

Sister Jayanti – 5th June 2022 - GCH, London

Contentment is the basis of inner security

The meaning of the song was: Baba, You are my treasure; and today Baba has spoken about how He has given everyone the treasure. It is not something you wait for in the Golden Age but all treasures have been given to you already and then it is up to each one of you to take them and use them in your life. So all the powers, all the virtues and complete knowledge.

It is a very interesting Murli on contentment and we have heard many Murlis on contentment and Baba has explained many aspects but today Baba has taken up just one aspect - contentment with the self. What is going on inside and when Baba says I have given you complete knowledge that is the reality. There is nothing that Baba has not explained to us and so one subject is contentment and the other one I want to touch on is co-operation and the third subject that is linked with both of these is the subject of contrast and comparison and that came from the sakar Murli of the other day. In the sakar Murli Baba often speaks about the words we use in Satyug and which words should not be in the Brahmin dictionary and so definitely will not be there in Satyug either.

Today Baba is mentioning a word that should not be in the Brahmin dictionary; so Baba teaches us about language - many aspects of language, and when Baba says that in Golden Age there are no contrasts it was in the context of what is happening in kalyug and what is happening in Satyug and you see the contrast, and according to that you are able to have unlimited disinterest in whatever is going on in kalyug. But not just contrast. When there is comparison, competition immediately comes in and so there is a very different situation and it doesn't allow cooperation to happen.

I was in Holland for a few days and it was a conference on water. They have had drought for 4 years. The water is being kept outside and doesn't come inside because Holland is below sea level. There was one woman from Greenland who spoke about how the ice mountains in Greenland are melting and that you can literally see the mountains gradually breaking up and the melted ice after a while becomes sea water. It gets mixed with the water from the sea.

Today's Murli is a powerful reminder of the elements and what is going to be happening in the next little while and Baba has spoken of a clean-up that is going to be needed and asked the question: can human beings clean the planet? And many are talking about it but can't really, and so within this conference many things come up and the first evening I was talking to a woman from Tesla about Covid and electricity etc. There were two men, speaking in Dutch, who were sitting at the same table as us who are on the Board that runs this programme and I asked them if they were talking about the matters of the Board because you seem to be having a very intense discussion and they said they were speaking about how both of them find in their workplaces there is a lack of co-operation.

They asked me about the cause of a lack of co-operation from a spiritual perspective and I said "ego". They were interested as they had not thought of that. They are not on a spiritual path but they were interested. So the first night that is what one of them said and the next day I was on a long car journey with that same man.

The other man, I met him on the last night of the conference and he said that he had seen things from the Brahma Kumaris on YouTube and that he was finding that the things that the Brahma Kumaris are saying he is finding fascinating and that he wanted to come to GRC when it opens. So big transformation from the first day to the fourth morning.

I read the Murli on contrast the next morning. So contrast then comparison, competition and conflict and then of course the subject of ego and cooperation.

Everyone talks about teamwork nowadays. In Holland there was a big shop and in the window it said teambuilding and various other things about empowerment etc. We know that we have to work in teams. It is impossible without a team. Some teams are successful and some break down and this happens in Baba's work also. We are in GCH due to many teams making it happen. Definitely, when I feel comfortable and secure inside, content inside, then team work is possible and without contentment inside there will always be competition whether it is subtle or gross but it will be there and so Baba is creating teams for Satyug, but the teams have to be affective today in order to bring about Satyug. In Satyug everything will work together in total harmony. Not only human beings together but nature working in cooperation with us.

What is very clear is that when there is insecurity inside that creates a lack of contentment, competition, conflict and all those things and there in comparison and insecurity in the world out there, and also in the Brahmin family. We are not there yet but we are in the process. However much I remember who I am as a child of God, as an instrument for God, as one of the deity clan, then in that awareness there is total contentment, there is total security because that is my own personal property. What Baba has given me and what my awareness is. That is imperishable. It can't be shaken and it can't be touched and the more I know myself, not just in terms of these titles that Baba has given me but truly knowing what it is I have to sort out and how with Baba's help I am sorting it out and removing it, to that extent I am experiencing that security and self-esteem.

It also removes fear because fear is connected with anything out there. But inside whatever I carry within and who I am within, that is mine, my treasure and no one can touch it.

Today Baba said that there are two types of personalities in the world out there. God is up above and doesn't experience the things down here and yet God knows everything that is happening down here and therefore is able to explain everything and help us deal with it.

So there are two types of personality. One is to have a personality on the basis of being big or beautiful – the physical, bodily personality - and the other is the personality of position.

Baba spoke recently about how the thrones have gone and now it is chairs and how anyone can pull the chair away from you and you come crashing down and it happens all the time. It could be a little position but suddenly I lose that position. I am no longer head of my team even though it is a tiny team but for whatever reason I am no longer the head of that team and it is a loss of identity. Truly our identity gets connected with so much externally that that becomes a big crisis and Baba is saying no, your personality is your purity and today Baba has added that contentment is the purity of your personality because purity is that state of total cleanliness. Nothing else coming in at all. The quality of your thoughts, the quality of your awareness, the quality of your attitude. Baba has spoken about how you change your attitude and you change world. Your attitude changes the world. Something to reflect on.

My purity, thoughts, attitude, feelings, awareness and sanskaras. You can feel when someone has good intentions and they have goodness. And on one level every human being has goodness but for some it is merged a little bit deeper. For some it is very clearly visible and what we are doing through meditation is emerging that goodness more and more so that Baba is saying that others can see it on your face, others can see it in your behaviour.

Baba also said: Yoga is the method, but the results are the fruit and so yoga in itself, if I have 4 or 8 hours of yoga – good - but am I seeing the results? Explore these things that Baba says on a personal level for ourselves and we begin to understand more and more.

I have never connected contentment as being the foundation of personality and Baba says it, and we realise that it is. Contentment is everything but contentment is part of the purity because when there is contentment then my intentions are going to be clean. My interactions with others are such that I am not wanting to take from them but that I can give to another.

Baba has given us everything and so there is something that I can give to another.

It is Mama's month and Baba has spoken so many murlis recently about Mama. It is like preparation for Mama's month.

Om shanti