## **BK PHILIPPINES SERVICE NEWS**



## International Youth Day

August 13, 2022



Golden Drops workshop



sharing session



giving of toli & blessings w/ Sr. Salud, BK Retreat Center Tagaytay Coordinator

Here are some of the experiences shared after the workshop:

"We are united in creating a positive view of the world...and also all the positive qualities that we want to world to have."

"Beautiful world...birds chirping, flowers blooming, people dancing in happiness, loving feelings..."

"Collectively visualizing the image of the beautiful world... we all feel hopeful."

"Beautiful world...paradise... We have common aspirations for a beautiful world. We feel positive. We feel happy and relaxed. While sharing, it feels like we are in paradise."

We ended the program with smiles on each one's faces, with hopes and inspirations, with sweet and good thoughts and feelings for each other and with determination to practice the wonderful lessons and powerful insights we all got from this meaningful program - to consciously engage our hearts and minds in creating a Beautiful World. And it all starts from within.

When I change, the world changes.

Om shanti.