

Om Shanti Everyone!

Baba has been talking a lot on mercy, but also mercy on the self. Today Baba explained it very clearly in three points: mercy on the self; first is for the self-progress, to see, have I become like the Father? Baba is merciful, Baba is the Bestower, Baba is unlimited. Secondly, if there are any weaknesses, you should take power from Baba and remove the weaknesses. Third, Baba said that those who have mercy on the self, they will not allow anything to be wasted. That means as soon as they have waste thoughts, they will have mercy on themselves. They are losing something, and also they will have unlimited distaste. So, beautifully Baba described to us what is mercy, and that we have to bestow, we have to take from Baba, take from the Bestower. Sometimes we are very impressed by certain souls, their capacity to give, capacity to do, but we have to remember they are also receiving from Baba. So, always remember that I have to take from Baba, I have to take only from Baba, and there is constant cooperation, giving and taking. Let's say someone has generosity, and I am very impressed by that one's generosity. That quality has been given to that soul from Baba. It's so beautiful when you think that all of us, whatever we are, we have received from Baba. I think there are many reasons that we are able to receive according to our part in the Drama. Baba wants us to be instruments, and then Baba also has to give so that I can be a good instrument. Baba said that you have to have the aim that I want to be a good instrument. When you have the aim, then you will receive from Baba.

So how to be merciful on the self, merciful on others, and constantly bestow? Just imagine that all the time if you are a bestower, how much you will receive from Baba? Baba is asking us to be a bestower. Especially in today's world, there is no word like giving. It's always taking, I want, I want, so many desires are there, and when we belong to Baba, we don't have any desires. Many people call us. What do you all need? We don't need anything. If they say, "What does the Yagya need?", then we just say, "Yes, this is what you could help with." Personally, we don't need anything. So, the Bestower has not only filled our aprons, but Bestower also has given us so much, made us free from desires. That's what Baba is saying is unlimited distaste. When you have everything, what will you do? Even if you accumulate, how much will you accumulate so there is contentment? Baba is saying that in today's world, everyone needs mercy and we have to give this to everyone. Now, let's say someone has bad behavior, or someone is violent or something, you don't need to get upset with them, you shouldn't be angry with them, but be merciful because they need a quality, a virtue. They need to have patience, sweetness, and generosity. So, how do we donate that? We do that kind of action. When you do that action with that virtue then the other soul can receive it and

also feel that's the quality. They think, "That's the virtue I also should have." So they take that virtue. Some souls find that they don't have enough power, so many, even some left Baba. If you ask them why you left Baba? We don't have strength to continue, we do not have courage to continue. No one says that it's because of Baba. Even amongst ourselves, if there is some conflict or something, we know that it's because I don't have courage to continue.

So how do we help each other all the time also? Mercy and bestower have a very deep connection. If you are not merciful, you will say, "Oh, I can't do more. That is enough. I have done a lot, let that soul take care of himself, herself." So when there is mercy, there is a natural quality of bestower. When there is no mercy, then we can abandon those souls. Baba says to be merciful not only to souls you know, but even souls you don't know. Some are Baba's children, some do not recognize Baba, but you still have to be merciful. It is so interesting, because Baba says that all the souls are your brothers. All the souls, you all are one family. Baba really internally wants us not only to be merciful, but unlimited bestowers. Then our self-mercy is to become like Baba, Master Bestower we have to be like Baba. So, automatically we keep receiving from Baba and Baba says that our stock becomes full. When the stock is there, what do you have to do? It is so easy to just keep giving all the time. Whether it is love, power, and at every step in life, one needs trust, one needs patience. So we look at each other and we know that we have to take from Baba. It is so beautiful to have mercy on the self, to become like Baba, and have mercy on others and bestow. These days, especially as I mentioned, a lot of souls are feeling different kinds of pressure and fear, then they feel that they are not capable. This life is worth living, so bring hope in their life, and by bestowing, maybe they can see there is an end of sorrow. Otherwise, they feel there is no end of sorrow, so they remain very sad and they carry a lot of sorrow. So, we have to be bestower and merciful.

Om Shanti

Questions and Answers

Question: I would like to focus on Dadi Janki, the way she expressed mercy and the way she inculcated mercy in the very early stages of her Brahmin life. We all know that Dadi Janki at some point in time volunteered to be the nurse, to take care of the BKs who were sick in Madhuban. Of course we all know Dadi Janki's nature that when she does something big, small or medium, she does it with commitment, with deep commitment, with bhavna. So, she was treating all these patients with a lot of bhavna. Mohini Didi, my question to you is what do you think would have been the experience of Dadi Janki in having mercy for the patients that she was taking care of? At the same time, what do you think she was inculcating inside of her that gave her strength to face

a lot of challenges with her own body, particularly in the later stages of her life, in relation to these qualities of patience and tolerance?

Mohini Didi: Patience comes from our trust that whatever I am doing, whatever I am bestowing or serving, it will finally be rewarded. Like the patient will become well, the patient is being comforted and the patient is receiving what is needed. So I think of course mercy has a lot to do with love, and also duty and commitment. So, she really served day and night sometimes, and as you said, she had her own challenges also of the body, but there was trust and patience because she knew the results. They will be alright if she serves them, give them food at the right time, give them medicine. So, Dadi had a lot of patience because of the trust she had in herself and also what she was doing. This duty was also given to her by Baba. Baba looked at her and He felt that she was very kind and compassionate, so she would do it very well. It was very well known that she would never give up on anyone. Even giving good wishes, she would never give up. Someone said she was the last person who would say, "Now, I cannot do it anymore." So, she was very consistent, and of course that requires a lot of patience and tolerance too. Physically, first you have to be available, you are serving day and night, a lot of tolerance, whether it was cold or it was summer, it was various things where she had a lot of tolerance.

Question: How do you think Dadi Janki had mercy for her own body? How did she take what she learnt from having mercy for others and then turned around for herself?

Mohini Didi: Definitely there is love for service. So, when there is love for service then you don't really think about what's going on with the body. We have all seen that every evening she would want to go for meditation, conduct meditation, and say hello to everyone, whatever the condition of the body. Then one day I asked her why do you do it? She said, "Because I also get a lot of sakash from all the souls, because they know my body is not healthy. Still I go so they all gave me very loveful vibrations." So she feels she was receiving while she was giving. Dadi also had a lot of tolerance when it comes to pain, and she was very comforting to others. I myself know whenever I had any major situation with the body, she would call and say, "It is just repairing of the body, it's conqueror of matter." She would give such strong, powerful points for me. So, I think her tolerance was very natural because again she told Baba, "Baba, I am not able to serve through the body." Baba said, "Doesn't matter, you start giving training. I will get kumaris for you. You don't have to worry to go anywhere, you just talk to them and give dharna points." So, Baba knew that she really had this desire to serve even though her body was not well. So, I think Baba also gave her some extra power for tolerance and Baba's drishti also gave her a lot of power.

Question: Sis. Mohini you also are a maharathi, and have been facing issues as far as I can remember back with your body. How do you have mercy for yourself, for your body?

Mohini Didi: Both things; one is the soul has to reach the destination or reach to that stage of perfection, that is, to be like Baba. So the internal, spiritual journey, and I always remind myself that the last moment for the journey is to be in remembrance of Baba. So, whenever I find that the body affects the mind, it could get a little bit like, 'how long or how far'? As soon as those thoughts come, I say, "No, I have to remember Baba." I keep remembering Baba, and my energy comes back, and then I say, "Oh, it's fine. I am okay." So it's a deep connection of mind and body. I feel that Baba wants me to serve through this body, so I try my best to keep my stage so that the body feels good. Otherwise, sometimes it is difficult but just for a few moments, this is called self mercy. Baba said that as soon as you have even a few wasteful thoughts, you just immediately come out of that and be merciful and remember that I have to be like Baba. Baba still has to use the body for service, so giving some very good points, help the soul to heal and be in enthusiasm, sometimes it could reduce.