

Sister Jayanti – 1st January 2023, am GCH

Am I able to emerge the sankars of the angel and the sanskars of the deity and prepare to go Home?

Good Morning and a very Happy New Year to everyone.

The song spoke about congratulations for the coming new age, and the coming new year, and these beautiful moments are about to begin. Bharat has so many who write and sing songs and there is always something for each occasion in a very beautiful way.

I was thinking about what is new for Brahmins. When Baba used the term '*living death, and rebirth*', I was thinking where it is physical death, the soul carries all its sanskars with it, and doesn't leave any behind. We see the variety of sanskars that the soul brings with itself from day one. But in this 'living death and rebirth' am I able to emerge the sanskars of the angel? Am I able to emerge the sanskars of the deity?

We listened to Dadi Prakashmani's class on the rosary, and Dadi asked the question: What is the purpose of becoming a Brahmin and she detailed a few things that are not part of our purpose. It is a question to ask ourselves with every new day and especially at new Year. What is my purpose as a Brahmin. Make a list for the self and see if it is in line with Baba's preferences. We all have our own preferences, but what are Baba's preferences and if I follow these, even as a human in this form at this moment, if I am following these which is srimat, what would I be feeling and how would I look? Not physical appearance, but how would others see me and what would my consciousness be? She gave many thoughts on being in the 'cave of introversion' and practising turning inwards continually. Also she spoke it is the time to go Home. It is time to prepare for that final journey. What is it that is going on if I am preparing. If I take this up I think I will see a lot of shedding and shredding is needed. When I look within I will see there is a lot of baggage internally that I don't need to take on this journey. If I am not ready yet to let go, these are the things that will prevent me from flying with Baba. Baba says 'Are you going to fly with me, or follow me as part of the procession, numberwise?'. For those flying Home with Baba there will be a very different experience. When Baba uses the expression that 'you will go like a swarm of insects', this is true for the 8 billion souls that are around. For those with Baba, they are with the Bridegroom and they experience 'God carrying them on His eyelashes'. What is my choice today? Am I going to keep carrying baggage and then say at the end : wait I have to let go of this and this - I will end up in the procession. Baba, who has been waiting for 50 plus years, when it is time to go Home, each one is alone at that moment. He will not wait for anyone at that point. Baba has been helping us prepare in Sakar and Avyakt and telling us all the things we need to give attention. Yet when we go Home we will go Home alone. Do we all understand the significance of that and are we able to let go of humans and things, circumstances and situations that give comfort....can we let it all go and be totally free?

This avyakt month, Dadi Prakashmani is talking about 101 days. Ok let it be at least 31 days I experiment with this and maybe at the end of this month I can decide whether I wish to continue with that for the next couple of months. The signal from Time and from Dadiji, at the beginning of this avyakt month, is that this is a special year ahead of us. It is also a time of huge change and transition so how am I preparing myself for the journey back Home.

Dadiji, in this class, speaks about Brahma Baba is very much in front of her, and she is remembering the angel Brahma. This pushed me back into memory lane and emerging those sanskars and feelings. I met Brahma Baba three times in 1968. In June, October and again in December. Each meeting was very different. In June, it was fascinating to explore what was Brahma Baba's relationship with Shiv Baba regards who speaks The Murlis and at what time. There was such very beautiful communication and connection. We know when we are conversing with another, when both have a lot to say, each realises they have to hold back and allow each other to speak and wait. Then it is harmonious but if we interrupt each other it is not a very sweet experience. However Shiv Baba and Brahma Baba communicated seamlessly between each other. What set me off on that track? When I met Baba, He said: Baba knows already. (He had spoken about my future a few years earlier, but I didn't take it as a specific forecast or prophecy of my personal future). I was asking myself the question that Brahma is remembered as the bestower of fortune and the one who knows each one's story and destiny. But of course it is Shiv Baba who knows the three aspects of time eternally. Brahma Baba knows in Sangamyug. So was it Shiv Baba who knew my future, or was it Brahma Baba, who was speaking when He said 'Do you remember, Baba knew it already?'. At that moment it was a human feeling of a Father who knew better than the child knew herself and reminded her. I don't have to spend time separating the two, but Avyakt Bapdada is like one. For Sakar also we use the term PitaSri, the one who is elevated. So both Fathers who are the most elevated of all. One for the whole kalpa, and one for Sangamyug, who is also playing an elevated role throughout the kalpa. It was fun to realise how they work together.

When Dadi said in her class, '*churn gyan and that is enough entertainment*'. Explore the different relationships with One and turn the aspects of knowledge and then there will never be a moment of boredom. It is unimaginable that the Dadi's would feel or say 'I am bored'. In the early days of London when there wasn't a lot of external service to be done. Yet Dadi was engaged, with the

Murli, with others, with cooking, with taking someone for a walk, what ever it was. When someone is bored you can see from the face and vibration and that was never the case with the Dadi's. Gyan and the relationship with Baba is the beauty and entertainment of Brahmin life. When Shiv Baba came for the first Avyakt Murli, I later reflected on the truth of how Baba said, *'Baba will come and meet you, to give you company, empower you, uplift you, give you guidance and entertain you'*. At that point I was in gyan for about 8 months and I didn't think about Baba coming to entertain us!. Yet He has done all of that. In yesterday's Avyakt Murli, He was speaking and sharing with so much laughter and fun. He has done this through all the years. Yet the Dadis knew how to entertain themselves with gyan, with no dependency on service nor any human being whatsoever.

Baba left, and the Dadis didn't have tears. Of course, Baba came and explained so beautifully that there were no need for tears. Yet here was the one who gave them new lives, new perspective and a new world, but no tears. So June 1968 was a special time in meeting Baba. Two things we put together in Brahmin Life, love and detachment. Detachment is a cold expression, stay away and often non Brahmins don't like it and we have to explain it to help them understand. Detachment in the sense that Baba was so powerful in his yoga that Baba's Drishti was such, and practise of soul consciousness was able to pull me and thousands of others, away from the body and into connection with God. From limited to the unlimited, the eternal. Baba's practice was intense and deep. We have heard how he was so detached and up above. Yet he gave time to understand my situation personally and explaining how to deal with things. At one time Baba asked me to get permission from my father, and I said, 'do I need to, I am over 18'. And He smiled and said 'Yes child, it is important'. So here is the Supreme and the one who is the father of humanity, explaining in detail what to do in the situations of life. That is not detachment but pure love. One of the mistakes that happens in Brahmin life, especially when we are new Brahmins, we take it all very literally. To be engaged with lokik family and take care of lokik family with love, but internally to continue with my practise and in a second detach. It is not a balance that is easy at the beginning or later on...but it is vital if I wish to b an angel. An angel is one, who is not just upabove and detached but the one with compassion and love, so it is a very interesting balance that Baba demonstrated and we also need to learn.

There are many more things to think and reflect on what we are hearing and we will continue to do this over the days ahead.

Om Shanti.