessons (incorporeal, viceless, egoless) that Sakar Brahma Baba gifted us on his last day, through his practical life, of being incorporeal, being bodiless.

It is body consciousness, in different ways, that creates fear in us: Fear of being defamed, fear of losing position, fear of losing personal property, and fear of losing dignity. But when I am a bodiless soul, all fear disappears, because I am immortal.

When one has left the body, they will not be aware of praise, defamation, or if their statues are worshipped. Bodilessness means detachment. There is the power of bodilessness, that when one leaves the body, one has cleaned everyone's mind, such that after the departure of the soul, only good things are remembered about them. Whatever wrong had happened, others forget. And their hearts become kind, clean, clear, merciful, benevolent, and filled with good wishes.

These qualities of purity, love and benevolence become real only when there is the practice of I, the soul, am incorporeal, bodiless, an eternal light. And, of course, the soul has knowledge, so I am not wondering just like a tiny little star in the sky. I am here on this planet. It is not a star shining in the sky, but it is shining here (centre of the forehead), with the shine of all these qualities that make God has made us aware of as my personal property. This is my personal eternal gift from eternity and from God. This means I am becoming virtuous practically, not just in a picture or on the screen, but these qualities are a reality in my personality.

When the light is ignited, darkness is dispelled. When fragrances spread, bad odour is removed. In the same way, as we become virtuous, the power of virtues conquers the vices. We do not become viceless just on its own, darkness does not go by itself. We can continue to beat it 1000 times with a stick or a stone, it will not go away. But if you switch on the light, darkness is gone. So, embodiment implies whilst living in the body. And when we imbibe all these qualities, and become the embodiment of virtues through our actions, through my connections, through my relationships, the qualities are expressed naturally and with honesty.

There is a very important aspect we need to check with honesty, that is, I do not perform an action because I want to impress someone: I am being very sweet and very friendly, I cooperate just to impress you, hoping that creating a good impression will earn you some praise. This is a falsehood; falsehood will create fear anytime, but truth is eternal; truth automatically brings power.

When there are all virtues with honesty, there will be the deep realisation that these qualities are eternal; I am a child of the Supreme Being, and these are my gifts which I am going to give to others. This is called divinity. Sri Lakshmi ji receiving this power and handing it over and giving it to others; this is balanced energy. There is no fear; no weapons in the hand of Lakshmi. It is natural and neutral to receive and give others as a benevolent and egoless trustee who is detached. There are virtues, and powers are working. Benevolence means egolessness; instead of "I did this," the awareness is that "*Karankaravanhar* (The One who gets things done through others) did this." Baba gave us powers that become virtues; we become the embodiment of virtues.

Be egoless, bodiless and viceless. How? By becoming virtuous and powerful. These virtues mean divine virtues. Divine virtues are neutral; divine virtues do not have any discrimination. With divine virtues, you do not get upset if you are not praised because something that is natural and divine is so neutral. You praise them, there is no ego; you defame them, and they do not get upset.

We learn from nature because natural energy is neutral; beyond praise and defamation. Take the example from nature: The sun is shining on a beautiful nice morning. By the afternoon it is very hot,

and I pull the blind, close the window, and draw the curtain. The sun does not get upset, "You were so happy to see me, and now you are covering me. You are shutting me out." No. Similarly, flowers are beautiful and fragrant, and I say, "I have allergies, please take them away." The flowers do not get upset. They do not have any discrimination. If they are at home, they are blossoming; if visitors come, they give the same fragrance; if they are put somewhere in a dingy place, still, they will give the same fragrance. If foreigners come, if relatives come, the flowers have no difference between cast, colour or age. They give everyone the same fragrance with no discrimination.

So, divine means that you are not expecting any praise. It is natural to give selflessly and benevolently. That is why they are called *devta*, sun *devta* and moon *devta*. Even the sense organs become so divine, that the sense organs are worshipped, because it is through this body, the virtues are expressed. Peace is not given just by the atmosphere of the silence; peace is connected with the mind. Good cooperation is given with the hands and the heart. Deities are worshipped, even the organs are worshipped: their feet are worshipped; their heads are worshipped; their eyes are worshipped. They are called Naina Devi (related to the eyes), Hasta Devta (related to the hand) because as the soul is purified, matter will also be purified, so, the body also becomes pure and divine. They become combined energy.

In the same way, as the soul has harmony between the mind, the intellect and the sanskars, and is doing actions with honesty, it is loved by all. There is no need to ask for love, as love is received automatically. The soul is loved by God. You are seated on the Heart-throne of God.

In December, we were reading out the avyakt signals daily, on "The Lord is pleased with an honest heart"; we have climbed into God's Heart. God's Heart-throne is unlimited and big. You attain God's Throne, where Maya cannot climb to enter; where sorrow cannot come; where fear cannot exist. So, you are safe in the Heart-throne.

What is God's Heart-throne? The power of God's love. That love actually makes you feel: God is my Protector and my Companion. And you feel the combined energy, that is, Godly power and your powers are combined. And this becomes the canopy of protection. Seated on the Heart-throne, you are safe; this is a beautiful experience. And by imbibing these qualities, we become self-sovereign.

To be seated Heart-throne is not only just thoughts, but it is about performing actions through the senses. The result is the reward of elevated actions: You become a divine being on this planet; that is, Sri Lakshmi and Sri Narayan, gods and goddesses in human form. That is called world-sovereignty, Sri Lakshmi and Sri Narayan, or divine beings of perfection. The sovereign of the world, Lakshmi means the embodiment of virtues, and Narayan means the embodiment of spirituality in reality, Sat Narayan, that is, truth becomes a reality. With truth, there is love, lightness, selflessness, and benevolence in action; these make them into true Narayan and true Lakshmi.

At this time, when we have truth in ourselves, we know that God is our Companion, what fear and worry will there be? Today, Baba said, on the one hand, become carefree, be free from worry, on the other hand, be alert, and not become careless and ignorant in this respect. The balance is on one side is

carefree, and on the other side is be very careful. No worry, but whilst in action, give your responsibility to God. Trust in yourself, have faith in yourself, and have faith in God. Faith brings power; everything is going to be right. You will become the knower of the three aspects of time. I began my sharing with this figure of three; this makes us *trikaldarshi* (knower of the three aspects of time): learn from the past, be active and careful in the present, and think, I am creating my future. So, what would be the result if I do something wrong? I know if I do good, I am free from worry. It is going to bring a good reward. Knowing the three aspects of time makes us understand that in my origin stage in the world of silence, I was a powerful soul, so that I will emerge again. At the beginning of the Golden Age, it was a perfect stage. So, I have to bring out the perfection of the Golden Age in me here. I have learned from the past, the present is good actions, and creating my future. So, I have no worries.

Constantly be the knower of the three aspects: faith in myself, faith in God, and faith in time. It is the time now, that makes us aware of performing elevated actions. So, Baba is making us seated on three thrones: throne on our forehead, with honesty, climb onto God's Heart-throne, and with selfless actions, become the master of the world. You win everyone's heart, not only the Heart-throne of God, but the heart-throne of others, and you become first. You win the hearts of others, and then you win the world. The whole sovereignty comes to you, but make sure that the third eye always remains open, apart from these two eyes. *Trinetri* (one with the third eye), the third eye is open. This is the divine eye which God opens with knowledge, and it is remembered as the third eye. Shankar destroys the old world by opening his third eye. So, the old world is destroyed when I open my third eye, and I am able to see. This is the blessing from God, that the third eye, the insight, is farsighted, or the divine intellect.

The third eye is the divine intellect, a farsighted intellect, the wisdom given by God that gives us the third eye. The 'blind' begins to see with the third eye. Without knowledge, we stumble in the dark like a blind person. And now, the light has come, the third eye is open, I can see, I understand, and I perform good actions.

Elevated actions, perfect actions, mean perfection; free from the defects of my own self, my own weaknesses, and also being free from the influence of weaknesses and defects of others. This is called power; the power of wisdom, the power of truth, the power of knowledge, that is, the light.

Om shanti.