

Sudesh Didi – 27th February 2022 Sunday Morning Class - GCH, London

The Incarnation of Shiva

Om shanti Om shanti, or shall I say, today, *Om Ananda*; *Om Bliss*. *Om Sat*, because we are celebrating today, the day of *Sat*, *Chit* and *Ananda*; celebrating the day of *Satyam*, *Shivam Sundaram*; celebrating the day of *Amarnath*, the one who gives the blessing of immortality, liberation and liberation in life.

Liberation and liberation in life mean liberation from the many types of bondages that we have created while going through the cycle of birth and birth. while playing our part, from the Copper Age. The bondage of the body is like trapping ourselves in the cobweb, both body consciousness and the body itself. In body consciousness, we open the door to other vices, attraction, temptation, influence, desires, and it became the disease of more and more desires, indulgence and the ghost started coming: of lust, of anger, of greed, attachment, ego, jealousy, and hatred.

The soul becomes trapped not only just in the bondage of the body through sickness or weakness and suffering, but the mind also becomes trapped and tied. The mind pollutes the intellect and the *sanskaras*, the personality, which was so divine, so perfect and pure. Instead of divine beings, what qualities and traits have we developed?

Deities always give happiness; they are always bestowers of virtues and power. When these qualities are gone, we start receiving sorrow and giving sorrow. There are many different aspects of bondages that we have created: the bondage of the body, the bondage of the mind, the bondage of relationships, the bondage of wealth, the bondage of the society, the bondage of the government and the laws, the bondage of karma. And God is called *Mukteshwar*, the One who fulfills the wish in liberating us from this bondage.

What created these bondages? It is not the body; the body does not create the bondages. It is the consciousness; it is the way we are using our sense organs, which create bondage. These eyes are a beautiful gift, if there is no light, no sight, there is no life. All of our physical organs are the instruments through which we express ourselves and experience ourselves. The body is a beautiful gift from matter, from nature. If the body was not there, we could not express and experience ourselves. So, it is not the body that is bondage. It is the consciousness that is the bondage, thinking I am the body. Instead, understand that I am the master of this body. Then, we become liberated; we become the sovereign. The moment I think I am the body; the body does not control the body. So, Baba liberates us from ignorance. And this is why He is called *Jagaatijo*, Eternal Light, forever. We were trapped in the trap of ignorance, then different types of deceit, types of bondage emerged. And so, then God comes, *Gyan-Surya pragata*, *agyan andher vinash*, the Sun of knowledge appears, the darkness of ignorance is destroyed. And so this is why He is called *Jyoti Lingam*, the Image of Light, so *Mandir Shivling*, it's *Jyoti Lingam* form, it is not the Male nor Female. God is not a physical Body. But the wonder is He comes to teach us visible human beings, the physical human beings, and gives the experience of all relationships, this is only possible when God incarnates, doesn't take birth, but incarnates.

Incarnate means descends, but doesn't become a baby of someone, doesn't come in the womb, doesn't take birth and doesn't die; but adopts the body of the corporeal form. And then, God, the Father, the Supreme Being, the Supreme Soul, the One beyond, becomes practical, and gives the experience of a relationship, the relationship of the soul with the Supreme Soul, by giving the knowledge. Through this knowledge, transformation takes place. God is called, not only the Father, but the Mother.

The wisdom God gives, speaking through Brahma, through this relationship, gives us a new birth, a new life. So, from darkness we come into light, from death we come into immortality. This is why we have been praying, "*Tamaso, ma jyotir gamay*" (Indian mantra in Sanskrit: from darkness, lead me to light); we have been praying: Take me away from the darkness to light. "*Asato ma sad gamaya*" (Indian mantra in Sanskrit: from what is not, lead me to what is); from falsehood, take me to the truth.

God's truth is the wisdom of knowledge. So, the incarnation of God means descending practically onto this planet. The wisdom of God, given through Brahma's mouth; the incorporeal God, the Ocean of Knowledge, speaks to knowledge, which is known *Shrimat Bhagavad Gita*.

God's Wisdom is *Shrimat*, and, with that wisdom, we perform elevated actions; with that wisdom, we perform not only elevated actions for the self, but for others, and this is why, truth is recognised from an ordinary human being. We had lost that divinity and became worthless. Life became a shell. From being worth less than a shell, He makes life worth a diamond. So, in fact, it is our birth; it is not God's birth. It's our new life.

So, Happy New Life. Congratulations to all of you, for your birthday, my birthday, God's Birthday. Happy Birthday to all of you! (All applauded.) Brahmin birth is called a divine birth, godly birth. It is not about the physical, but it is about the awakening, the realisation of recognising that I am an immortal being, the master of this body. Instead of becoming a slave of habits, addictions, *sanskaras*, we have become the master of our own. These qualities become immortal.

The experience of the relationships with Baba, as the Mother, as the Giver of the Wisdom, the Teacher, and the Liberator by giving the power of truth. And God's Love is unique. God's Wisdom is so powerful that transformation takes place, purification takes place. It is very natural, because God's guidance is very simple, but very powerful. And as it is benevolent, transformation takes place easily. So, Baba comes and creates easy Raja Yoga, becomes Satguru, and creates the world of truth, *Satiyug*, *Svarg*, Paradise.

The incarnation of Shiva means our new birth, the wisdom of God, the birthday of the Gita, *Shrimat Bhagavad Gita*, and the birth of the New World, and then, in the New World, the birth of Prince Srikrishna, it is the birth of new kingdom.

It is many celebrations in one celebration, but when you water the seed, the trees automatically watered. When we connect ourselves with Baba, with the Supreme Being, naturally, the whole transformation takes place.

The Supreme Soul, Shiva, which means the Benevolent Being, is not just beyond which is unreachable. He says, "I come and form a relationship with you." So, the Mother, the Father, the Friend, the Teacher, the Beloved, the Guide, the Companion gives the experience practically.

What is the meaning of experience? It is the experience of His Qualities. We are able to experience God's qualities; invisible things become visible. Just like when you experience the fragrance, the flower is not in your sight at that time. But as soon as you experience the fragrance, you say, "Oh, nice, rose flower," "Nice jasmine flowers." Immediately, the source comes to mind.

So, now is the time to connect with the Source, and feel the power within yourself, to transform the self and others. It is the time of transformation, purification, liberation, and hoisting the flag of God's truth in this world. So that in everyone's heart, there is love, power, things, the inheritance becomes our birthright. Without taking birth, we cannot take birthright.

This spiritual birth and the right consciousness make us righteous and enable us to claim the right through God's teachings. It is the time, the auspicious time, of the beginning of everything. Om shanti.