

INTERNATIONAL DAY OF PEACE CELEBRATION

BRIDGES OF INCLUSIVITY & PEACE

24 September 2022



Brahma Kumaris Philippines celebrated the **UN International Day of Peace on September** 24, 2022 with a special online program, "Bridges of Inclusivity and Peace." Guest speakers BK Sr. Gopi Patel and Ms. Irene "Inday" Santiago, local and international practitioner and adviser on peacebuilding and gender equity, focused on inner peace and the pillars of peace, respectively, that are essential to be sustained in the midst of the discrimination and violence happening globally. With the theme, "End Racisim, Build Peace" for the International Day of Peace 2022, Ms. Santiago shared how increasing connectors and decreasing dividers is a key factor in building inclusivity and positive peace. BK Sr Gopi Patel stressed on the significance of keeping our peace "b-o-m-b" (balance, objectivity, mental refreshment, and a sense of beauty and hope" constantly ignited.





The participants enjoyed the experience of silence and reflection with violin music from BK Ayako and a song rendition of "If We hold on Together" from BK Tina Diaz and her daughter, Tanya. Sr Rajni Daulatram, National Coordinator for Philippines and Japan led everyone to an inspiring meditation on peace to cap the program.

Several participants were contacts and previous participants of BK Philippines programs. Two of them were Ms. Lenlen Mesina of UN Women Philippines and Ms. Grace Rebollos, a President of a university.

E-Blessings were given at the end of the program and one of them is: "The world is peaceless. Only when you truly adopt your original religion of peace, can you hope to bring peace to the world."