

Om Shanti everyone!

Is everyone okay, well? Yes? There are so many beautiful qualities in each one. So when you look at that, what do you feel? What are you receiving? It's not just good vibrations, but the influence of those qualities on me are very good, because I also want to inculcate that quality. So the whole day passes very beautifully. People go to the movies and spend a few hours, but we have Drama, the living Drama, different scenes of Drama, different actors, everyone playing their part. We also enjoy Drama. There are certain scenes, you might have to make an effort as Baba said this morning, "no sorrow". We have said goodbye to sorrow. So, we immediately change the attitude and thoughts so that we are not affected by the scenes of Drama. With the understanding of karmic accounts and knowing, Baba had been talking a lot about "victory over both Maya and nature".

I remember the last time Dadi Janki came, she kept saying the words "Conqueror of vices, conqueror of sinful actions, conqueror of matter, conqueror of Maya." Whatever is happening, is accurate. There can never be a mistake in Drama. So looking at scenes of Drama, sometimes we feel our emotions. To have love and sympathy is different, but by allowing ourselves to be sad about it, we lose our power. We all are on service, and for those who are on service, what does their stage have to be? What's our service? Recently Baba said that service is through your every thought, word, and action, not only giving Gyan, but sharing our virtues, sharing our powers. So, that means I need to accumulate those powers. I need to have those powers in me. So, in Baba's Murli of 'Self Sovereignty', I like the word "right". I have the right to it. Then Baba says to look at your kingdom, have your royal court every day. These are things we can do every day, like the habit of keeping a chart is one. Instead of a chart or court, just to check which organ deceived me, tempted me, or felt like it was under compulsion. I didn't want to do it but I did. That means the eyes or ears deceived me. It is so interesting when you pay attention, the change happens, but if I let go, then it continues. It becomes a firm habit, then sanskars.

So, the homework that we need to do now is also very interesting, that if I am a point, I am double light. Now, the word 'point' has so many meanings. Even when you understand something, you say, "Oh, I got the point." So, there are details and expansions, then there is a point. So, the purpose of life and especially when we know that, it's not only that I have to be a point, but I also have to be a master Ocean. That makes it more interesting, because the waves of the ocean, the pearls that emerge with the waves coming to the beach are so beautiful. So, I am a point, and then I am a master Ocean, with the waves of the Ocean, all the treasures that I have accumulated. There are different waves in the Ocean. People go just to look at the waves because they are very beautiful. Also, when you have to plug something in, it's a point you use to make the connection. So, those plugs are also little points. So, there

are many meanings of the point. It's like creating a habit, that whatever you are speaking or listening, also when you make a point, the conclusion is also called a point. Of course in a spiritual way, we use a full stop as a point.

I remember, long ago Baba had given us the homework of using three dots. It's like creating awareness, because sometimes you want to use a full stop and it doesn't work, but you can start getting into awareness of the first one, I am a soul. It's so interesting, many times I find, "Ok, let me just use one dot, one point." So, I just go into the stage of soul consciousness, I am immortal, I am peaceful and it doesn't help just to say, "I'm a soul", but create your eternal qualities, create your original qualities, it takes about 7-8 minutes, and you really feel that you are an embodiment of the point. Many times before sleeping, you are very awake or you have some thoughts. So, I said that I don't want to think, so what should I think? You start doing that, applying the second point of soul consciousness, and then go further, use another point, Baba as a Point. When you do that, you are in a very elevated stage and very subtle, you feel very light. So, I experiment with three dots in a different way. I go into soul consciousness as a point and it really makes a lot of difference. Then go to Baba as a point, then He is Ocean, or His love, or as Baba said, the 'heart thrown'. In many different ways, we can use that Baba as a Point of light, Point but also the Ocean, the Bestower.

I think our own work is not only through the intellect churning and getting a lot of points, that is not silence of the intellect. It's very beautiful, when it's not just silence of mind, but silence of the intellect. After churning, practice becoming an embodiment. I have to be in silence, because silence of the intellect is like recharging. Our logical reasoning doesn't upgrade or become more subtle because we don't go into silence of the intellect. If we can go into silence of the intellect, then the intellect will be refined, subtle, and clear. Your power to discern will be very accurate. So, churning knowledge is very important, but silence of the intellect is equally important. I'm sure you all must be practicing this. Then after silence, churning may begin again. Sometimes you find that very deeply the inner direction is changing, quality is changing, your creativity is different than what it used to be, and your wisdom is emerging more. Factual and logical thinking is a gross intellect. To be sensible and wise, that quality emerges in silence. So, I'm sure that when we do the homework of 'being a point and double light', there will be many many rich experiences and deep transformations in us.

Om Shanti