

Vedanti Didi – 26th December 2022 Sunday Morning Class - GCH, London

Maya, Attachment and Relations

Om Shanti. Good morning. What a wonderful time! Sunday, today and tomorrow are holidays. Wonderful! We are wonderful, Baba is wonderful, drama is wonderful, and today's Murli is also wonderful. I know that after Murli you do revision, so I will not take all the points. I will take one point, which is the essence of the Murli. In the evening class, we will take another subject.

Maya, attachment and relations; relation is connected with attachment with Maya. How many years have we taken Baba's knowledge? Christmas time to new year is a wonderful time to reflect on our own self. Otherwise, we will delay, and we will be late. We will take this point very seriously. Why Maya, why attachment, after so many years of being in knowledge, after taking this much from Baba?

In the system of loans, when you take a loan from the bank for any project, you do not just hold the money. In a few months, we have to return more than we have been given. We have to return the sum with interest. In any project, we see how much we have taken and how much we have to give back. A good business person never takes a loan. To take a loan indicates that this is not a good business person.

So, how much have we taken from Baba? How much have we taken from Him? These five vices are the fee. How can we take back which we have been given as a fee because we have taken the teaching? So, this is a time to churn: "My sweet Baba, my Beloved Baba, my lovely Baba. How much have I taken from You? Sorry, Baba. After taking from you, if I have made any mistakes, forgive me, Baba. Thank You, Baba. You know the defect of the soul, but still, You have accepted me. In this loving conversation, a few tears are allowed. Thank you, Baba. If I see any dirty person, I stay far away from them. If I see that this soul has some negativity, I stay far away from them. But, You, Baba, despite seeing so many negativities within the soul, You accept me. Thank You, Baba. My beloved Baba, thank You. Lastly, My Beloved Baba, I love You. I love You. I love You so much, my Baba. Now, no more Maya. No more Maya. Now, we do not know what Maya is. What is Maya? What is the influence in relation? What is influence? We do not know because we are under the umbrella of the Almighty, so, what is the influence of the world?"

Churn within the self with honesty. I have seen one thing in our Brahmin family. In most of the centres, most of the groups, the ones who plan and organise the bhakti do not do the bhakti. So, I remind myself: Vedanti, if you plan for others to do, you also need to do it. Otherwise, do not plan and organise just for others to do. If I am to arrange a bhakti for eight hours, I make sure I will also be there. This is something I have learned from Baba and the Dadis, if you arrange something for sustenance, you also need to practise it.

The yagya now has a modern fashion. Arrange a nice programme, but they do not take part. Give a bhakti, let the others do it. You are here but you do not take part in the bhakti yourselves. The ones who plan and design the bhakti should be the first ones to do the bhakti. So, are we not cheating ourselves? We are deceiving ourselves.

I have researched so much into the behaviour of the Brahmin family. We have to be serious about it. We have duties and responsibilities; we do this and that, and we run fast. There is so much of that here. Then, we say, "I am so busy." And then, this word goes to Baba, that I am busy.

What is 'busy'? Baba never came to teach us busy Raja Yoga! He came to teach us easy Raja Yoga. You can ask me. I have done this practice of looking after all my responsibilities. I have never said I am busy. Yesterday, I had a wonderful experience. Someone I don't know rang me asking me for help. As I am travelling, I asked her to ring me when I am back in Nairobi. But she insisted that she had to speak to me and wanted to see me. As I was in the car at the time, I gave time. Then, I realised there were more calls. So, after Amrit Vela, I rang her and said, "My dear sister, now I can make time, and we can talk for an hour. Tell me your problem and we will find a solution." Because I did not say I was busy, she was so happy. She had rung

three times, and I missed her calls. Then she tried to ring Sudesh Didi also, but they did not catch each other. So, we said today we could help her.

You see, we have to be serious for the self, then for others. From today 26th till 31st, we will work on the self. Listen and read with attention what Baba is saying today, and work on the homework on that Murli. Baba is reminding us that He gives, and then the children are attached to each other, and then, they forget Baba. How can this be possible? Me and Baba, the rest of the world, because Baba's world is my world. I love the world. I love humanity. I love the five elements, but first I start with loving myself.

If I love myself, why would I love Maya? Why would I let it influence me? Why would I allow attachment? How would I allow myself to say busy? My Baba came to teach me easy Raj Yoga, I can't say I am doing busy Raja Yoga. Relax, be happy, be friendly, and be wonderful because they are sweet words. I feel for Shiv Baba and feel mercy because people cannot see Shiv Baba. I say to Shiv Baba, "People want a vision of You and You are hiding. In the entire cycle of drama, you do not come in front of people as we do. We are luckier than you, Baba. Still, Baba, You are the greatest". We human being do something and we wait for praise. We wish for a little praise, directly or indirectly, because it has been nature through the whole cycle. But Baba never waits for appreciation.

"So, Baba, we are ready to help You. Baba, we are ready to do for You. You give us sakaash and we give your vision to humanity. We are ready, Baba. Not only is Brahma Baba your instrument, but we are also your instruments. Brahma Baba helps in a different way, and I help in a different way. But Baba, I am obedient; I can give your vision."

I can feel Baba is so happy. Just now when I was doing yog for half an hour, the pulling of love, that Baba was pulling me into trance and I held it. I did not know where to go, but the love...Baba's love, because I was standing near Baba's Room, "Baba, come, let's go and give a nice class." I did not know and I could not decide on the subject or the point. "Baba, You speak." And when I came here, the love, the pulling of love, I am telling you, I told myself, Vedanti, don't go into trance because now it is time for meditation, for giving sakaash. Such love, I felt in that half an hour. This is our inner consciousness, it is our feeling. Forget all your duties and responsibilities; do it, but do not keep them here. Finish it.

Today, after Amrit vela, and even before, I started working and working, so it will not come to disturb me all day. I was putting ideas on paper. The time will come when we are not allowed to sleep in bed; walking and sleeping, talking and sleeping, listening and sleeping, speaking and sleeping, sleeping and awakening together. One day, I heard that a friend of our excellency, Prime Minister of India Narendra Modi, and he had a conversation. I just heard that someone asked Narendra Modi why he wanted to reduce his sleep because he was sleeping only three hours, "You will be weak, you will be sick, your body needs sleep." Modi replied, "I want to zero sleep. I remember Indira Gandhi used to say human being only needs four hours' sleep, not more, if we work on our relaxed stage. We can churn on that. This type of thing from worldly people, I churn. So, He said, "The reason why you want to reduce is that, whenever I am awake, the time from morning to evening, appointments and appointments and appointments, going here and there, making the mother happy, and making the youth happy, going to the Parliament and going everywhere. So, when will I have time for my India, to free my India from poverty?" It made me cry. It is India, Bharat, *desh* (the country). What do I do to remove Bharat from the poverty of virtues? What is missing in humanity? The qualities which each soul has, because being busy, there is no time to reflect and check what is within.

In my experience of these sixteen days, I have visited centres, Gita pathshala, the retreat centre, people's homes, and nearly 75 places. In the evening, my chart, most of the places, what I saw was that when we reached each place, they knew that the sister is coming to give us drishti, blessings, tolis, and then a little chitchat. But you would not say, "Bhen, what are you going to read? What have you bring?" I tell you, if I go to ten places in a day, I tell you bananas, and you bring banana, and then oranges, and this and that. But I said I had come to give drishti. Then, they said, okay, sit down. I told them to pause for peace. Then I gave nice points and I gave a commentary. So, within 15 minutes, they forgot to ask me anything, because I had not gone to take anything. I had gone to give what I got from the Almighty.

So, we have to change human psychology, that this is not a social meeting. Baba has said that each step you take is Hindi it's *kadam me padam* (multimillion at every step). So, I had come because Baba told us to go and put our footsteps. In our system, when someone comes here, we are so happy. Seven-day course, or three-day course, "Okay, sit down. You are a soul. You have this and this. For one hour, we bombard them with words. We do not check the capacity of that soul. Do you think that everything has gone into their intellect? We learned in the beginning, that as we teach, we tell them to open their diary and write: You are a soul. The soul is a combination of mind, intellect, and impression. Write, write, write on the page, so that if by chance, they forget, they can still revise. Dadis who taught us would never bombard us with teaching. So, we need to change the system. The love, that concern for them; if you ask them: How is your family? How is your job? What's your name? Is your home far or near? They will feel that we have so much concern for them, and then, slowly, whatever you talk to them about, it will go in. We need to change the system now.

We have one young man, the mother is surrendered in Kenya with us in Nairobi so she said, "Meet my child." So, I rang him ten times, he said, "No, no, no, I cannot meet you. I am busy. I have this meeting, I have that meeting." I said, okay. I rang, and then the next day, I rang. Then I said, "I will come wherever you are. We will stand together and take a photo, so I can prove to your mum that we have met." So, he came for five minutes only. So, I said, "Come quick. I will give you a blessing, *toli*, we will take a photograph and you go." He replied, "No, no, no, no, I will stay with you." He stayed for three hours. Afterwards, I received a message from him: "After I met you, my three problems were solved. I would like to keep a connection with you." You see, this is a course. This is the time now that we need to change the system of speaking, seeing, thinking and listening. Then, whatever you will tell, the others are ready to listen.

I will tell you one story about Brahma Baba. You know Narayan Dada. This is an old story. Narayan Dada was in Singapore, Hong Kong. Then Rosy bhen and her mother were in knowledge. He used to smoke and drank alcohol. And he came to Madhuban with a lot of negativity, to see who gave knowledge to his wife. So, he came to see Baba. He was smoking even near the door, but Baba said, "Bring him to me." Then, Baba said to him, "My child, you have come. You have come. Have a seat." Baba asked him, "My child, what is your name?" He answered Narayan. And Baba said his name was not Narayan, but Ravan." He said, "No." Baba said, "Narayan means good qualities. If you want to keep your name, you have to change." He asked Baba what he had to do, and Baba said, "You have to do the seven-day course." Brahma Baba gave him the course in Madhuban. After the course, he went back to close his business in Singapore and Hong Kong. He said, "I want to the wife and the daughter who are still in Bangalore, at home, to surrender." He said, "I will surrender." Baba gave him the museum in Pandav Bhawan. He was the first person who looked after the museum. This is an example of Brahma Baba saying the right thing with a loveful style, then people were ready to surrender. When will we become like that? "Oh, no, we can't tell anything, otherwise, they will cry, they get upset. No, we can't do that, Baba."

So, who will correct humanity? If someone wants me for one hour, within 15 minutes, I satisfy them. In one hour, I can satisfy four families. We need to connect with constant love. Om shanti.