

Om Shanti Everyone!

Such a beautiful feeling of saying goodbye to the old year and to begin the new year. We could feel that energy of the confluence of old and new. During this month the theme was how to be ever happy, but we also included children. So many children shared their experiences and inspired their parents to bring Baba in between, to take from Baba, and to remember Baba. So, I have to look at the percentage of constant happiness I attained. At least we know now that Baba doesn't want us to do any hard labor, but just pay attention. It's very easy to lose happiness, but it is also very easy to be happy, it depends on what choice I make. If I want to remain happy, then I think of Baba and say Wah Drama!

Baba said that our power depends on obedience. An obedient child is always close to the Father, and this obedience is not just following principles, but obedience in a very subtle way is following every subtle shrimat of Baba. In this way, we can win the heart, and also, I want to get in my will, the will power of Baba. That's the best gift I can have, because there is a saying, "When there's a will, there's a way." If I lose the will, I lose the way and if we lose the way, we will never make it to the destination. This happens very often, not once in a while, but many times during the day. I know that one time someone was supposed to reach here in three hours, and it took five hours. I said, "Was there traffic?" They said, "No, we stopped three times on the way." So, if you make many stops, there is a longer journey, and we are definitely late in reaching our destination. I definitely feel that we all have to travel with Bapdada and the Dadis, and for that, we have to be very attentive. No tension but internally, there is an aim.

In this morning's murli, Baba said that you all have an aim but it should show as your attributes also. It should show practically that I am following Baba, I am following the Dadis. For this, I think that aim is there, I have good wishes for all of you that we all remain ever happy. Happiness is very contagious, if one is happy, we all can be happy, and we all need to be very happy. Not being happy is not respectful to Baba because He is our Father. He has adopted us and given us the inheritance of purity, peace, and happiness. So, I am very happy, and I want to thank all the guardian angels, little angels for being with us for the whole month. The little ones are listening every night because they knew they had to speak, they wanted to hear how everyone is speaking. That's amazing isn't it? That means they were there every night with us. Also, I will take this chance to thank all of the team, everyone in Avyakti Parivar, for spending hours and hours making videos, translation, writing classes and so many things. You know, even the children prepared themselves. My good wishes for all of you, and as we begin the new year, I'm sure Baba will give you all extra love, extra power so that we can continue. I also want to thank everyone in the family, Avyakti parivar. If you all were not there, our enthusiasm wouldn't be there, but whenever we turn everything on, our gallery is full. So, we feel very happy and inspired to continue our journey of this Avyakti Parivar. This is how I again wish you all to be ever happy and start your year with happiness.

Baba found us, right? Each one of us has been found by Baba and adopted by Baba, and that's really a great fortune. Then Baba wants us to be what we were originally, complete and perfect. At the Confluence Age, Baba uses the words 'like Me', 'like the father', and when we are complete and perfect then that's where the new age, golden

age begins. To experience ourselves to be part of that, we have to now be consistent. So, tapasya for me is to be consistent, and we are now starting January, the month of tapasya. That means I continuously have remembrance and reflection on the points of knowledge or as yoga is also considered to be fire, anything you put in the fire transforms. You know when we cook, whatever is raw, we cook it and it's transformed. So, transformation during this tapasya is also very important, and our transformation is from iron to gold, Iron Age to Golden Age. So, it's like a furnace, the fire of yoga, and then all the alloy in the gold has to be melted and when the alloy is gone. I am becoming pure, the gold is becoming pure. So, every time, I have to see what alloy is again coming back. Is this alloy from Copper Age, or from Iron Age? Copper Age sanskars are of duality, traces of vices, internally lack of contentment and harmony and because of that confusion and inner conflict, all that alloy has to be removed. I know of course the alloy of the Iron Age definitely must have been removed by now because that is very dark. Copper age is still little bit brighter, but again we have to go to the Golden Age.

So, our transformation is our journey from tamopradhan to sathopradhan. Our journey is from no color, no degrees of purity, to 16 degrees of purity. So, thinking of that, the best practice we can do now is to be in tapasya. Tapasya, means consistent, and it's not really a question of how many hours you sit or you need to sit. I really like Baba's remembrance when I'm doing something. It's so sweet to feel that you are doing whatever you have to do, but you are still in Baba's remembrance. My companion is with me, my Father is with me, my guide is with me, All different relationships with Baba can be experienced while doing actions. I really feel that we are all together starting this new journey of tapasya, and Baba has given us the blessing that yes the evident fruit will be there. So again, to Avyakti Parivar, just say goodbye to whatever is old. Sometimes, I tell myself I like old things because you get so used to it, and when I get something new, I take a long time to start using it. Bhoomi bhen always says, "But you have got new, why don't you use it?" Sometimes it does happen that whenever we are in the old ways, we like it, but now is the time to say goodbye to the old and adopt a new divine nature, pure, sacred, holy. That image of the self is beautiful. I want to be sure to have a very pleasant journey and of course, there is happiness, joy, and love, all that is within us to share with others for the new year.

Om Shanti