

Om Shanti!

When we listen to Avyakt BapDada, are they just simple words of Baba, are they good wishes, or are they blessings? They are not just simple words, they are blessings. Baba calls us hero actors, and He wants us to have the spiritual intoxication of being hero actors. I am thinking that using Baba's blessings is just reminding yourself that this is what Baba has said to me. They are Baba's words, and you repeat them in your mind, then the energy, the power that is invoked, will come. Baba says. "Children, you all have done this in the last Kalpa, you are not doing anything new." That means we will be able to do it, BapDada is with us, He is speaking to us. To do this, we only have to use Baba's words as a reminder to create the power. We all have love for Baba, and Baba has love for me. To change knowledge into power, that everyone has to do, and that's only possible if I use it at the right time, with the right blessing. I saw our Dadis doing many impossible kinds of tasks. They kept saying, "I am Master Almighty, I am Master Almighty." We also have to have value for Baba's words, respect for Baba's words, and we have to live the life of blessings.

Today, I had the realization that the mind is always very active. Baba says to keep the mind busy, we only have to observe where it should be active. It takes some effort to control these thoughts, sometimes it's like a crossroads, you wonder, "Where should I go? Which turn should I take?" We need practice, and this is made easy with remembrance of Baba. Simply remember Baba and then of course, you find your way. I'm sure that what I was experiencing will also come into your life. Just remember Baba, experience the presence of Baba in your life, have the power to follow Baba and to follow Shrimat. If I can't think or if my mind is weak, it thinks all kinds of things, then I immediately know and I say, "No way, no more creation." I immediately tell my mind to stop thinking because all that will be useless anyway. For me, I don't allow it because then my energy will go down, my happiness will reduce, and I won't feel that power. These thoughts will not help you on your journey, that's how I make efforts, and it has become almost like a habit now. As soon as I think about how something will happen, I remember Dadi Janki would say, "Don't say how, what, when. As soon as you ask how it will happen, it's like you start becoming heavy. Instead say that yes, it will happen, it will happen, Baba will make it happen, and there will be cooperation." So, that is one of the practices. Then another practice comes, instead of thinking of the problem, let me remember Baba, instead of worrying about anything, because ultimately, He is the one who has to help me.

I always say to Baba, "You have put me on this journey, but I have to remind myself all the time, that is where our specialties will emerge and whatever little weaknesses are there will merge, they will go. Somebody may keep saying, "I am ill, I am not well, I'm in pain here." So, what will happen? You will immediately find how to treat yourself. It is the same with the soul or mind and intellect. It is not difficult, and we have to create those omens of Jupiter on us. When you create those omens, everything changes. So,

don't just say that this is my part anyway, no. Baba says that I have a hero part. So, keep the mind busy, talk to yourself about what Baba is saying for you. Today, I liked the blessing so much that I read it at least 8-10 times. I thought that I have to do what Baba is saying, apply what Baba is saying, and use that method. Otherwise, it's not that magically anything can happen. I see everyone has the desire to make good efforts. We have to be successful, and that's only possible when we stop thinking useless thoughts. Secondly, remember Baba and keep a kind of engraving within, like people engrave Baba's versions. Then the whole day, you feel like Baba is talking to you and you are talking to Baba. You are talking to your own mind also, because whatever time has been for Baba's children, a lot has passed, and very little time is left. So, in this little bit of time, I have to catch up. I have to get maximum marks. I have to become a close child of Baba. So, this kind of determined thought, we should have and of course, then there is joy inside. We are very joyful inside, supersensuous joy, with a happy heart and deep, deep consciousness. That is why Brahmins like to celebrate. Any chance we have, we celebrate! How many times do we cut cake? How many times do we share Brahma bhojan? "Let's offer bhog to Baba!" All of that is our joy, you know.

So, for me, silence today was to remember Baba and of course, definitely change the route quickly. If you cannot change direction, stop somewhere, then change it, because how long will you go in the wrong route? This route is of thinking and nobody else can change it for you, no one! The mind has so many roads to go on, but be sensible, choose the right route, feel like I am just following Baba. Then, I definitely, immediately feel secure, I am in connection with Baba or our ancestor souls. Otherwise, I could get lost, be alone, where am I now? Compare the journey, to any kind of travel and spiritual travel, that is the journey of your mind. Manmanabhav leads to supersensuous joy and the power of silence. Use this power to remove the past, clean every night before sleeping, clean completely, remove even the traces of yesterday. If something has happened, and it was not good, we don't want that to happen again. So, then I have to keep saying something different. Otherwise, the same will keep happening. If I am positive, I have trust, ok that happened, now it won't happen again. We can create the same situation or a different situation with our thoughts.

Om Shanti