Understanding love and attachment

B.K. GEETA

In the absence of even an emotional attachment, there is no need to understand. If even the slightest degree of attachment is present, I must first understand that this is my own desire, perhaps I could have it, but the reality is the desire is not for me. Instead of focusing on my wants or need, I may need to ask myself what I need to understand. I ask myself what I need to change so I can receive what I desire. In the process of changing, I will find what I need comes into my life. I understand transformation happens to us when we are ready to embrace change. We may need to change our environment, our traumas, our traumas, and our beliefs. When I am able to detach from the desire, I can understand more clearly the reality of the situation. When a person lacks inner power, he will seek a powerful position, not our position. It is not the position or title that makes power, but how we hold to it. We are free to be spiritual, light, and power to sustain. This relationship is developed each time we turn our mind to that Soul, in its Oneness. We cannot be attached, attracted or influenced by anything. We are free to be a life-conditioning, spiritual love.

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The powers needed for success

The power of relationships or the ability to connect with others with genuine care and respect earns us love and cooperation. Cooperation requires the ability to understand and accept the needs of others. If we think that we can win at all costs, we are not able to understand others. Instead, we need to understand and appreciate others. We need to understand how we can help others and how we can appreciate others.

The willingness to let go of our wants and needs, to understand and appreciate others, is the basis of bringing about change. Realization makes clear how we can have gone wrong, the harm we have caused, and what we need to change. This kind of realization is necessary to our efforts towards self-improvement. Without realization, we may change temporarily because the fragrance is accepted. When a person lacks inner power, he will seek a powerful position, not our position. It is not the position or title that makes power, but how we hold to it. We are free to be spiritual, light, and power to sustain. This relationship is developed each time we turn our mind to that Soul, in its Oneness. We cannot be attached, attracted or influenced by anything. We are free to be a life-conditioning, spiritual love.

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