

Conny Dietzschold _ Obituary

a star is gone; a star is reborn

★1953 - †2022



Conny was a star ★ in more than one way

- She was a star by being a shining point of light with a warm personality, a gentle smile and a captivating voice.
- She was a star as an engaging stage presenter and a mesmerising singing bowl performer.
- She was a star in the personality quadrant of Wealth Dynamics who is creative, fast and connects to people.

- **She was a star by igniting the light in many who joined the multitude of sessions of the meditation centre in East Sydney.**
- **She was a star of hope on her cancer healing journey.**
- **She was a star by shining her light continuously on newness and by being a trendsetter in her personal life, her businesses and her spiritual service field.**

Conny was born in Frankfurt in October 1953 and had two sisters. Conny took education in law office administration. At 19 years of age, Conny decided to explore the world, and she migrated to Australia. On arrival, she quickly found work and spiritual friends and had an early first-hand experience of the power of meditation. When a Poltergeist haunted the house she lived in at the time, the strong-minded Conny gathered her friends, and together they meditated and showered the spirit with white light, which, with a last cracking of the garden door, left and never returned.

Conny took a liking to India and learned about its cultural aspects, including Hindi, Sanskrit, playing the tabla and the silver flute. In her early twenties, still in Australia, she was introduced to the philosophy and meditation practice of the Brahma Kumaris. She was fascinated by the teachings right from the beginning and became a devoted follower and internationally respected teacher.

In 1980 Conny moved back to Germany to start a Brahma Kumaris meditation centre in Cologne. This centre quickly became one of the largest in Europe (outside the UK), with an artistic theatre and a thriving community that attracted many people to come close. Cologne also became the German coordination office that organised many significant cultural events during Global Co-operation, an international initiative of the Brahma Kumaris worldwide during the mid-80s.

In 1995 Conny stepped down from her BK responsibilities and opened a commercial art gallery. In the same year, Conny and Florian started to form a lifelong bond of companionship, co-operation and mutual support, which proved to be long-lasting.

In 2000 Conny and Florian migrated to Sydney, Australia where Conny reopened her gallery business soon after. In 2004 Conny and Florian opened a thriving meditation centre in the inner city of Sydney. They called it the East Sydney Meditation Centre, which served at its peak hundreds of souls every month. There were quarterly printed pamphlets listing programs almost daily of courses, seminars, concerts, special dinners and guest talks with audiences of up to 80 people. Conny welcomed everyone and invited a spiritual gay and lesbian group to come, share and contribute. Conny also hosted a women empowerment group with many guest speakers for years.

In 2017 Conny was diagnosed with cancer, and she embraced this new challenge in her life with great care, dignity and a magnitude of hope. Conny lived with cancer, her everyday life as good as possible with little to no side effects. Her treatment protocols of juices, activities etc., made her close her gallery and meditation centre to dedicate her time to self-care and her newfound love of singing bowl performances.

In March 2022, Conny's cancer re-emerged, and Conny underwent her first radiation therapy. Soon after, Conny experienced increased cancer growth, and she also started to feel pain which grew in intensity over time. In July 2022, Conny and Florian flew to a clinic in Switzerland for Conny to receive biologically based treatments to support her body's healing process. However, the progression of her illness and the consequences of prolonged pain medication over months have caused multiple bleedings in her digestive tract, which ultimately weakened Conny's body, past the point for any successful treatment plan. In her last weeks, Conny was at the university clinic in Freiburg, Germany. The medical and nursing staff looked after her with professionalism, loving care, and 24/7 powerful pain medication. Florian was allowed to stay with Conny in the same room. Till the end, Conny remained firm in her belief that miracles are possible. Shortly after deciding on palliative care Conny left her body on Friday night, the 19-Aug-2022.

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Conny's Sound Healing Baths Sessions

Conny's sound healing baths sessions have mesmerised many and transported them into a world of relaxation through sound.

Please see below three recordings of Conny's

Sound Bath Meditation – Powerhouse Museum – 11 March 2021

<https://www.youtube.com/watch?v=sghyJBmzJi0>

Sound Bath with Conny Dietzschold at Brahma Kumaris Retreat Center in Leura – Feb 2022

https://www.youtube.com/watch?v=JHs_WRtH0kQ

Beginning of Year Deep Release and Setting Intent – Inner Journey to Myself – 18 January 2021

<https://www.youtube.com/watch?v=R1YyO-JSkPE>

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