

# SERVICE REPORT BRO CHARLIE'S VISIT TO MALAYSIA

## 8 - 19 MAY 2022

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## Spiritual Sustenance Retreat with Bro Charlie Transforming Feelings into Relationships

**Date: Sunday 15 May 2022**

**Venue: Diamond Hall, Asia Retreat Centre, Malaysia**



Due to the pandemic ARC was not able to organise any in-house programmes or retreats. However, the time has changed and a timely one-day retreat was held on 15th May 2022 coinciding with Bro Charles Hogg, Australia tour of Malaysia. The retreat is timely as the Brahma Kumaris Malaysia is also celebrating the 40 Years Malaysia Service—Unity, Respect and Love.

A total of about 450 BKs took benefit from the retreat with about 200 BKs watching online. The pandemic saw a 'bloom' of ZOOM participants from the regional countries linking to ARC during the retreat –a truly borderless world.

Brother Charlie shared deep insightful classes and all the participants took very good sustenance from his classes and sharing. Thanks Baba and the divine family. Wah Baba, Wah Drama and Wah our fortune.







# Spiritual Sustenance Retreat with Bro Charlie Transforming Feelings into Relationships





# Talk: Jealousy is the Seed of all Obstacles

Date: Sunday 12 May 2022

Venue: Harmony House Bangsar , Kuala Lumpur



BK Charles Hogg, National Coordinator of Brahma Kumaris Australia, gave an inspiring Talk on the topic, **“Jealousy is the Seed of All Obstacles”**, to a gathering of about 40 ladies and men on 12 May 2022, from 10.30 to 12 noon, at the Bangsar Centre in Kuala Lumpur.

Charlie bhai mentioned that jealousy is an emotion that when one comes under its influence he becomes threatened in anticipation of losing something that is valued because jealousy creates suspicion in oneself being the target. . This negative vision is the cause of losing self-respect and self-value.

Through meditation experiencing the self an immortal soul, the sense of self-value and self-respect begin to return. Life becomes easy and relaxed to the extent one has self-respect, loving, humble and respect others. Spirituality is having a loving relationship with the self, the soul and God, the Supreme Soul. Having good wishes is such a power that our natural vibrations are calming and people feel they are safe in such a company.

Charlie bhai completed the session with a short meditation commentary.

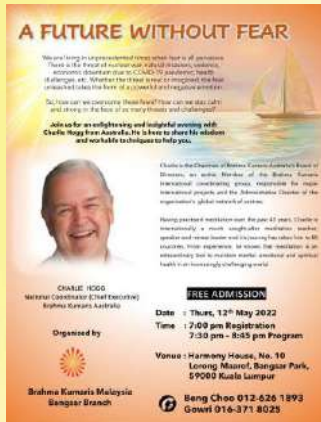




# Talk: A Future without Fear

Date: Sunday 12 May 2022

Venue: Harmony House Bangsar , Kuala Lumpur



The Brahma Kumaris Malaysia (BKM), Bangsar Branch, organised the above programme on Thursday 12th May 2022. The MC BK Celia Wong welcomed the guests and said that since COVID started, this talk by Bro Charlie was the first major public programme in Bangsar Centre. She said we live in a world of VUCA, that is, a world that is volatile, uncertain, complex ambiguous. We are beset by fears, peacelessness and we keep searching for truth. Mr. C.F. Pooi, Secretary General of BKM and Centre Coordinator of Bangsar Centre delivered the welcome address.

BK Charlie Hogg, National Coordinator & Chief Executive of Brahma Kumaris Australia (or Br. Charlie, as he is fondly called) spoke about how peace, spirituality and love can transform our lives. Spiritual life is a life of love, he said. People today are gripped by tension and various types of fear: fear of being judged and rejected and also fear of the past. Experiences of past lives have made people have phobia of the fear of death, darkness, fear of heights, water, animals, insects and also loss in relationships.

People have lost their self-respect and compare themselves with those who are better off than themselves. People have developed love for temporary, transient things. They become attached to others, to property, cars and non-lasting things which can never bring lasting peace or happiness. Therefore, we need to understand that temporary supports are not the answer to removing our fears.



# Talk: A Future without Fear

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Br. Charlie also gave many examples of human beings who overcame their shortcomings and came out strong when they understood the true meaning of life. He received a thunderous round of applause when he concluded his speech.

The hall was fully packed with more than 120 people. Most of them were IP contacts, POM and IPIP guests and many of them brought their friends, colleagues and relatives. There was also 150 people attending the talk via Zoom.

The programme ended with a meditation commentary by Br. Charlie, who also distributed toli (cookie) and blessing to everyone. Light refreshments were served to all present. The programme was a huge success as all who attended went away feeling light, happy and contented. Some of the feedback from participants are:

- 1) I am so happy to meet all of you again. Br. Charlie brought back very fond memories of Mt. Abu and his talk was so appropriate with all that I have experienced this one year. So much benefits to me and my friend.
- 2) Thank you for a lovely evening. Br. Charlie's talk was superb.
- 3) I am so happy that I could make it to this wonderful program. My friends and I took lots of benefit.
- 4) Bro. Charlie was amazing. Congratulations for such a well-organized programme.





# BRO CHARLIE VISITS NORTHERN REGION

## KULIM , KEDAH



About 150 students from Northern region from Alor Setar and Ipoh gathered at a beautiful retreat at Kulim, for a half day retreat. This was the first gathering after 2 years, so there was a lots of happiness in the gathering and to listen to Charlie bhai's sharing of wisdom.



# BRO CHARLIE VISITS NORTHERN REGION



## PENANG



A program for IPs and professionals was organized at the Penang Centre which attracted nearly 50. Br Charlie shared on **VALUE-BASED LEADERSHIP** and presented Certificates of Appreciation for YB Chris Lee, State Assembly Rep for Pulau Tikus, Dato Lawrence Cheah, President of Rose Charities and Mr P Murugiah, President of Penang Hindu Association.

Feedback included :

- The talk was simply awesome and made us more self-realized and look into ourselves.
- Very calming and relaxing atmosphere with kind people and very serene
- Very good sharing



# BRO CHARLIE VISITS NORTHERN REGION



## IPOH



Charlie bhai's visit was like celebration for us after a long break. We arranged 2 programs. One is for the VIPs and IPs and the other was for BKs . Tower Regency Hotel Hall was the venue selected for both the programs.

We had our small group of IPs of 11 of them attended IP program. Among them there was Ms.Kavaramma Director of Perak State Women's Development Department, Dato' Dr Ramanathan Ramiah, CEO of YI cum Consultant Orthopaedic Surgeon of PPSAS, Khuswinder Singh Tara Singh, Perak Youth Council Member Volunteers 2021/2022 DUN N32 Menglembu & Welfare EXCO of the Malaysian Indian Youth Council and presidents of some clubs.





# BRO CHARLIE VISITS NORTHERN REGION



## IPOH

In the evening a program for BKs. About 70 souls attended.



# BRO CHARLIE VISITS SOUTHERN REGION



## Talk: Knowing and Valuing Powerful Emotions

Date: Sunday 10 May 2022

Venue: Johor Bahru



In the evening at around 7.00 pm, guests started arriving for an evening talk by BK Charlie, entitled “Knowing and Valuing Powerful Emotions”. BK Charlie gave his talk in a “chit-chat” style’ where he welcomed questions from the audience. His talk came to a close at 8.30 pm and he gave a live meditation commentary . Around 50 contact BKs, BKs and new students attended the evening talk.





# BRO CHARLIE VISITS SOUTHERN REGION



## Talk: Knowing and Valuing Powerful Emotions



On 11 May 2022, BK Charlie there was a half-day sustenance class and batthi . BK Charlie gave a class entitled “Uncovering Blind Spots and Becoming Nimit”. There was a Q & A session, followed by blessings and toli. Around 60 BKs from all centres in Johor, attended the combined murli and class. Br Charlie’s indeed very insightful and inspiring for both old and new students. He mesmerised the audience with his very interesting anecdotes of his varied spiritual experience with the senior Madhuban Didis and Dadis.



# BRO CHARLIE VISITS EAST MALAYSIA KOTA KINABALU

Charlie Bhai's Service Visit to Peace House  
Kota Kinabalu, Sabah, Malaysia  
16 & 17 May 2022



Welcoming and honoring Charlie Bhai



Charlie Bhai in Peace House KK Baba's Room



IPs with Charlie Bhai's after the Talk



Evening IP Program on "Overcoming Negative Emotions" and short guided meditation session





**Charlie Bhai Meeting with Datuk Dr. K. Mathavan (Sri Pasupathinath Temple President, Chairman of Malaysia Hindu Sangam, Sabah State Council, Executive Member of Sabah Indian Association and Sabah State Representative for Indian under Jabatan Perpaduan Negara Sabah) and Datuk Dr. G Mohan (Tuaran Hospital Director) for discussion on COTT Dialog Invitation.**



**Meeting Datin Jikilin (Landlady) and her both granddaughters**



**Brahmins Sustenance Chit-Chat, Q&A and Personal Drishti sessions**





Distributing good wishes cards, sweets, and goody bags



Charlie Bhai with Brahmin Family



Daily Express Sabah Exclusive Featured Article Press Interview Reporter with Lorena Binisol





# BRO CHARLIE VISITS EAST MALAYSIA

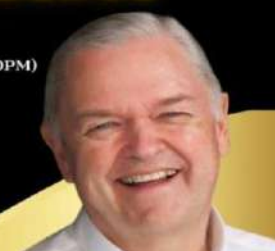
## KUCHING

**POWER OF MEDITATION**  
**NEW NORM OF LIFE**  
**静思冥想的力量 - 一种生活新常态**

📅 17<sup>th</sup> May 2022 (Tuesday)  
🕒 7:30PM - 9:00PM (Registration starts @7:00PM)  
📍 Kingwood Hotel, Kuching  
☎️ Lily 013-8015959 / Amanda 019-8891544

(这个节目备有现场中文翻译, 请携带耳机或备有FM收音的手机)

**FREE ADMISSION**  
公益节目, 入场免费



**Charlie Hogg**  
Director of Brahma Kumaris Australia

Brahma Kumaris Malaysia (Kuching Branch)  
www.brahmakumaris.org / www.brahmakumaris.my

## Local Newspaper : Public Programme Organised by BKM Kuching - 17 May 2022

Saturday, May 7, 2022

THE BORNED POST

Home 11

### 'Power of Meditation, New Norm of Life' talk, anyone?

**KUCHING:** As Covid-19 transitions to endemic stage, many people would have been through a tumultuous time in human history.

As such, meditation, the journey inwards, a journey of self-discovery or, in fact, re-discovery can be beneficial for all after these hard times.

Meditation is time taken for quiet reflection and silence, away from the hustle and bustle of daily living. Taking time out enables us to come back to a centred place of being. In our modern world, the pace of life is growing ever faster and we are losing touch with our true inner peace and power, said a statement from Brahma Kumaris Association Malaysia, Kuching branch.

Join us on May 17, from 7pm to 9pm, at Kingwood Hotel, Kuching for the 'Power of Meditation, New Norm of Life' by Charlie Hogg.

He will reveal the secrets on how meditation enables us to adapt better in this new norm of life and allows us to contribute in a way that really makes for a better world.

This free event is organised by Brahma Kumaris Association, Malaysia Kuching branch.

Charlie Hogg is the national co-ordinator (chief executive) of The Brahma Kumaris (BK) in Australia, and the chairman of its Board of Directors. He is based in Sydney and regularly visits the 40 BK venues in Australia.

He is also an active member of the Brahma Kumaris international co-ordinating group, responsible for major international projects and the administrative direction of the organisation's global network of centres.

He travels extensively and has visited more than 80 countries as a speaker at international conferences, seminars, retreats and workshops.

Brahma Kumaris Association Malaysia was established in 1981.

It is an independent non-government organisation and a member of the worldwide parent network Brahma Kumaris World Spiritual University.

It aims to serve the public through the teachings of Raja Yoga Meditation. It also serves free-of charge to educate the public on values, primarily focusing on self-development.

Brahma Kumaris Malaysia, Kuching branch has reached out to the community by conducting various talks, forums and seminars to the public and private sectors from September 2020.

Those interested in this free programme, and for further enquiries contact [ms.bkms@bku.org](mailto:ms.bkms@bku.org) (Lily) or [019-8891544](tel:019-8891544) (Amanda).

### 督静思協會舉辦 17日冥想分享會

(本報吉隆坡訊) 馬來西亞博思靜思協會吉隆坡分會將於5月17日(星期二)晚上7時至9時, 在古晉京城酒店舉行「冥想的力量, 生活的新常态」分享會, 入場免費, 歡迎出席。

主講人查理高格將闡述冥想如何使人們更好地適應新的生活常态, 并使人們能夠以一種真正能世界變更好的方式作出貢獻。

查理高格是澳洲博思靜思的全国协调員(首席执行官), 也是其董事會主席。他在悉尼工作, 定期訪問澳洲各地的40個博思靜思中心。

他也是博思靜思国际協會小組的活跃成員, 負責重大國際項目和該组织的全球中心網絡的行政指導。

他的足迹遍布世界各地, 已經訪問了80多個國家, 也在國際會議、研討會、靜修会和研討會上擔任演講。

馬來西亞博思靜思協會成立於1981年, 是一個獨立的非政府組織。它是博思靜思世界精神大學(BKUS)全球總會的成員, 其目標是通過瑜伽冥想的教義為公眾服務, 也免費為公眾提供價值教育。主要側重於自我發展。

馬來西亞博思靜思協會吉隆坡分會自2000年9月以來, 通過為公共領域和私人界举办各種講座、论坛和研討會, 向社會各界人士提供服務。

有興趣參加這項免費分享會, 請電拜訪: 詢問電話: 019-8891544 / 013-8015959

# BRO CHARLIE VISITS EAST MALAYSIA



## KUCHING



Brother Charlie talk has inspired the contact soul – from Mr Law King Ing, Kuching

*“I went away from the public talk by Bro Charlie with good feelings, energized and refreshed. The purity of it all. Bro Charlie, though, a significant factor, cannot do it without the wonderful Brahma Kumari members. As I have shared with some, the face of anything Faith is the adherents, Hearts are touched and won by demeanor, kindness, humility, etc*

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*You all tick the right boxes. Do not be disheartened by the hall not being fully filled.*

*These are attenuating times. I, in fact would rate the talk a great success.*

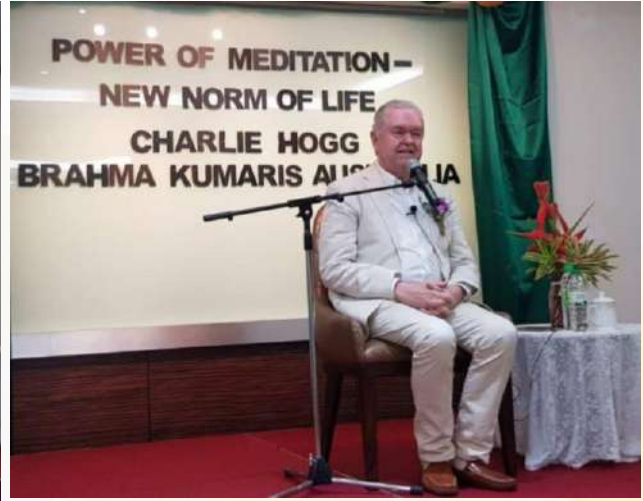
*Baba must be very pleased. May peace, harmony and love be with you all. May Baba be always with you all.”*



# BRO CHARLIE VISITS EAST MALAYSIA



## KUCHING



Keira (12 years old) & Verene (10 years old) share their beautiful experience of Raja Yoga Meditation. Meditation helps them to be peaceful, calm and focus. This helps in their study.

Feedback from participants –

- Bro Charlie's valuable knowledge. God's love is greatest & free. Have to work harder on sending good wishes & pure feeling to others, including those who oppose us. Wonderful advice to focus on others' goodness...
- Take responsibility of our own thoughts, reconnect with our fundamental self
- I want to try for 3 months for learning meditation. Brother Charlie said there is nothing to lost.
- This is the act of love for self
- Meditation is the ancient art and I learn to manage my heart and I am creator of my thought
- Simple step 1, 2 & 3 in learning meditation, that is beautiful
- Meditation guide by Brother Charlie ...beautiful, ie heart goes and where feeling goes

# BRO CHARLIE VISITS EAST MALAYSIA



**Public Program –17th May 2022**



**IP Program –18th May 2022**

IP felt this is the reunion for them, after the numbers of years lost in contact with Brahma Kumaris. The session with Brother Charlie on the theme “Unity, Respect, Love” that is overflow of words of love from Brother Charlie. Power of Gathering and cooperation from IPs to participate this 1 hour session with Brother Charlie.

**Beautiful experience for IPs....**

- You gave birth to possibilities through your ability to reach into the future and let go of the past
- Soul refreshing session
- Baba food inspired IPs & Kitchen team, homemade food with love
- Felt lots of enthusiasm
- Inspired by good skills of the working team



# BRO CHARLIE VISITS EAST MALAYSIA




## KUCHING

IP Program –18th May 2022



Br Charlie talk on topic -  
Unity, Love & respect

Wed, 18<sup>th</sup> May 2022  
In Conjunction with BKM40<sup>th</sup> anniversary  
(Serving IPS in Kuching, Sarawak)




Anniversary


Theme : Unity, Respect & Love



**INVITATION**  
IN CONJUNCTION WITH



Please Sign  
our  
*Guestbook*



Words of thanks & appreciation from IPS

1. [Name]	2. [Name]	3. [Name]
4. [Name]	5. [Name]	6. [Name]
7. [Name]	8. [Name]	9. [Name]
10. [Name]	11. [Name]	12. [Name]
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16. [Name]	17. [Name]	18. [Name]
19. [Name]	20. [Name]	21. [Name]
22. [Name]	23. [Name]	24. [Name]
25. [Name]	26. [Name]	27. [Name]
28. [Name]	29. [Name]	30. [Name]



RECEIVING SOUVENIR & GIFTS




Refreshment




# BRO CHARLIE VISITS EAST MALAYSIA



# KUCHING

In conjunction with the celebration of  
Brahma Kumaris Malaysia 


You are cordially invited to join an inspiring session with Charlie Hogg on  
*Unity, Respect & Love*



Charlie is the Chairman of Brahma Kumaris Australia's Board of Directors, an active member of the Brahma Kumaris International coordinating group, responsible for major international projects and the Administrative Director of the organization's global network of centers.

Having practiced meditation over the past 48 years, Charlie is internationally a much sought-after meditation teacher, speaker and retreat leader and his journey has taken him to 80 countries. From experience, he knows that meditation is an extraordinary tool to maximize mental, emotional and spiritual health in an increasingly challenging world.

**CHARLIE HOGG**  
National Coordinator (Chief Executive)  
Brahma Kumaris Australia

 **Wednesday 18 May 2022**  
Venue : Brahma Kumaris Kuching  
141, Seng Goon Garden, Kuching  
**AT 10AM - 11AM**

RSVP Ms. Foo 017 856 4931  
Ms. Cindy 012 889 9228



Kuching team group photo with IP

