Madhuban Newsletter – December 2022

Imbibe honesty and cleanliness and please the true Lord. (Inspirations from Dadiji -23/11/2022)

Beloved Avyakt Image, Mother, Father and BapDada's deeply loving instrument teachers, brothers and sisters from this land and abroad who are the decoration of the Brahmin clan, ones who always sit the Father, the Comforter of Hearts in your hearts, ones who imbibe honesty and cleanliness by belonging to One and having a clean intellect and thereby please the true Lord, please accept love-filled sweet remembrance.

According to the time, BapDada's special signal is: Children, in order to experience God's help, His blessings and powers, let your heart always be honest and clean. Let the line of your intellect be clean and clear. Now, be an unlimited server, have a big heart, be generous and share all the attainments you have received. Along with having love for service, you also have to be a destroyer of obstacles. With an honest heart, experience the Father's company in all three forms – corporeal, subtle and incorporeal. According to the final moments, many types of karmic accounts in the form of karma bhog of the body (suffering of the body) and in the form of nature and sanskars will come in front of you, but the more powerful you make the pilgrimage of remembrance, the busier you keep your mind and intellect in being a constant yogi and a constant server, the more you will be able to settle all the past karmic accounts. By thinking and speaking too much about any weakness, that small thing becomes a big thing and so, with realisation from your heart, keep everything in front of the Father clearly and become light. Experiencing the confluence-aged complete and perfect life, you will continue to swing in the swing of supersensuous joy.

All of us are seeing that at the present time, the atmosphere of fear and sorrow is increasing everywhere. In the midst of such an atmosphere, you have to always be fearless and courageous. Be co-operative with every soul with merciful feelings. Do not have any fear yourself. It is said: Fear is the greatest evil spirit. There isn't fear of just dying, but there is fear even of your own weaknesses. The easy way to be fearless in all of these situations is to have a clean heart and an honest heart. Tell me, sweet brothers and sisters, with such an elevated stage, being free from fear and worry and overcoming all situations, all of you are constantly experiencing an unshakeable and immovable stage, are you not?

Now, the New Year is coming close and the month of January, the month of remembrance of Father Brahma is especially signalling all of us to create our avyakt stage. Definitely, each one will stay in the cave of yoga and have experiences of deep silence. Connected with this, we are also sending a class conducted by Dadi Prakashmaniji. You will all definitely pay attention to this and make a special programme to experience the bodiless stage for 101 days.

Thousands of Baba's children from this land and abroad are now coming to Madhuban to be refreshed. From the subtle region, Baba is making all His children full by giving them subtle sakaash. This alokik gathering of celebrating a meeting attracts everyone so much. Achcha.

I am sure all of you must be enjoying good health. While going into the expansion of service, I am sure you must be making time for yourself to have tapasya to create your powerful and essence-full stage. Achcha.

Lots of love-filled remembrance to all.

In Godly service,

B. K. Ratanmohini

Avyakt Signals – December 2022

- 1) In order to please the true Lord, especially pay attention to having an honest heart. If you have anything in your heart, place it in front of BapDada with a true heart and with realisation. If you realise it in front of BapDada, your heart will become empty and the rubbish will be finished. If your heart is not empty, where will the Comforter of Hearts sit?
- With an honest heart, say: Baba, whatever I am, however I am, I am Yours. Along with this, you also need to have a clear line of the intellect. Let there not be any disturbance in the line, let it not be cut off. During the extra time, BapDada wishes to give power, blessings and extra help, but if there is any disturbance, you will not be able to receive any of these. Therefore, let your heart be honest and clean. Do not have any rubbish of small or big matters.
- 3) There is the saying: The Lord is pleased with an honest heart. Those with a true heart are seated on God's heart-throne. They make the Father, the Comforter of Hearts, belong to them with a true heart. The Father, the Comforter of Hearts, cannot stay anywhere for even a second, except in the heart, through remembrance. Innocent devotees have been looking for God in every particle, but the innocent children of Bholanath (The Innocent Lord) have attained Him. Those with a big brain did not attain Him, but those with a true heart attained Him.
- 4) Service done with a true heart gives you the experience of happiness and power. The Lord is pleased with a true heart when you become an unlimited server and serve the treasure of attainment you have received generously with a big heart. The fruit of love for service is that obstacles are automatically destroyed. You do not have to give any time to remove those obstacles. Children with an honest heart easily experience the Father's company in all three forms corporeal, subtle and incorporeal because the Lord is pleased with them.
- Those who do service of the yagya with an honest heart receive a lot of fruit for even one second of service, and they will continue to eat this fruit for 21 generations. So, always remain busy in service. With your mind, serve with your pure thoughts. Through your relationships and connections, do the service of giving the Father's introduction. Only whatever you children earn with love and a true heart and use for service is used in a worthwhile way. The Lord is pleased with such children.
- The Father, the Comforter of Hearts, loves only the children with a true heart. Even if you don't have an intellect that is clever in a worldly way, the Father loves those with a true heart. The Father gives you such a big head that by knowing the Creator, you also come to know the beginning, the middle and the end of knowledge. The numbers are given on the basis of having a true and clean heart, not on the basis of service. In service, did you serve with a true heart or just with your head? Those who serve with their head earn a name, but those who serve with their heart earn blessings.
- BapDada is pleased with an honest heart, not with those who have a sharp intellect. Only the heart and the Comforter of Hearts know about the heart. The place to accommodate is the heart, not the head. The brain is the place to accumulate knowledge, but the heart is where you would sit your Beloved. Those who do not remember Him with love in their heart, who simply remember Him intellectually or do service intellectually, have to work hard and have little contentment.
- 8) At every moment, know the importance of the method of service and become great. Whatever status those who give lectures attain, so too, those who wash dishes and remain yogyukt and yuktiyukt can attain an elevated status. Simply remember: The Lord is pleased with an honest heart, and when the Bestower and the Bestower of Blessings is pleased, then what can be lacking? Make the Bestower of Blessings, the Bestower of Fortune and the Bestower of Knowledge, the Innocent Father happy and you will be saved from Maya and also from Dharamraj.
- 9) Those who give the news of their heart to the Father with a true heart, the Father is always pleased with an honest heart, and so whatever little things arise in your heart, will finish with the special blessing of

remembrance of the Father. To please the Father means to easily become a conqueror of Maya with the Father's help. Those with an unlimited intellect are easily able to imbibe the points of knowledge and also repeat them, but those who have remembrance with their heart are able to become the point form.

- 10) Because those who have a true heart receive the Father's blessings, according to the time, their head does everything accurately in a yuktiyukt manner. Because of performing accurate actions, speaking accurate words and having accurate thoughts, they will have the right touching, at the right time because they have pleased the Intellect of the Wise, the Father. Those who have pleased God automatically know the significance of all secrets and are yuktiyukt.
- In Brahmin life, you need an unlimited head and a true heart. Those who have an honest heart automatically receive an intellectual lift, and so always check: have I pleased the Lord with an honest heart? You don't have to please just yourself or just a few souls. You have to please the True Lord, and so remove the glasses of carelessness and always wear the accurate glasses of self-progress.
- 12) The Father is pleased with the children who give honest news of their own efforts, but then you also have to be pleased with your own sanskars and with the gathering. Continue to move along knowing the secrets of one another's sanskars and circumstances this is the stage of being raazyukt (knowing all secrets). When you give your chart with an honest heart, the past accounts finish and the loving heart-to-heart conversations brings closeness.
- 13) When you earn money doing whatever work you do happily, then that money will also bring you happiness. Just two rupees will do the work of 2000 rupees and on the other hand, 2 lakhs will do the work of two rupees. The earning of those with a true heart is also a true income. They definitely have daal and roti. Those who are lazy will not receive it. We definitely have to work, but do that happily, while being yogyukt, and you will never lack anything. You will not have any worries.
- 14) In order to please the Lord, you need cleanliness of the heart. This is why it is said: Honesty is cleanliness. Whatever effort you make for your self-progress, whatever effort you make, keep that in front of the Father with honesty. This is the cleanliness of your personal effort. While doing service, check to what extent you are doing service with an honest heart, to have that cleanliness. If you do service with any selfish motive, that will not be counted as true service. You did so many melas, you gave the course to so many, but what was the percentage of cleanliness and purity? It is not a duty, but service is your true nature, is your original dharma and original karma.
- 15) The Father loves an honest heart. Children from the villages do not know anything about falsehood and deception. Those who are clever and sly know about all these things. Those who have an innocent heart, that is, those who are far away from the cleverness of the Maya of the world are very much loved by the Father. The Father only sees the true heart. He doesn't look at one's education, face, village or wealth. You need to have an honest heart. This is why the Father's name is Dilwala, the One who has conquered your heart.
- Some children give BapDada their news honestly, they are not afraid to tell the truth, they don't hide anything. Children with such a true heart are worthy of double love from the Father. Once you have told the Father something, do not then repeat it inside yourself over and over again. Do not speak about it—this happened, that happened. It happened, it's finished. Pay attention in the future and that situation will finish for all time.
- 17) Whenever there is any physical illness, storm in the mind, upheaval with the body, the family, in service or any type of upheaval, never be disheartened. Just as the Father has a big heart, become those with a big heart. If there is any karmic account, if there is any suffering, do not be disheartened and make the illness worse. Be courageous and the Father will also help. Whenever there is a problem in your mind, you need the power to decide at that time and that will come when your mind is connected with the Father and you have honesty in your heart. Therefore, never be disheartened in any kind of problems.

- Those who are the Father's companions, those who are true will definitely be fed daal and roti in any circumstances. It shouldn't be that you get tired at work, come and sit down at home and say that Baba will feed you daal and roti. Those who are careless and lazy in this way will not receive it. But the Lord is pleased with an honest heart. Now, everything is going into the extreme and it has to. Many things will come, but you just have to be a trustee, be a detached observer and resolve the situation by taking power from the Father. First of all, become a completely detached trustee. Transform "mine" into "Yours" and you will receive a touching from the Father.
- 19) BapDada is seeing that children write their chart with honesty. They have an honest heart and this is why their desires are fulfilled. Whatever enthusiasm and hopes you have are fulfilled. Children speak the truth. Even when you fall, you speak the truth and when you ascend, you speak the truth. So, the Lord is pleased with an honest heart, but now create such an atmosphere that seeing one another, everyone begins to race. They don't compete, but have a race.
- 20) At present, honesty and cleanliness are very much needed. Honesty in your heart, honesty within the family and honesty with the Father. For this, pay attention to two things.
 - 1. Always be an incarnation of economy in thoughts, words and actions.
 - 2. Let the line of your intellect be clean and clear.
 - BapDada calls this: Pleasing the Lord with an honest heart. An honest heart, a clean heart.
- BapDada wants all the children to renounce even the slightest trace of anger. Renounce this with an honest heart and the Lord will be pleased with an honest heart. Even in your mind, do not have the slightest bit of dislike for anyone. By having any dislike for anyone or holding a grudge against anyone, there will be a forceful feeling for that soul, which will become a reason for disservice. Therefore, just as you pay attention to celibacy, in the same way, let there always be pure feelings and feelings of love for every soul. Never have an off-mood. Never reject anyone's feelings.
- 22) At present, there's an atmosphere of fear and sorrow everywhere. In such an atmosphere, always be fearless and courageous. Seeing any scene, do not have fear thinking, "What is happening? This one is dying..." The other person is dying and you are feeling afraid. With merciful feelings, help that soul, but do not be afraid. Fear is the biggest evil spirit. There isn't just fear of dying, there is fear of many things. Sometimes, there is fear because of your weaknesses. The easy way to be fearless in those situations is to have a clean heart and an honest heart. Then, there will never be any fear because when the Lord is pleased, everyone will be pleased.
- BapDada always says: Wherever there are mothers at a centre, that centre is very successful. Even if they are not earning, they have a big heart, they have huge bhavna. The Father likes bhavna and a big heart. The way to please the innocent Father is to have an honest heart. Why does the Father like an honest heart? Because the Father is said to be the Truth. It is said: God is Truth. So, BapDada very much loves those with a clean heart and a true heart. It is like that, is it not? A clean heart, a true heart. Truth is the greatness of Brahmin life.
- 24) The pure hopes and desires of the Father for every child are: My children are victorious every cycle. So, have faith in the intellect and have a determined thought: Victory is the garland around my neck. The Lord will definitely help an honest heart. Simply be an instrument, renounce the limited "I" and "mine" and continue to increase your account of accumulation at every step and you will win in every situation and claim number one.
- 25) The Father loves gyani souls but, along with knowledge, you also need to have an honest heart and the love of the eternal Father. If, along with knowledge, you have the love of an honest heart and a clean heart, then you won't have to work hard. Where there is love, there is no hard work. A soul who has constant remembrance and is constantly merged in love can make a mountain into a mustard seed, because where there is love, you experience attainments.

- BapDada is present at every moment to give His co-operation to the loving souls who are merged in love and who have a true heart, a clean heart. Those who are present on every shrimat, the Father says to them: I, the Lord, am also present. When you say "Ji Hazoor" (Yes, my Lord), the Lord is also always present. Easy remembrance is the natural quality of Brahmin life.
- BapDada wants the love of an honest heart and a clean heart. The innocent Father is very easily pleased with an honest heart. When the innocent Lord is pleased, you will be able to pass by Dharamraj saying "Bye bye" to Him. Even He will say "Namaste" and bow down to you children who are equal to the Father. You are loved by such a Father, but just check that there isn't any leakage in your love. Let any leakage of your body consciousness or of the influence of any speciality finish.
- 28) Never have a small heart. A big heart, big Baba. BapDada's slogan is: A big heart, a true heart, a clean heart and all your desires will be fulfilled. Never keep with you any rubbish that comes to you. When you don't clean your room, insects come there and then there is disease. In the same way, if you keep anything in your mind and do not take it out, it will grow and make your mind ill.
- BapDada loves all the children and this is why He says: Children, make your present and your future free from obstacles. Do not be caught up in bad company or in the attraction of limited attainments. Be sensible and finish such things. BapDada will help you, but you must have an honest heart and a clean heart and your desires will be fulfilled. Try it and see. It is not possible that your desires are not fulfilled when you have a true heart.
- 30) Every night, before going to sleep, before saying "Good night" to BapDada, give your chart of the whole day to the Father, empty your intellect and then say "Good night", and go to sleep in the Father's remembrance and you will have a very good sleep. If you give the chart to the Father with an honest heart, you will not need to go to the land of Dharamraj. The Lord will be pleased with an honest heart.
- 31) If you have any weakness, even just in your dreams, hand it over to the Father with determination and you will receive extra help from BapDada. Give it to Him with an honest heart, not just to check to see whether it happens or not. If you have a thought with an honest heart, you will receive extra help in one way or another. When you make effort from your heart, you will definitely receive the Father's help.

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