

## Sudesh Didi – 18<sup>th</sup> April 2022 Easter Monday Morning Class - GCH, London

### ***The sweetness of the beloved twice-born children***

Om Shanti. Om Shanti. Om Shanti.

The heart says. "Wah, Baba, Wah." Baba says, "Sweet children, lovely children, beloved children." Is there any difference: lovely children, sweet children, beloved children? He uses these different expressions from time to time. What is the difference?

The innocent ones are loved very much. The little innocent ones, everyone loves them. We also recognise and realise; experience it ourselves and express it. And we remember Baba, as Baba's twice-born child. Twice-born. Can we take birth without dying? The uniqueness of this Brahmin birth is that you die but you are alive. Some memorials also; death and resurrection; died but appeared again. How? Died but then didn't die.

What does it mean to die from the old world with the old vision from the old community, from the old system, from the old consciousness, from old I and my? This is what is called 'dying alive', yet twice-born. Brahmins are called *dvij*, which means the ones who have taken two births. This second birth, the physical body is still there, but it's a new life. Baba adopts us and we adopt all the systems. What types of new system? As a new life, new family, new community, new education, and learning about the new world.

In India, a girl is always known as *do janmi*, which means she takes two births. In one life, she takes two births. How does she take two births in one life? So, birth means new parents; birth means new family. When she is at home in her parents' house, she has her mother, father, brothers and sisters. When she gets married, she adopts the custom, system and rituals in the mother-in-law's house. Nowadays, in-law is very not pleasant. It is about the laws of the new family system, where she has gone. It is called in laws. It is not that she says to her mother-in-law, *sasuji*, no. Actually, she also calls them mother, brother. So, the law has changed, brother-in-law, mother-in-law, sister-in-law. The system has changed because a different family has a different tradition. She follows their tradition. Before, in the West, there was also the system whereby girls change their surname after marriage. Now, of course, you have the freedom to choose whether to keep the old or the new. So, in the new birth, even your surname is changed, you got a new name.

Here, we are in the old world. Baba says that is the world of sorrow, the world of karma bondage, the world of separation from the self and from God. This separation causes loneliness; the separation from God means that we begin to separate our own consciousness from ourselves, as a soul. I begin to be more connected with my body, which I adopted later on, as an eternal being, a point of light, I did not have this body. I was just an egg of light, living in *Brahmand*, in the brahm element, like an egg, which has life, but not in action. It is just in protection and being sustained by the Mother Hen.

So, Baba is the Supreme Mother, and we are just under the wings of the Light, the Light of God's Purity, the Light of this deep, sweet Silence. We are sleeping, and still awake, because the soul is absorbing something, though not consciously, just like when you are sleeping, you are not aware you are sleeping. But when you get up, you say, "Quite a nice sleep." but when you're sleeping, you don't say nice sleep. So, when we are in the Soul World, in fact, we don't even go in our personality, the soul has not taken another birth. They have only one experience. I'm coming from the Soul World of peace, but not the real comfort, of happiness, of purity of divinity, of happiness, heavenly kingdom.

So, there is a difference between twice-born. We Brahmins live in this old world, but we let go, leave behind the old way of handling, working through the body. And so, Baba says, "You are My lovely children." Then, He says that, "I love you, and you love Me," and love means cooperation; love means sustenance, love means trust; love means respect. Love alone does not exist without respect. When you love someone, naturally, you respect their values, their teachings and their directions, and you do it with pleasure.

So, God says, "Now, renounce all the consciousness of the body," because, we know in body consciousness, we are so much covered, or saturated, drenched in, drowned in, becoming the embodiment in the body, body conscious and the embodiment of Kingdom of Ravan's system, that is vices, weaknesses, which are known as sins.

Vices, when put into actions, is known as weakness. But when it is performed an action, it is called sin. What is the reason? It is this separation from my own self and separation from God's relationship or from my system, my culture, my divinity, my purity, Godly purity and Godly family. So, as I come down the cycle, the Divine family is forgotten, Godly family is forgotten.

Then, we started adopting from Sun Dynasty to Moon Dynasty, Moon Dynasty to Copper, and Copper to Iron. In fact, now, it is not even Iron. Iron is still strong; we are not even Iron but plastic; not even the plastic but paper. Very quickly, paper can catch fire. So, whatever printed looks very nice, whatever you plan, but it catches fire. And so, we are plastic and paper conscious. Now very quickly, it gets burned.

Baba says this is bitterness: anger is bitterness, hatred is bitterness, jealousy is bitterness and you begin to burn inside. So, He reminds us: Sweet children, sweet children, sweet children. Sweetness means that now I enjoy and others also enjoy what we share. Bitterness, for example, if I get angry, I lose my patience, what happens is that the words become forceful; they become just like a demand, like an order. And sweetness does not remain. Anger is like fire. It's burning. So, Baba wants us to imbibe divine qualities and virtues.

So, sweetness means I become humble, gentle; speaking with respect and love. You share these qualities with others, create a sweet relationship with each other. Sweet binds, sugar binds, and so, sweetness connects us with each other. Salt separates, lemon separates. Sweetness means relationship. So, Baba is now saying: Sweet children, sweet children, sweet children, recognise again, you belong to Me; you don't belong to the Satan world. You don't belong to Ravan's kingdom. Maya is not your mother, but drama is your mother. Brahma is your mother; world mother Jagadamba is your mother. So, we have got a new mother. Before that we had the physical mother.

So, our consciousness changes, relationship changes. Gradually, we begin to recognise the system and custom of Brahmins. Otherwise, we thought, it's okay. Anger is natural. When you are not accepting to my ideas, I must get angry. The mother gets angry; the father gets angry, and we get angry with each other. Relationships separate; it becomes like you put milk and then lemon in it, immediately, water becomes separated and milk becomes separated.

So, this is what Baba is saying: Children, now transform yourselves. Then, you are My sweet children, lovely children, sweet children, worthy children, beloved children. Beloved children, that you are so much loved, that I surrender Myself to you. Automatically, the quality of love changes. You give time, you give energy, you surrender yourself in every aspect.

So, here it is, Baba says, "My beloved children." The song was: I surrendered to You. You surrender to me. It's a Kalpa, Kalpa relationship, constant, every Kalpa we have this relationship, because you yourself offer everything to Me with sweetness, with respect, trusting Me, that I will do what you say. So, I'm obedient, faithful, loyal. So, these qualities, then, begin to increase. They're still the same qualities, but on a totally different level; the quality changes. So, love is there, but also loyalty, faithful trust, dedication, so a mother's love, is also for the child in the same way. But when it is a beloved, it's a question of being connected, and for as long as you live.

So, Baba says that you are My beloved. My most beloved children. And we also say, "My most Beloved Baba, Mother and Father." And so, some souls are loved by Baba, for certain. But for the others, it is not a question of Does God not love the others? He loves, but we are not able to experience Baba's love because of our 'container'. Our intellect has another thing in it. Our mind also has something else in it. It doesn't matter how much milk you have, if you put a few drops of poison, the milk will become poison. It is not that Baba does not give love to the lovely children and beloved children. He gives love to everyone, but He says, "Knowledgeable souls are loved by Me." What knowledge? It means knowledge is the property of intellect.

Divine intellect has the knowledge. When this knowledge really makes me knowledge-able, that is, the ability to use knowledge; not only knowledge, when there is the ability to use knowledge, then, you are capable of facing the situation, with sense, with understanding, with patience, with care. Just an observer; the difference is knowledge is there.

So, we learn the art of using knowledge; that's what is meant by 'knowledge-able children are loved'. But if only knowledge is there, but the abilities are not developed, the practice is not, and it is not used in a proper way, then, it becomes numberwise. Because yoga, the first knowledge is that: I am a soul and I am a child of God. The first knowledge is not the knowledge of the cycle; the first lesson is: I am a soul. Which kind of soul? A pure and peaceful soul. What is my spiritual authority? Godly authority, Supreme authority, child of the Almighty Authority.

When I am aware of these qualities, automatically, inner power comes. Then, I am playing in the lap of Mother Drama. We are able to play the role in a different way rather than thinking: Oh, what's my karma? What is my karma? You are going in the office, and you have a different set of *sanskaras* with different people. You handle it by saying: Oh, my karma to go to the office again with the same people. Now, you know it's your karma. But what is karma? Not karma bondage. It is my action; it depends on how I play. I am going to Disneyland. I'm not going to a place where someone, at this moment, without even knowing with for fun's sake, wears the costume of a monkey. And some children come and wear a costume of a lion. He knows inside that he is not a lion; he is a human. So, when we are handling by understanding that this is a soul. I am a soul, she's a soul. When I am conscious, I am able to use this knowledge every second. When we forget this, we forget everything.

Achcha, I am forgetting the time now, I have to become aware of the time. As now we have meditation before class, so classes are shorter. Achcha.

So, this is why Baba loves the ones who are knowledgeable. But the power is received by yogi children. It is about the connection with Baba. When my connection with Him doesn't break no matter where I am, then, it is called the surrendering of the intellect. I am knowledgeable, but I don't have ego. I am virtuous, with intoxication, faith in intellect, but at the same time, there is humility. So, there is such balance, and this is a blissful life.

Yoga gives me the power to handle the situation. So, I am faithful, obedient, cooperative, with a surrendered intellect. Ego immediately doesn't allow me to surrender myself. My and I become a bondage, a tie. This is how we become tied in the bondage of karma: actions, reactions and interactions.

The mind that is full of love all the time is, whoever you love, you think about that person; your heart speaks. So, the mind becomes the heart. Very pure feelings, loving feelings. And then, you say, "I had a heart-to-heart conversation with Baba." It is not the physical heart. It is the true loving feeling, because you are lovely and innocent at that time. You have a different quality; conscious of yourself. So, in yoga, you get power.

Then, when we have dharna, certainly, we are Baba's faithful children. Because Baba loves us, others also love you. So, it is just like automatically not only loved by God but loved by all, because we are giving. We become a giver, a bestower, merciful, loveful; how much capacity I will have by using the qualities that Baba has given.

We say we have this sometimes. So, most of the time I will okay but sometimes... But Baba says the word *sadaa*, that means constant. Constant means keeping this energy all the time, and then, you are naturally surrendered. Baba says, "Surrender does not mean that I make you My slave, but I make you a trustee. Everything, my mind, body, wealth, time, energy specialities, are not mine; they are given by God. And God is the more of a Trustee than others. He says, "What is Mine, it's yours. You look after it."

So, I will finish because I am aware of time as well.

So, He makes us trustees. You are not a *garhasthi*; we are not householders. Your house, consider it a service place, a centre, cook with that consciousness. Live with the children, but they are not my children. My, my, my, no. You, as a trustee,

what you cook, you cook with flavour. I know that you cook with the flavour. What do I know? You cook with pure consciousness. What you do is that you cook with total awareness: It is pure and Baba is the Purifier. Om Shanti. Today, bhog is not offered, but it will be given to you. It is a very special Easter Monday, but you don't have to search for egg (do egg hunt) . But you have to search for the egg inside yourself.

Om shanti.