

Sudesh Didi – 16th October 2022 Sunday Morning Class - GCH, London

Complete Purity is Royalty

Om Shanti. Om Shanti. Good morning. Godly morning. Godly morning, divine morning to all Raj Rishis, Raj Yogis. Not just yogis, but Raj Yogis who are studying Raj Yoga, and are royal Yogis. This is the gathering of spiritual Raj Yogis.

We are studying spirituality in a spiritual university, where we study spiritual laws. When we apply those laws, what are we called? Practical Raj Yogis. When we study, experience, experiment and apply, then receive and enjoy the fruit of that. It is not just a study; in fact, we have double tasks. We are studying, and Baba says that whatever we are studying, we share with others and teach others. We are royal Yogis, and this is the court of royal kings, spiritual kings.

The wonder and the uniqueness of Baba are that He does not rule the kingdom; He does not come into the Golden Age to rule. But His spiritual love, divine love, rules the hearts of everyone, both the devotees as well as His direct children. This extends to those who deny their belief, yet in time of difficulty, reveals that they do believe. During difficulty, "Oh, my God" automatically comes out from the heart. Some even try to prove that God doesn't exist, that God is dead. In the late 50s to early 60s, there was a kind of revolution. If you use the word God, people react.

When I came here to London with Dadi in 1974, it felt so natural to use the word God, as in India. But we were advised not to use the word God, and replace it with "the Divine". I said: But God is God. The Divine are deities, God is the Almighty. For their benefit, we even try to keep God incognito. On the one hand, we want to glorify God, on the other hand, we want to keep God incognito. But the One who is very powerful, incognito, is ever pure, is ever benevolent. This doesn't remain incognito, because though the most subtle energy is incognito, the experience is very obvious. Souls have experienced God, whether they are devotees or not. The experience of God is also recalled by those who do not believe, yet have a subconscious belief in God.

I heard one incident when a conference took place in America, where they want to prove that nature is God, that everything is nature, and that it is the wonders of nature instead of the wonders of God. They prove that God does not create the sun, the Earth or nature. The bhakti concept is that God created everything, God made the flowers blossom, God enables rain and sunshine. And now science reveals the reality about nature. In order to remove the concept of God, that conference took place. Eventually, in that gathering, they proved that nature is everything, that nature is God. Afterwards, the chairperson said, "Thank God we have proved that there is no God." So, the subconscious mind, deep within the heart, is the feeling that goodness, benevolence, is the best energy, the purest energy and the highest energy. And it comes through the Spiritual Power.

God is the spiritual Father, the spiritual Emperor, and we are His children. So, what would be the children of the Emperor? Princes and princesses. So, good morning, to the divine kings and queens,

or divine princes and princess. He makes us into kings who rule our senses, mind, intellect and sanskars, with ruling power and controlling power. But when spirituality becomes reality, then there's no need to rule or control. It's natural because everything is in order. The king means to keep everything in order. But in the Golden Age, everything is natural, and whatever is natural has an order and a system.

Baba, the spiritual Father is teaching us the spiritual laws. We have studied the laws of nature in a lokik university, but spiritual laws are those of the universal laws of the universe, and spiritual laws are taught by the Supreme Being. This is spiritual knowledge.

There is a difference between religion and spirituality, a religious person and a spiritual person. A religious person is a devotee who believes, praises and appreciates what others have practised and experimented with, what others have written in the scriptures. So, the scriptures are authority, because that is the experience of those devotees who are real devotees or real religious people. And then, they continue to follow the rituals which they thought had been created.

Spirituality is when you experiment it yourself, experience it for yourself, apply it in the laboratory of your life, so that spirituality becomes reality. Spirituality means soul consciousness, the relationship with God, and our interaction with each other in soul consciousness, that you are a soul; I am a soul. Spirituality becomes reality when it becomes our natural nature. When spirituality is a natural nature, the qualities of the soul are shared and experienced with each other. Spirituality requires the self to see their own efforts. It is just like if you want to see your face, what do you need? A mirror. Baba tells us to see our face in the mirror. But who is able to look in the mirror? We can see our face with just an ordinary mirror. But can a blind person see his face? No matter how big the mirror is put in front of you, what do you need in order to look in a mirror? You need own eyes, and these eyes are parts of the organs of your own body, of your face in particular. You need your own eyes to see your face. A blind person has eyes, but the eyes do not have light, and therefore, the person does not have sight.

Baba says that these big pictures that are created, are the mirror for the blind. People sing the song, "Show the path to the blind, oh God". I remember in Sakar Baba's days when this song was played before the Murli, you could see Baba's face. *Nain heen ko raah dikhao, Prabhu*. "We have become blind. Oh God, show us the path. Prabhu...with so much love. This word Prabhu means the One who lives beyond the physical world.

So, we sing God, show us the path. How does He show the path? He gives us the eye of knowledge, the third eye of knowledge. And with this knowledge, we are able to see our own selves. Devotees want to see themselves with the eyes of somebody else, through the scriptures that others have written. We are studying with real eyes. And when spirituality becomes reality, when it becomes natural, it becomes royalty.

A royal king's manners are divine, prosperity is in abundance, responsibility with great love to care for others. Each act is beneficial for all. Those who are able to do this service of benevolence, they win the hearts of others. Baba teaches us to be a server, to do service and to have mercy on others. In one

Murli (Sakar Murli 15-10-2022), Baba says, when you love yourself, you will learn to love others. And in another Murli (Avyakt BapDada 12-10-2022), He says, when you have mercy on others, it is mercy for your own self. How is it the other way around? He says that when we have mercy on others; we give others blessings, we will receive blessings from them.

How does giving blessing to others become the blessing for and mercy on ourselves? Mercy for others means I keep my heart clean. When my heart is clean, I have love and mercy for others, understanding that the soul has become very weak. When others have done something wrong, a knowledgeable soul, a spiritual person knows that this person is angry, but a soul cannot get angry. Anger comes from the soul being influenced by something. It is influenced by some impression, some kind of dissatisfaction, some kind of deep desire that is not fulfilled, and some expectations are not met. A soul cannot get angry because a soul does not have the property of anger. An original form of a soul cannot be influenced, the soul itself is full and satisfied; it has everything; it is immortal, and does not have fear. Fear also makes you angry and gives you tension. Tiredness also makes you angry and frustrated. Yet, all these are the factors of body consciousness or the properties of body consciousness. I have mercy when I see myself and others as a detached observer. And I understand that we were originally very elevated beings. Although the soul has become weak, what belongs to us exists deep within.

For example, we had a nice big house, and due to one reason or another, we had to sell it. Yet, whenever you see it, what comes to your mind is "our house". Although the house was sold, we would relate to others about our uncle or grandfather owning this house, or the image of your childhood playing inside the house comes to mind. In the same way, the experience of our original form is within us. We were divine beings; we were we had spiritual power; we had the divine light in us. Baba says this is not only light but the light with the sparkle of your spiritual royalty because you are free. You are pure power, totally detached, and yet have everything.

If I keep my heart clean, I will save my time and my energy, and I will not create a new account. If the other person is angry, and I also get angry and upset, and begin to blame and complain, who is at a loss? Since I am the master of my own self, I will not perform actions which make me lose my power. This pure light, soul conscious light, makes us double-light and makes us free from bondage.

As Baba says, the reality is that we will become angels, and the real light is the angelic light. It is very interesting that angels are the body of light. But they don't have a body because angels do not have a body of matter. When we are beyond matter, beyond physical influences, we are light, and not in bondage. We go beyond gender. Are angels men or women? Their appearances may be portrayed as female, but they are either male or female. Baba says that the soul is light, and the soul's body is light. The body is made of matter, but the soul itself exists in the body of light. With the body of light, the soul carries out all its activities with spiritual knowledge, with the reality of purity. This purity is light, because purity is angelic. Purity is prosperity where we attain all powers. When purity is lost, the light is lost. When the light is gone, then everything is dark. We stumble in the dark. By becoming the embodiment of light, we are able to rule our sense organs without force.

God is ever-light and ever-benevolent; the Emperor who wins the heart of everyone. Baba is making us this, and reminding us that we are these deities. We were these divine beings; we were these elevated souls. This mantra of hum so so hum, the effort to become is subtle, yet the result is very obvious. Some children say, "We are making efforts, but we are incognito. Nobody recognises me." Baba acknowledged that incognito effort is a very good thing. It is humility to make incognito effort. That is also called stealing butter. But the spiritual sparkle and royalty through making incognito effort can never remain hidden. Truth does not need to be proved; it is obvious. The flower is visible; the fragrance is subtle. But can you hide fragrance? Even when we cover and hide the flower, the fragrance cannot be hidden. We can cut an apple and keep it hidden inside the cupboard, but the fragrance will tell you that an apple is inside. Fresh basil has such distinct aroma when we cook it. So, to make incognito effort and not show yourself is humility. But if I say to others that I'm making effort but nobody recognises me. If I myself says to others that I'm incognito, this is not incognito. The soul knows deep inside that they are not making effort, but they want some kind of appreciation. But they don't get any appreciation because this is not real and not royal. But when you are a real effort maker, you don't accept praise nor will you sing your praise. You're known already. Others appreciate, while you say it is *karankaranvanhar* (the One who does and also gets things done through others) who is making it happen.

An incognito effort maker who has purity in mind, attitude, relationship and interaction, their thoughts, ideas and behaviour will all be pure. The pure light of soul consciousness and God consciousness, rules the heart of others. Baba says that we then become angels. In the Golden Age, we are shown the crown of light. In the soul world, we are also the point of light, but angels are shown the body of light. This means all our physical organs are there, but there is purity of light in every organ. To achieve that, we need yoga power.

Yoga power means that the fire of love is always on; purification is taking place; sense organs are light and bright. Not only is the soul light, but the body itself is light and pure. This is why on the path of devotion, when devotees have visions, they see the body of light coming from above. They are shown with the body because spirituality became reality, reality became divinity, and divinity became royalty. Then we receive light and might. Purity is light; purity is might; purity is power. Purity is respectable and praiseworthy. This spiritual light is pure light. This spiritual love is selfless love.

What are angels like? They are selfless, and do not have personal desire. They are uninfluenced, and are totally free. There's no consciousness that I exist, they do not have the bondage of I and my. We say my body, but in fact, this body is not mine either. I've been entrusted with this body; I am the trustee of this body, because it is gift from matter, or where parents became instruments to give the body. So, it is not my body, it is a body I have borrowed. When we begin to believe that this body is borrowed, I will be able to use it without thinking it is mine. I will be able to let go and become the guest in this body. In this way, we are becoming free with a change of consciousness, then automatically, we are able to achieve our goal from being a yogi; we become Raj Yogi with pure attitude pure vision, pure vibrations and pure direction. We also become Raj Rishi, who makes the environment pure.

In the cottage of rishis, animals of different nature drink, play and stay together. In our own homes, if we have dogs and cats living together, they are living in the same home, but they don't bark at or fight with each other. The dog doesn't bark and the cat is not afraid of dog. They are able to understand nature. In the same way, in order to show that the deities had so much harmony, that they even ruled the nature of animals. This is why it is an interesting way that in bhakti (devotion), the pictures are made, the scriptures are written and then statues are made. Animals with opposite nature, but they are in a conference; the deities are having a conference or a gathering, and every deity comes with their own vehicle. For example, Shankar is shown with the garland of snake and Vishnu has the vehicle *garuda* (mythical bird with human features). *Garuda* eats snakes, yet they are there together and they don't harm each other. Ganesh finishes all the bondage and is obedient and faithful to his parents. So his two wives, one rides on a rat, and one rides on a cat, but they don't fight with each other. So, all these scriptures are the pictures of our own original qualities. And its basis is purity. So, the first lesson is: I am a pure and peaceful soul, walking, talking, sitting, eating and cooking. Baba says even if you cannot do any physical service, you can do this service of the mind with a pure mind, a benevolent mind, a merciful mind. So have mercy on your own self. But when you have mercy or love for others, automatically, you receive the blessings from others. So, give blessings and receive blessings. Have mercy on others and it is mercy for your own self. Benevolence for others it is benevolence for the self. Om shanti.