

## **Sudesh Didi – 30<sup>th</sup> December 2022 Morning Revision - GCH, London**

### ***The Power of a Charitable Soul***

What is the real meaning of a charitable soul? In the golden age, there are charitable souls. To whom do we give charity? Is there anyone suffering, poor or weak? Who does this title apply to? In reality, there is no charity in the Golden Age. This is a title we get here. "Charity begins at home," when we are able to give charity to our own selves.

Brahmins are becoming angels; angels are becoming deities. We are not becoming deities there. This title we carry from here. From the old class, you get the certificate and then you go into the new class. We do not go and get the title in the new class.

So, whatever we are to achieve, we achieve it here. We will go with that sanskars. So, we say "charity begins at home", because each one has given charity to the self, and has become a pure soul. Purity is about interacting with each other. There is no question of forgiveness. No one is asked for forgiveness.

What is being poor? Everyone is wealthy. Purity means the power of purity. Purity is charity. We have become poor; Baba is filling us with these powers: cleanliness purity and honesty. First, we need to become clean and honest. That is the desire. Do I really like cleanliness? Why do I like cleanliness?

We wish for others not to see our rubbish here and there. So where should I put it? In the cupboard? Under the carpet? Behind the doors? This is the sanskar in us; we only clean it temporarily. We realise but we do not remove it; we desire but there is no determination; we wish, but willpower is missing. This charity, we need to give to ourselves. In that, we are poor. The more and more we become powerful and merciful to ourselves, the more we become free from burden and bondage.

**Q:** Can you please clarify charity? If you give some money for a good cause, what do you call that?

**Sudesh Didi:** Donation.

Donations are of gross things. If somebody has physical needs, we can give them wealth or we can give clothes to them, or in winter, we can give blankets to them. Charity enables the soul make quenches the 'thirst', which is not gross anymore. When you give water to someone to drink, it is an act of charity. When you help a blind person walk, it is a charity. You do not need a reward. Your actions automatically enable you to receive happiness. Donation is gross; I can see, and others can also see the gross things I give.

**Q:** Continue with this theme of charity based on purity, it is that the more that we souls become pure, it is going to be our vibration, that is the greatest charity. Baba says that from that purity, there is peace and prosperity. We know that purity is the mother of all the other qualities, all the virtues and, purity is the basis of all the powers as well because if you have not withdrawn and pack up, nothing else will really work. So, it seems like the greatest donation is us continually cleaning out the heart.

So, as feelings are where we get stuck, can you talk more about what is the heart?

**Sudesh Didi:** Keep the heart clean and pure. First is cleanliness; cleanliness is next to godliness. That is the divine act, Godly act to keep it clean. But we are so accustomed to keeping the rubbish inside, and our own shine, our own self-respect, and our own happiness are covered. We cannot see that it is there, and even if somebody wants to make me see, I do not like it. Somebody tells me it is wrong and I react to what they say because I have hidden what is wrong. I know it is wrong but I am covering it, hoping people will not go where I have hidden my rubbish. So, we try to avoid it when someone is telling us something.

So, cleanliness is a divine act, everyday cleaning, and this is what is taking place. Cleanliness is still taking place, and with honesty, I reveal the rubbish, and automatically Baba can burn it. I do not burn it, with yoga, His power burns it. Ask the self: Do I truly check my chart throughout the day, directly or indirectly? I need to keep my door open all the time.

I must do my checking, not only the eyes, but the ears as well. Then automatically, as well as closing the door of evil, I am removing what is already there at the same time. If I put nectar in a vessel, but if there is already poison inside, I can put for one bucket of nectar or milk, but one drop of poison spoils all of it. So, the whole effort of one bucket of milk is gone. This explains the importance of checking the heart consistently, to make sure the old sanskars are not there anymore. The heart has cleanliness and purity.

**Q:** What kind of karmic accounts are left to the very end to be settled by Dharamraj?

**Q:** What happens to the subtle body? When the soul leaves it and takes another one, where does it go?

**Sudesh Didi:** Subtle body is the subtle energy level. It is not separate. The purer the soul is, the lighter it is, the more subtle it is. This is the essence of purity. The soul itself is just a dot and then, whatever it is, good or bad, dark or light, both are subtle. If my aura, that is, the energy in me, is light, it is angelic. If it is shadowed, it is dark. Wherever the body goes, the shadow also goes. My sanskars will go with me. My sanskars are actually the final things that will go with me. My actions are based on the sanskars; the sanskars are expressed in actions.

What is the subtle region? What God wants to do, the subtle region is a projection of the actions, what He has planned. There is no subtle body of Shiva. There is the subtle body of Brahma. It is said the actions that are performed through Brahma, Vishnu and Shankar. These are not actions; they are the states of being. Brahma, perfect purity; Shankar, tapasya; Vishnu, the reward.

It was mentioned in today's Murli. What is Trimurti? The three acts of God. And the three acts of God are actually our three achievements. God does not need to become pure. He does not need to receive knowledge. We are the ones who receive knowledge, and perform elevated actions. We are the ones who purify ourselves as we have yoga. And as we keep the balance of action and yoga, we achieve perfection. We perform actions, but there must be the power of purity, and that is perfect action.

An action without purity is bondage and burden. An action with purity is perfect because it does not tie you in bondage, and it does not create an effect from the impurity of others. What is rubbish? The sanskars of others' weaknesses create a bondage in me and an effect which creates a disturbance in me.

What do we settle with Dharamraj? It is my own Dharamraj that is punishing me. Angels are not punished. If I become an angel, why should I suffer? It is a subtle way of suffering. In reality, the subtlest is the blockage of the intellect.

What remains in the final moment is my own ego. Having achieved, and still I have ego, that does not allow me to achieve what I have achieved already. Your reward is not there.

This is why we have the practice of being bodiless, soul consciousness, to become viceless, which means to become virtuous, less and less vice. What happens is that as cleaning is taking place, the level of purity gradually increases. The stage of being egoless, that is my angelic stage; perform elevated actions and then disappear; if you try to catch 'me', the 'me' is not catchable. If you try to catch the shadow, you cannot catch it.

So, at the end, it is the subtlest karmic account that remains. This is why we have yoga of the intellect, have pilgrimage of remembrance with the intellect, have faith in the intellect, and run the race of remembrance. Om shanti.

**Q:** Please explain the spiritual meaning of having intoxication.

**Sudesh Didi:** Deep inner happiness which goes in my personality. Drugs and alcohol go into the blood, and create intoxication. When spiritual intoxication is in my 'blood', in my consciousness, there is happiness.

"Oh, you are a child of God!"

"Yes, we are children of God. But I do not have that deep faith in me. I do not believe I am a child of God, because I think I am still so weak. I am still so impure. I am karmic account to settle."

So, I am here, God has adopted me, but still, I have not divorced the old father. So, I cannot have the intoxication of it. This intoxication actually lies deep within, which is becoming my personality. My Parent's sanskars become my sanskars. It is truth that I am a soul. It is not that

someone has to prove it to me, but I know I am a soul. Because I think, I understand, I act. Otherwise, an electronic robot also talks and moves, but it is not a soul, and it does not feel. So, it is not about the actions which are visible from the outside. It is about the effect which goes inside, and that is intoxication. Someone asked me, "What is sorrow?" Show me sorrow. It is the effect. In the same way, intoxication is also an effect, a result.

Om shanti.