

Om Shanti!

Everyone is okay? Yeah, wonderful meeting with Baba this morning. Baba is really the Ocean of Knowledge. So many points, so many details, so many blessings and it's our fortune that He's our Father, Teacher, Satguru. Even though we have all relationships, these are three very important relationships. Today, Baba gave so many points that we need to apply, we need to experience and become embodiment. Baba also gave so many points on mercy. If you are merciful, you will not have three weaknesses: the first is carelessness, jealousy, and dislike for anyone. It's only when you don't have mercy then there could be in your attitude, dislike towards anyone. Whatever they are, whatever they do, there could be dislike. So, it's really very good to look into that. Am I merciful? Two aspects that also Baba said are great donors but also cooperation, being a cooperative soul. Sometimes it happens there is a task and it needs to be like Baba said, the stage of tirelessness. If you stay tireless, we are cooperative. So the task will be accomplished, but Baba also said today to be embodiment, embodiment of what? First we are in angelic form, an image of blessings, giving blessings to everyone, tireless, easy yogi, easy effort maker. So it's this deep connection of embodiment and bestower again. Not only that, but let's say if somebody is doing something because of carelessness. Then I'm an embodiment. The way I look at that soul, the drishti, will help that soul to get courage, to get strength, to get the task accomplished.

Every time we listen to Baba, there is a different meaning you can take. I liked it very much when Baba said that you have to be merciful on the whole world, the Brahmin family, everyone. Here Baba is talking about Brahmins. In the lokik world, there is so much sorrow, unlimited sorrow, for that of course we have to be merciful and bestower. Within Brahmin family, Baba said that the cause of all the weaknesses are these three. So, when you see someone's weakness through your drishti, even if it's possible through your words, saying, "Baba loves you." That soul will get little bit, like I thought, "Oh, I'm doing something wrong, how can Baba like me?" One is to say that I like you, this is not, 'Baba likes you', this is 'Baba loves you'. Today, Baba also said to 'receive blessings and give blessings'. So, what blessings do we give? You are an ever happy soul, you always remain happy. Even that soul we are seeing is not happy, but the blessing is to remind that soul, as a blessed image of blessings, that you are a happy soul. There was such discussion about how do I give blessings to others, how do I receive blessings from others? Baba was giving this blessing to be an embodiment. When you are an embodiment, then very naturally your vibrations, your drishti, is of a bestower.

So, if we look at the whole day, there's so many ways we can be a bestower by becoming an embodiment. Baba gave us these seven titles, now in the Avyakti Signal. We have to be an embodiment, so that not only are we bestowers but world

cooperative. When there is cooperation, any task it's not only accomplished, but in a very easy way. If no one cooperates, then it becomes heavy, difficult, and takes a long time. When there is cooperation, then happily, we do every task together. I like when all of us are able to give our finger of cooperation. They show even mountains were lifted. It was not just one Shri Krishna, but everyone gave a finger of cooperation. So bestower, in other words, is cooperation in the task.

So we will be an embodiment, we will follow what Baba is saying. Of course, Baba said to be the embodiment of so many things. Baba said to sit on the throne of angelic stage, sit on the throne of consistent stage, stable stage. So it's not that I'm making efforts to become that, but I am an angel and I sit in the consciousness that Baba is calling a thrown, and then see what the experiences. Maybe that's what Baba meant by embodiment of an angel, that means it's like flying stage. Baba said this morning, 'light, double light'. So many qualities of an angel will be experienced by many souls. So, I think there are many beautiful things for understanding or practice, to experiment and be a bestower.

Om Shanti

Questions and Answers

Question: Om Shanti dear Mohini Didi. I will start with a few days ago in Baba's Murli, He said to us, "In order to be merciful, we need to become sticks for the blind." What does it mean to become a stick for the blind in order to be the merciful children of God?

Mohini Didi: As a blind person is able to feel the path by moving the stick. Today Baba gave a very good example of 'company and hand' and He said: My hand is Shrimat. So I think some words which were, which could work like a stick, that means that person is able to feel the directions and internally very clear about what has to be done. So, I see the stick as Shrimat or it could be any blessing we could give, that can also become stick for the blind. What do you see it as?

Question: Well, usually when you are becoming a stick for the blind, you are the one who is seeing, and the one you're helping is not seeing. So I was looking at merciful in relation to this. How can we, how can people who are enlightened, help other people who are not enlightened in a way that would allow them to feel safe with you. You're helping them across because they can't see and so I thought it was reporting back to this whole thing of a merciful heart. If I don't have a merciful heart, I cannot be a stick for the blind. I wouldn't have the kindness, I wouldn't have the care, I wouldn't have the first and foremost intention that I need to lead them to safety.

Mohini Didi: Also I feel that if we are an embodiment, then there is so much power and vibration, that can also become support as a stick for anyone. If I'm not an embodiment, then the power that the soul could get would not be experienced. Baba

keeps saying that you have to be the embodiment of blessings, you have to be the embodiment of mercy and generosity. Be an embodiment, bestower, and cooperative.

Question: Yesterday's Murli, when we had the night class by Brahma Baba, Baba was saying that to leave the body with a heart failure is it's like death by chocolate. It's a very sweet death and it is just leaving that body in a very sweet way. I thought that was interesting, that wasn't it a premonition that Baba was having his own, leaving the body. What did you think of that point?

Mohini Didi: Yeah, I think I agree with that because there could be a lot of suffering, with people getting strokes or heart attacks. Then after that it's good because when they leave they could remember Baba, or the family is also happy with the presence of that person. The way Brahma Baba left body, you do everything and the soul leaves like an angel has gone. So, what Baba is saying is actually that there is no suffering. I think when the soul is in the body, the body is not well so many people get involved, like their life is only taking care of that person. I think that what Baba meant is to really settle your karmic accounts of the body in such a way that you just leave the body very silently and sweetly without causing any suffering, or a lot of effort for your family. They would still do it because of love and attachment for you.

Question: That's so very interesting, just as birth is auspicious, the way that we leave our body is also considered to be auspicious in many ways. There is a deep understanding that everybody has to leave the body but there is an acceptance if there is a natural cause of leaving the body. I would call it mercy in the sense that the good wishes go with the person and wanting the best for the person in their onward journey. There is one way of leaving the body that people seem to not have mercy about and that is death by suicide. It seems as though there are a lot of stigmas, and people feel very isolated. The one who died by suicide and the ones who were left behind are left with a lot sometimes guilt, sometimes confusion, sometimes mixed emotions, and they are not able to talk about it depending on what culture they come from. Certain cultures refuse to talk about it and when they go to their spiritual counselors, in many instances, it is viewed as a sin, it is viewed as something that is not accepted by the religion. So this soul wanted me to ask you that when it is death by suicide, how would a spiritual person respond to that with a merciful heart?

Mohini Didi: When a person is not able to take the stress of the life, difficulties of the life or they see that there is nothing in future that dead ends, you know and then they just decide to commit suicide. It was yesterday or the day before when someone called me, they had two suicides recently in their family. Brahmin's contact souls were asking me, "How we can help the souls who are kind of depressed and hopeless, or feel the pressure, many young people are actually doing it. So yes we have to be merciful. One is to console the family, the other is to make them explain that the soul was burdened, the soul had a lot of heaviness inside and decided that I'd rather not live. So we actually should create something where if we see that soul is seeking some

help, we should be able to provide some help. Like give hope to the soul or some inner power or some objective, some motivation. I think that we have to look around and wherever help is needed, we should give, but after it has happened we will say no, that soul had to go, soul had to go.

Question: So what advice would you give to us, to help those who are dealing with this very delicate way of leaving the body? What advice would you give to us helping others in terms of not judging?

Mohini Didi: Of course we should not do that but also at this time, sharing about the immortality of the soul has to play another role. This might be the right time for them, this could be one of the ways they left and then they have to take another birth and they will play their role there. So I think we should explain to them all about soul and continuity as a journey. Have lots of good wishes instead of criticising, commenting, saying things about that soul. Even if you say the soul was very good, was very lovely, but send lot of good wishes so that soul can be comfortable wherever the soul is even after dying. So we should take care of the family, but also take care of the soul who has left.

Question: So sister Mohini, in relation to the merciful heart and in relation to all these different things that are happening, what did you take from Baba's Murli today that you feel that was very important for us to connect to being merciful but also being the bestower?

Mohini Didi: Baba said you should give all the burdens. Baba says you all make lots of promises, but it's lack of determination, so you're not able to give Baba and even we know that we should give. So to remain double light is very important, but also one of the practices Baba said, is to become like Baba, because Baba is Merciful. Always receive blessings and give blessings. I remembered that a lot of people say that I don't want anything, I just want blessings. That is why sometimes I just take out a blessing card and read that card to the soul. Many times I'm sitting at the airport when they say to just bless us. Just blessings are important and when we are embodiment, people ask us for blessings. So we have to be prepared for that. So I feel mercy is not something where you have to be merciful and try to give them a very good blessing and when they remember that blessing, it will help them in their lives. So I think we have to work more on ourselves to be an embodiment of blessings, and to be prepared to give blessings not only through thoughts or drishti but also in a proper words. This will help us to remember the blessings because sometimes you instantly don't know what to say. We might have to say Baba's words as words of blessings. That's what I'm taking as my homework, to reflect on that, churn on that and see that also as a bestower also merciful.

Question: Thank you so much Mohini Didi, this was wonderful, it was easier than I thought it was, and your answers were beautiful.

Mohini Didi: Actually, what you are saying about, you could never know the reason. Recently somebody called and he said person was so happy, was only 45 and then suddenly committed suicide and the family said, "We can't understand, he was so happy and everything good family, money." So, as you say that, what's the answer? There is no answer for that. There definitely must be deeply something bothering that soul, and they could have carried some sanskars from the past. Something is there which they know themselves, like no one else would know. So, it does happen and we have to use all three dots, stop it, and then think about it.

Om Shanti