

Sudesh Didi – 2nd October 2022 Sunday Morning Class - GCH, London

The Fortune of Becoming a Self-Sovereign

Om shanti. Om shanti. Good morning. Baba's Godly versions start with this expression: sweet children, sweet children, lovely children, reminding us every day that we are sweet children. Then, as we hear this expression, we realise that this is like a very beautiful art of removing the bitterness which has accumulated in the soul for a long period of time. He has removed bitterness, and fills us with sweetness, with love, but at the same time, makes us very powerful by giving us the knowledge, by revealing the truth to us, explaining very clearly the laws of spirituality, the laws of nature and how from the Golden Age till Iron Age, how the drama moves from one stage to another stage, and how we souls play our parts through different stages; from the land of truth, how we reach the land of falsehood. We were staying in the Soul World. The Soul World is also the place of Truth.

Truth remains constant; Satyam Shivam Sundaram (The Truth, the benevolent and the beautiful One), the Supreme Soul also resides in this region of Truth. We souls, in our original form, eternal form as a soul, bodiless souls, incorporeal souls, and according to each one's capacity, potential that each individual has, with the power of purity, numberwise, but all souls go there, only when they become pure, free from the influence. The sanskars may still be there, but that impurity that was accumulated on this world of matter has been removed. So, there is a difference.

With great love, Baba makes us understand that our power of purity is not just ordinary purity. Unlike the sanyasis or religious people who live a pure life, our purity, which is taught by Baba, is doubly non-violence. Baba explains that impurity is violence; anger is violence. And real purity is doubly non-violent. Today is 2nd October, and it is Mahatma Gandhi's birthday. He also taught or had a very powerful concept of *Satya, Prem, Ahimsa*, Truth, Love and Non-violence). He was very firm and determined with the concept of non-violence. He created that feeling in others as well. In fact, Bharat has never attacked any country. In order to protect itself, power had to be used, but it is for defence, and not to attack, according to history. But Ravan has attacked us. And when Ravan comes, we begin to attack each other in everyday life, and become violent. Anger is also violence; criticism is also violence; hurting others with our words, throwing stones, and also through drishti, and negative vibrations, are also violence. We cause sorrow to each other; violence means to cause sorrow. Baba says we are the removers of sorrow; we cannot be the givers of sorrow. We neither take sorrow nor give sorrow. We are *swardharma* (religion of the self); *swardharm* is silence, purity and peace. Where there's purity, there is peace. Where there's peace, there's harmony and love. Then there's harmony and happiness.

Baba establishes the golden-aged world with great love. To present His love, He comes here on this planet. This is because of the power of love, His love for the children. Some say, "I don't experience God's love." But God's love is also very unique. It is unlike the love that human beings express for each other in a gross way, or physical love or emotional love. It is the love that uplifts the soul, purifies the soul, and enables us to become so powerful, that we are able to help others to become the embodiment of virtues, of powers, to have a relationship with the Supreme Soul and become elevated.

The child experiences a relationship, first, with the mother. And God also comes on this planet to meet us. This is the proof of His love; He doesn't give inspiration or give teachings from the Soul World. And every day, He says, "My long-lost and now-found children." Even yesterday, He said that we were lost. He calls us His long-lost and now-found children, because we were lost 5000 years ago. We have been separated for this long, but

we were not aware of it. We thought we have come here just now on this planet in this body. The secret of ourselves having come into this cycle for a long period of time. We were lost; we were stumbling, and He has found us. We were trying to find Him, but we couldn't, as we didn't even know who we were looking for, or who God was. If I do not know what I'm looking for, how can I find Him? Our concept or knowledge of God was either God is everywhere, or I am God, Shivohum, and you are God, and we were fighting with each other, gods were fighting with each other. Or we would say, I am God, and you are God, and at the same time, we also would say, we are children of the Supreme Soul. So, whatever we were saying was without any understanding, and that's why it's called false knowledge.

Baba gives Truth. His love is real; it purifies the souls. Love enables us to become viceless, non-violent, and virtuous. Baba, in the form of the Mother and Father, teaches us and gives us an understanding of what is right and what is wrong. What is interesting is that Baba is One who is totally free from all relations, and He shows us that, in fact, this relation with the body is bondage. He explains that, if we want to experience a relationship, then create a relationship like Him. He also comes in Brahma's body; He loves us, but He's totally detached. This is the relationship of the soul and the Supreme Soul. It is the soul who experiences love; the body does not experience love. Because of the physical sensation, and the expression is through the body, we thought it is the body that experiences love. The soul expresses that feeling through the body, and we thought the body is feeling that. And so, in fact, it is the soul is feeling low. And when we understand the meaning of love, we can only experience love in soul consciousness; in body consciousness, we cannot experience Baba's love.

The first truth is that Baba loves the souls; He does not love the bodies. We need to first realise this relationship with God: the eternal soul is the eternal child, but in the Soul World, love is not experienced. The soul is just still in silence. The soul cannot experience Baba. The atmosphere is of the World of Silence: sweet silence, deep silence, perfect silence and pure silence. And yet, the soul does not absorb anything extra or learn anything extra. Only when He comes can we experience the contrast between the silence of the Soul World and the noise and violence of the Corporeal World. This contrast makes the person aware of peace or peacelessness.

Baba gives us a very clear understanding; with the knowledge, we realise what we achieve from God: Knowledge, purity, peace, prosperity; the basis is the truth about the self, about God, and about the world drama - the three aspects of time - the past, present and future. With knowledge, we also recognise our own qualities. God's love makes us aware that we souls are not ordinary souls. He makes us aware and creates self-respect in us. When we become children, through this physical body, the child experiences the love of the Mother. It is also a wonderful method of Baba that He makes our mother a male mother; we experienced love through the male mother, and we are born to a male mother. In order to express His love, He adopts and forms a relationship with Brahma; Brahma mother and Shiva Father, and we have great intoxication that we have mouth-born progeny of Brahma. So, mother Brahma and Father Shiva. Brahma Baba is not a mouth-born progeny. Brahma is adopted by Shiva. And we are born through the mother and Father. Because Brahma says, I don't have any mother. But he's not an orphan; he's the first number heir. It is the love of God that made him feel his own intoxication.

We have double intoxication, triple intoxication, through recognising our own self, our own beauty, our own spirituality and our own greatness, that we souls were. The way we souls are given this study, that is also God's love, but in the form of sustenance, with so much love, care and protection. This generates an energy within us, that we are able to recognise with the mother because the mother is the first teacher. In the same way, Baba the mother, gives his love, gives us our new identity, sustains us every day with the food of knowledge. Brahma Baba cooks, and Shiva gives the ingredients and we are fed every day. It is churning, earning the experience of Brahma Baba and the knowledge of Shiva. So, knowledge is also a mother.

We have our mother and Father, the male Shiva and we have the Gita mother, as the knowledge is also a mother. The more knowledge we understand, the more civilised we become. But that Baba says: I teach you to make you civilised and educated; I make you the embodiment of virtues by becoming your Teacher.

The first quality we attain from this knowledge is that of a bodiless soul, a peaceful soul. Body implies the world of sound, and bodiless implies the world of peace, the world beyond sound. The soul's original nature is beyond sound. Its true property is silence. In soul consciousness, we experience peace. To be in the state of soul consciousness means that the influence of matter is removed, it means the vices are removed from us, then we experience true inner power, which creates self-respect. With knowledge, we begin to realise how vices have brought peacelessness, sorrow, poverty, violence and corruption in this world. Anger increases; where there is anger, there is peacelessness. Where there is attachment, there is pain, sorrow, worry and tension.

So, attachment brings sorrow; anger brings peacelessness; greed brings corruption and poverty. Greed is increasing; corruption is increasing; poverty is increasing. The original wealth of Bharat is lost through the greed of others or our own greed, in different aspects. In the Golden Age: purity, peace, prosperity, health and happiness; there is everything. It is a world of purity, peace and prosperity; a healthy and wealthy life. Then, we realise the suffering that the soul has to go through for many births. When the mother gives birth to a child, the mother experiences pain, and the child's cries in sorrow. In Golden Age, a newborn baby will not cry; at the time of leaving the body, no one will cry, because there is no sorrow of taking the body or leaving the body. It is an experience of joy in changing dress and going to a new address. And the address is known beforehand; we will know where we are going and who will be our company. So it's very clear there is no fear and no worries in Golden Age. Why do we have fear of death and sorrow through birth here? Because we do not know, and we have not secured our future.

Now Baba is making us, giving us the guarantee and creating our future. Still, there needs to be a great awareness of the reward of the present efforts, and the earning of the true income. We carry with us the sanskar of happiness in the Golden Age; there's no trace of sorrow or impurity.

What is impurity? What creates impurity in us and what makes the whole world impure? Well, who is the mother of impurity? The whole world becomes impure when ego takes charge. Ego brings impurity in thoughts, impurity in vision, impurity in relationship, corruption and lust. Lust is physical; it brings sickness. Therefore, the life span of human beings becomes shorter and shorter, the average age of the body is as short as 42 years. In one birth, we might leave the body at the age of two months age, and in other birth, we might die 20 years of age. Then according to the drama and my part, I might live up to the age of 8, and the next birth I might even die before I take birth. So, the soul has to experience death many times because the body becomes more and more impure. The power of the vices increases and begin to affect the soul on a subtle level. Last is being dependent on others. Attraction, dependency, different aspects of impurity through the physical body, but still it is gross. With anger you can get angry from a distance, you can get angry on the telephone, you can get angry and write an email. With attachment, even without the presence of the object we are attached to, we still experience suffering from the attachment in us. They are gone and we are crying, or they have not come and we're still crying. When a couple cannot have children, they suffer and need to adopt children. It is attachment which creates sorrow. Attachment mostly is with human beings. Greed is more subtle. Greed is not usually for living things, but for material objects. Corruption increases from greed for gross things. Ego can influence the soul with or without another human or material object. We can be egocentric just through the thoughts within the self. As we begin to go further into body consciousness, the suffering that we experience goes deeper and deeper. Baba gives five things to replace the five vices: knowledge, purity, peace, love, and happiness, through which we become healthy and wealthy, and we receive the power of self-sovereignty as well as the kingdom. So, the main thing is

to become a raja Yogi now, and the king in the future. But without becoming 'kings' now, we cannot become kings in the Golden Age. This is why Baba is teaching us Raja Yoga, and telling us how to conquer Maya, and not allow it to erupt, putting Maya and Ravan in prison. Ravan has put Sita in prison, but we keep Ravan in prison. Ravan definitely comes, but what is the reason? Suppose it is because we are not holding the key in the right way.

Baba has given us the lock. Which lock has Baba given? Today he has given us the double-lock of full remembrance and selfless service. Powerful remembrance is the remembrance of relationship with Baba, the remembrance of what Baba is making me, and the remembrance of what I receive; that is, the remembrance of what I was and what I will become again. It is the knowledge, that we need to remember and imbibe powerful remembrance and selfless service. If there is any selfish motive in service, then many kinds of Maya come in subtle way: name, fame, position, authority and corruption. Ignorance is the root cause of suffering. Then we don't realise that service is actually fruit of happiness. In selfless service, cooperation comes automatically. You give everything to Baba because He is Karankaravanhar. And that keeps you safe and happy. Selfless service and powerful remembrance. Where there is the remembrance of Baba, remember of the One, love is there. This love is powerful; it is a wonder that God does not have a physical form, but the imprint of God's love is so deep, that souls even at the time of sorrow, without knowing God, they still remember Him. It is the power of love He has given us that is the secret to becoming healthy, wealthy, happy, benevolent and prosperous.

The mantra we receive from the Satguru is "Be holy. Be yogi." This means to have powerful yoga, and remain egoless. Holiness is not only just celibacy, but to be egoless, then complete perfect purity, the perfect world of happiness, vicelessness, perfect royalty and dignity. Vices makes us a devil; virtues make us a deity. So, Baba transforms our personality by becoming our Teacher. He purifies us and makes us doubly non-violent by being Satguru. We experience perfect love through the two Parents of the soul. So, *Satya, Prem, Ahimsa*; truth, love and non-violence. When we keep this slogan in our life, we are able to make ourselves free; to remove the rule of Ravan, the rule of bondage. We become self-sovereign, and attain freedom in this world forever, that is, liberation-in-life for a long time. Om shanti.