Instead of making the facilities your support, use the facilities on the basis of your spiritual endeavour, be a Brahma-achari (one who follows the footsteps of Brahma).

(Pure inspirations from Dadiji – 22-6-2022)

Beloved Avyakt BapDada's deeply loving instrument teachers, brothers and sisters from this land and abroad who are the decoration of the Brahmin clan, those who always follow the teachings of Father Brahma, those who follow both Fathers and become equal to them, who always stay in the Brahma-achari stage and stay on the bed of constant happiness and peace, please accept Godly love-filled sweet remembrance.

In the present atmosphere, along with doing service, all of you must also be doing special tapasya to make your stage unshakeable and immovable. Because Father Brahma loved solitude, he always remained introverted and himself was always merged in the ocean of peace and happiness, and with his pure thoughts, attitude, words and connection, gave the experience of happiness and peace. In the same way, we Brahmin children also have to be stable in our tapaswi form and have good wishes for every soul. We have to increase the practice of soul-conscious vision and attitude. According to the time, we now have to inculcate the great virtue of mercy and compassion and keep a balance of love and authority and humility and greatness, and race in making intense effort. We have to be introverted and have love for solitude.

Baba's hope for all of us children is: That each child of mine becomes obedient and faithful and with your sweet words and cool nature, become instruments to serve many other souls. We now have to fulfil these hopes of Baba and do the great service of world benevolence. Sweet Baba says in the subtle region, makes His children instruments and is getting unlimited service done through them. All of you must be hearing all of that news and seeing the divine activities of God, you must be singing the song "Wah Baba, wah!", "Wah drama, wah!" and moving forward with zeal and enthusiasm. Look, in the unlimited court of Shantivan, many sages, mahantas and mahamandeshwars from all over Bharat came and a beautiful and successful conference of the special points of the true knowledge took place. Each one shared their opinions of God's divine form and His acts. Everyone went back having had very good experiences.

In fact, at this time, in all places of Madhuban, all the new and old children are doing very good tapasya. Now, in the month of July, there will be a special yoga tapasya programme for all teachers and surrendered brothers. All of you must also be doing special tapasya at your own places. Victory can only be attained on all types of situations through your own stage, and the method for that is tapasya. So, definitely, all of you must be paying full attention to that. Only the power of tapasya will be able to find a solution for all types of problems.

Karankaravanhar Baba is getting His task of establishment that still remains accomplished with His subtle sakaash. In order to catch His touchings, you need to have a very clean and clear intellect. Now, according to the time, along with service through words, you also have to do the special service of spreading vibrations of your good wishes and pure feelings with your stage of being viceless. Achcha.

All of you must be enjoying good health. Please accept remembrance filled with blessings.

In Godly service,

B.K. Ratanmohini

Madhuban Newsletter – July 2022

Become Brahma-achari – one who follows the activities of Father Brahma.

- 1. Brahma-achari means one who follows the activities of Father Brahma. Let the steps of your thoughts, words and actions naturally be in the footsteps of Father Brahma. Let the steps of your thoughts, words and actions be Brahma-achari. The face and activity of such Brahma-acharis is always introspective and gives the experience of supersensuous joy.
- 2. Brahma-achari souls do not just remain happy on the basis of the facilities of science and the facilities of knowledge, but they have all facilities with their spiritual endeavour. They do not make the facilities their basis, but use the facilities on the basis of their spiritual endeav6uor.
- 3. The basis of success in remembrance and service is purity. You don't just have to be celibate, this is not purity, but the complete form of purity is to be Brahma-achari as well as brahmchari (celibate). Brahma-achari means one follows the activities of Father Brahma, which is called follow the Father, because you have to become like Father Shiva in your stage, and follow Father Brahma in your activities and actions.
- 4. Brahma-achari means a follower of Brahma. The image of a follower of Brahma is to be always lying comfortably on the bed of happiness, that is, to always be an embodiment of peace. So check whether you always have the attainment of purity and the experience of happiness and peace. Let all name and trace of sorrow and peacelessness be erased from your life.
- 5. The vow of purity is not just the vow of celibacy, but like Brahma, to have purity in your every thought, word and action. This is called being celibate (brahmchari), that is, Brahma-achari. Let every word be filled with the *vibration* of purity. Let every thought have the importance of purity. Let every action be the action of a karma yogi, that is, having karma and yoga together.
- 6. Like Father Brahma, let your every word be an elevated version, not ordinary words because your birth is not ordinary, it is alokik. Being alokik means having purity. A Brahmin means having the same activities as those of Father Brahma. Let your words be the same as those of Father Brahma, let your activities be the same as Father Brahma. This is called following the Father.
- 7. The basis of greatness in Brahmin life, the basis of closeness, is to be celibate from childhood, that is, always to be celibate, which is also known as following the Father. Those who remain constant in this also experience attainments constantly. An "on-and off" effort-maker would experience temporary attainments.
- 8. The aim of each child is to be complete like Father Brahma. So, according to the aim, fill yourself with all qualifications and become complete. For this, the special dharna is always to be Brahma-achari, that is, celibate, and always uplift others.
- 9. Father Brahma became complete and accomplished his task, he didn't look at anyone else thinking "this child is like this or that one is like that and this is why I wasn't able to become complete." He became complete while playing every part. I have to become complete and become the same. Now, there has to be a group of such Brahma-acharis who have this thought.
- 10. Father Brahma always remained introverted because he loved solitude, and because of this he was always merged in the ocean of peace and happiness and with his pure thoughts and vibrations, with his attitude and words, with his connections, he continued to give the experience of peace and happiness. Follow the Father in this way and you will be called a Brahma-achari.
- 11. Father Brahma was always a tapaswi, and from his awareness and vision, nothing except the soul-conscious form was visible. No matter how rajoguni or tamoguni a soul's sanskars were, and so became an instrument to test you in your efforts, he always had benevolent thoughts and feelings for that soul. Follow the Father in the same way, that is, increase the practice of soul-conscious vision and attitude.
- 12. Just as you saw Father Brahma in his authoritative form in his actions, service, face and in his activities, similarly, follow the Father. Let love and authority, humility and greatness be visible at the same time. At present, underline keeping balance in both aspects.

- 13. Just as no one was able to tie Father Brahma in bondage in his final moments, he didn't remember anyone else, he played the part of being ever-ready and of being in the karmateet stage, become ever-ready in the same way. For this, step away from all supports and make the one Father your imperishable support. Do not make any person, comfort or possession your support. These are Father Brahma's steps, which you have to follow.
- 14. When sakar Baba saw any wave of weakness, he used to do the special service of giving sakaash and make plans and pay special attention to strengthen weak souls. Similarly, you children also have to do the service of giving sakaash. Be a light and might house and spread the influence of light and might everywhere.
- 15. Father Brahma became the number one example of renunciation, and while having all facilities, he remained very firm in his spiritual endeavour. This renunciation of Brahma enabled service of the power of thought to take place. Even today, the impact of Brahma's tapasya is experienced in the land of Madhuban. Even today, you can experience the fruit of Father Brahma's renunciation, tapasya and service. Similarly, spread the vibrations of your renunciation, tapasya and service in the world.
- 16. From the beginning of his life, Father Brahma always made instant donation and did everything instantly in every task. His decision-making power was always fast. So, follow Father Brahma. When you are following him, all wasteful questions such as "Why? What? How?" all finish. By keeping the mind clean and the intellect clear, you easily have the stage of being *double light* like the Father.
- 17. A Brahma-achari is one through whose every action the actions of Father Brahma are visible. Your words are equal to the words of Father Brahma, your getting up, walking around, seeing and moving around are all equal. Father Brahma created his sanskars, and he also reminded us when leaving his body: incorporeal, viceless and egoless. Let these be the natural sanskars of Brahmins, then you would be called Brahma-achari. Let there be newness in your sanskars and nature, just like the Father's. It is not my nature, but the Father's nature is my nature.
- 18. Even though Father Brahma was in an ordinary body, he was experienced to be the highest. Everyone saw him and heard about him. Now, even in the avyakt form, though he is ordinary, you can get a glimpse of the highest being. Similarly, follow the Father. You may be doing ordinary work, but let your stage be great. Let there be the impact of an elevated life on your face. Let there be the experience of the Father through your every action. This is called being Brahma-achari.
- 19. Father Brahma had special love for the murli and therefore, he became murlidhar. They show the murli as his symbol even in his future form of Shri Krishna. To have love for the things that the Father loved is a sign of love. This is called being loving to Father Brahma, that is, being Brahma-achari.
- 20. Whatever actions your perform, words you speak and thoughts you have, before doing anything, check whether it is equal to that of Father Brahma. Then put those thoughts into practical form, speak those words through your lips and perform the actions with your physical senses. Let it not be that you didn't think about it, but it happened. Father Brahma's speciality was especially this he did what he thought, he did what he said. Those who follow him in the same way are Brahma-achari.
- 21. On the basis of his faith and spiritual intoxication, Father Brahma became the knower of the fixed destiny and used everything he had in a worthwhile way in a second. He didn't keep anything for himself, but used everything in a worthwhile way. You saw the practical proof of that that even on his last day, he served with his body writing letters and he spoke the elevated versions. Even on the last day, he used his time, thoughts and body in a worthwhile way. So, Brahma-achari means one who uses everything in a worthwhile way. The meaning of to use in a worthwhile way is to use it for something elevated.
- 22. Father Brahma was always cheerful and sincere and mature; having the balance of both, he maintained a stable stage. Similarly, follow the Father. Do not be confused in any situation, nor allow your mood to change in any situation. Always follow Father Brahma in every action and then you will be called Brahma-achari.
- 23. Father Brahma's favorite slogan was: "Less expense, greater glorification." So, spending less, demonstrate receiving greater results. Let there be less expense and the attainment you receive from that be very beautiful. Let more be accomplished through less expense. Do not spend too much energy and too many thoughts. Speak less, but let there be greater clarification through those few words. Let

there be few but powerful thoughts. This is known as having greater glorification through less expense, that is, being an incarnation of economy.

- 24. Father Brahma demonstrated in a practical way belonging to the one Father and none other. In this way, you also have to follow those who become equal to the Father. Like Father Brahma, have this determined thought never to be disheartened and always to remain happy in your heart. Do not shake even if Maya tries to shake you. Even if Maya comes in a form as big as the Himalayas, don't try to find a path at that time, but just fly. For those who fly in a second, even the mountain becomes like cotton-wool.
- 25. Father Brahma is the symbol of a karma yogi. No matter how busy someone is, no one can be busier than Father Brahma was. No matter how much responsibility you have, no one has as much responsibility as Father Brahma had. Just as he remained a karma yogi while fulfilling his responsibility, he performed actions considering himself to be the "doer" (karanhar one who does; he didn't consider himself to be the one who inspires (karavanhar). Similarly, follow the Father. No matter how big the task may be, just think that the One who makes everyone dance is making you dance and you are dancing and you won't get tired or confused, but will remain ever-happy.
- 26. According to the present time, you are coming close to the perfect, angelic stage or the stage of becoming equal to the Father. Accordingly, the definition of purity is becoming even more subtle. It isn't purity just to be celibate, but along with being celibate, also be one who places your every step in Father Brahma's footsteps, be Brahma-achari.
- 27. You experience Father Brahma to be a walking and moving angel, without any body consciousness. While performing actions, while talking to others and giving directions, he increased everyone's zeal and enthusiasm while being detached from his body and gave the experience of the form of subtle light. Similarly, follow the Father. Always remain detached from body consciousness. Let each one see your unique form, this is the stage of Brahma-achari.
- 28. Up until the last moment, Father Brahma remained alert. You didn't see the slightest carelessness. Even on his last day, he played his part of service with such alertness. Even though his body was weak, he remained alert and didn't sit with any support, but continued to make all of us alert. The more alert you remain, the more you will be able to follow him and carelessness will finish.
- 29. Father Brahma was always a detached observer and remained beyond. These were the elevated qualifications of the complete stage of the corporeal being. You now have to be equal in these sanskars and with these qualities, win everyone's heart. Those who win everyone's hearts at the confluence age become world emperors in the future. So, sow the seeds here and receive the fruit there.
- 30. Though Father Brahma was Adi Dev, though he was the first soul in the drama, he always gave respect to the children. He enabled souls to give respect to the children, even more than to himself and this is why he was respected in every child's heart. So, giving respect means to sow the seed of love in the hearts of others.
- 31. Today, the life of Brahma is an accurate computer for you children. This is why, instead of asking "why?" or how?" you can see on the computer of Father Brahma's life. Then, instead of having questions, you will become happy in your heart. Asking questions is a sign of a disturbed intellect and this is why even the symbol of a question mark is bent. Being happy-hearted is a full-stop. No matter from which angle you look at a full stop, it will always be straight. (In Sindhi script, full stop is a vertical line "I") And it will look like "1" (one), whether you look at it straight or upside down. To be happy-hearted means to have a constant and stable stage and follow the one Father.