

## Sister Jayanti – 29th May 2022 – GCH

### The foundation of faith

Om shanti. Good morning. The song was actually the summary of the murli today. And it spoke about being seated on the throne in the centre of the forehead, basically soul consciousness and how if you practise that awareness then it is this that gives a space in God's heart throne and also the throne of the future. Because, if you are seated on the throne in the centre of the forehead you are able to be the master of all the senses and so being a sovereign today is the basis of being a sovereign in the future.

So I wanted to translate that as it is the summary, a very lovely summary, but the subject I want to take up today is a little bit different, connected with Baba's murli but more with the sakar murlis we've been hearing in recent times. And if you think about the sakar murlis Baba has talked a lot about faith and how those who have faith will have victory. It's a statement that comes from the Gita, that those that have faith will have victory and, in particular, it defines faith in two different ways. It defines faith as, faith in the intellect and also, when there's faith there's love in the intellect. And so, faith, love, intellect, very directly connected but also in today's murli Baba has talked about how, yes, when you are the king, the sovereign, the master of the physical body and it's the intellect that's deciding, you make a decision and the decision is powerful enough for it to be applied instantly. I see something that I shouldn't be eating and my intellect decides no, it's not appropriate, it's not right and then I still go ahead and eat it. So Baba is saying, "what happened to your mastery?" "What happened to your control?" You decided but you weren't powerful enough to apply it. Food is a little thing but maybe it's a big thing but many other aspects in the same way.

So, another situation that Baba has described, and again now put it into the context of food. You see something, you pick it up and you eat it and then afterwards the conscience kicks in and you say, "Oh, but I shouldn't have". And, faith and love and intellect and the things I do are absolutely connected and so Baba's talked about how you can have pure elevated thoughts but are those pure elevated thoughts matching up with your actions or is it that in here I'll say that, oh yes, I understand, I understand so well that I'm able to decide what I want to do, how I want to do it, but then between that thought and the action something else comes in the way and you're not able to manifest that. So, Baba has described it in a very interesting way in much detail but this is why I wanted to take up the subject of faith in the intellect and, of course, you'll hear the full murli in just a little while.

And, another reason why I wanted to take up the subject of faith is because Baba had told us very early on that the tree will shake and Baba is talking about the Brahmin family and the subject of the individual person's faith shaking but also a group. Because if one person has faith they can inspire many, many others to have faith and there's one individual here who came to Baba and she brought about 40 members of her family to Baba. I'm looking at Coquilla Bhen. So one person's faith can inspire 40 and the 40 have inspire others and so you can see how faith can colour others and inspire others. But, equally, if, for whatever reason, my faith begins to shake how many does that impact? It actually influences many, many more. They may stay with Baba or they may decide to leave Baba and that's been happening in recent times because of false Babas incarnating, or saying that they are incarnating. And, so how many get influenced? They might not leave Baba but to what extent are they influenced to the point where they thought about Baba's knowledge and they decided that, yes, this is what they want to do? They have had powerful experiences and then at some point they question everything and one of the first questions that arises is not about Baba. The first question that arises is about the family. "I'm not seeing others perfect yet." Well maybe the question I should ask is, "am I perfect now?" And, if I'm not then I have more to study, more to practise and more yoga that I need but how can I then point the finger at others who are also on the path and say, "well I don't see them perfect and so how can I have faith?" So faith begins to shake when you see family doing things that aren't a hundred percent as Baba wants them to be. But Baba has told us it's a school and the ones who did reach a hundred percent have left their bodies and become angels. So, no, you don't have an example right here in front of you who you can point to and say a hundred percent. Even with the Dadis it wasn't a hundred percent of the family saying that they were a hundred percent. Even with those souls who were really nearly a hundred percent in their physical form, somebody would complain about this, somebody would complain about that. There were always things to complain about.

So faith is important and, sometimes I get asked the question is it possible to develop faith? Is it possible to make my faith stronger? Maybe some are blessed with faith and some don't have faith and that's it, there's nothing else or is it possible to say that, yes, there's something I can do about it? I think you can. The ones who came at the beginning, even that tree shook and so although several hundreds came it was only about 400 who surrendered and out of the 400 who surrendered it was actually about 350 who came to Abu from Karachi, so 50 had already gone by then. Out of the hundreds who were having visions and coming to the satsang, all this gradually, gradually filtered through to 350, and out of the 350 we didn't call all of them Dadis. We called maybe a third of them Dadis, maybe about a hundred of them got that title 'Dadi'. And, so faith obviously shakes and on one side we'd say that surely if you have faith that this is my Mother, this is my Father, how can that shake? But having physical DNA connections is different to just my consciousness and my awareness recognizing Baba.

So how can I strengthen my faith? Well, how did I have faith at the start? And I'm talking about me personally. My faith came through understanding the soul, understanding God. Those two things happened very quickly and then gradually understanding the family and Drama. That happened with time, especially Drama. Faith in the family came for me earlier than faith in Drama but the first two happened very quickly. And it wasn't just because I was understanding what Baba had explained but I was experiencing what Baba had told us and so that experience of going inside and feeling who I am, just feeling the awareness of the soul and then how could I not believe it? I understood it, my questions were being answered and I could feel it, I could experience it. And why the knowledge made so much sense is because all the questions that I had about what was going on inside of me, what's going on with my conscience? How come there are people who say this is right and others who say this is right and it's very different lifestyles, very different attitudes. What's going on? So that first day, the introduction, answered so many questions related to the subject of soul and then the next day God. So, can I practise today more and more strongly the awareness of soul and the more I practise soul consciousness and the more I also practise being connected with Baba then these two practices are really the foundation and these two practices actually strengthen my faith.

There is no-one else, except the knowledge that has come to us through Brahma Baba, that has given us the clear detail of what is a soul. And I can challenge anyone who tells me otherwise, really. There's been enough contact with people of other traditions and branches of the Tree to make me say this. At that time when I had the faith, I didn't think "well, what does Christianity say, what does this say or that say?" It was just what I was understanding. I'd been exposed to different things but now, today, I know absolutely there is nowhere else where you can get this information about soul. And, I have to make sure that my intellect stays very clean because part of the function of the intellect is to hold information but part of the function of the intellect is also to be my compass to be the conscience, to be able to lead me in the right direction. And that only happens as I think deeply about Baba's knowledge and then apply it and see what is the result of that. And, so Shrimat definitely comes into the whole subject of faith. So can I start checking what is my belief about myself? And, yes, the belief changes from body consciousness to soul consciousness.

I am a soul. It's fairly easy to believe that. But some of the other things that dictate what it is that I actually do in my behaviour are very much connected with what sort of soul am I. Am I a soul who's part of the Golden Age? Do I relate to the things that Baba's talking to me about when Baba speaks about the Golden Age? What is the feeling that I have when I hear Baba speak about the Golden Age? And there are so many aspects of the Golden Age that Baba takes up. Baba uses shorthand language when he is talking about the Golden Age very often. So Baba speaks about health and wealth and happiness. Three words but in a way that really summarises what the Golden Age is. But when I unpack it and I apply it for myself and I see, well, what's the condition today? And, wealth? Baba is talking about the wealth of virtues but also Baba is talking about abundance in everything, no shortage of anything, and so never mind the jewels, the gold and the things that sometimes you see in the images but the whole subject of health, healthy mind, healthy body, healthy relationships. Wealth, yes, wealth, enough and more than enough. One is to say "yes I have enough" but the other is "I have more than enough", and so I don't need to be anxious or fret and I don't need to hold and say "this is mine and you mustn't touch it". So wealth, to that extent that there's an openness and generosity and an abundance. That's also connected with all the virtues that I have at that moment and Baba has described all the qualifications of souls of the Golden Age when they reach their perfect stage. And Baba is asking us, how far or near are you to that stage ?

So, truly, is my belief that I am a soul of the Golden Age? And if my inner feeling resonates with that then surely I have to start looking at my own life today and say "am I treading lightly on the earth?". This is what they talk about in terms of the deities, that the feet of the deities don't touch the ground. You talk about how lightly you walk on the earth. But also relationships, the quality of interaction and Baba says keep looking at Lakshmi and Narayan. It's not their physical form that Baba is talking about. Baba is talking about my aim to be like them or at least in their family or at least close – well, definitely not far away. What's the quality of my interaction with others? Is it as it would be in the Golden Age and if not, then how far away is the Golden Age still? If my behaviour now and what I know of the Golden Age is very different then I'm a little bit distant. Or is it that I'm checking and changing? Again Baba said it's not good enough just to check because the intellect can say yes and no but am I applying that? So cleverness is not cleverness simply of knowing but really becoming sensible and applying the understanding in my life so that the understanding in my life matches shrimat. So a very profound murli and a very profound situation in terms of where am I at in terms of my faith. And, when I think about the Golden Age it's not just the qualities but most of all it's the relationships. Why? Because when people would have a little difference of opinion then one or both would go to Mama and say "what's going on, what can we do about it?" And Mama would say, "do you realise that these are the same deities that you have been worshipping in bhakti, on the path of devotion and what was the love and respect that you had for them at that time? Where has that gone today? And, so see each other, not just see myself, as a deity soul but see others also as deity souls and what would my behaviour with the deities be like? Can I make that happen right now? So checking my mind, my intellect, my sanskars but also checking how all this is happening in the reality of my life today. So enjoy the murli.

Om shanti