

Om Shanti Everyone!

Everyone is cheerful, right? Contentment brings cheerfulness. Everyone looks cheerful, and when we are cheerful, there is a lot of appreciation. Everyone likes cheerfulness. These days, especially being cheerful, brings hope, courage, and creates enthusiasm. It's really very important to have a cheerful heart. Contentment makes us cheerful, and when we are cheerful, we are appreciated. It's not a question of praise, but it's more appreciation. People will say, "Oh, when I look at this one, I feel so happy because she is very cheerful." In this life, to be joyful, to be cheerful, is very important. I was looking at my chart today, and one of the thoughts I had was to remain present in the moment. Being in the present moment means I'm thinking about what happened in the past, and worrying about what is going to happen in the future. Actually, those thoughts are not useful, so I had been paying attention so that such thinking doesn't remain. At this present moment, I am present here, but it's really interesting to notice how we carry the past so much with us, and we are concerned for the future. Baba has given us knowledge of Drama and He said that everything is accurate, perfect and beneficial. Whatever happened was accurate, perfect and beneficial. This becomes our firm lesson.

When I came into knowledge, in the beginning, I got very busy in service and I really didn't do enough yoga. I didn't study well. So, I said that maybe that was important, that was necessary, maybe if I didn't do all that service, I wouldn't have stayed in gyan. Whatever happened, maybe at that time you can't see the benefit, but there must definitely be benefit. Baba is the One who is the Benefactor, and also Drama is a benefactor. So, seeing the benefits today, I was saying that I have to talk to Baba about something. In the afternoon, I started looking at Baba, just to get some kind of indications for certain things, and I found that Baba definitely, maybe not immediately, gives a reply. After a little while you do get answers. So, from time to time, I just say that I can do that with Baba. Baba said this morning in Murli, to always remember Baba as your Father, Teacher and Satguru. During the whole day, having that awareness, when faced with a challenge in different subjects, we sometimes get satisfactory results, but not necessarily excellent results. I think most of us were good students in our lokik studies, and it is the same here, we have so many subjects here. So, how much has knowledge become part of my attitude, my drishti? Do I look at everyone as a soul? Am I soul conscious when I am looking and talking to others? So keep checking, look at each subject and keep giving yourself marks. What are average marks? 60 or 70 percent? How many of you think you could get 60 percent? What about 80 percent? It always happens that the last percentage takes more effort, but what effort do we need to have a hundred percent? We want one hundred percent marks. So, which subject do I have to do more?

Brahmin life is very interesting, because in this knowledge we are growing, we are becoming elevated. It's very practical. Look at how my intellect was yesterday and then today, how is my intellect? Tomorrow, my intellect will be more satopradhan, because of my remembrance of Baba today. It's like looking at a plant growing every day. it's really expanding, it's becoming bigger. So, the same goes for your own life. As you grow you really get better at understanding and making better decisions. You keep watching your own self grow, this gives a lot of happiness and also definitely

contentment. You all, of course, must have had many realizations. Many things you have been able to do and accomplish, compared to the past, this definitely must have increased deep contentment in you, which makes you very cheerful and very happy.

So, tomorrow we will look at our inner calmness and coolness, how peaceful I am. Deep inside or very quickly I get disturbed or upset. Something that was supposed to be in a particular way didn't happen, why didn't it happen, well anyway, whatever happened has happened. Why should I lose my stage? Why should I lose my state of mind? So, you have to accept and move forward. This will help us to keep our nature, our words very polite, respectful and you will not need to say too much. Dadi Prakashmani always used to tell us that your words should be nirmal, but it's only possible when internally there is calmness and peace, then words will come out in a very positive way. This requires attention. You know they say when it's Christmas, it is the time of giving. We are not waiting for Santa Claus are we? Santa Claus has given us big bags full of all the treasures. Actually, each one of us has become Santa Claus. We have to walk with our bag of goods to deliver to the needy, we carry the gifts of love and peace. So, today I was thinking that each one of us, we are Santa Claus. We are ready with our bags for tomorrow night, through our thoughts, our words, and through actions. We will just keep giving and bestowing to everyone. So, keep that awareness tomorrow morning, start your day, Christmas Day with the thought, yes, Baba is Santa Claus. He has delivered a lot of goods to us. So, I am also Santa Claus. So, tomorrow evening at least you can bring your hat right, Santa hat. Merry Christmas for tomorrow.

Om Shanti