

Sudesh Didi – 2nd January 2023 Monday Morning Class - GCH, London

Become a Raj Rishi

Om Shanti. Greetings of happiness are throughout the whole of this Brahman life. Wah, Baba, wah! How great is my fortune! You make me belong to You, and this belonging has finished all the longing from the Copper Age. To meet You, to belong to You, to experience You, to have all relationships with You. Now, the heart sings this song: Wah, Baba, wah! Wah, Drama, wah! Wah, my fortune, wah!

It is not only just that You are my Father or God, the Father, but in every aspect, we are connected with You, and we have all relationships with You. So, at every step as a Brahmin, where there is the relationship, we are automatically connected. Baba, as the Teacher, is teaching us Raj Yoga. This makes a great difference between being a devotee, a sannyasi, and a yogi; the consciousness is completely changed. The study is for our aim and objective. Baba, not only makes me aware of my aim and objective, He gives us the method to reach our aim, and teaches us how to achieve, and how to become. He makes me aware of my aim and objective, as well as teaches me how to work on myself and become the embodiment of powers and virtues now. He helps us achieve our degrees before we go to the next class. It is not that we wait till we reach the next class to get the degree. This Raj Yoga is to make us into golden-aged divine deities, the world sovereigns.

Before that, we go through the stages: Yogi, Raja Yogi, Rishi, Raj Rishi. Before the stages of Rishi and Raj Rishi, is the stage of tapaswi, the renunciate. So, what is the difference between these stages, the terms that Baba uses from time to time?

Just as when we study a subject, our degree increases, that is, the more we study a subject, the deeper we investigate and experiment, subsequently, we gain a deeper understanding and more experiences. And as we continue to apply this understanding, and practical use and exercise the directions and teachings that Baba gives us, we become yogis. To be a yogi, we have got to remember Baba, we have yoga with Him. Relationship with Baba is more than just loveful relationship; it is the constant connection which purifies us. Knowledge is light; yoga is power. So, He is making us into powerful yogis. And this power makes us Rajas.

Baba gives us His powers, empowering the souls, so that we do not desire to fight with anyone else, we do not conquer anyone else. But it is the ruling of the self; we become Rajas or kings of our own sense organs. Self-sovereign, seated on the throne with the awareness: I am the king.

Self-sovereignty will bring world sovereignty. As Raja Yogis, we do not transform ourselves or rule ourselves with force. But it is with love, the right understanding, and with a clear vision. The more our sense organs are disciplined, the functioning becomes gentle and natural.

For example, I do not need to touch the organs of my eyes. We do not need to touch our eyes to force them to open or close. Do I close my eyes like this (using the hands to force them)? No. I create a

thought and the eyes open. A thought comes and I can turn my eyes up, or left, or right. The neck and the head also work automatically without force. My thoughts are directing them to move.

So, in the same way, this determined thought: I am a yogi child of Baba. The word yogi implies purity, because yoga brings purity. A yogi is a pure soul. A yogi not only purifies the present but also creates purity for the future. A yogi also purifies the element; not the element from the outside, but the element that is my personal property, which I have received from mother nature. Our parents became the instruments, but the body is a gift from Mother Nature. This means the five elements have given me a beautiful palace (body) to look after. And in this palace, I am the king, Raj Yogi. New spiritual birth means new consciousness. So, we are not looking at the old body which was born through vices, but we are looking at the new body, with the consciousness of a new identity, which is born through the mother wisdom, the Gita of God's Shrimat.

So, Shiva is my Father, and God's wisdom, the Gita, is my mother. Then, Brahma became my mother, giving me this identity by practically adopting me, saying "you are my child." Shiva adopted me through Brahma. So, I am Raj Yogi, but I am also Rishi. Rishi means pure.

This is a unique birth; this is a divine birth; this is an alokik birth. And this joy of this alokik birth automatically brings 'death'. I die with great bliss, with natural joy. I am dead to the old; I let the old go away. The more I die, my sense organs will not cry. They are happy because the bondage is finishing. Before gyan, when somebody else died, we cried and when we were dying, we cried. Now, this death is such a wonderful death. There is no fear of death. Because I have received a new birth and I know that this birth it is connected with many future births of happiness. So, when I am to take a new birth physically in the Golden Age, I will be a happy child who is smiling; there will be no crying. Here, in the old world, we make sure a newborn child cry to show the lungs are functioning.

At the Confluence Age, our new birth is our security, not only this one birth; this one birth is giving, preparing and ensuring our future births. It is an insurance policy with this birth, that for 21 births, there will be healthy body, happy life, prosperous life; health, wealth, happiness and relationship. Everything is free from bondage, free from suffering.

So, it is a new life, and I can see what I can achieve by letting go, by dying alive. It means that the master of the sense organs. Whatever I'm doing, I am not only a yogi, I am a karma yogi. My senses cannot become cool without purity in it. And purity means yoga; my relationship with Baba brings purity. So, whatever actions are done through the body, these actions are done with the mind at the same time. Without the action through the mind, the sense organs cannot be purified. *Manmanabhav* (Fix your mind on Me), I am a pure and peaceful soul. Without this thought, our actions cannot be pure, these organs cannot be pure. When the soul is detached from the body, pure but detached, then I am not absorbing or affected by the external attraction. This consciousness is protection: I am a peaceful yogi, a karma yogi. A karma yogi means with sense (wisdom) and my organs are with a sense of Raja Yoga, with a sense of my original stage, with the understanding. By sense, I mean the wisdom in the intellect. So, not only my mind is becoming pure, but because of the yoga the intellect is with Baba, my intellect is becoming clean, pure and divine.

When these two energies are on a higher level, the mind and the intellect become pure, clean and divine, and our actions, which are based on sanskars, are changing automatically. Then, whatever I do, it is with great joy and with faith; whatever I do, it is my fortune, and work becomes easy, because there is spiritual power. We use our organs to see with great now. Our consciousness is of the soul, the spiritual brothers, and our vision is of soul consciousness. Not only is there a transformation in the mind, the attitude changes. Attitude is the property of the mind and intellect together. When the mind and intellect both become friends in harmony, automatically, actions governed by them will be the same accordingly.

I am a Raja yogi, a karma yogi, and the power of elevated actions creates self-respect. When there is heaviness in the mind, then there is tiredness in the body. Any kind of heaviness, it affects the body. Then, there is laziness. When I am alert, with determination, with alert consciousness, the self continues to check and change. Our old sanskars cannot be transformed unless I check myself as a detached observer, with a clear intellect is clear. Otherwise, I am only clever in checking others. So, I have to change my sight from farsighted to near sight, as Baba has said that our farsightedness is very clear, but our near sight is a little weak. This is why the weaknesses of others are seen very quickly, whereas our own weaknesses are seen later. (Avyakti Murli 24/04/2022)

With poor vision, we begin to see ourselves more. and introspection increases. In this way, you become Rishi with pure consciousness and as a detached observer; you begin to change your action, and then, you begin to enjoy elevated actions. There is happiness in self-transformation; there is an increase in self-respect in self-transformation. The result of self-transformation is lightness; you become double light. In being influenced by wrong actions, in picking up the rubbish of others, this heaviness creates bondage. But here, I am double light; I, the soul, am light, and there is lightness in this life.

One with lightness is easy-natured and flexible, and lightness brings many other qualities to the self automatically. Soul-conscious vision enables the soul to pick up good things from others, and virtues from others. Soul-conscious attitude automatically creates harmonious relationships, love-full relationships, respectful relationships based on self-respect. With an appreciation of the qualities of others, we are open to learning from them. We also experience and appreciate how much Baba has given me.

Wah, Baba, wah. I was a stone and you have made me into a diamond. You have made us a garland around your neck. You love me; this is why you have picked me up from the rubbish You can use that I am valuable. You are Baba, and Your choice cannot be an ordinary choice. You have come through the chariot of the diamond merchant. This means both of you have the Eyes for qualities and value. You have put me in Your eyes.

When I am sitting in God's eyes, how would these eyes work? The 'sight' becomes introspective and begin to see clearly: the near sight is pure and clean, the far sight is also becoming very beautiful, benevolent, loving, filled with appreciation, easy, friendly, all these qualities come.

There is a natural lightness and joy in greeting and meeting, saying hello, how are you, while seeing the goodness and beauty. So, appreciation comes automatically. So there is purity in words, and the mouth also opens with appreciation. So, in this aspect, you are Rishi. When you are able to see, then Raj Yogi becomes Raj Rishi. Rishi means changing the environment. Yesterday Baba told us to change the vibrations, change the atmosphere. With pure vision and attitude, whatever we say through words, carries positivity, appreciation and acceptance, and the atmosphere becomes good.

You create a *yagya* inside. *Vishwa* is about the inner environment creating the external environment. They create fire, *yagya*, which is very powerful, that everything big or small things, even the hardest, get transformed. So, this fire of love is the powerful fire: love for the self, love for others and love for God's wisdom. It is through love, we follow, not with force or fear. Shrimat makes me Raj Rishi as well as Raj yogi, and this is a gift that we are creating. We become *Vishwamitra* (friend of the whole world), we become a friend to all families and friends, our relationships will be divine. Baba says whoever comes into your contact and relationship, should be also purified.

The vision, the vibrations through the ears, through the eyes, through the mouth, and vibrations connected with my thoughts are changed. Thoughts are insight; that is the seed. The quality of thought is changed. *Manmanabhav* (fix the mind on the One) happens automatically, then the mind is not struggling, but is enjoying the company and relationship with each other, pure and harmonious. As *Vishwamitra*, with divine qualities, we become a friend with everyone. So, it is important to check that my positivity is not mixed with a little of negativity. Otherwise, this ego of I will come in.

Receive this blessing from Baba, wah, Baba, wah, and become a trustee. Whatever I have received, it is a beautiful gift from God. I should not make that belong to me. The gift is given through me, but I am the trustee. Then it creates happiness without any jealousy, competition, or fear.

The two categories of Rishis in the story of the scripture is quite interesting. There is a story of *Vishwamitra* and *Vashisht*. *Vashisht* means a specialist Rishi. *Vishwamitra* was very famous, very famous. He was the rishi of Sri Ramchandra. In essence, *Vishwamitra* was very jealous of *Vashisht*. *Vashisht* was praised a lot. He was the guru of Raja King Harishchandra, who was a renunciate, who was honest, who was a trustee. And he donated his kingdom in his dream. The moment he realised that even what was donated in his dream, also did not belong to him, he paid with renunciation. He realised nothing was his, everything was God's, and donated everything. He became more and more famous because of his renunciation of attachment

It is an interesting story. He was totally detached when his son died. He gave extra in his donation. The system in India is that when you give a donation, you give 1% extra for thanksgiving. So, there was no ego. He gave thanks and God had accepted his renunciation. So, there was immense humility. Before, he said by mistake, "Okay, I can give the extra donation from my treasure," instead of giving thanks to God, which he later, realised it was not 'his'. So, he renounced everything and became an ordinary person. He got a job as a cremator. His wife had to become a maid somewhere. His son was bitten by a snake and died.

Harishchandra demonstrated true renunciation of attachment, when the wife brought the son's body to the cremation ground. Being a servant to his master, Harishchandra was duty-bound by his job to perform the cremation only after the acceptance of the tax. The wife had nothing in her possession, except the only ornament given by her husband. She offered that as the tax, which Harishchandra accepted and performed the last rites of his son. And so, the whole family became detached. Due to Harishchandra's steadfastness, his son was brought back to life.

Due to *Vashisht* having a bigger title and being more famous, *Vishwamitra* was not satisfied. He became egocentric and was angry that his praise was less. He felt jealous and wanted to kill him. It was full moon. *Vashisht's* wife was a special yogi, a total renunciate, generous-hearted, loving, caring, free from the influence of karma for others and free from jealousy.

His wife said, "Such a beautiful full moon, what a greatness of the coolness."

He replied, "It is not greater than *Vishwamitra*." *Vishwamitra* overheard the statement and realised his own unclean intention. He bowed in front of *Vashisht* and touched his feet. *Vashisht* said, Get up, Rishi Raj, Rishi Raj, the king of rishis," This was the title of *Vashisht*. But *Vashisht* addressed *Vishwamitra* as Rishi Raj. Suddenly, all the ego left *Vishwamitra's* heart.

So, we are Raj Rishis, who are benevolent to the whole world. God is egoless, viceless, virtuous, bodiless. This is called double light, pure light and a lighthouse. Rishi Raj, not only Raj Yogi, but we are the king of rishis: a pure, clean heart, free from jealousy, free from competition, free from comparison, free from expectation. Many interesting stories in *bhakti* (devotion) give very deep lessons about the transformation of sanskars. Om shanti.